



Republic of the Philippines
Department of Education

24 APR 2014

DepEd MEMORANDUM
No. 19, s. 2014

CHANGES AND ADDITIONAL INFORMATION TO DEPED MEMORANDUM NO. 40, S. 2014
(Composition of the 2014 *Palarong Pambansa* National Executive Committee and Technical Management and Administration and Designation of the Chairpersons of Various Management Working Committees)

To: Undersecretaries
Assistant Secretaries
Bureau Directors
Directors of Services, Centers, and Heads of Units
Regional Secretary, ARMM
Regional Directors
Schools Division Superintendents
Heads, Public and Private Elementary and Secondary Schools
All Others Concerned

1. DepEd Memorandum No. 40, s. 2014 entitled *Composition of the 2014 Palarong Pambansa National Executive Committee and Technical Management and Administration (TMA) and Designation of the Chairpersons of Various Management Working Committees* has the following changes for the guidance of all concerned:

- a. The date of the **Opening Program** of the 2014 *Palarong Pambansa* has been moved from May 4, 2014 to **May 5, 2014** at 8:00 a.m. Thus, all regional delegations shall assemble for the Opening Program at their respective designated area within the Laguna Sports Complex, Sta. Cruz, Laguna as early as 5:00 a.m.;
- b. The first day of the **Competition** shall be held on **May 4** instead of May 5, 2014; and
- c. The enclosure of said DepEd Memorandum (List of the members of the National Executive Committee, and the chairpersons of the various management working committees under the Technical Management and Administration (TMA) has been revised.

2. Moreover, the following information/provision have been added for clarification:

- a. All members of the TMA officiating officials as specified in Enclosure No. 1 are required to present the following documents upon registration:
 1. Approved travel authority signed by their respective head of office;
 2. Two recent 2x2 ID pictures; and
 3. Medical certificate from a government physician that they are physically fit and able to serve in the *Palarong Pambansa*.

- b. Registration and submission of documents stated in 2.a above of all technical officiating officials will be held in their respective billeting quarters as specified in Enclosure No. 4. However, members of the TMA Working Committees shall register at the Laguna Sports Complex, Sta. Cruz, Laguna.
- c. The provision of DepEd Order No. 53, s. 2003 entitled *Updated Guidelines on Grant of Vacation Service Credits to Teachers* shall apply to teachers and school officials who are accredited as officiating officials or members of the different working committees.
- d. On top of the allowable expenses to be given to all members of the TMA Committees and their various management working committees per Item No. 8 of DepEd Memorandum No. 40, s. 2014, an additional amount to cover the cost of bottled mineral water is authorized, subject to the usual accounting and auditing rules and regulations.

3. For the four demonstration sports, namely: Billiards, *Futsal*, Wrestling and *Wushu*, each delegation shall recommend one participant per event who shall undergo an on-the-job training (OJT) in managing and officiating the games. Transportation and other allowable allowances of these participants shall be charged to their respective local funds subject to the usual accounting and auditing rules and regulations.

4. Technical Guidelines of each sports event as stated in Enclosure No. 2 shall take effect in this year's *Palarong Pambansa* and thereafter unless otherwise revised, rescinded, or amended.

5. The Olympic Medal System shall be applied for this year's *Palarong Pambansa* to determine the general championship. Ranking shall be based first on the total number of gold, silver and bronze medals as stated in Enclosure No. 6.

6. All regions must adhere to the provisions of DepEd Order No. 40, s. 2012 entitled *DepEd Child Protection Policy*. As such, all regional delegation officials shall be held responsible for the protection, welfare, and safety of their student-athletes.

7. In case there is a protest, complaints should be in written form, duly signed by the coach and noted by the Head of the Delegation. Protest shall be accompanied by affidavit of witnesses and/or evidences to support thereof and shall be filed before the start of the second game of the concerned team.

8. Enclosed are the following documents for reference:

- Enclosure No. 1 - Revised List of the Technical Management and Administration (TMA) Committees and Officiating Officials of the Different Sports Events;
- Enclosure No. 2 - Technical Guidelines of the Different Sports Events including Demonstration Sports and Special Games;
- Enclosure No. 3 - List of Playing Venues;
- Enclosure No. 4 - List of Billeting Quarters;
- Enclosure No. 5 - Number of Medals to be Contested by Sports Event; and
- Enclosure No. 6 - Rules and Guidelines for the Accreditation and Screening of Athletes.

9. All schedules of the technical activities (Refresher Course and Solidarity Meeting) shall remain as previously scheduled.
10. Immediate dissemination of this Memorandum is desired.



ATTY. ALBERTO T. MUYOT
Undersecretary
Officer-in-Charge

Encls.:

As stated

References:

DepEd Memorandum Nos. 18 and (40, s. 2014)
DepEd Order Nos. (53, s. 2003 and 40, s. 2012)

To be indicated in the Perpetual Index
under the following subjects:

CHANGE
COMMITTEES
OFFICIALS
SPORTS
RULES AND REGULATIONS

(Enclosure No. 1 to DepEd Memorandum No. 49, s. 2014)

**ORGANIZATIONAL STRUCTURE
2014 PALARONG PAMBANSA**

Sta. Cruz, Laguna

May 4-10, 2014

National Executive Committee

Chairman	-	Undersecretary Rizalino D. Rivera	
Vice Chairmen	-	Undersecretary Alberto M. Muyot	
	-	Undersecretary Dina S. Ocampo	
	-	Undersecretary Francisco M. Varela	
	-	Assistant Secretary Tonisito M.C. Umali, Esq.	
	-	Dir. Diosdado M. San Antonio	- Region IV-A
	-	Supt. Marites A. Ibañez	- Laguna Province

Technical Management and Administration

Secretary-General	-	Asst. Secretary Tonisito M.C. Umali, Esq.	
Deputy Secretary-General	-	Mr. Cesar S. Abalon	- SSEAU/PFWRO

The Management Working Committees

1. Technical Management Committee			
Chairman	-	Mr. Cesar S. Abalon	- SSEAU/PFWRO
Vice -Chair	-	Mr. Francis Allen B. dela Cruz	- SSEAU/OSEC
Operation Officer	-	Mr. Jason R. Razal	- SSEAU/PFWRO
Secretary	-	Ms. Ma. Liza B. Lloren	- SSEAU/OURO
2. Technical Advisory Committee			
Chairman	-	Ms. Pacita Q. Lungcay	- Region IV-A
Members	-	Dr. Lorenzo C. Agustin	- Region I
		Dr. Joselito L. Narag	- Region II
		Mr. Odon M. Santiago	- Region III
		Dr. Arlene R. Dela Vega	- Region IV-B
		Engr. Ronald C. Asis	- Region V
		Dr. Julieta P. Braga	- Region VI
		Dr. Vivian G. Ginete	- Region VII
		Dr. Cesar P. Veruque	- Region VIII
		Mr. Abdulrajik M. Kanni	- Region IX
		Dr. Raymund S. Antolo	- Region X
		Mr. Felipe A. Non, Jr.	- Region XI
		Mr. Magdaleno C. Duhilag, Jr.	- Region XII
		Dr. Taya K. Aplal	- ARMM
		Mr. Bernard C. Abellana	- CARAGA
		Dr. Agustin B. Gumuwang	- CAR
		Dr. Jocelyn V. Marcial	- NCR
3. Tournament Management			
Archery	-	Ms. Mildred M. de Leon	- PANNA
Arnis	-	Mr. Al G. Pelgone	- Albay
Athletics	-	Mr. Bienvenido N. Contapay	- NCR
Badminton	-	Mr. Jason R. Razal	- SSEAU/PFWRO

CR

Baseball	-	Mr. Anthony Diosdado U. Arceo	-	NCR
Basketball	-	Mr. Edilberto R. Abalos	-	Dagupan City
Boxing	-	Mr. Maximo D. Abalos	-	NCR-ABAP
Chess	-	Mr. Raul C. Cruz	-	NCR-CAUP
Football	-	Mr. Rufino B. Arellano	-	PFF
Gymnastics	:			
MAG	-	Mr. Celso M. Mayol, Jr.	-	Mandaue City
WAG	-	Ms. Catherine Joy F. Villareal	-	GAP
RG	-	Ms. Cleofe E. Oliveros	-	NCR
Sepak Takraw	-	Mr. Severo P. Mil, Jr.	-	San Carlos
Softball	-	Mr. Paulo M. Tabirara	-	NCR
Swimming	-	Mr. Ernesto C. Cabansag	-	Dagupan City
Table Tennis	-	Mr. Alfredo A.M. Camacho III	-	Palawan
Taekwondo	-	Mr. Mario M. Frigillana	-	PTA
Tennis	-	Mr. Apolinario R. Aldama	-	Bataan
Volleyball	-	Mr. Nestor L. Bello	-	PVF
Demonstration Sports				
Billiard	-	Mr. John Paul N. Cardenas	-	NSA-PSBA
Futsal	-	Mr. Porferio Barlas	-	Iloilo City
Wrestling	-	Mr. Victor A. Pinlac	-	UP Wrestling
Wushu	-	Ms. Jonnahlee Benitez	-	NSA-PWA
Tournament Secretaries				
Over-all Coordinator	-	Mr. Manuel Q. Bernardino	-	SSEAU/PFWRO
Archery	-	Mr. Amaro F. Galvez	-	USEC for Reg'l. Operations
Arnis	-	Mr. Ronald Cleofe	-	EDPITAF
Athletics	-	Mr. Allan Bedana	-	Accounting Div.
Badminton	-	Mr. Antonio Pescadera	-	Sulu
Baseball	-	Mr. Rogelio Estabillo	-	GSD
Basketball	-	Mr. Noel A. Dorado	-	SDD
Boxing	-	Mr. Roberto Macasil	-	Legal Div.
Chess	-	Mr. Nelson Umali	-	Laguna
Football	-	Mr. Novelio C. Bucago, Jr.	-	SDD
Gymnastics	-	Ms. Aileen Grace DG Santos	-	Tarlac
Sepak Takraw	-	Mr. Manuel Q. Bernardino	-	SSEAU/PFWRO
Softball	-	Local representative	-	Laguna
Swimming	-	Mr. Steve Boncan	-	Accounting Div.
Table Tennis	-	Local representative	-	Laguna
Taekwondo	-	Local representative	-	Laguna
Tennis	-	Mr. Renz Ramos	-	SHNC
Volleyball	-	Local representative	-	Laguna
Demonstration Sports				
Billiard	-	Mr. Gil C. Galupo	-	PFWRO
Futsal	-	Local representative	-	Laguna
Wrestling	-	Mr. Allan Maling	-	GSD
Wushu	-	Mr. Rolando Lubo	-	NETRC
4. Finance Committee				
Chairman	-	Asec. Armando C. Ruiz	-	Asec. For Finance and Admin.
Co-Chairs	-	Ms. Rhunna L. Catalan	-	Accounting Division
	-	Mr. Shelwyn C. Briones	-	Budget Division
	-	Mr. Minrado C. Batonghinog	-	Cash Division

OH

Accountants	-	Ms. Melyn L. Dionela	-	Accounting Div.
	-	Ms. Cholita F. Tiong	-	Accounting Div.
	-	Ms. Mary Ann Cherry P. Silla	-	Accounting Div.
	-	Ms. Francisco Reyes, Jr.	-	Accounting Div.
	-	Ms. Mariel Rivera	-	Accounting Div.
	-	Ms. Elizabeth C. Dela Cruz	-	Accounting Div.
Budget Officer	-	Ms. Belen Demonteverde	-	Budget Div.
Disbursing Officers	-	Ms. Ma. Peachy G. Arañez	-	Cash Div.
	-	Mr. Gene Patrick G. Morales	-	Cash Div.
	-	Ms. Irene Millo	-	Cash Div.
5. Procurement Committee				
Chairman	-	Dir. Aida N. Carpintero	-	BAC
Member	-	Ms. Ma. Teresa Fulgar	-	BAC
6. Supplies and Equipment Committee				
Chairman	-	Ms. Maritess L. Ablay	-	Property Div.
Equipment Group	-	Mr. Dennis Allan Cruz	-	Property Div.
	-	Mr. John Clark Taguinod	-	Property Div.
Supply Group	-	Ms. Shirley Guiang	-	Property Div.
	-	Ms. Conchita P. Bermillo	-	ASEC- Finance & Admin.
	-	Ms. Cristina C. Raposa	-	USEC- Finance & Admin.
Inspectorate Team	-	Engr. Luis Purisima, Jr.	-	PFSED
	-	Ms. Susan Ortillo	-	Accounting Div.
7. Games Results, Communication and Documentation Committee				
Chairman	-	Mr. Deogracias B. Genito, Jr.	-	DBMU
	-	Mr. Edmon G. Prado	-	SSEAU/PFWRO
Records/Documentation				
Web Posting Officers	-	Mr. Christopher T. Frusa	-	South Cotabato
	-	Mr. John Gregory Jabido	-	Koronadal City
	-	Mr. Ronie Almia	-	Cotabato City
	-	Mr. Marcos Rodil	-	EWBD
	-	Mr. John T. Dispo	-	DBMU-RSD
	-	Mr. Harold Magadia	-	Accounting Div.
	-	Mr. Ronnie M. Espina	-	Management Div.
	-	Mr. Lemuel Valles	-	MPPD
	-	Mr. Edwin Gomez	-	Cash Div.
	-	Mr. Eduardo Ortillo	-	Accounting Div.
	-	Mr. Mark Magtibay	-	Accounting Div.
Validators	-	Mr. Roy Soldevilla	-	Iloilo
	-	Mr. Michael Apuhin	-	Iloilo
	-	Ms. Lorelei Ramos	-	NCR
	-	Ms. Marilyn Erasmo	-	NCR
	-	Mr. Cesar Gonzales	-	NCR
	-	Mr. Rolando Azue	-	Iloilo
Record Officers	-	Ms. Cristina Cay	-	DBMU
	-	Ms. Evelyn Relor	-	RSD-OPS
	-	Ms. Jennifer Jalova	-	FMS

