

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – BEAUTY/ NAIL CARE SERVICES (NC II)**  
(160 hours)

These are the specializations and their pre-requisites. These lists should be used as reference for curriculum maps.

**AGRI-FISHERY ARTS**

|     | <b>Specialization</b>   | <b>Number of Hours</b> | <b>Pre-requisite</b>  |
|-----|---|------------------------|---|
| 1.  | Agricultural Crops Production (NC I)  | 320 hours              |   |
| 2.  | Agricultural Crops Production (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i>       | 640 hours              |   |
| 3.  | Agricultural Crops Production (NC III)  | 640 hours              | Agricultural Crops Production (NC II)   |
| 4.  | Animal Health Care Management (NC III)  | 320 hours              | Animal Production (Poultry-Chicken) (NC II) or<br>Animal Production (Ruminants) (NC II) or<br>Animal Production (Swine) (NC II) |
| 5.  | Animal Production (Poultry-Chicken) (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i> | 320 hours              |   |
| 6.  | Animal Production (Large Ruminants) (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i> | 320 hours              |   |
| 7.  | Animal Production (Swine) (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i>           | 320 hours              |   |
| 8.  | Aquaculture (NC II)   | 640 hours              |   |
| 9.  | Artificial Insemination (Large Ruminants) (NC II)   | 160 hours              | Animal Production (Large Ruminants) (NC II)   |
| 10. | Artificial Insemination (Swine) (NC II)   | 160 hours              | Animal Production (Swine) (NC II)   |
| 11. | Fish Capture (NC II)  | 640 hours              |   |
| 12. | Fishing Gear Repair and Maintenance (NC III)  | 320 hours              |   |
| 13. | Fish-Products Packaging (NC II)   | 320 hours              |   |
| 14. | Fish Wharf Operation (NC I)   | 160 hours              |   |
| 15. | Food Processing (NC II)   | 640 hours              |   |
| 16. | Horticulture (NC III)   | 640 hours              | Agricultural Crops Production (NC II)   |
| 17. | Landscape Installation and Maintenance (NC II)  | 320 hours              |   |
| 18. | Organic Agriculture (NC II)   | 320 hours              |   |
| 19. | Pest Management (NC II)   | 320 hours              |   |
| 20. | Rice Machinery Operations (NC II)   | 320 hours              |   |
| 21. | Rubber Processing (NC II)   | 320 hours              |   |
| 22. | Rubber Production (NC II)   | 320 hours              |   |
| 23. | Slaughtering Operations (Hog/Swine/Pig) (NC II)   | 160 hours              |   |

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**HOME ECONOMICS**

|     | <b>Specialization</b>  | <b>Number of Hours</b> | <b>Pre-requisite</b>                     |
|-----|--|------------------------|--|
| 1.  | Attractions and Theme Parks Operations with Ecotourism (NC II)   | 160 hours              |  |
| 2.  | Barbering (NC II)  | 320 hours              |  |
| 3.  | Bartending (NC II)   | 320 hours              |  |
| 4.  | Beauty/Nail Care (NC II)   | 160 hours              |  |
| 5.  | Bread and Pastry Production (NC II)  | 160 hours              |  |
| 6.  | Caregiving (NC II)   | 640 hours              |  |
| 7.  | Commercial Cooking (NC III)  | 320 hours              | Cookery (NC II)                          |
| 8.  | Cookery (NC II)  | 320 hours              |  |
| 9.  | Dressmaking (NC II)  | 320 hours              |  |
| 10. | Events Management Services (NC III)  | 320 hours              |  |
| 11. | Fashion Design (Apparel) (NC III)  | 640 hours              | Dressmaking (NC II) or Tailoring (NC II) |
| 12. | Food and Beverage Services (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i> | 160 hours              |  |
| 13. | Front Office Services (NC II)  | 160 hours              |  |
| 14. | Hairdressing (NC II)   | 320 hours              |  |
| 15. | Hairdressing (NC III)  | 640 hours              | Hairdressing (NC II)                     |
| 16. | Handicraft (Basketry, Macrame) (Non-NC)  | 160 hours              |  |
| 17. | Handicraft (Fashion Accessories, Paper Craft) (Non-NC)   | 160 hours              |  |
| 18. | Handicraft (Needlecraft) (Non-NC)  | 160 hours              |  |
| 19. | Handicraft (Woodcraft, Leathercraft) (Non-NC)  | 160 hours              |  |
| 20. | Housekeeping (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i>               | 160 hours              |  |
| 21. | Local Guiding Services (NC II)   | 160 hours              |  |
| 22. | Tailoring (NC II)  | 320 hours              |  |
| 23. | Tourism Promotion Services (NC II)   | 160 hours              |  |
| 24. | Travel Services (NC II)  | 160 hours              |  |
| 25. | Wellness Massage (NC II)   | 160 hours              |  |