Reproduction			
Team Leader	-	Mr. Carlito Barit	- Technical Service
	-	Mr. Raymund Owit	- Technical Service
	-	Mr. Arnel Gurrubat	- Technical Service
	-	Mr. Benedicto Bacarisas	- PFWRO
8. Special Activities Coordinating Committee			
Chairman	-	Ms. Jessica S. Brillantes	- PFWRO
Screening	-	Mr. Josefino S. Dela Paz	- PFWRO
Tournament Manager	-	Mr. Dennis G. Esta	- PHILSPADA
	-	Mr. Alfredo Rey Estacion (Goalball)	- PHILSPADA
	-	Mr. Crisanto Santos (Athletics)	- PHILSPADA
	-	Mr. Sonny Valmores (Swimming)	- Bulacan
Records, Documentation & Results	-	Ms. Romelia A. Contapay	- USEC for Legal
	-	Mr. Reynier Cruz	- SDD
SPED Local Coordinator	-	Mr. Joselito Cuatero	- Laguna
9. National Screening and Accreditation Committee			
Chairman	-	Atty. Cornelio A. Pacala	- Legal Division
Members	-	Dr. Rainerio U. Reyes	- Cavite
	-	Dr. Rene S. Surio	- Northern Samar
	-	Dr. Analiza T. Araojo	- Rizal
	-	Mr. Jamaica Rangiris	- Legal Div.
	-	Mr. Robertson Tuliao	- EDPITAF
	-	Mr. Fidel Salosagcol	- EWBD
17 Regional Representatives			
	-	Atty. Jan Philip O. Pasamonte	- Region I
	-	Mr. Denis M. Agbayani	- Region II
	-	Mr. Emerito Nicdao	- Region III
	-	Atty. Aris Cawilan	- Region IV-A
	-	Ms. Jeannette V. Martinez	- Region IV-B
	-	Mr. Efren M. Salvadora	- Region V
	-	Dr. Donato G. Delgado	- Region VI
	-	Mr. Victor V. Yntig	- Region VII
	-	Mr. Ruben E. Paylado	- Region VIII
	-	Dr. Danny B. Cordova	- Region IX
	-	Mr. Rogelio C. Evangelista	- Region X
	-	Dr. Gemar B. Butucan	- Region XI
	-	Mr. Wahabi Guiani	- Region XII
	-	Mr. Demonsthenes J. Quinal	- CARAGA
	-	Mr. Alfredo C. Dalang	- CAR
	-	Mr. Arnel Agang	- ARMM
	-	Dr. Jocelyn V. Marcial	- NCR
Database and Documentation			
	-	Mr. Jeremiah D. Gumboc	- RSD-OPS
	-	Mr. Joel M. Faustino	- SPAPO
	-	Mr. Loreto Virgo, Jr.	- Accounting Div.
	-	Mr. Dante Raposa	- USEC for Partnerships
10. Administrative Support and Services Committee			
Chairman	-	Ms. Rhodora C. Arsenio	- SSEAU/PFWRO
Secretary	-	Ms. Carissa S. Sumulat	- ASEC for Legal

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Liaison Officer	-	Mr. Celestino Espejon	-	ASEC for Legal
Registration and Accommodation				
Team Leader	-	Ms. Glory Juvy B. Besa	-	ASEC for Legal
Members	-	Ms. Adelaida B. Gawiran	-	PFWRO
	-	Ms. Victoria L. Abalon	-	Personnel Div.
	-	Ms. Marilou Zamora	-	GSD
	-	Ms. Emerita G. Peralta	-	Accounting Div.
	-	Ms. Cecile Mendiola	-	SPAPO
VIPs/Guests & Sponsorship				
Team Leader	-	Mr. Raphael Martin T. Magno	-	USEC for Reg'l Operations
Members	-	Ms. Florence de Castro	-	USEC for Partnerships
	-	Ms. Felisa Aurelio	-	ASEC for Prog. & Projects
	-	Ms. Chanda Jetomo	-	ASEC for Prog. & Projects
	-	Ms. Natividad P. Danao	-	USEC for Legal
	-	Ms. Mariel Blacer	-	USEC for Legal
Transportation				
Team Leader	-	Mr. Nilo B. Sabandal	-	ASEC for Legal
Members	-	Mr. Gerardo Domingo	-	GSD
	-	Mr. Bonifacio A. Malunes	-	USEC for Reg'l Operations
	-	Mr. Frelix Calgao	-	ASEC for Legal
Drivers	-	Mr. Jose Rivera	-	GSD
	-	Mr. Francisco Cabral	-	GSD
	-	Mr. Jesus Suratos	-	GSD
	-	Mr. Rodrigo Maur	-	GSD
Medical	-	Dr. Ma. Lauren T. Nebab-Ortiz	-	GSD-Medical Unit
Security				
Team Leader	-	Mr. Mateo Campos	-	GSD-Security Unit
Members	-	Mr. Rolito Tayco	-	GSD-Security Unit
	-	Local representatives	-	Laguna
Awards and Ceremonies				
Team Leaders	-	Ms. Rhodora C. Arsenio	-	SSEAU/PFWRO
Members	-	Mr. Milo Novicio	-	IAS
	-	Ms. Erlinda G. Angeles	-	BALS
	-	Ms. Veronica C. Belles	-	OPS
	-	Ms. Amelita S. Buce	-	USEC for Finance & Adm.
	-	Ms. Ma. Bella Caballa	-	COA
Announcers	-	Ms. Sonia de Leon	-	Personnel/EWBD
	-	Mr. Jason del Rosario	-	PFSED
	-	Mr. Arturo Tuazon	-	Technical Service
Liaison Officer	-	Mr. Pepe V. Jazmin	-	ASEC for Legal
11. Jury of Appeals				
Chairman	-	Atty. Domingo L. Alidon	-	Legal Div.
Members	-	Dr. Eden D. Deriada	-	Iloilo City
	-	Dr. Abraham M. Asbi	-	Cotabato City
	-	Mr. Guillermo C. Bognot	-	Tarlac City
	-	Mr. Cesar V. Pradas	-	PSC
12. Media Information				
Chairman	-	Dir. Armand Patrick R. Salamat	-	Com. Unit
Member	-	Mr. Ernie T. Talaro	-	Com. Unit
Camera/Video Operators	-	Mr. Pio Alcantara	-	Technical Service

OR

	-	Mr. Oscar Cabael	-	Technical Service
13. Evaluation and Clean and Green Committee				
Over-all Coordinator	-	Ms. Ma. Liza B. Lloren	-	SSEAU/USEC for Reg'l. Ops.
A. Conduct of Palarong Pambansa				
Chairman	-	Dr. Leonardo A.J. Tabaranza	-	BALS
Members	-	Dr. Eugenio B. Penales	-	Zamboanga City
	-	Ms. Eugenia B. Mendoza	-	USEC for Reg'l Operations
	-	Ms. Edna M. Bulan	-	Tech-Voc
	-	Ms. Judy R. Mendoza	-	BALS
	-	Ms. Victoria B. Romblon	-	Personnel Div.
	-	Mr. Julius A. Arandia	-	GAP
B. Clean, Green and Eco-Friendly				
Chairman	-	Dr. Juan R. Araojo, Jr.	-	SHNC
Members	-	Mr. Ferdinand M. Nuñez	-	SHNC
	-	Mr. Benito Etrata	-	EDPITAF
	-	Ms. Alma D. Apanay	-	Technical Service
	-	Ms. Shirley T. Laurel	-	SHNC
	-	Ms. Elizabeth G. Bermoy	-	Legal Div.
	-	Mr. Francisco Competente	-	SHNC
	-	Mr. Myron Gil D. Talosig	-	ASEC for Legal
Local Representatives (4)				
14. Technical Inspection/Custodian of Supplies and Equipment				
Team Leader	-	Mr. Ralph C. Caluya	-	SSEAU/PFWRO
	-	Mr. Fernando J. Flores	-	SSEAU/PFWRO
	-	Mr. Cristino David	-	SSEAU/GSD
	-	Mr. Carlos G. Bacay, Jr.	-	Marikina City
	-	Mr. Edwin DJ. Escalante	-	Laguna
PSC Counterpart				
	-	Mr. Norberto Dinglasan	-	PSC
	-	Mr. Warren Gabriel	-	PSC
	-	Mr. Marciano Aniag	-	PSC
	-	Mr. Levi Monterona	-	PSC
15. Technical Consultants for Billeting and Playing Venues				
	-	Arch. Noel Elnar	-	PSC
	-	Engr. Pedro Pineda	-	PSC

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NATIONAL SPORTS ASSOCIATION ACCREDITORS

Archery	-	Mr. Ricardo V. Torres	-	PANNA
Arnis	-	Mr. Lazaro de Leon	-	Arnis Phils.
Athletics	-	Mr. Reynato G. Unso	-	PATAFA
	-	Mr. Narciso B. Dasigan	-	PATAFA
Badminton	-	Ms. Judith Brosola	-	PBA
	-	Dr. Jenalyn Fundal	-	PBA
Baseball	-	Mr. Edgardo C. Ocampo	-	ASAPHIL
Basketball	-	Mr. Liberato V. Valenzuela	-	SBP
Boxing	-	Mr. Rogelio Fortaleza	-	ABAP
Chess	-	Mr. Generoso J. Policarpio	-	PCF
Football	-	Mr. Montano Mondia III	-	PFF
Gymnastics				
MAG	-	Mr. Lauro Reyes	-	GAP
WAG	-	Ms. Joy A.G. Valenton	-	GAP
RG	-	Ms. Cleofe E. Oliveros	-	NCR
Sepak Takraw	-	Mr. Manuel G. Eslao	-	PASTA
Softball	-			
Swimming	-	Mr. Richard Luna	-	PSA
Table Tennis	-	Ms. Rachel DL. Ramos	-	TATAP
Taekwondo	-	Mr. Mario M. Frigillana	-	PTA
Tennis	-	Mr. Tomas Falcis	-	PHILTA
Volleyball	-	Mr. Yul Benosa	-	PVF
Demonstration Sports				
Billiard	-	Mr. John Paul N. Cardenas	-	PSBA
	-	Mr. Manuel De Leos	-	PSBA
Futsal	-	Ms. Honey Thomason	-	NCR Futsal
	-	Mr. Percy Guarin	-	PFF
Wrestling	-	Mr. Karlo Sevilla	-	PWA
Wushu	-	Ms. Jonnahlee Benitez	-	Phil. Wushu
	-	Mr. Bobby Hongliangyi	-	Phil. Wushu

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Republic of the Philippines
DEPARTMENT OF EDUCATION
DepED Complex, ULTRA, Meralco Ave
Pasig City

2014 PALARONG PAMBANSA

Sta. Cruz, Laguna

May 4 - 10, 2014

ARCHERY

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	RICARDO TORRES	Event Consultant	NSA
2	MILDRED M. DE LEON	Tournament Manager	IVA
3	NESTOR BULOSAN	Asst. Tournament Manager	NCR
4	AMARO GALVEZ	Tournament Secretary	DEPED C.O.
5	JOELITO SUMINIG	Asst. Tournament Secretary	III
6	LITO BICALDO	Chairman - Judge Commission	V
7	DEMSON EUGENIO	Member - Judge Commission	III
8	ADEL FLORES	Member - Judge Commission	IVA
9	HERACLEO PATRIMONIO	Member - Judge Commission	VII
10	GERALDINE OROSCO	Member - Judge Commission	I
11	FEDERICO ALMENDARES	Director of Shooting (DOS)	I
12	DENNIS TORRE	Asst. DOS/Timer	NCR
13	ALLY PACENO	Announcer/Gadget Operator	VI
14	JOSEPH IJIRANI	Chairman - Scores Committee	IX
15	NEORIENTE A. FERRER	Chief Tabulator	IX
16	ANDY VILLAMOR	Tabulator	CAR
17	RYAN RAQUERO	Tabulator	V
18	JAYSON CRUZ	Tabulator	IVB
19	EGMEDIO AVENDANIO JR.	Chief Encoder	VII
20	GENEROSE E. CUYOM	Encoder	IVA
21	RAIM M. ALLAMA	Encoder	ARMM
22	ROSELYN DARDO	Encoder	XII
23	ROMEO DOROMAL	Chief, Leader Board Scorer	VI
24	RUBY M. SALVO	Leader Board Scorer	XII
25	EULYN REFUNCIÓN	Leader Board Scorer	VIII
26	BERNARD EUGENIO	Leader Board Scorer	XII
27	SANTIAGO G. FABUA JR.	Chief, Ground Committee	VIII
28	JUNARD E. YUSÓN	Ground Crew/Score Card Handler	CARAGA
29	REX Z. ENDRINO	Ground Crew/Score Card Handler	II
30	MA. NIÑA GACHE	Event Coordinator	IVA

Republic of the Philippines
DEPARTMENT OF EDUCATION
DepED Complex, ULTRA, Meralco Ave
Pasig City

2014 PALARONG PAMBANSA

Sta. Cruz, Laguna

May 4 -10, 2014

ARNIS

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	AL PELGONE	Tournament Manager	V
2	HADJI TEJADA	Asst. Tournament Manager	NCR
3	RONALD CLEOFE	Tournament Secretary	DEPED C.O.
4	MANOLO BORROMEO	Chief Equipments	NCR
5	REYNALDO P. OROPESA	Chief Judge / Referee	V
6	MARIVEL C. VARGAS	Chief Records	V
7	AMADO MACAYAN	Judge / Referee	I
8	JESSIE BACUYAG	Judge / Referee	II
9	MARILOU TUGADE	Judge / Referee	II
10	ARLENE REYES	Judge / Referee	III
11	ARDIE CORDERO	Judge / Referee	IVA
12	VICTOR SERENADOR	Judge / Referee	IVA
13	MARIO PERNIA	Judge / Referee	IVB
14	NELSON BATALLER	Judge / Referee	V
15	ZEUS ESPILOY	Judge / Referee	V
16	SHIELA DURAN	Judge / Referee	VI
17	NOEL DACULAN	Judge / Referee	VII
18	IKE VILLAFORES	Judge / Referee	VII
19	GERALD JUDE GERUDIAZ	Judge / Referee	VIII
20	FARZHANA APELUDIN	Judge / Referee	IX
21	DANILO ANTICAMARA	Judge / Referee	X
22	MARGARITA DIMALIGALIG	Judge / Referee	XI
23	EFREN BUTLIG	Judge / Referee	XI
24	PEDRO CABATANA	Judge / Referee	XII
25	ELISEO CESAR SEDA	Judge / Referee	XII
26	RODRIGO GIBALAY	Judge / Referee	CARAGA
27	FERMIA BELTRAN	Judge / Referee	CARAGA
28	LEO CARINO	Judge / Referee	CAR
29	RISSA BANAÑA	Judge / Referee	CAR
30	TENG SUMAPAL	Judge / Referee	ARMM
31	LARRY DE LEON	Judge / Referee	NSA
32	JEFF SOLFICO	Local Event Coordinator	IVA

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ATHLETICS

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	BIENVENIDO CONTAPAY	Tournament Manager	NCR
2	ALLAN BEDANA	Tournament Secretary	DEPED-C.O.
3	BENJAMIN SILVA-NETTO	Technical Director	NSA
4	CLARO PELLOSI	Consultant	NSA
5	RENATO UNSO	Asst. Tournament Manager	NSA
6	JESS TUBOG	Track Referee	NSA
7	ROMEO SOTTO	Field Referee	NSA
8	NARSICO DASIGAN	Chief, Lane Umpire	NSA
9	GLENA BALUNGAY	Chief, Time Keeper	NSA
10	NORBERTO DELA CRUZ	Chief, Starter	NSA
11	JOSELITO SANTOS	Marksman	NSA
12	MANUEL LOPEZ	Chief, Judge at Finish	NSA
13	ROBINA VENTURINA	Recorder (Jump/Throw)	NSA
14	RUBEN FERRER	Wind Gauge Operator	NSA
15	ARIEL VILLANUEVA	Wind Gauge Operator	NSA
16	TITO ORLANDA		I
17	REMIGIO CASINGAL		I
18	DOMINADOR GAILA		II
19	ARNOLD PADILLA		II
20	ROMMEL EUGENIO		III
21	GRACE DIVINO		III
22	EVANGELINE NAVARRO		III
23	EDGARDO AGUINALDO		III
24	RODERICK TOBIAS		IVA
25	EDGARDO UY		IVA
26	JONEL FRANCISCO		IVA
27	FLORABEL BEREDO		IVA
28	ANTONIO PADUA		IVA
29	OLIVER BEJASA		IVB
30	JULITO MARTINEZ		IVB
31	ROBERTO TOMAGAN		V
32	EFREN BONO		V
33	HEINRICH HETROZA		VI
34	ABRAHAM BALIBALOS		VI
35	LOURDESITA SIGAMATA		VII
36	ILDEFONSO BANZON		VII
37	CLEMEN JALA		VII
38	REYNALDO RENOMERON		VIII
39	ENRICO ENCISO		VIII
40	ALLAIN CATIS		IX

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41	BALTAZAR BUOT		IX
42	RICO SUMASTRE		X
43	ANDREA PAHILAN		X
44	ANGELITO AMARO		X
45	BERNABE ALICAYA		XI
46	RONY QUICOY		XI
47	ANTHONY CIA		XII
48	MARCIANO SANTOS		XII
49	GARAM ARADJI		ARMM
50	ABULCAIR MACMOD		ARMM
51	EMERSON HADSAN		CAR
52	ROSE LABONETE		CAR
53	BEBOT MAMANAO		CAR
54	MICHAEL MARTIN		CARAGA
55	DANILO BAJAO		CARAGA
56	SALVADOR DOMOCMAT		NCR
57	JOSE WILLIAM ORTIZ		NCR
58	WARREN MACATUBAL		NCR
59	EDISON ENERLAS		NCR
60	RAULNILO MANATAD		NCR
61	DEXTER ARAQUEL	PHOTO FINISH OPERATOR	TIMELINE/LOCAL
62	RYAN ROLDAN	PHOTO FINISH OPERATOR	TIMELINE/LOCAL
63	CRESENTE MURILLO JR.	PHOTO FINISH OPERATOR	TIMELINE/LOCAL
64	FRANCISCO GERONIMO JR.	PHOTO FINISH OPERATOR	TIMELINE/LOCAL

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BADMINTON

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	JASON R. RAZAL	Tournament Manager	DEPED -C.O
2	ROLANDO SELGA	Asst. Tournament Manager	NCR
3	ELMER ARIATE	Asst. Tournament Manager	NCR
4	ANTONIO PESCADERA	Tournament Secretary	ARMM
5	MA. JANELYN T. FUNDAL	Tournament Assesor	VI
6	JUDITH BROSULA	Tournament Assesor	NSA
7	VENERANDO ESPIRITU	Tournament Referee	NCR
8	MA. RIZZA QUICOY	Deputy Referee	XI
9	DANILO YUMANG	Venue Manager	NCR
10	RONALD CAPILI	Match Control Officer	NCR
11	JOSEPHINE CAVAN	Match Control	IX
12	ROWENA MENESES	Match Control	V
13	MARY AVEMIENA BAUTISTA	Court Official	I
14	CHERRY BELLE DEL ROSARIO	Court Official	I
15	SHERWIN SIMANGAN	Court Official	II
16	JOEL DANAQ	Court Official	II
17	ANDRES DIONISIO	Court Official	III
18	REMEGIO ANTALAN	Court Official	III
19	EDNA CABUHAT	Court Official	IVB
20	FEBELYN BALBUENA	Court Official	IVB
21	ALEX BERTIZ	Court Official	V
22	ARIEL RAMIREZ	Court Official	V
23	SOPHIA FANUGA	Court Official	VI
24	REY FAMA	Court Official	VI
25	MELANIE TECSON	Court Official	VII
26	ROSANEE REFAMONTE	Court Official	VII
27	JEANIA TISTON	Court Official	VIII
28	JANE ROSANES	Court Official	VIII
29	RANDY DARCIERA	Court Official	IX
30	ANGELITO PAGARAN	Court Official	X
31	ENRIQUE AMARO	Court Official	XI
32	REYNALDO PAULITE	Court Official	XII
33	EDGAR BOQUIA	Court Official	XII
34	ACHILIS ASID	Court Official	ARMM
35	ABIJARI BARA	Court Official	ARMM
36	ROSIE BEEL MARZO	Court Official	CAR
37	MITCHIE JOY PANAGAN	Court Official	CAR
38	JORDAN CODILLA	Court Official	CARAGA
39	JOSEPHINE LUMANGCAS	Court Official	CARAGA
40	ALAN LINDOGAN	Court Official	NCR

41	ROMMEL CUENTO	Court Official	IVA
42	REX ALEJANDRO	Court Official	IVA
43	MICHAEL GARROVILLAS	Court Official	IVA
44	NILO PEREZ	Court Official	IVA
45	GLEN DEAN RAVELAS	Coordinator	IVA

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BASEBALL

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	ANTHONY DIOSDADO U. ARCEO	Tournament Manager	NSA
2	FRANCISCO ARCEO	Asst. Tournament Manager	NSA
3		Tournament Secretary	DEPED C.O.
4		Local Coordinator	IVA
5	ALEX I. ORDANZA	Umpire/Referee	I
6	JESSIE CECIL M. MUNAR	Umpire/Referee	I
7	EDWIN P. MINA	Umpire/Referee	I
8	CARLOS MATEO	Umpire/Referee	II
9	ALICIA L. BORJA	Umpire/Referee	NCR
10	ERNESTO DUPITAS JR.	Umpire/Referee	III
11	LEONEL O. JOSE	Umpire/Referee	III
12	JOEL I. VASALLO	Umpire/Referee	III
13	MARINO S. FRANCISCO	Umpire/Referee	IVA
14	RICARDO E. SAAVEDRA JR.	Umpire/Referee	IVA
15	EDUARDO MORADA LR.	Umpire/Referee	IVB
16	NOEL TIZADO	Umpire/Referee	XII
17	TED OPINIANO	Umpire/Referee	I
18	DANILO ESTACIO	Umpire/Referee	I
19	ELWITO L. PATTAGUAN	Umpire/Referee	II
20	EFREN SANTIAGO	Umpire/Referee	II
21	WALTER ESTABILLO	Umpire/Referee	III
22	MICHAEL ALLAN NATIVIDAD	Umpire/Referee	III
23	EDGARDO OCAMPO	Umpire/Referee	IVA
24	CELSO BAGUNO	Umpire/Referee	IVA
25	JOSELITO LINGA	Umpire/Referee	IVB
26	JERRY BOY M. MADIA	Umpire/Referee	IVB
27	GLICERIO BINAOHAN JR.	Umpire/Referee	V
28	JOHNIL F. REALUBIT	Umpire/Referee	V
29	VIRGIL A. ETABAG	Umpire/Referee	VI
30	VICENTE MATIAS G. SUBESA	Umpire/Referee	VI
31	CHRISTOPHER M. GUDIA	Umpire/Referee	VII
32	AL RICHARD L. CABALLES	Umpire/Referee	VII
33	ROMELL ABETO	Umpire/Referee	VIII
34	LOUIE LUMANTA	Umpire/Referee	VIII
35	JESUS FRANCISCO	Umpire/Referee	IX
36	PEDRITO APEPE	Umpire/Referee	IX
37	ROSALIO VITORILLO	Umpire/Referee	X
38	MARCEL TAGALOGON	Umpire/Referee	X
39	JULIUS D. PASTRANA	Umpire/Referee	XI
40	ALVIN R. TAN	Umpire/Referee	XI

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41	RONALD VISAYA	Umpire/Referee	XII
42	JOSE JUDE CALLADO	Umpire/Referee	XII
43	TONY ASANJI	Umpire/Referee	ARMM
44	ABDULWAHAB HUSSIN	Umpire/Referee	ARMM
45	JACKSON CAYA-OS	Umpire/Referee	CAR
46	SAMUEL T. EGSAEN JR.	Umpire/Referee	CAR
47	EMELIO MAKILING JR.	Umpire/Referee	CARAGA
48	LARRY C. PAYOSALAN	Umpire/Referee	CARAGA
49	DANILO BUENO	Umpire/Referee	NCR
50	CESAR NAVA JR.	Umpire/Referee	NCR

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BASKETBALL

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	EDILBERTO R. ABALOS	Tournament Manager	I
2	ALFREDO JULIO	Technical Coordinator	IVA
3	MARIO MONTIEL	Technical Consultant	NCR
4	GLEN CORNELIO	FIBA Int'l. Referee/Technical Consultant	NSA
5	ANTONIO FERNANDEZ	Asst. Tournament Manager - Girls	CAR
6	OSCAR SALVADOR	Asst. Tournament Manager - Boys	XI
7	DOMINGO LAUD	Asst. Tournament Manager - Elem.	I
8	NOEL DURADO	Tournament Secretary	DEPED C.O.
9	BIENVENIDO PASCO	Asst. Secretary - Elem.	NCR
10	RITO MAITEN	Asst. Secretary - Boys	VIII
11	ISAGANI DOMINGO	Asst. Secretary - Girls	NCR
12	REYNANTE HUFANA	FIBA International Referee	I
13	WALTER LUMAGUE	Referee	I
14	RONALD CELINO	Referee	I
15	GERRY TANGAN	Referee	II
16	JOSEPH LAVADIA	Referee	II
17	TELESFORRO MILLADO JR.	Referee	III
18	RITCHELL RADA	Referee	III
19	HENRY DE GUZMAN	Referee	IVB
20	MICHEL LANO	Referee	IVB
21	JUANITO HOMBREBUENO	Referee	IVA
22	JOSEPH LABUGUEN	Referee	IVA
23	JOEL ARROYO	Referee	V
24	JULIETO DELA TORRE	Referee	V
25	LEOPOLDO SOLAS	Referee	VI
26	SUNNY PARDICO	Referee/I.T. Operator	VI
27	PEDRO SEPRADO	Referee	VII
28	LOCKSLEY LOPEZ	Referee	VII
29	BRYAN COLILIHAN	Referee	VIII
30	RECRES SEVILLANO	Referee	VIII
31	JOEL SAAVEDRA	Referee	IX
32	MUNIL WAHID	Referee	IX
33	JAYPEE RALPH JUMAMOY	Referee	X
34	RAUL FUENTES	Referee	X
35	MYRA ESTHER MARISSA DUCO	Referee	XI
36	ALEX BALGOS	Referee	XI
37	BENIGNO TORIBIO	Referee	XII
38	SANNY PAMA	Referee	XII
39	JOSE DE GUZMAN	Referee	CARAGA
40	JAYSON SOLIS	Referee	CARAGA

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41	JOEL ERIC AGACER	Referee	CAR
42	DANIEL AMBASING	Referee	CAR
43	JOSE NOEL ROBLES	Referee	NCR
44	ROTER GALAY	Referee	NCR
45	BIN-AUF JALILUL	Referee	ARMM
46	ABRAHAM JALANI	Referee	ARMM
47	VALERIANO ESCOSIO III	Referee	I
48	JAY MONICO ALICANDO	Referee	II
49	ANTONIO EVASCO, JR.	Referee	IVA
50	CARLOS BARAL	Referee	IVA
51	TYRONE MARIANO	Referee	III
52	MELCHOR BUENO	Referee	NCR
53	LIBERATO VALENZUELA	Assesor	SBP