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**INDUSTRIAL ARTS**

|     | <b>Specialization</b>  | <b>Number of Hours</b> | <b>Pre-requisite</b>   |
|-----|--|------------------------|--|
| 1.  | Automotive Servicing (NC I)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i>                          | 640 hours              |  |
| 2.  | Automotive Servicing (NC II)   | 640 hours              | Automotive Servicing (NC I)  |
| 3.  | Carpentry (NC II)  | 640 hours              |  |
| 4.  | Carpentry (NC III)   | 320 hours              | Carpentry (NC II)  |
| 5.  | Construction Painting (NC II)  | 160 hours              |  |
| 6.  | Domestic Refrigeration and Air-conditioning (DOMRAC) Servicing (NC II)   | 640 hours              |  |
| 7.  | Driving (NC II)  | 160 hours              |  |
| 8.  | Electrical Installation and Maintenance (NC II)  | 640 hours              |  |
| 9.  | Electric Power Distribution Line Construction (NC II)  | 320 hours              | Electrical Installation and Maintenance (NC II)                        |
| 10. | Electronic Products Assembly and Servicing (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i>   | 640 hours              |  |
| 11. | Furniture Making (Finishing) (NC II)   | 640 hours              |  |
| 12. | Instrumentation and Control Servicing (NC II)  | 320 hours              | Electronic Products Assembly and Servicing (EPAS) (NC II)              |
| 13. | Gas Metal Arc Welding (GMAW) (NC II)   | 320 hours              | Shielded Metal Arc Welding (SMAW) (NC II)                              |
| 14. | Gas Tungsten Arc Welding (GTAW) (NC II)  | 320 hours              | Shielded Metal Arc Welding (GMAW) (NC II)                              |
| 15. | Machining (NC I)   | 640 hours              |  |
| 16. | Machining (NC II)  | 640 hours              | Machining (NC I)   |
| 17. | Masonry (NC II)  | 320 hours              |  |
| 18. | Mechatronics Servicing (NC II)   | 320 hours              | Electronic Products Assembly and Servicing (EPAS) (NC II)              |
| 19. | Motorcycle/Small Engine Servicing (NC II)  | 320 hours              |  |
| 20. | Plumbing (NC I)  | 320 hours              |  |
| 21. | Plumbing (NC II)   | 320 hours              | Plumbing (NC I)  |
| 22. | Refrigeration and Air-Conditioning (Packaged Air-Conditioning Unit [PACU]/Commercial Refrigeration Equipment [CRE]) Servicing (NC III) | 640 hours              | Domestic Refrigeration and Air-conditioning (DOMRAC) Servicing (NC II) |
| 23. | Shielded Metal Arc Welding (NC I)  | 320 hours              |  |
| 24. | Shielded Metal Arc Welding (NC II)   | 320 hours              | Shielded Metal Arc Welding (NC I)                                      |
| 25. | Tile Setting (NC II)   | 320 hours              |  |
| 26. | Transmission Line Installation and Maintenance (NC II)   | 640 hours              | Electrical Installation and Maintenance (NC II)                        |

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(160 hours)

**INFORMATION, COMMUNICATIONS AND TECHNOLOGY (ICT)**

|     | <b>Specialization</b>   | <b>Number of Hours</b> | <b>Pre-requisite</b>               |
|-----|---|------------------------|------------------------------------|
| 1.  | Animation (NC II)   | 320 hours              |                                    |
| 2.  | Broadband Installation (Fixed Wireless Systems) (NC II)   | 160 hours              | Computer Systems Servicing (NC II) |
| 3.  | Computer Programming (.Net Technology) (NC III)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i> | 320 hours              |                                    |
| 4.  | Computer Programming (Java) (NC III)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i>            | 320 hours              |                                    |
| 5.  | Computer Programming (Oracle Database) (NC III)<br><i>updated based on TESDA Training Regulations published December 28, 2013</i> | 320 hours              |                                    |
| 6.  | Computer Systems Servicing (NC II)<br><i>updated based on TESDA Training Regulations published December 28, 2007</i>              | 640 hours              |                                    |
| 7.  | Contact Center Services (NC II)   | 320 hours              |                                    |
| 8.  | Illustration (NC II)  | 320 hours              |                                    |
| 9.  | Medical Transcription (NC II)   | 320 hours              |                                    |
| 10. | Technical Drafting (NC II)  | 320 hours              |                                    |
| 11. | Telecom OSP and Subscriber Line Installation<br>(Copper Cable/POTS and DSL) (NC II)   | 320 hours              | Computer Systems Servicing (NC II) |
| 12. | Telecom OSP Installation (Fiber Optic Cable) (NC II)  | 160 hours              | Computer Systems Servicing (NC II) |

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**Course Description:**

This curriculum guide is an exploratory course in **Beauty Care (Nail Care) Services** which leads to National Certificate Level II (NC II). It covers four common competencies that a Grade 7/8 Technology and Livelihood Education (TLE) student ought to possess, namely: 1) use of tools and equipment; 2) interpreting nail design; 3) practicing Occupational Health and Safety Procedures (OHSP); and 4) maintain tools, equipment and paraphernalia.

The preliminaries of this exploratory course include the following: 1) discussion on the relevance of the course; 2) explanation of the key concepts relative to the course and; 3) exploration on career opportunities.

| CONTENT   | CONTENT STANDARD   | PERFORMANCE STANDARD   | LEARNING COMPETENCIES  | CODE                    | LEARNING MATERIALS |
|---|--|--|--|-------------------------|--------------------|
| <b>Introduction</b><br>1. Basic concepts in Beauty Care (Nail Care) Services<br>2. Relevance of the course<br>3. Career opportunities   | The learner demonstrates understanding of basic concepts and principles in Beauty Care (Nail Care) Services. | The learner independently demonstrates common competencies in Beauty Care (Nail Care) Services as prescribed in the TESDA Training Regulation. | 1. Explain basic concepts in Beauty Care (Nail Care) Services<br>2. Discuss the relevance of the course<br>3. Explore on opportunities for Beauty Care (Nail Care) Services as a career  |                         |                    |
| <b>PERSONAL ENTREPRENEURIAL COMPETENCIES - PECS</b>   |  |  |  |                         |                    |
| 1. Assessment of Personal Entrepreneurial Competencies and Skills (PECs) vis-à-vis a practicing entrepreneur<br>1.1 Characteristics<br>1.2 Attributes<br>1.3 Lifestyle<br>1.4 Skills<br>1.5 Traits<br>2. Analysis of PECs in relation to a practitioner | The learner demonstrates understanding of one's PECs.  | The learner recognizes his/her PECs and compares with that of a practitioner/entrepreneur in Beauty Care (Nail Care) Services.                 | <b>LO 1. Recognize PECs needed in Beauty Care (Nail Care) Services</b><br>1.1 Assess one's PECs: characteristics, attributes, lifestyle, skills, and traits<br>1.2 Compare one's PECS with that of a practitioner/entrepreneur | <b>TLE_PECs7/8-00-1</b> |                    |

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|---|---|--|--|-----------------------------|---|
| <b>ENVIRONMENT AND MARKET (EM)</b>  |   |  |  |                             |   |
| 1. SWOT Analysis<br>1.1 Key concepts on environment & market<br>1.2 Differentiation of products, services, customers and their buying habits<br>1.3 Competitors in the market | The learner demonstrates understanding of the environment and market in Beauty Care (Nail Care) Services. | The learner independently creates a business idea based on the analysis of environment and market in Beauty Care (Nail Care) Services. | <b>LO 1. Generate a business idea that relates with a career choice in Beauty Care (Nail Care) Services</b><br>1.1 Discuss SWOT analysis<br>1.2 Generate a business idea based on the SWOT analysis  | <b>TLE_EM7/8-00-1</b>       |   |
| <b>LESSON 1:USE OF NAIL CARE TOOLS AND EQUIPMENT (UT)</b>   |   |  |  |                             |   |
| 1. Nail Care tools and equipment<br>2. Functions of Nail Care tools and equipment   | The learner demonstrates understanding of the use of tools and equipment in Nail Care Services.           | The learner independently uses nail care tools and equipment in Nail Care Servicing.   | <b>LO 1. Prepare the necessary tools and equipment for the specific nail care activity</b><br>1.1 Classify the tools and equipment used in nail care<br>1.2 Identify the uses of tools and equipment in nail care according to task requirements<br>1.3 Use tools and equipment according to task requirement<br>1.4 Observe safety procedure of using tools and equipment | <b>TLE_HEBC7/8UT-0a-b-1</b> | 1. CBLM II Cosmetology. Module II. Lesson II. |