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BOXING

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	EDGAR PICSON	Executive Director	NSA
2	ROGER FORTALEZA	Technical Consultant	NSA
3	MAXIMO D. ABALOS	Tournament Manager	NCR
4	JONATHAN OSCAR G. JIMENEZ	Asst. Tournament Manager	V
5	ROBERTO MACASIL	Tournament Secretary	DEPED C.O.
6	ALEX MAMARIL	Referee/Judge	I
7	RODERICK R. DE LEON	Referee/Judge	I
8	DENNIS V. FABIANAN	Referee/Judge	I
9	GARRY R. MONTEAGUDO	Referee/Judge	IVB
10	HAYDEE G. SARMIENTO	Referee/Judge	IVB
11	HENRY D. NERVEZA	Referee/Judge	V
12	ANTHONY O. CORTEZ	Referee/Judge	VI
13	ROSVIC D. ABETO	Referee/Judge	VI
14	NATHANIEL TARADIO	Referee/Judge	VII
15	JUDY V. CAROLLO	Referee/Judge	VII
16	NARI A. SARAD	Referee/Judge	IX
17	REY A. PIEDAD	Referee/Judge	IX
18	LUDY THERESE CERIALES	Referee/Judge	X
19	CELSO L. PAGULON	Referee/Judge	X
20	DENNIS MAURICO	Referee/Judge	XI
21	RICARDO OLMEDO, JR.	Referee/Judge	XI
22	ARNEL ANTIPORDA	Referee/Judge	XII
23	JERRY LUMPIGAO	Referee/Judge	XII
24	LEONOR QUIBAN	Referee/Judge	CARAGA
25	SILVAN BRITANICO	Referee/Judge	CARAGA
26	CAMAR AMPAO	Referee/Judge	ARMM
27	MAULA KAMAG	Referee/Judge	ARMM
28	CILDO EVASCO	Referee/Judge	CAR
29	JOEL B. LAGMAY	Referee/Judge	CAR
30	FERDINAND ESPITA	Referee/Judge	CAR
31	ROLANDO JOSE	Referee/Judge	NSA
32	BILY FAMERO	Referee/Judge	NSA
33	RAMON VICENTE	Referee/Judge	NSA
34	RODRIGO MANALON	Referee/Judge	NSA
35	BRANDO REA	Referee/Judge	NSA
36	JONATHAN PADILLA	Coordinator	IVA

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	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	RAUL CRUZ	Tournament Manager	NCR
2	ROMEO ESPIRITU JR.	Asst. Tournament Manager	III
3	RALPH CALUYA	Technical Consultant	DEPED C.O.
4	NELSON UMALI	Tournament Secretary/Arbiter	IVA
5	EDMON G. PRADO	Chief Arbiter	DEPED C.O.
6	ROMER VALENCIA	Chief Arbiter (Elem.) B/G	III
7	JED JERMINIA	Chief Arbiter (Sec.) B/G	VI
8	LALYNE SUNGCOCO	Arbiter/Recorder (Sec.) B/G	III
9	ARLYN GARCIA	Arbiter/ Recorder B/G	I
10	GENE POLIARCO	Evaluator	NSA
11	PATRICK LEE	Swiss Manager Programer	NSA
12	ROGELIO VALDEZ JR.	Arbiter/Steward	I
13	RICARDO A. REYES	Arbiter/Steward	I
14	ROMULO P. GERON JR.	Arbiter/Steward	II
15	ROGER RAMOS	Arbiter/Steward	II
16	BENNY BADUA	Arbiter/Steward	III
17	GELYN D. DE CASTRO	Arbiter/Steward	IVA
18	HERARDO MANAHAN	Arbiter/Steward	IVB
19	BIENVENIDO DAYADANTE	Arbiter/Steward	V
20	CESAR MEDIODIA	Arbiter/Steward	VI
21	FELIX POLOYAPOY	Arbiter/Steward	VII
22	SERAPIA JALA	Arbiter/Steward	VII
23	CONSOLACION ANINIPO	Arbiter/Steward	VII
24	NOEL SAGAYAP	Arbiter/Steward	VIII
25	AMER TANDONG	Arbiter/Steward	IX
26	WILLIAM ALMODIEL	Arbiter/Steward	IX
27	GREG MAGSAYO	Arbiter/Steward	X
28	LYDIA AMPO	Arbiter/Steward	XI
29	JUN UKA	Arbiter/Steward	XII
30	ISNAJI S. SIRAJI	Arbiter/Steward	ARMM
31	FREDERICK C. DAO-AY	Arbiter/Steward	CAR
32	NOLASCO DE LOS SANTOS	Arbiter/Steward	CARAGA
33	EDWIN AYATON	Arbiter/Steward	NCR
34	ILANN PEREZ	Arbiter	FIDE/CAUP
35	WILFREDO NERI	Arbiter	NSA

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FOOTBALL

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	RUFINO ARELLANO	Tournament Manager - Football	V
2	MONTANO MONDIA III	Consultant	NSA
3	FERNANDO FLORES	Assesor	DEPED C.O.
4	FRAEL U. AQUINO	Asst. Tournament Manager (Sec.)	CAR
5	ALLEN P. GAGARRA	Asst. Tournament Manager (Elem.)	ARMM
6	NOVELIO BUCAGO, JR.	Tournament Secretary	DEPED C.O.
7	REYNALDO M. CONACO	Coordinator - Football	IVA
8	GERRY P. PAET	Technical Official	I
9	ALFONSO DULATRE	Technical Official	I
10	FROILAN CLIFF SERA	Technical Official	II
11	DIONICIO VICENTE I. CASAUAY	Technical Official	II
12	ALVIN T. YALUNG	Technical Official	III
13	LORENZO B. DIAMZON	Technical Official	III
14	RENATO FLORO E. ESPIRITU	Technical Official	III
15	JOEL S. BARCELO	Technical Official	III
16	ROMANDIE M. GUIVESES	Technical Official	IVA
17	ELENAR B. OPENA	Technical Official	IVA
18	JOMMEL E. ROMERO	Technical Official	IVB
19	DIOBE B. ARELLANO	Technical Official	V
20	VIRGILIO J. IMPERIAL	Technical Official	V
21	ARIEL C. SALVADORA	Technical Official	V
22	DENNIS A. ESTANIEL	Technical Official	VI
23	JEFFREY VELEZ	Technical Official	VI
24	LEO G. DAYOT	Technical Official	VI
25	JUAN S. TORREGOSA	Technical Official	VII
26	FRANCIS B. RAMIREZ	Technical Official	VII
27	RUBEN D. TEJANO	Technical Official	VII
28	SALVADOR DACUT, JR.	Technical Official	VII
29	LEODEGARIO S. TINOC JR.	Technical Official	VIII
30	BAYANI JOSE V. ABAD	Technical Official	IX
31	ANGELITO LAURON	Technical Official	IX
32	ERIC R. LIM	Technical Official	X
33	IAN GABOT	Technical Official	X
34	BRYAN S. BENEGIAN	Technical Official	XI
35	JOSEPH G. ROSIOS	Technical Official	XII
36	JOSE E. LOZADA	Technical Official	XII
37	ROMUALDO TIDEN	Technical Official	CAR
38	ELMER A. AUTOR	Technical Official	CARAGA
39	BRENDA F. GAYAGOY	Technical Official	NCR
40	GLEN L. GUARDIANO	Technical Official	NCR

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TABLE TENNIS

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	RACHEL RAMOS	TECHNICAL ADVISER	NSA
2	ALFREDO A.M. CAMACHO III	TOURNAMENR MANAGER	IVB
3	CHARISMA PAREDES	ASST. TOURNAMENT MANAGER	CARAGA
4		TOURNAMENT SECRETARY	DEPED CO
5	HONORATO BIAGTAN		I
6	ALONA SAMSON		NSA
7	VERONA VERIAN		NSA
8	CARLITO R. NILO		I
9	VENERANDO ROQUETA		I
10	THEA MANUEL		I
11	RITCHELLE RAMOS		II
12	RONNIE DWELA CRUZ		II
13	JOSEPH REYES		III
14	JOSEPH BARENG		III
15	FIDEL PALMA		III
16	JOSEPH OCAMPO		IVA
17	RAMON NOVICIO		IVA
18	NEMEFLO R GUMOBABO		IVA
19	DENNIS HINTAY		IVB
20	FERNANDO REDUBLO		IVB
21	NORIEL RODEJO		V
22	ROMEO ALBEZA		V
23	RITCHIE QUIDATO		VI
24	MICHEL YANOS		VI
25	JOSEPH LINCUNA		VII
26	GIDEON DELA TORRE		VIII
27	IPIFANIA MELCHOR		VIII
28	REY ESPIRITU		IX
29	FLORENCIO BORDADO		X
30	HAZEL LECIAS		XI
31	FRIENDEE NUÑEZ		XI
32	JUBAR BARRIESES		XII
33	VICTOR ODTCHAN		CARAGA
34	ARSENIO PUPISAN		NCR
35	ROMEO PIGOH		CAR
36	MOCTAR PANDACA		ARMM

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TAEKWONDO

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	MARIO M. FRIGILLANA	Tournament Manager, Kyorugi	NSA
2	IGOR MELLA	Tournament Manager, Poomsae	NSA
3	NELSON GOMEZ	Asst. Tournament Manager, Kyorugi	V
4	HARNY TABUADA	Asst. Tournament Manager, Poomsae	VI
5	BARTOLOME ARADAZA	Tournament Secretary	XII
6	EMMANUEL FLORES	Chief Referee	IX
7	ROCKY SAMSON		NSA
8	RICARDO SANTIAGO		NSA
9	RANI ANN ORTEGA		NSA
10	FELIX RICKYRAE ALCALA		NSA
11	JAIME P. ROBIANES		NSA
12	ADORACION MACAOAY		I
13	LLYOD RYAN LASTIMOSA		I
14	HAROLD PELAGIO		II
15	ARNEL GAMATA		II
16	CHARMAIGNE GAY F. CALATONG		III
17	RODOLFO YUTUC II		III
18	SHIRLEY EVANGELISTA		IVA
19	ARNEL TANADA		IVA
20	ROBERTO MACDON		IVB
21	JOSEPH ALCORAN		IVB
22	ARSENIO OCSING		V
23	ADORA TABAL		VI
24	EDSEL URSAL		VII
25	GRACE ARNIBAL		VII
26	NILO BALDELOBAR		VIII
27	NONITO SALUDARIO		VIII
28	ROBERT FLORES		IX
29	CRISANTO ROLDAN		X
30	STARA MAE TIONGCO		X
31	LEO ASILO		XI
32	DANTE PAGUYOD		XI
33	PORFERIO TRIPOLI		XII
34	ROWENA S. SANCHEZ		CARAGA
35	ANDREW CUPIN		CARAGA
36	ABELOU BERAY		CAR
37	LORENZO BONDAD		CAR
38	AMINAH SOLAIMAN		ARMM
39	HUSIN ABDUL KADIL		ARMM
40	NORENA MATEOS		NCR
41	JEFFREY MURCILLO		NCR
42	ADORA MURILLO	Event Coordinatooe	IVA

Republic of the Philippines
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Sta. Cruz, Laguna

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TENNIS

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	TOMAS FALCIS	Technical Consultant	NSA
2	APOLINARIO ALDAMA	Tournament Manager	III
3	MAXIMO RAZAL JR	Asst. Tournament Manager-Elem	V
4	ADJIDUL ADJAD	Asst. Tournament Manager-Sec	ARMM
5	RENZ RAMOS	Tournament Secretary	DEPED-C.O
6	BOBBY CABRERA	Referee	I
7	RENE BORGONIA	Referee	VII
8	CESAR FIRMALO	Referee	NCR
9	JOSEPH ABELLA	Referee	X
10	RAYMUNDO ALVAREZ	Chair/Line Umpire	I
11	DOMINADOR MENOR	Chair/Line Umpire	I
12	DEAN D. OCAMPO	Chair/Line Umpire	I
13	NORMAN NICASIO	Chair/Line Umpire	II
14	YOLANDA TAN	Chair/Line Umpire	II
15	BILLIE EDRA	Chair/Line Umpire	II
16	WARMELITO RAMOS	Chair/Line Umpire	II
17	ANGELITO LICUP	Chair/Line Umpire	III
18	MA. LEAH F. DALANGIN	Chair/Line Umpire	III
19	JOSE GUANZON	Chair/Line Umpire	III
20	ROMELITO LUGTU	Chair/Line Umpire	III
21	SHERYL D. ABRIL	Chair/Line Umpire	III
22	ISAIAS PARAISO JR.	Chair/Line Umpire	IVA
23	JOHN BEE CABOS	Chair/Line Umpire	IVA
24	RICARDO DAVID III	Chair/Line Umpire	IVA
25	JOHN KENNEDY RUMBAUA	Chair/Line Umpire	IVA
26	DENNIS MANGAYA	Chair/Line Umpire	IVA
27	JAYSON COMBATE	Chair/Line Umpire	IVB
28	JERICO MANALA	Chair/Line Umpire	IVB
29	TEOFILO BANCASO	Chair/Line Umpire	V
30	RHODERICK AGUILAR	Chair/Line Umpire	V
31	JULIUS GONZALES	Chair/Line Umpire	V
32	NOEL ARCENAL	Chair/Line Umpire	VI
33	PATRICK JOHN MESA	Chair/Line Umpire	VI
34	REYNALDO SUMAYLO	Chair/Line Umpire	VI
35	ROLLIE MIJARES	Chair/Line Umpire	VI
36	MARTIN TAVERA	Chair/Line Umpire	VII
37	NORMANDO L. PANILAG	Chair/Line Umpire	VII
38	SHERWIN BALICAT	Chair/Line Umpire	VIII
39	FELIZARO BORATA	Chair/Line Umpire	VIII
40	ALBERT VILLANUEVA	Chair/Line Umpire	IX