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|--|---|--|---|------------------------------------|--------------------|
| <b>LESSON 2: MAINTAIN TOOLS AND EQUIPMENT (MT)</b>   |   |  |   |                                    |                    |
| <ol style="list-style-type: none"> <li>1. Procedure for sterilization and sanitation of Nail Care tools and equipment</li> <li>2. Classification of functional and non-functional tools and equipment</li> </ol> | <p>The learner demonstrates understanding in maintaining tools and equipment in Nail Care Services.</p> | <p>The learner independently maintains tools and equipment in Nail Care Servicing.</p> | <p><b>LO 1. Check condition of nail care tools and equipment</b></p> <ol style="list-style-type: none"> <li>1.1 Sterilize/sanitize nail care tools</li> <li>1.2 Classify non-functional tools and equipment</li> </ol>          | <p><b>TLE_HEBC7/8MT-0c-2</b></p>   |                    |
| <ol style="list-style-type: none"> <li>3. Cleaning agents</li> <li>4. Preventive maintenance technique and procedure</li> </ol>  |   |  | <p><b>LO 2. Perform basic preventive and corrective maintenance</b></p> <ol style="list-style-type: none"> <li>2.1 Clean tools according to standard procedures</li> <li>2.2 Inspected defective tools and equipment</li> </ol> | <p><b>TLE_HEBC7/8MT-0d-e-3</b></p> |                    |
| <ol style="list-style-type: none"> <li>5. Inventory of tools and equipment</li> <li>6. Safekeeping of tools and equipment</li> </ol>   |   |  | <p><b>LO 3. Store nail care tools and equipment</b></p> <ol style="list-style-type: none"> <li>3.1 Conduct the inventory of tools, and equipment</li> <li>3.2 Store tools and equipment safely</li> </ol>                       | <p><b>TLE_HEBC7/8MT-0f-h-4</b></p> |                    |

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|--|--|---|--|---------------------------|--|
| <b>LESSON 3: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES (OS)</b>   |  |   |  |                           |  |
| <ol style="list-style-type: none"> <li>1. Protective outfit for Nail Care</li> <li>2. OHS workplace regulations</li> <li>3. Hazards and risks in beauty salons</li> <li>4. Common workplace hazards and preventive measures</li> </ol> | The learner demonstrates understanding in practicing occupational health and safety procedure in Nail Care Services. | The learner consistently practices occupational health and safety procedure in Nail Care Servicing. | <b>LO 1. Keep workplace clean</b><br>1.1 Identify protective outfit for nail care<br>1.2 Identify hazards and risks<br>1.3 Explain workplace hazards and risks<br>1.4 Observe preventive precaution in the workplace | <b>TLE_HEBC7/8MT-0i-5</b> |  |
| <b>LESSON 4: PRACTICE NAIL SHAPE (PN)</b>  |  |   |  |                           |  |
| <ol style="list-style-type: none"> <li>1. Structures of Nail</li> <li>2. Procedures in shaping nails</li> </ol>  | The learner demonstrates understanding in nail shapes in Nail Care Services.   | The learner independently practice nail shapes in Nail Care Services.                               | <b>LO 1. Identify nail structure and shapes</b><br>1.1 Identify nail structure and shapes<br>1.2 Perform nail trimmings to varied shapes   | <b>TLE_HEBC7/8MT-0j-6</b> | 1. CBLM II Cosmetology. Module II. Lesson I. |



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**Course Description:**

Beauty Care leads to TESDA qualification standard for National Certificate Level II (NC II). This covers the development of the learner’s knowledge, skills and attitude required in performing: 1) hand spa; 2) foot spa and; 3) manicure and pedicure.

| CONTENT  | CONTENT STANDARD   | PERFORMANCE STANDARD   | LEARNING COMPETENCIES  | CODE                     | LEARNING MATERIALS |
|--|--|--|--|--------------------------|--------------------|
| <b>Introduction</b><br>1. Core concepts and principles of Beauty Care (Nail Care) Services<br>2. Relevant topics of the course<br>3. Employment opportunities<br>4. Business opportunities<br>5. Further studies | The learner demonstrates understanding of concepts and principles in beauty care (nail care) services. | The learner independently performs beauty care (nail care) services.   | 1. Explain the core concepts and principles of manicure and pedicure, hand spa, and foot spa<br>2. Discuss topics which relate to beauty care services as a course<br>3. Explore job/entrepreneurial opportunities for beauty care services<br>4. Choose related courses to pursue |                          |                    |
| <b>CONCEPT REVIEW</b>  |  |  |  |                          |                    |
| <b>PERSONAL ENTREPRENEURIAL COMPETENCIES - PECs (PC)</b>   |  |  |  |                          |                    |
| 1. Dimensions of Personal Entrepreneurial Competencies<br>1.1 Three Clusters of PECs (Achievement, Planning, Power Clusters)<br>1.2 Characteristics<br>2. Assessment of Personal Competencies and Skills (PECs)  | The learner comprehends Personal Entrepreneurial Competencies – its dimensions and characteristics.    | The learner recommends specific strategies to improve ‘weak’ areas and sustain ‘strong’ areas of their PECs. | <b>LO 1. Assess Personal Entrepreneurial Competencies</b><br>1.1 Explain dimensions/clusters of PECs and the different characteristic traits per cluster<br>1.2 Evaluate one’s PECs  | <b>TLE_PECs9-12-I0-1</b> |                    |
| <b>BUSINESS ENVIRONMENT AND MARKET (EM)</b>  |  |  |  |                          |                    |
| 1. Factors included in the Business Environment  | The learner demonstrates understanding of the different factors that                                   | 1. The learner analyzes how factor influence   | <b>LO 2. Understand the business environment and business ideas</b>  | <b>TLE_EM9-12-I0-2</b>   |                    |

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|--|------------------------------------|--|---|------------------------------|---|
| 2. Spotting and Identifying Business Opportunities   | influence the business environment | the business environment.<br><br>2. The learner relates experience in generating business ideas or identifying business opportunities. | 2.1 Explain how different factors influence the business environment<br>2.2 Explain procedures for generating business ideas or identifying business opportunities<br>2.3 Generate business ideas and identify business opportunities   |                              |   |
| <b>QUARTER 1</b>   |                                    |  |   |                              |   |
| <b>LESSON 1: PERFORM HAND AND FOOT SPA (HS)</b>  |                                    |  |   |                              |   |
| 1. Nail structure and conditions<br>2. Nail diseases and disorders<br>3. Benefits of spa treatment<br>4. Types of spa treatment<br>5. Hand/foot spa machine, tools, supplies and equipment<br>6. Care of foot spa machine, tools, supplies and equipment<br>7. Steps in giving hand/foot spa treatment<br>8. Pre-hand spa treatment<br>9. Hand spa treatment |                                    |  | <b>LO1. Apply hand treatment</b><br>1.1 Check and analyze condition of clients hand<br>1.2 Wash client’s hand with lukewarm water and soap, and towel-dry before and after scrubbing<br>1.3 Prepare and use necessary tools and supplies/materials according to OHSC requirements<br>1.4 Determine and test appropriate temperature for heat tolerance of client<br>1.5 Soak hands for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens<br>1.6 Remove wax from hands | <b>TLE_HEBC9-12HS-Ia-g-1</b> | 1. CBLM II Cosmetology Module III. Lesson I & II. |

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|---|--|--|--|-------------------------------|---|
|   |  |  | according to manufacturer's instructions<br>1.7 Apply hand softening product and massage according to prescribed procedure<br>1.8 Advise client after service on maintenance program<br>1.9 Confirm and record client's desired service outcome                        |                               |   |
| 10. Post hand spa activity<br>10.1 storing and sanitation techniques<br>10.2 service maintenance program<br>10.3 good housekeeping<br>11. Proper waste disposal   | The learner demonstrates understanding of concepts and principles in hand spa. | The learner independently performs hand spa. | <b>LO2. Perform post hand activity</b><br>2.1 Dispose waste products including used wax according to OHSC and Department of Health requirements.<br>2.2 Sanitize and store tools and equipment.<br>2.3 Clean and sanitize work station for the next treatment activity | <b>TLE_HEBC9-12HS-Ih-j-2</b>  | 1. CBLM II Cosmetology Module III. Lesson III.    |
| <b>LESSON 2: PERFORM FOOT SPA (FS)</b>  |  |  |  |                               |   |
| 1. Foot spa procedures<br>2. Client safety and comfort<br>1.3 foot and nail analysis<br>1.4 client relation<br>2. Foot spa machine, tools, supplies and equipment | The learner demonstrates understanding of concepts and principles in foot spa. | The learner independently performs foot spa. | <b>LO1. Apply foot spa</b><br>1.1 Check and analyze condition of foot nails<br>1.2 Ensure client's safety and comfort prior to foot spa activity   | <b>TLE_HEBC9-12FS-IIa-g-3</b> | 1. CBLM II Cosmetology. Module IV. Lesson I & II. |