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VOLLEYBALL

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	NESTOR BELLO	Tournament Manager	NCR
2	YUL BENOSA	ATM (Sec.) / Technical Evaluator	NSA
3	JOSE GARY JAMILI	Asst. Tournament Manager (Elem.)	VI
4		Tournament Secretary	DEPED CO
5	CARLITO RAMOS	Coordinator	IVA
6	ALBERTO MACARANAS		I
7	ROMEO VALERIO		I
8	EDUARDO LAGMAY II		I
9	VAL MENARD BASILIO		II
10	GRANDE CABILDO		II
11	CONRAD MARISTELA		III
12	NESTOR ANGELES		III
13	ENRIQUE ZABAT		III
14	CHARLIE GAMBOA		III
15	ARIEL JOSE		III
16	MELCHOR DE GUZMAN		IVA
17	MERLITA DECHAVEZ		IVA
18	REY COLIMA		IVA
19	JOY DESEMBRANA		IVA
20	JOEY ENRIQUEZ		IVA
21	MAXIMIANO LIMBO		IVB
22	FERDINAND LAGRADA		IVB
23	DENNIS DIMANARIG		V
24	ROBERTO VILLERO		V
25	MATHIAS EUGENIO PIOSCA		VI
26	JUVY PALANGRE		VI
27	RUEL DIONG		VI
28	JANUS DUMARAN		VI
29	JONATHAN GOYENECHÉ		VII
30	NOEL BAYNO		VII
31	FRANCISCO LOFRANCO		VII
32	ADELFA JUAN		VIII
33	OFELIA ALCOBER		VIII
34	GERARDO JALOSJOS		IX
35	BASRI SALIH		IX
36	ARNEL HAJAN		IX
37	EUFRA NCO PABILLAR JR		X
38	FERDINAND RAMOS		X
39	DIONISIO CASINARES		X
40	REGGIE EUGENIO		XI

OR

41	DANNY RAVINA ALAO	XI
42	DELSA ANGELES	XII
43	ARNOLD GAMAO	XII
44	JESREL CONSTANTINO	XII
45	MARLON VILLARIN	CARAGA
46	DANILO DEVARAS	CARAGA
47	ROHENSON JAHANG	ARMM
48	SHAMIRA DAIS	ARMM
49	EDNA BORDON	ARMM
50	ALIH BAKIL	ARMM
51	HENRY FUENTES	CAR
52	ALEJANDRINA MALUTE	CAR
53	ALFREDO BULAJO JR.	CAR
54	MARY ANN ABAIGAR	NCR
55	ERLINDO EUSEBIO	NCR
56	BONIFACIO ABUG	NCR
57	SUSAN BULAN	NCR
58	CHINITA APOSTOL	NCR
59	NOEL ARANDA	IVA
60	JEFFREY LOPEZ	IVA
61	MARVIN TRINIDAD	NSA
62	ALEXANDER ADEVA	NSA

41	ROMMEL ROMANO	Chair/Line Umpire	IX
42	MAITA AKUT	Chair/Line Umpire	X
43	RANILO GAMUTAN	Chair/Line Umpire	X
44	BARBARA CANANEA LUISMA	Chair/Line Umpire	X
45	EDGAR CABUENAS	Chair/Line Umpire	XI
46	RHAYAN PUGOSA	Chair/Line Umpire	XI
47	MARY JEAN LABOR	Chair/Line Umpire	XI
48	ARNEL COLINA	Chair/Line Umpire	XII
49	ROMELITO DINGAL	Chair/Line Umpire	XII
50	ULDARICO LUAREZ	Chair/Line Umpire	CARAGA
51	JONATHAN CUADRILLERO	Chair/Line Umpire	CARAGA
52	MARIO ORENDAIN	Chair/Line Umpire	CARAGA
53	FRANCIS MARJUNI ALAWI	Chair/Line Umpire	ARMM
54	MICHAEL DINSUAT	Chair/Line Umpire	ARMM
55	KERWIN ASID	Chair/Line Umpire	ARMM
56	PEDRO VILLASTIQUI	Chair/Line Umpire	CAR
57	REX MABIASSEN	Chair/Line Umpire	CAR
58	JOHN JOSEPH LUMAAD	Chair/Line Umpire	NCR
59	JOSEPHINE ALCANTARA	Coordinator - Elementary	IVA
60	FLORENCE REPALA	Coordinator - Secondary	IVA

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FUTSAL

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	PORFERIO BARLAS	Tournament Manager - FUTSAL	VI
2	HENRY OPEÑA	Technical Official	IVA
3	NERI GODILANO	Technical Official	VI
4	PATRICK DELA TORRE	Technical Official	VII
5	JOSE DINDO POGOY	Technical Official	VIII
6	RODERICK RADI	Technical Official	IX
7	VALDAZAN CAPUYAN	Technical Official	CAR
8	ALVIN FREO	Technical Official	IVA
9	HAROLD CRISOSTOMO	Technical Official	IVA
10	ELMER BARANIA	Coordinator	IVA

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BILLIARD

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	JOHN PAUL ABRAHAM CARDENAS	Tournament Manager	NSA
2	LEO ANGELO NICOLAS	Asst. Tournament Manager	NSA
3	GIL GALUPO	Tournament Secretary	DEPED-C.O.
4	MANUEL DE LEOS	Referee	NSA
5	TITO M. DACUMA	Technical Official	NSA
6	DENISE SANTOS	Technical Official	NSA
7	FLORIZA NADAL	Technical Official	NSA
8	MENGORIO MICHAEL ANGELO	Technical Official	NSA
9	ALVIN BARBERO	Technical Official	NSA

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WUSHU

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	JULIAN CAMACHO	Head, Jury	NSA
2	TRANSUITONG CANDELARIA	Jury	NSA
3	TONG QING HAI	Jury	NSA
4	SAMSON CO	Tournament Manager	NSA
5	JONNAHLEE BENITEZ	Head, Secretariat	NSA
6	LILIA MILLARES	Secretariat	NSA
7	BOBBY HONGLIANGYI	Head, Judge	NSA
8	JUDE VINCENT SACLAG	Judge	NSA
9	DEMBERT ARCITA	Judge	NSA
10	THAMIE ALIGAGA	Judge	NSA
11	FRANCISCO SOLIS	Judge	NSA
12	MARK ROBERT ROSALES	Judge	NSA
13	BENJIE RIVERA	Flat Form Referee	NSA
14	JESSIE ALIGAGA	Flat Form Referee	NSA
15	DANI KIE DOLONGUINES	Recorder	NSA
16	JENNIFER LAGILAG	Time Keeper	NSA
17	CASIO MARTIL	Registrar and Equipment	NSA
18	EVITA ZAMORA	Registrar and Equipment	NSA
19	CLEMENTE TABUGARA	Registrar and Equipment	NSA
20	JAMES DAQUIL	Registrar and Equipment	NSA

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WRESTLING

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	VICTOR A. PINLAC	Tournament Manager	NGO
2	KARLO SILVERIO SEVILLA III	Asst. Tournament Manager	NSA
3	ALLAN MALING	Tournament Secretary	DEPED-C.O
4	ROEL PACIONAL	Mat Chairman	NSA
5	ROY LEDESMA	Mat Judge	NSA
6	EUGENE LUMASOK	Head, Pairing Committee	NSA
7	JIMMY ANGANA	Referee	NSA
8	ARIEL SAMADIO	Referee	NSA
9	JOSE JASERNO	Coordinator	IVA
10	MARILYN BUYUCAN BUNOLNA		CAR
11	ONOFRE TONOLETE		ARMM
12	JOSEPH DEL VALLE		XI
13	GEMMA SILVERIO		NCR

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GYMNASTICS

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	CATHERINE JOY VILLAREAL	Tournament Manager - WAG	NCR
2	CELSO MAYOL JR.	Tournament Manager - MAG	VII
3	CLEOFE OLIVEROS	Tournament Manager - RG	NCR
4	BEATRIZ POU	Technical Consultant	NSA
5	AILEEN GRACE DG. SANTOS	Tournament Secretary	III
6	DANICA OLIVEROS	RG - Encoder	NSA
7	ALLAN ESPIRITU	WAG - Encoder	NSA
8	HERMAN OLIVEROS	Equipment In-Charge	NCR
9	RUBEN BRETANIA	Gymnastics Equipment In-Charge	NSA
10	GEMMA RODRIGUEZ	Technical Official - WAG	NSA
11	ESTHERIA WAGA	Technical Official - WAG	X
12	THELMA CAGAIS	Technical Official - WAG	IX
13	JOANN CERNA	Technical Official - WAG	VIII
14	ROWENA MAYOL	Technical Official - WAG	VII
15	MARITA DY SORILLA	Technical Official - WAG	VI
16	ELISA VILLAMOR	Technical Official - WAG	IVB
17	MAITE ADOLFO	Technical Official - WAG	V
18	JENALYN FLORES	Technical Official - WAG	IVA
19	ROSELLE REYES	Technical Official - WAG	III
20	ERIC VERNES	Technical Official - MAG	I
21	ARACELI NIMER	Technical Official - WAG	I
22	GIOVANETTE ESPEJON	Technical Official - WAG	CARAGA
23	BERNADETTE PULAD	Technical Official - WAG	NCR
24	FLORA TELIAO	Technical Official - WAG	CAR
25	ALDRIN CASTANEDA	Technical Official - MAG	NSA
26	JOSHUA NUDALO	Technical Official - MAG	NSA
27	ANOG SANTOS	Technical Official - MAG	II
28	CESAR VALENZUELA	Technical Official - MAG	III
29	JAYSON MALINAO	Technical Official - MAG	IVA
30	HENRY CABE	Technical Official - MAG	VI
31	ALFREDO GUTAY	Technical Official - MAG	VIII
32	DUQUE CAGUINDANGAN	Technical Official - MAG	X
33	VENANCIO LUMEN	Technical Official - MAG	XI
34	RICARTE DUMANGAS	Technical Official - MAG	XII
35	EDWIN ABUL	Technical Official - MAG	CAR
36	JOSE LUNA	Technical Official - MAG	CARAGA
37	RUSSEL RONQUILLO	Technical Official - RG	NSA
38	CARMELA BERNAL	Technical Official - RG	I
39	ROMANA VILLEGAS	Technical Official - RG	II
40	ELIZA LAYUGAN	Technical Official - RG	IVA

41	MELIZA REGALO	Technical Official - RG	IVB
42	CYNTHIA MONTANEZ	Technical Official - RG	V
43	MARYNIL ALBA	Technical Official - RG	VI
44	LYNDE H. CABALLES	Technical Official - RG	VII
45	SHIELA EBOL	Technical Official - RG	IX
46	MARIA JADE JABON	Technical Official - RG	XI
47	VILMA TRIPOLI	Technical Official - RG	XII
48	HAREM TARUC	Technical Official - RG	CARAGA
49	JOCELYN RIVERA	Technical Official - RG	CAR
50	DORIE DE CASTRO	Technical Official - RG	NCR
51	JOSEFINA GARCIA VALENTON	Technical Official - WAG	NSA
52	LAURO REYES	Technical Official - MAG	NSA

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2013 PALARONG PAMBANSA

Dumaguete City, Negros Oriental

April 21-27, 2013

SEPAK TAKRAW

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	DR. SEVERO MIL JR.	Tournament Manager	I
2	SATURNINO DUMLAO	Asst. Tournament Manager (Sec.)	III
3	LOLITO MAKIRAMDAM	Asst. Tournament Manager (Elem./Girls DEMO)	IVA
4	MANNY ESLAO	Technical Evaluator	NSA
5	MANUEL BERNARDINO	Tournament Secretary	DEPED C.O.
6	PEPE ADAME	Chief Referee A (Elem.)	I
7	ERWIN ACORDA	Chief Referee B (Elem.)	IVA
8	CHARLES SARNE	Cheif Referee A (Sec.)	I
9	ORLANDO TAN	Chief Referee B (Sec.)	VIII
10	MANUEL ADANIEL JR.	Chief Referee C (Sec.)	XII
11	JEFFREY MUNOZ	Referee	I
12	BERNARD DE GUZMAN	Referee	I
13	JIMMY PERALTA	Referee	I
14	DOMINADOR SORIANO	Referee	II
15	JOEL ABAD	Referee	II
16	RACQUEL YUSON	Referee	III
17	JOEL SABADO	Referee	III
18	EDWIN CATANGAY	Referee	IVA
19	RANDOLF BADILLO	Referee	IVA
20	JOEL CATUMBER	Referee	IVA
21	MERCEDES LUCERO	Referee	IVB
22	MARLOON FRANCISCO	Referee	IVB
23	WILFREDO LOCSIN	Referee	V
24	TITO ALJECERA	Referee	V
25	ANTONIO MALONGAYON	Referee	VI
26	ARNEL ARIOLA	Referee	VI
27	MARLON GICAIN	Referee	VII
28	JAN REY ABELLA	Referee	VII
29	FRANKLIN VIAGEDOR	Referee	VIII
30	MARIO SENIT	Referee	IX
31	WILLIAM PERALTA	Referee	IX
32	EPIFANIO PAGAYON	Referee	X
33	CENANDO BODANIO	Referee	X
34	SOLEDAD EMBOLTORIO	Referee	XI
35	RUEL VIOLAN	Referee	XI
36	ROMEO AKMAD	Referee	XII
37	TERESITO ABRASALDO	Referee	XII
38	MANSUL ESMAEL	Referee	ARMM
39	DATU MOHAMMAD ALI WAGAS	Referee	ARMM
40	PABLITO DUMAPE	Referee	CARAGA

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41	ANALITO TURONG	Referee	CARAGA
42	ANDIAS KIMBONGAN	Referee	CAR
43	NIXON BELINGON	Referee	CAR
44	DONATO SANTOS	Referee	NCR
45	ROGELIO CABANTING	Referee	NCR
46	JOSELITO MANABAT	Referee	NCR
47	ROY FABAY	Referee	NSA
48	DANILO JIMENEZ	Referee	NSA

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SOFTBALL

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	PAULO M. TABIRARA	Tournament Manager	NCR
2	ISMAEL VELOSO III		NSA
3	ALIJANDRO ARCEO		NSA
4	JULIO VICTOR V. SANTARIN		NSA
5		Tournament Secretary	DEPED CO
6	EFREN ABAOAG		I
7	RICARDO OCUMAN		I
8	FRANKLIN AGBAYANI		II
9	SANTIAGO P. DAMGASIN		II
10	RICKY CAPERLAC		III
11	RANDY CONCEPCION		III
12	ROMMEL ABILON		III
13	EMILY OCAMPO CARREON		IVA
14	NOLI SAN JUAN		IVA
15	DELIA ACUNA		IVA
16	ACE BRYAN DIAZ		IVA
17	JOEY ORUELA		IVA
18	LUNA SAN JUAN		IVA
19	MAC JOHN R. MERCADO		IVB
20	KAREN M. GAPILANGO		IVB
21	ROBERTO MACABENTA		V
22	CELITO V. SAYSON		V
23	RODITO BADIAN		VI
24	RYDUM L. LEGARDA		VI
25	ROSALINDA BUTCON		VIII
26	GUY MAKIPIG JR.		VII
27	RAUL B. PAZ		VII
28	EMMA C. OGDALA		VIII
29	MARY JANE O. RUFIN		VIII
30	ALFRED DESCALLER		IX
31	SHARON M. KAHAL		IX
32	DIONISIO SALAMANCA		X
33	URBANO TINACO		X
34	ROSEMARIE CAFE		XI
35	MARICEL M. JAMERO		XI
36	MARY GRACE C. ODIN		XII
37	DEMOCRITO BAYQUIN		XII
38	LEMUEL DELA VEGA		CARAGA
39	MERCO LOREN		CARAGA
40	OLIVIA M. GONZALES		ARMM

41	EDGARDO BALUCAS	CAR
42	GLENN B. TAYABAN	CAR
43	VIRGILIO A. CRUZ JR.	NCR
44	JULIUS XERCES FELICERTA	NCR
45	BOOTS P. TAMASE	NCR
46	LEONARDO S. BELGAR	NCR
47	MARK ERNEST A. REYES	NCR
48	BERNARD M. GONZALES	NCR
49	THELMA A. ANDOLA	NCR
50	NOEL MARQUEZ	III

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SWIMMING

	<u>NAME</u>	<u>DESIGNATION</u>	<u>REGION</u>
1	ERNESTO CABANSAG	Tournament Manager	I
2	DOMINGO SETH BOTALON	Asst. Tournament Manager	V
3	RICHARD LUNA	Technical Consultant	NSA
4	ESTEBAN D. BONCAN	Tournament Secretary	DEPED C.O.
5	SENEN PAULIN	Announcer	VII
6	ARNEL MACABASCIO	Coordinator	IV-A
7	NELSON B. BUGAIS		DEPED C.O.
8	ORLANDO BAMBICO		DEPED C.O.
9	ARLENE HILARIO		I
10	ELOISA VALERIO		I
11	GEORGE LABAYOG		II
12	CARLO RENON		II
13	ELMER VIDAS		III
14	IMELDA DELA CRUZ		III
15	EUGENI VISTA		IV-A
16	FELOMINA BENDANA		IV-A
17	MAILON AGUTAYA		IV-B
18	GIL MILITANTE		V
19	EDDIE RANGEL		V
20	RUSSBERG BANTIGUE		VI
21	ROSELIE ROXAS		VI
22	BETHEL SONZA PARCO		VII
23	ARTEMIO PALMA		VII
24	PAQUITO LUCES		VIII
25	EVALYN FERNANDEZ		VIII
26	YASHIER U. SUSULAN		IX
27	RASANNA WOOTON		IX
28	MYRNA M. BALANG		X
29	CHITA PARAGUYA		X
30	JERRY MAGKIDONG		XI
31	RENATO ADLAWAN		XI
32	EDMUND D. GULAM		XII
33	NELYN B. TAN		XII
34	PORTUNATO PANTALEON JR.		CARAGA
35	MARY ANN MACALDO		CARAGA
36	LEO ANGELO A. SANCHEZ		ARMM
37	AHMAD-JAN ASALI		ARMM
38	DONALD MALIPE		CAR
39	BEN BOYOTEN		CAR
40	ERLINDA AMPARO		NCR

41	JOSE CONLU		NCR
42	MONILUN MORENO		NCR
43	JOAQUIN REYES		NSA
44	ANALEA LUNA		NSA
45	REULITO A. GUNDAYA		NSA
46	DEJESUS LUNA		NSA
47	GERONIMO LUNA JR.		NSA
48	DINDO ESPINO		NSA
49	SIHAM ADOR		NSA
50	EDWIN SOTTO		NSA
51	ROSILON EXCONDE		NSA
52	RONALD PADILLA		NSA
53	DERICO LAGUA		NSA
54	MANOLITO CAMPUS		NSA
55	ARISTEO ADOR		NSA
56	MYRA LACSON		III
57		Electronic Timing System Operator	PSC
58		Electronic Timing System Operator	PSC

ARCHERY

I. EVENTS

- A. Competition in Archery for the Secondary Level shall consist of the following events:
1. The 60 meter distance for Boys and Girls (36 arrows to be shot at 60 meters– 6 arrows per end);
 2. The 50 meter distance for Boys and Girls (36 arrows to be shot at 50 meters – 6 arrows per end);
 3. The 40 meter distance for Boys and Girls (36 arrows to be shot at 40 meters – 6 arrows per end);
 4. The 30 meter distance for Boys and Girls (36 arrows to be shot at 30 meters – 6 arrows per end);
 5. The Single FITA Round for Boys and Girls (the combined scores of the 144 arrows shot at the 60, 50, 40&30 meter distances) which also serves as the ranking basis for the Olympic Rounds;
 6. The Olympic Round for Boys and Girls (single elimination round at 50 M to determine the Boys Overall and Girls Overall Individual champions);
 7. The Olympic Round Team Event for Boys and Girls (single elimination round at 50 M to determine the Boys Team and Girls Team champions; and
 8. The Olympic Round Mixed Team Event(single elimination round to determine the Mixed Team Champion)

II. MEDALS TO BE AWARDED

Medals at stake in the archery tournament are as follows:

EVENT AWARDS NO. OF MEDALS NEEDED

60 Meter Distance for Girls	1 st , 2 nd , 3 rd places	1 set
60 Meter Distance for Boys	1 st , 2 nd , 3 rd places	1 set
50 Meter Distance for Girls	1 st , 2 nd , 3 rd places	1 set
50 Meter Distance for Boys	1 st , 2 nd , 3 rd places	1 set
40 Meter Distance for Girls	1 st , 2 nd , 3 rd places	1 set
40 Meter Distance for Boys	1 st , 2 nd , 3 rd places	1 set
30 Meter Distance for Girls	1 st , 2 nd , 3 rd places	1 set
30 Meter Distance for Boys	1 st , 2 nd , 3 rd places	1 set
Single FITA Round for Girls	1 st , 2 nd , 3 rd places	1 set
Single FITA Round for Boys	1 st , 2 nd , 3 rd places	1 set
Overall Individual Champion – Girls	1 st , 2 nd , 3 rd places	1 set
Overall Individual Champion – Boys	1 st , 2 nd , 3 rd places	1 set
Team Champion – Girls	1 st , 2 nd , 3 rd places	5 sets*
Team Champion – Boys	1 st , 2 nd , 3 rd places	5 sets*
Mixed Team Event	1 st , 2 nd , 3 rd places	<u>2 sets</u>
Total Medals at Stake		24 sets

*(includes 1 set intended for the 4th member of the team & one set for the 3-man team coaches)

III. TOURNAMENT RULES

- A. The latest edition of the World Archery (formerly **FITA**) rules for outdoor target archery shall be used to govern the conduct of the tournament. (dated April 1, 2012).
- B. The results of the **Single FITA Round** will be used as the bases for ranking the individual competitors in the Girls and Boys Divisions. Based on their ranks, the archers will then proceed to the Olympic Round to determine the **Overall Individual Champions for Girls and Boys Divisions**.
- C. Competition in the Olympic Round will be as follows:
1. An **Elimination round** in which the top 68 archers (seeded according to their rank in the Single FITA Round) in each division shoot a series of matches to determine the quarterfinalists. Each match shall consist of five (5) sets of three (3) arrows shot at the 122cm target face placed at the 50meter distance for girls and boys. The set system of scoring shall be used. Refer to FITA set system rules.
 2. A **Finals round** in which the remaining quarterfinalists (top 8 archers in each division) shoot a series of matches, ending with the Gold Medal Matches. Each match shall consist up to five (5) sets of three (3) arrows shot at the 122cm target face placed at the 50meter distance for boys and girls. The set system of scoring shall be used. Refer to FITA set system rules.
 3. The scores in the **Single FITA Round** of the top three archers from each team shall be the Division's aggregate score. All Division Team scores will be calculated in a similar manner and each Division Team will be ranked from 1 to 8 in the Girls and Boys Divisions. Any member of a team who shot in the Single FITA Round may be fielded in the Team Event and the final composition shall be submitted to the tournament secretary before the announced deadline. All teams will shoot in the **Olympic Round Team Event** which consists of:
 - 3.1 The **Team Elimination Round** in which the top eight (8) teams in each division shoot a series of elimination matches to determine the top eight (8) teams in each division. Each match shall consist of four (4) ends of six (6) arrows at the 122cm target face placed at the 50meter distance for girls and boys. Each archer shall shoot two (2) arrows per end.
 - 3.2 The **Team Finals Round** in which the top eight (8) teams in each division shoot a series of matches ending with the **Team Gold Medal Matches**. Each match shall consist of four (4) ends of six (6) arrows shot at the 122cm target face placed at the 50meter distance for girls and boys. Each archer shall shoot two (2) arrows per end.
 4. The scores in the Single FITA Round of the top-ranked boy archer and top-ranked girl archer from each team shall be the Division MIXED TEAM's aggregate score. All Mixed Team scores will be calculated in a similar manner and each Division Team will be ranked from 1-8 in the Boys and Girls Division. Any member of a team who shot in the Single FITA Round may be fielded in the Mixed Team Event provided that the team line-up is submitted before the announced deadline, otherwise the top male and female archer of that division will automatically comprise their division Mixed Team. All teams will shoot in the Olympic Round Mixed Team Event which consist of:

- 4.1 The **Mixed Team Finals Round** in which the top eight (8) teams in each division shoot a series of matches ending with the **Mixed Team Gold Medal Matches**. Each match shall consist of four (4) ends of four (4) arrows shot at 122cm target face placed at the 50meter distance.

IV. PARTICIPANTS

- A. A division delegation's archery team shall consist of a Boys Team and a Girls Team. A team shall be composed of not more than four (4) but not less than three (3) archers and a team coach. Team chaperones may accompany the girl's teams but they shall not be allowed to coach. Team trainers, archer's personal coaches, parents and division team officials will not be allowed in the archer's area and field of play during the tournament.
- B. DepED rules on eligibility shall apply.

V. UNIFORMS

- A. All members of the team including the coaches must wear the same uniform during the Team Event.
- B. The archer's family name followed by the initial of his first name (e.g. REYES, A.), **should be printed on the upper back portion of the shirt.** Letter height is from 5cm. in block letters. All shirt worn during the tournament must bear the archer's name as describe above. Aside from the official delegation uniform, a team may wear an alternate uniform which should also have the archer's names printed at the back. All archers must wear rubber shoes. Slippers, Crocs, sandals and similar footwear shall not be allowed. Rubber boots and rain gear may be allowed if the weather and field conditions warrant their use.
- C. Archers must always wear their target assignment numbers on their arrow quivers when shooting in the tournament, during the official practice day and during the official inspection of equipment. Numbers must be properly pinned on the archers' quivers.
- D. Team uniforms are also required to be worn during the official practice day.

VI. DISTANCES AND TARGET FACES

- A. The target faces to be used are as follows:

EVENT TARGET FACE

Single FITA ROUND:

60 METERS DISTANCE	122 cm official FITA face
50 METERS DISTANCE	122 cm official FITA face
40 METERS DISTANCE	80 cm “ “ “
30 METERS DISTANCE	80 cm “ “ “

OLYMPIC ROUND:

50 Meters (Boys and Girls)	122 cm “ “ “
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TEAM EVENT

50 Meters (Boys and Girls)	122 cm “ “ “
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VII. ARCHERS' EQUIPMENT

- A. Each archer should have his/her own set of equipment which should conform to FITA Recurve Bow specifications. It is the archer's responsibility to use equipment which complies with the rules. If in doubt the archer should show his equipment to the Judge(s) before using it in competitions.

Any archer found to be using equipment contravening the rules may have his or her scores disqualified.

Outlined below are the general regulations that apply to the high school boys and girls divisions in all the stages of the Palarong Pampaaralan from the lower meets to the national championships.

1. For the **Recurve Bow** the following items are allowed:
 - 1.1 A bow of any type provided it subscribes to the accepted principle and meaning of the word *bow* as used in target archery, that is, an instrument consisting of a handle (grip), a riser (no shoot-through type) and two flexible limbs each ending in a tip with a string nock. The bow is braced for use by a single string attached directly between the two string nocks, and in operation is held in one hand by its handle (grip) while the fingers of the other hand draw, hold back and release the string. The limbs of the bow shall be of wooden and/or fiberglass and/or carbon construction
 - 1.2 Multi-colored bow risers and trademarks located on the inside of the upper and lower limbs are permitted.
 - 1.3 Risers including a brace are permitted provided the brace does not consistently touch the archer's hand or wrist.
2. A bowstring of any number of strands may be of any material and specification; may be of different colors. It may have a center serving to accommodate the drawing fingers, a nocking point to which may be added serving(s) to fit the arrow nock as necessary, and, to locate this point, one or two nock locators may be positioned. At each end of the bowstring there is a loop which is placed in the string nocks of the bow when braced. In addition one attachment is permitted on the string to serve as lip or nose mark. The serving on the string must not end within the archer's vision at full draw. The bowstring must not in any way assist aiming through the use of a peephole, marking, or any other means
3. The **arrow rest**, which can be adjustable,
 - 3.1 Any movable pressure button, pressure point or arrow plate may be used on the bow provided they are not electric or electronic and do not offer any additional aid in aiming. The pressure point may not be placed any further back than 4cm (inside) from the throat of the handle (pivot point) of the bow.
4. A draw **check indicator**, audible or visual, may be used provided it is not electric or electronic. This device will give only one indication of draw length.