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| CONTENT  | CONTENT STANDARD | PERFORMANCE STANDARD | LEARNING COMPETENCIES  | CODE | LEARNING MATERIALS |
|--|------------------|----------------------|--|------|--------------------|
| 3. Basic foot massage techniques<br>4. Pre-foot spa treatment<br>5. Foot spa treatment |                  |                      | 1.3 Wash feet with warm water and soap before and after scrubbing<br>1.4 Towel dry feet and apply with appropriate lotion<br>1.5 Set foot spa machine to regulate heat and achieve required melting of wax<br>1.6 Prepare and use necessary tools and supplies/materials according to OHSC requirements<br>1.7 Determine and test appropriate temperature for heat tolerance of client<br>1.8 Soak foot for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens<br>1.9 Remove wax from foot according to manufacturer’s instructions<br>1.10 Apply foot softening product and massage according to prescribed procedure<br>1.11 Advise client after service on maintenance program |      |                    |

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**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – BEAUTY/NAIL CARE SERVICES (NC II)**  
(160 hours)

| CONTENT   | CONTENT STANDARD  | PERFORMANCE STANDARD   | LEARNING COMPETENCIES   | CODE                               | LEARNING MATERIALS                             |
|---|---|--|---|------------------------------------|--|
|   |   |  | 1.12 Confirm with client desired service outcome and to be recorded   |                                    |  |
| 6. Post foot spa activity<br>6.1 storing and sanitation techniques<br>6.2 service maintenance program<br>6.3 good housekeeping  |   |  | <b>LO2. Perform post foot spa activity</b><br>2.1 Dispose waste products including used wax according to OHSC and Department of Health requirements.<br>2.2 Sanitize and store tools and equipment.<br>2.3 Close and sanitize work station for the next treatment activity.   | <b>TLE_HEBC9-12FS-IIh-j-4</b>      | 1. CBLM II Cosmetology. Module IV. Lesson III. |
| <b>QUARTER 2 and 3</b>  |   |  |   |                                    |  |
| <b>LESSON 3: PERFORM MANICURE AND PEDICURE (PMP)</b>  |   |  |   |                                    |  |
| 1. <b>Procedures of basic manicure and pedicure services.</b><br>1.1 Nail structure<br>1.2 Nail diseases and disorders<br>1.3 Nail shapes<br>1.4 Safety precautions and sanitation procedures<br>1.5 Procedure in cleaning nails<br>2. <b>Application of basic nail designs</b><br>2.1 Safety precautions | The learner demonstrates understanding of concepts, principle and techniques in manicure and pedicure services. | The learner independently performs manicure and pedicure services. | <b>LO1. Clean finger nails and toe nails</b><br>1.1 Consult client on desired nail service activity and specific requirements and consultation record is agreed and signed<br>1.2 Checked and analyzed clients' hand nail structure and condition<br>1.3 Client is provided with protective materials for hygiene purposes<br>1.4 Recognize nail disorder for prepare nail repair | <b>TLE_HEBC9-12PMP-III/IVa-r-5</b> | 1. CBLM II Cosmetology. Module II. Lesson II.  |