Including bracers (arm guards), dress shield, bow sling, belt or ground quiver and tassel. Foot markers may not protrude more than 1cm from the ground. Also permitted are limb savers, a tripod for a scope (which may be left on the shooting line provided it does not create an obstacle for any other archer). Wind indicators (non-electric or non-electronic) may be attached to the equipment used on the shooting line (e.g. light ribbons), electronic wind indicators may be used behind the waiting line.

VIII. TEAM CAPTAINS' MEETING

- A. A team captains meeting will be held during the Solidarity session of the Palarong Pambansa to discuss the schedule, uniform requirements, latest rules or rule modifications, medals to be awarded and other important matters.

IX. OFFICIAL PRACTICE DAY

An official practice day shall be held one day before the start of the tournament on the actual tournament venue to familiarize the archers with the prevailing conditions at the tournament site. The tournament field must be laid out and all venue equipment should be in place. The official practice shall be controlled by the Director of Shooting and the Official Timer.

X. INSPECTION OF EQUIPMENT

Initial inspection of archers' equipment will be conducted by the Judges Committee during the Official Practice Day. However, subsequent inspections may be done during the course of the tournament to ensure adherence to equipment rules, provided that these will not affect the settings of the bow in question. Later violations, when found, will be penalized according to FITA rules.

XI. PRACTICE FACILITIES

- A. A practice field must be made available at least two (2) days before the Opening Ceremony of the Palarong Pambansa.
- B. The tournament field may be used by the competitors for practice on all the days of the competition at times arranged by the tournament manager. However, all practice must cease fifteen (15) minutes before the start of competition.

ARNIS

I. COMPETITION RULE:

The International rules and the Deped ground Rules in Arnis Competition shall govern the conduct of this event in the Palarong Pambansa including other DepED sponsored competition in the lower level.

II. PARTICIPANTS:

A. FULL CONTACT

There shall be a maximum of five (5) participants distributed evenly in the different weight divisions for both Secondary Boys and Girls and Two (2) for both Elementary Boys and Girls (age and height Category) in the Arnis Full Contact. As a matter of procedure, each region/team is allowed only one (1) entry in each of the five (5) weight category (secondary) and each of the (2) Age and Height category (elementary)

5. A **bow sight** for aiming is permitted, but at no time may more than one such device be used. It must not incorporate a prism, lens or any other magnifying device, leveling, electric or electronic devices nor will it provide for more than one sighting point. The overall length of the sight (tunnel, tube, sighting pin and or other corresponding extended component) will not exceed 2cm in the line of vision of the archer. A sight may be attached to the bow for the purpose of aiming and which may allow for windage adjustment as well as an elevation setting. It is subject to the following provisions:
 - 5.1 a bow sight extension is permitted;
 - 5.2 a plate or tape with distance marking may be mounted on the bow as a guide for marking, but must not in any way offer any additional aid;
 - 5.3 the sight point may be may be a fiber optic sight pin. The total length of the fiber optic pin may exceed 2cm, provided that one end is attached outside the archer's line of vision at full draw, while the part within the archer's line of vision does not exceed 2cm in a straight line before bending. It can only provide one illuminated aiming spot at full draw.
6. Stabilizers and torque flight compensators on the bow are permitted. They may not:
 - 6.1 serve as a string guide;
 - 6.2 touch anything but the bow
 - 6.3 represent any danger or obstruction to other athletes on the shooting line.
7. **Arrows must be all carbon or all aluminum.** High End carbon arrows and aluminum carbon arrows are not allowed (e.g. Easton A/C/E , A/C/C, X10, Cartel Triple, Carbon Express Nano XR, Nano Pro, etc.). All arrows of every archer must be marked with the archer's name or initials on the shaft.
8. Finger protection in the form of finger stalls or tips, gloves, or shooting tab or tape (plaster) to draw, hold back and release the string is permitted, provided they do no incorporate any device that will assist the archer to hold, draw and release the string.

A separator between the fingers to prevent pinching the arrow may be used. An anchor plate or similar device attached to the finger protection (tab) for the purpose of anchoring is permitted. On the bow hand an ordinary glove, mitten or similar item may be worn but must not be attached to the grip on the bow.
9. Field glasses, telescopes and other visual aids may be used for spotting arrows
 - 9.1 Provided they do not represent any obstruction to other archers on the shooting line.
 - 9.2 In the Olympic round team event the coach in the coach's box may use hand-held binoculars.
 - 9.3 Prescription spectacles, shooting spectacles and sunglasses may be used. None of these may be fitted with micro hole lenses, or similar devices, nor may they be marked in any way that can assist in aiming.
 - 9.4 The spectacle glass of the non-sighting eye may be fully covered or taped,
or an eye patch may be used .
10. Accessories are permitted,

IV. ANYO COMPETITION:

Composition: Players/Participants will come from the Team members in the full contact event who qualify in the weigh-in in the secondary level and qualify in the height limit and age category for the elementary level. Likewise, the coach and chaperon will be the same as in full contact.

Costume: For the Anyo competition. It is further recommended that the participating regions used the **Delegation uniform**, Arnis uniform (**white t-shirt and red pants**)

Weapons: A player may have the option to choose any of the following weapons (with a minimum length of 24 inches and a maximum length of 36 inches.)

1. **Wooden stick/yantok** - The cane (stick) made of wood or rattan should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches.)
2. **Wooden Replica of a Bladed Weapon** - The wooden replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin.
3. **Metallic Unbladed Replica of a Bladed Weapon** - The metallic replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin
4. **Determining the Winner in anyo competition:** There shall be **seven (7) judges** and the total score of the seven (7) Judges shall be added to determined the score obtained by the performer which will be added together to get the **average score**.

* **In case of tie, the highest and the lowest** score of the seven (7) judges shall be eliminated, hence, the score of the remaining five (5) judges shall be Determined to break the tie.

* In case another tie: Repeat performance

The ranking of participants is based from the **net score** obtained which is determined by deducting all identified point deduction/s committed if any in accordance with the rules.

Conduct of the Tournament:

1. The conduct of the competition shall be one (1) round Anyo performance for both secondary and elementary level (boys/girls)
2. Each performance shall have a minimum of one (1) minute and a maximum time limit of two (2) minutes. The official time shall start when the player/team gives the Standard courtesy (Pugay) and it shall officially ended when the player/teams gives the ending courtesy (Pugay).

B. ANYO COMPETITION

Elementary (Boys/Girls Category)

1. Individual Likha Anyo Solo Baston - 1 player per individual entry
2. Team (Synchronized) Likha Anyo Doble Baston -- 2 players per team entry/category
3. Team (Synchronized) Likha Anyo Mixed Doble Baston – 2 boys and 2 Girls per team entry

Secondary (Boys and Girls category)

1. Individual Likha Anyo SOLO and DOBLE BASTON - 1 player per individual entry
2. Team (Synchronized) Likha Anyo SOLO and DOBLE BASTON - 3 players per team entry

III. FULL CONTACT COMPETITION:

Participants are required to wear the standard uniform

1. White plain T-shirt (athlete's name, school/club logo, and sponsors may appear on
2. the t-shirt, provided that it does not dominate the over-all appearance of the shirt.
3. Plain red pants (school/club logo may appear on the pants).
4. Rubber soled shoes.

***No Sudden Death Rule In case of Draw the declaration of winner shall be based on**

the following criterion

- 1. Superiority or aggressiveness**
- 2. Major advance technique**
- 3. Artistic delivery**

Injuries

In case of injury caused by accidental blow and the medical doctor decides/suggests to give the injured player a little time to rest before he/she can continue the game, the decision as stated in Rule 19.0, shall be suspended for a while. However, the rest period shall not be more than two (2) minutes after which the medical doctor must declare the fitness of the injured player to continue or discontinue the game.

Conduct of the Tournament

The conduct of the competition shall be on a **two-out-of-three round system**. Each round should be held for a maximum of two (2) minutes for the Secondary level while the elementary level will have one (1) minute per round only.

Players are required to show artistic arnis movements unique to their styles for at least three (3) seconds when the referee says "HANDA". Failure to do this – First Offense will be given BABALA or warning. Second and succeeding offenses shall be considered as PAGLABAG or foul. And no artistic movement of padded stick while the game in on process within three (3) seconds will be given violation (Paglabag, walang Sining).

3. The Likha Anyo performance both in secondary and elementary Level shall be focused on Arnis skills.
4. No Acrobatic/fancy movement (such as; tumbling, back flip, summer sault, cartwheel and other combative discipline skills will be incorporated during the performance of likha anyo.

PENALTIES AND VIOLATIONS (Rule

1. Violation of time limit shall cause the participant/s deduction of points. A deduction of **2** points should be given for every second short of the minimum one (1) minute time limit or in excess of the maximum of two (2) minute time limit. .
2. Stepping and/or going out of the boundary lines will cause the performer/s a deduction of **two (2)** regardless of Number of stepping **violation**.
3. Performers who accidentally loses grip of the weapon/s should be given a deduction of **five (5)** points **for every violation**.
4. Failure to execute the standard pugay at the start/end of performance would mean a **five (5)** point's deduction

V. OTHER MATTERS:

1. Eligibility of coaches and chaperon must adhere to item no. 5. of the Rules and guidelines for the
Accreditation and Screening of athletes and coaches chaperon for the Palarong Pambansa.
2. Official coaches/chaperons listed on the gallery are allowed to sit on the coaches designated chair for coaching, when his/ her athletes where playing simultaneously in two (2) different court during the competition.
3. Official coaches /chaperons must be in their Delegation Uniform while on coaching, No short pants, sando and slippers will be allowed for the coaches/chaperons during the competition.
4. The Technical Committee shall decide on all other queries/issues not mentioned in the ground rules.
5. Judgment calls cannot be protested

ATHLETICS

I. GUIDELINES AND GROUND RULES IN ATHLETICS

- A. IAAF Rules will be applied
- B. An athlete is allowed to compete three (3) individual events and two (2) relays only
- C. A team may enter two (2) athletes only per individual event.
- D. Entry form should be prepare3d by rank, according to fastest to slowest, indicating no. 1 as the fastest and no. 2 as the second, in four (4) copies before attending the solidarity meeting. This form will be submitted to the tournament manager or his duly authorized representative after the Solidarity meeting.
- E. All competitors must wear their delegation identity uniform and assigned athletes' number when reporting at the roll call area and during the competition proper.
- F. No coaches or any party identified with an athlete is allowed within the vicinity of the playing area (with the crowd control fence/PRESS box). If the rule will be violated, a warning card (yellow) is shown to the coach or any party with an athlete, and the

BADMINTON

I. DATE AND VENUE:

- A. The 2014 Palarong Pambansa Badminton Tournament will be held at WHACKERS Badminton Court, Victoria, Laguna on May 5-9, 2014.

II. RULES:

- A. The competition shall be held in accordance with the current Laws and Regulations of the Badminton World Federation (BWF). However, in matters not covered by these rules and regulations, decision shall rest with the Tournament Manager.
- B. The Technical Committee/Tournament Manager shall be responsible for the technical organization of the tournament. The decision of the committee in all matters regarding the competition shall be final.
- C. Only coaches are allowed to approach the Match Control/Referee with regards to questions and inquiries during the match.
- D. Only the Official Coach / Chaperon listed on the gallery are allowed to sit on the coaches chair and approach the players during intervals. (Maximum of 2 persons allowed)

III. TOURNAMENT FORMAT:

- A. The format of the competition shall be run on a single elimination or knock-out system for all events (Team Tie and Individual) in elementary and secondary level both boys and girls.

IV. EVENTS:

- A. Team Tie Competition (Elementary/Secondary) Boys and Girls
- B. Individual Competition (Elementary/Secondary) Boys and Girls
- | | | | |
|----|-----------------------|---|--------------------------|
| 1. | * Boys's Singles (BS) | - | (Two (2) entries/Region) |
| 2. | * Girl's Singles (GS) | - | (Two (2) entries/Region) |
| 3. | * Boy's Doubles (BD) | - | (One (1) entry/Region) |
| 4. | * Girl's Doubles (GD) | - | (One (1) entry/Region) |
| 5. | * Mixed Doubles (MXD) | - | (One (1) entry/Region) |

V. TEAM COMPOSITION AND FIELDING OF PLAYERS:

- A. A team/region must have a maximum of four (4) players (mandatory fielding of four (4) players per team tie is required).
- B. Each tie shall consist of two (2) singles and one (1) doubles.
- C. The order of play shall be as follows: Singles-Doubles-Singles (SDS)
- D. Fifteen (15) minutes before the commencement of play of each tie, the coach shall submit the composition of his/her team to the Match Control/Referee and to the opposing coach. No substitution shall be allowed under any circumstances after the tie has commenced.
- E. In case a team wins two (2) events (singles, doubles) and the tie has already been decided, the remaining match will not be played.

- F. In case a team fails to submit their fielding form in time, the Tournament Manager will use the team's fielding strategy in the previous round.

VI. SEEDING/RANKING:

- A. Pairings for elementary and secondary levels for both boys and girls in all events shall be done by draw lots except for the seeded players/regions of last year's Palarong Pambansa held in Dumaguete City, Negros Oriental (Seed 1-4)

VII. DRAWING OF LOTS:

- A. Drawing of lots shall be done during the Solidarity Meeting of the 2012 Palarong Pambansa or one (1) day before the actual competition. (Electronic draw lots shall be implemented)
- B. Coaches or representatives shall be the one to make the draw to determine their opponent.
- C. Coach / representative's right to question the tournament proceedings or technical guidelines shall be waived if he/she fails to attend the Solidarity Meeting.