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| CONTENT   | CONTENT STANDARD | PERFORMANCE STANDARD | LEARNING COMPETENCIES   | CODE                               | LEARNING MATERIALS                                 |
|---|------------------|----------------------|---|------------------------------------|--|
| 2.2 Applying different<br>2.2.1 creative nail designs<br>2.2.2 Plain<br>2.2.3 Half –moon<br>2.2.4 French Tip<br>2.2.5 Half-moon with tip<br>2.2.6 Elephant Tusk |                  |                      | 1.5 Select and prepare appropriate sanitized tools and equipment, supplies and materials are according to salon procedures<br>1.6 Disinfect, sanitize, clean and dry hands and feet<br>1.7 Clean nails in accordance with the established or acceptable procedures<br>1.8 Trim and file nails based on client’s desired shape.<br>1.9 Massage fingers following prescribed movements<br>1.10 Ensure client’s safety and comfort is during the entire process.<br>1.11 Apply first-aid in case of accidental cuts and wounds |                                    |  |
|   |                  |                      | <b>LO 2. Perform basic nail designs</b><br>2.1 Select color of the nail polish according to customer’s requirements<br>2.2 Apply base coat with long strokes starting with the little finger<br>2.3 Select color of the nail polish as agreed according to customer’s desire or requirements  | <b>TLE_HEBC9-12PMP-III/IVa-r-6</b> | 1. CBLM II Cosmetology Module II. Lesson III & IV. |

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| CONTENT   | CONTENT STANDARD | PERFORMANCE STANDARD | LEARNING COMPETENCIES   | CODE                               | LEARNING MATERIALS |
|---|------------------|----------------------|---|------------------------------------|--------------------|
|   |                  |                      | 2.4 Apply nail polish from the base to the edge of the nail using light sweeping stroked around the cuticle<br>2.5 Apply top or seal coat with long strokes in the same manner as the base coat<br>2.6 Check and analyze outcome according to the clients nail service requirements.<br>2.7 Remove excess polish around the cuticle and nail using appropriate tool<br>2.8 Clean working area according to salon’s policies and procedures<br>2.9 Advise client on nail maintenance practices |                                    |                    |
| <b>QUARTER 4</b>  |                  |                      |   |                                    |                    |
| <b>Lesson 3. CREATE FANCY NAIL DESIGNS</b>  |                  |                      |   |                                    |                    |
| <b>1. Application of Fancy designs on finger nails and toenails</b><br>1.1 Types of Fancy nail designs<br>1.1.1.Free- hand nail art<br>1.1.2.Use of nail art stickers |                  |                      | <b>LO 1. Perform different fancy designs on finger nails and toe nails</b><br>1.1 Prepare nails for cleaning<br>1.2 Apply nail products according to manufacturer’s recommendation  | <b>TLE_HEBC9-12PMP-III/IVa-r-6</b> |                    |

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| CONTENT  | CONTENT STANDARD | PERFORMANCE STANDARD | LEARNING COMPETENCIES  | CODE | LEARNING MATERIALS |
|--|------------------|----------------------|--|------|--------------------|
| 1.1.3. Use of nail art stamping<br>1.1.4. Use of nail accessories<br>1.1.5. Water marbling<br>2.1 Different nail designing tool<br>3.1 Procedure in fancy nail designs |                  |                      | 1.3 Consult clients from time to time to ensure safety and comfort during the entire process<br>1.4 Apply fancy nail designs<br>1.5 Result are checked<br>1.5.1 well-balanced<br>1.5.2 smooth<br>1.5.3 neat and free from excess product on cuticle and nail walls<br>1.6 Client is advised on after-nail-care service<br>1.7 Advise client on nail maintenance practices<br>1.8 Dispose waste properly according to waste environment and safety regulations<br>1.9 Clean sanitize work station in accordance with OH&S requirements. |      |                    |



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**CODE BOOK LEGEND  
 Sample: TLE\_HEBC9-12FS-IIh-j-4**

| LEGEND   |   | SAMPLE   |                               |
|--|---|--|-------------------------------|
| <b>First Entry</b>   | Learning Area and Strand/ Subject or Specialization | Technology and Livelihood Education_Home Economics Beauty Care (Nail Care) | <b>TLE_HE<br/>BC<br/>9-12</b> |
|  | Grade Level   | Grade 9  |                               |
| <b>Uppercase Letter/s</b>  | Domain/Content/Component/ Topic                     | Perform Foot Spa   | <b>FS</b>                     |
|  |   |  | <b>-</b>                      |
| <b>Roman Numeral</b><br><i>*Zero if no specific quarter</i>  | Quarter   | Second Quarter   | <b>II</b>                     |
| <b>Lowercase Letter/s</b><br><i>*Put a hyphen (-) in between letters to indicate more than a specific week</i> | Week  | Week Nine to Ten   | <b>h-j</b>                    |
|  |   |  | <b>-</b>                      |
| <b>Arabic Number</b>   | Competency  | Perform post foot spa activity   | <b>4</b>                      |

| DOMAIN/ COMPONENT                                  | CODE |
|--|------|
| Personal Entrepreneurial Competencies              | PECS |
| Environment and Market                             | EM   |
| Use of Nail Care Tools and Equipment               | UT   |
| Maintain Tools and Equipment                       | MT   |
| Practice Occupational Health and Safety Procedures | OS   |
| Practice Nail Shape                                | PN   |
| Perform Foot Spa                                   | FS   |
| Perform Manicure and Pedicure                      | PMP  |

Technology-Livelihood Education and Technical-Vocational Track specializations may be taken between Grades 9 to 12.

Schools may offer specializations from the four strands as long as the minimum number of hours for each specialization is met.

Please refer to the sample Curriculum Map on the next page for the number of semesters per Home Economics specialization and those that have pre-requisites. Curriculum Maps may be modified according to specializations offered by a school.

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 (160 hours)**

**SAMPLE HOME ECONOMICS CURRICULUM MAP\*\* (as of May 2016)**

| GRADE 7/8 (EXPLORATORY) |  |  |  | GRADES 9-12  |  |  |  |   |
|-------------------------|--|--|--|--|--|--|--|---|
| <b>EXPLORATORY</b>      |  | <b>Beauty/Nail Care (NC II)</b><br><i>2 sems</i> |  | <b>Wellness Massage (NC II)</b><br><i>2 sems</i>           |  | <b>Hairdressing (NC II)</b><br><i>4 sems</i> |  |   |
|                         |  |  |  | <b>*Hairdressing (NC III)</b><br><i>8 sems</i>             |  |  |  |   |
|                         |  |  | <b>Barbering (NC II)</b><br><i>4 sems</i>  |  |  |  |  |   |
|                         |  |  | <b>Dressmaking (NC II)</b><br><i>4 sems</i>  |  | <b>Tailoring (NC II)</b><br><i>4 sems</i>                                    |  |  |   |
|                         |  |  |  | <b>*Fashion Design (Apparel) (NC III)</b><br><i>8 sems</i> |  |  |  |   |
|                         |  |  |  | <b>*Caregiving (NC II)</b><br><i>8 sems</i>                |  |  |  |   |
|                         |  |  | <b>Bartending (NC II)</b><br><i>4 sems</i>   |  | <b>Bread and Pastry Production (NC II)</b><br><i>2 sems</i>                  |  | <b>Food and Beverage Services (NC II)<sup>+</sup></b><br><small>updated based on TESDA Training Regulations published December 28, 2013</small><br><i>2 sems</i> |   |
|                         |  |  | <b>Cookery (NC II)</b><br><i>4 sems</i>  |  | <b>*Commercial Cooking (NC III)</b><br><i>4 sems</i>                         |  |  |   |
|                         |  |  | <b>Front Office Services (NC II)</b><br><i>2 sems</i>  |  | <b>Travel Services (NC II)</b><br><i>2 sems</i>                              |  | <b>Local Guiding Services (NC II)</b><br><i>2 sems</i>   | <b>Tourism Promotion Services (NC II)</b><br><i>2 sems</i>          |
|                         |  |  | <b>Housekeeping (NC II)<sup>+</sup></b><br><small>updated based on TESDA Training Regulations published December 28, 2013</small><br><i>2 sems</i> |  | <b>Attractions and Theme Parks (NC II)</b><br><i>2 sems</i>                  |  | <b>Event Management Services (NC III)</b><br><i>4 sems</i>   |   |
|                         |  |  | <b>Handicraft (Non-NC) Needlecraft</b><br><i>2 sems</i>  |  | <b>Handicraft (Non-NC) Fashion Accessories, Paper Craft</b><br><i>2 sems</i> |  | <b>Handicraft (Non-NC) Basketry, Macrame</b><br><i>2 sems</i>  | <b>Handicraft (Non-NC) Woodcraft, Leathercraft</b><br><i>2 sems</i> |

\* Please note that these subjects have pre-requisites mentioned in the CG.

+ CG updated based on new Training Regulations of TESDA.

Other specializations with no pre-requisites may be taken up during these semesters.

**\*\*This is just a sample. Schools make their own curriculum maps considering the specializations to be offered. Subjects may be taken up at any point during Grades 9-12.**

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**Reference:**

Technical Education and Skills Development Authority-Qualification Standards Office. *Training Regulations for Beauty/Nail Care NCII*. Taguig City, Philippines: TESDA, 2012.