VIII. ENTRY OF PLAYERS (INDIVIDUAL COMPETITION):

- A. Coaches shall submit their entries for Singles, Doubles and Mixed Doubles competition during the Solidarity Meeting before the start of the drawing of lots on a prescribed entry form to be provided by the management.
- B. The entries shall be duly signed by the coach/team manager.
- C. Upon submission of the entries (duly signed by the coach/team manager), no substitution shall be allowed especially after the draw.

IX. SCORING:

- A. The BWF scoring system of 1-21 points (rally point) best of three games shall apply. In case the score becomes 20-all, the player/pair who gains an advantage of two (2) points wins the game (20-22, 23-21). If the score becomes 29-all, the player/pair who score the 30th point wins the game.

X. WALK-OVER:

- A. A fifteen (15) minute grace period on the scheduled tie/match shall be given, otherwise the team/player shall be declared loser via walk-over.

XI. ATTIRE:

- A. All players are required to use their playing uniform (regional colors) or must be on a prescribed badminton uniform.
- B. Court officials shall wear collared T-shirts, Black/Blue pants (slacks), black leather shoes and black/blue socks when officiating.
- C. Coaches are required to wear proper attire during the competition. Wearing of sleeveless shirt and slippers when coaching are not allowed.

XII. PROTEST:

- A. Protest on eligibility will be settled at the level of the Organizing and Screening

Committee.

- B. Protest on technicality will be settled at the level of the Tournament Referee/Tournament Manager.

XIII. RESTRICTIONS FOR COURT OFFICIALS AND COACHES:

- A. Court officials will not be allowed to officiate in a match if he/she is under the influence of liquor (alcoholic beverages).
- B. Smoking is strictly prohibited within the playing area – let us make badminton a smoke-free competition.

XIV. UNFORSEEN EVENT:

- A. The decision of the Referee on any disputes during the competition shall be final.
- B. The ongoing ties/matches will be impossible to continue; such ties/matches will be continued later from the point where it was disrupted.

BASKETBALL

Rules and Special GUIDELINES (Elementary)

(The International Basketball Federation (FIBA) Rules – valid as of 1st October '12 shall govern the Basketball competitions except for the amendments introduced and approved in this Special Guidelines and Ground Rules for the Elementary level).

I. PURPOSE:

It is a game specially designed to build a strong foundation in developing basketball awareness among children. It also aims to develop the basic skills and character among young boys aged 13 and below, *providing unique experience for fun, enjoyment, and eventually leading the way to a long term involvement in the sports.*

II. OBJECTIVES OF THE GAME

- A. To throw the ball into the playmates basket and to prevent the players of the other team from securing the ball or scoring based on fair play and within the spirit and intent of the rules. The games shall be *DEVELOPMENTAL* in nature and approach.
- B. To enhance *camaraderie, goodwill, sportsmanship, discipline, teamwork and other LIFE SKILLS values* inherent in the practice and participation in sports.

III. TEAM (Players, coaches & other team officials)

A. Eligibility

- 1. Based on the Palarong Pambansa Guidelines

B. Team Composition

- 1. A team shall be composed of not more than 12 team members and a COACH, while the Girls Team may include a CHAPERON (when the coach is male).

C. Coach

- 1. A team shall be headed by a responsible Coach as required by the Palarong Pambansa Rules and Guidelines.
- 2. Only the Coach (and Chaperon) shall be allowed to stay within the team bench during official games.

D. Team Uniform

1. A player who is not wearing the team's complete uniform may not be allowed to play; and the playing numbers shall be 4-15 only and the assigned delegation color shall be followed (dominant/secondary colors).

IV. TIMING REGULATIONS

A. For ELEMENTARY:

1. The game shall consist of 4 periods. The first three periods shall be played in 8 minutes and 10 minutes for the 4th period and 5 minutes for every extra period.

B. For SECONDARY:

1. The official FIBA Rules shall apply with the latest amendments.

C. For both:

1. The intervals between periods, is one (1) minute while interval between halves is five (5) minutes.

V. PLAYERS' PLAYING REGULATIONS

A. For ELEMENTARY Only:

1. All players of the team must be fielded before the end of the 2nd period or within the 1st Half. *FAILURE of the Coach to field a player in the 1st Half shall be penalized with a Technical Foul (2 FT+ BP) charged to the Coach.*
2. All players shall play at least one (1) period BUT not more than three (3) periods and MUST be rested for one (1) period.
If a Coach fielded a player for more than three (3) periods, it shall be penalized with a Technical Foul (2 FT+BP) charged to the Coach.
3. Normal substitution procedures shall apply in all periods. (Except when certain rule does not apply). A player may enter in a game as a substitute as many times as possible within that period and considered as having played only in that period/quarter.
4. One (1) time-out for every period shall be granted to each team for the first three (3) periods and two (2) time-outs shall be granted in the fourth (4th) period, and one (1) timeout for every extra period. Unused timeouts shall not be carried over to the next period. In the first three periods the Timeouts shall either be used or forfeited.
5. In case a team has an incomplete line-up during the scheduled game:
 - 5.1 The 1st period shall always start with 5 players while the other periods may be played with the remaining members of the team.
 - 5.2 A team with ONLY seven (7) players (physically present) at the start of the game shall be declared LOSER by FORFEIT.

INTERPRETATIONS of RULE IV.

EXEMPTIONS:

a) IN CASE OF INJURY/DISQUALIFICATION:

- (in the 1st/2nd Period) – an injured player may be substituted by any player, and as such said “ substitute player and injured player” will be considered as having played in that particular period.

- The “injured player” upon recovery may re-enter in the same period or may play in any period following Sec.1, Rule IV.

IMPORTANT Reminder: *WHENEVER POSSIBLE AND IF THE RULES WILL ALLOW, EVERY PERIOD SHALL BE PLAYED ALWAYS WITH FIVE (5) PLAYERS.*

B. For SECONDARY (Boys and Girls)

1. The official FIBA Rules shall apply.

VI. IN CASE OF DISQUALIFICATION

A. A thrown-out player must leave the confines of the play area.

B. A player/coach who is disqualified as a result of a disqualifying foul/ fighting or the like,

subject will be automatically suspended. The number of games of suspension shall be

determined by the Technical Committee and will be based on the gravity of the act.

VII. RULES OF CONDUCT

A. FOULS

1. **TECHNICAL FOULS** - any **PLAYER/COACH** who displays unsportsmanlike/disrespectful act such as slashing of neck, showing of dirty fingers, pointing of accusing finger and trash talking/shouting bad words/foul language, contesting calls, arguing with the officials and others. A **WARNING** maybe given or a **TECHNICAL FOUL** shall be slapped.

2. **PERSONAL FOULS** – a player causing contact with an opposing Playmate, which gives an unfair advantage and such contact are neither intentional nor flagrant.

3. **FLAGRANT FOULS** - a player causing excessive contact which may cause or have caused injury to an opponent, such as: a) excessive swinging of elbow; b) throwing a punch; c) tripping; and d) intentional contacting/pushing the back of a player going for a basket shall be judge to be either an **UNSPORTSMANLIKE/DISQUALIFYING FOUL**.

B. **PLAYERS'/COACHES' Conduct:**

1. Any player/coach, who is slapped with a Disqualifying Foul and ejected because of **FLAGRANTLY UNSPORTSMANLIKE ACTION/CONDUCT** , shall be penalized accordingly **PLUS** an additional 1-game suspension/ total disqualification or banned from further participation, depending on the gravity of the offense. (As may be determined by the technical committee)
2. Uttering/shouting of obscene/foul language/bad words or verbal abuse from players/coaches to opponents/officials or teammates shall not be tolerated. Such act shall be dealt with a warning or a Technical Foul. *The Coach shall be responsible for the DISCIPLINE and BEHAVIOUR of the followers, supporters and friends of the team.*
3. Teams shall keep and leave their bench areas clean and orderly. Non-compliance shall be dealt with a Warning for the first offense, **TECHNICAL FOUL** for the second offense.
4. Coaches shall always confirm their next schedule of game with the Tournament Manager **BEFORE** leaving the playing venue/ or after their game.
5. A team that walks out of their game shall be penalized with a Disqualification from the competition/Paloro and likewise the Coach shall be **BANNED**.
6. Any infraction committed of the **COVENANT** by any player/team **MAYBE PENALIZED** with a reprimand and or warning or a Technical Foul.

C. GAMES DISRUPTION:

Games which are cancelled/disrupted/stopped due to *“FORCE MAJEURE”* or for any *valid reason*, will be treated in the following manner:

- A. **REMATCH** – if the disruption of the game took place during the first half (1st and 2nd periods), game shall be replayed.
- B. **RESUMPTION** – if the disruption of the game took place during the second half (3rd and 4th periods), the game shall be resumed with the remaining game time.
- C. **RESET** – if a scheduled game was cancelled for a valid reason, the management will re-schedule the game at the bottom of all the schedules.
- D. **DURATION OF WAITING** – in case of a power failure or any incident (rain or darkness) that may affect the progress of the game, the **LENGTH** of time to wait for the restoration of normalcy is 30 minutes or as may be allowed by

BOXING

I. Weight Classifications and categories, Year of Birth/ Cut –off date and Age

A. School Boys Classifications

Weight Category	Weight –Kg	Year of Birth	Ages
1.Light Mosquito	36-38 kgs.	Born 2000-	13-14 years old

weight		2001	
2. Mosquito weight	40 kgs	Born 2000-2001	13-14 years old
3. Light paper weight	42 kgs	Born 2000-2001	13-14 years old

B. Junior Boys Classification

Weight Category	Weight -Kg	Year of Birth	Ages
4. Pin weight	44-46 kgs	Born 1998-1999	15-16 years old

C. Youth Boys Classification

Weight Category	Weight -Kg	Year of Birth	Ages
5. Light Flyweight	46-49 kgs	Born 1996-1997	17-18 years old

II. Number of Rounds and Knockdowns or Compulsory Count Limit

SECONDARY

- A. School Boys Classifications (Light Mosquitoweight 38 kgs., Mosquitoweight 40 kgs. And Light Paperweight 42 kgs.) 3 rounds of 1 1/2 minutes each and 1 minute rest period between rounds. The bout will automatically stop if any or both of the boxers is counted 2 times due to knockdown in any round and 3 times in the whole duration of the bout.
- B. Junior Boys Classification (Pinweight 44-46 kgs.) 3 rounds of 2 minutes each and 1 minutes rest period between rounds. The bout will automatically stop if any or both of the boxers is counted 2 times due to knockdown in any round and or 3 times in the whole duration of the bout.
- C. Youth Boys classification (Light Flyweight 46-49 kgs.) - 3 rounds of 3 minutes each and 1 minute rest period between rounds. The bout will automatically stop if any or both of the boxers is counted 2 times due to knockdown in any round and or 3 times in the duration of the bout .

A "down" or count caused by any foul shall not be included in the compulsory Count Limit.

III. TOURNAMENT FORMAT: KNOCK OUT SYSTEM

IV. TOURNAMENT RULES: Palarong Pambansa General Guidelines and International Amateur Boxing Association (AIBA) Technical and Competition Rules shall be followed. However, if Palarong Pambansa General Guidelines and AIBA Rules is not applicable or insufficient a ground rule/s may be formulated.

V. UNIFORMS

- A. Competitors shall box in a light boots or shoes (w/o spikes or heels) Socks, shorts (not to exceed knee length), and a vest covering the Chest and back.
- B. For all ABAP approved event, the boxers shall wear red/blue vest depending on their assigned corner and trunk of any color, which shall be their own responsibility. *Where trunk and vest are of the same color, the belt line must be clearly indicated using 6-10 cm. wide elastic waistband.*
- C. Awardees must wear their team uniform during the awarding ceremony. Slippers and sandals are not allowed.
- D. Coaches/Seconds shall wear their Team official uniform or jogging pant and jacket. Wearing of slippers, sandals, maong pants and casual attires shall not be allowed.

VI. Record Book: Every Boxer must have a Record/Medical Book (Red Book), properly filled-up without any alteration or erasure/s and affix his 2x2 I.D., (latest picture with name tag) inside the front page cover thereof. The boxer shall present his record/medical book during general weigh-in and medical check-up and thereafter if the boxer is due to box (No red book No box and Red Book is Non Transferable). This rule shall apply from the lowest level of competition up to the palarong pambansa.

VII. Number of Coaches/Seconds: Each Boxer is entitled of two (2) Coaches/Seconds who shall be governed by the following rule: Only the two (2) Coaches/Seconds shall mount the apron of the ring and only one may enter the ring.

VIII. Referees and judges: Only DepED National Accredited Referees and Judges in Good Standing are allowed to officiate in the tournament. Understanding and practice of the AIBA Code of Conduct is mandatory, (Refresher Course on AIBA Rule is mandatory).Referee/s and Judge/s who were suspended or with a very poor performance during the preceding Palaro shall not be eligible to officiate in the forthcoming Palaro. However, if the R&J/s is the number one in the order of list of R&J/s recommended by the PESS Chief, the TM has the power to deny the recommended R&J/s and select the R&J/s from the list submitted by the PESS Chief. However, to maintain neutrality ABAP/AIBA R&J/s and ITO (TD/Juries/Draw Commission) may assign by the TM to officiate.

IX. Ring Physician: The ring doctor shall be a Doctor of Medicine and coming from DepEd. However, local doctor/s and nurses may be allowed to assist the Official Ring Doctor, during general weigh-in and medical check-up and daily weigh-in.

In case the Number of Medals are Tie: To break the tie and determine the team winner, if two or more teams have equal number of medals, draw by lot shall be use.

CHESS

I. TOURNAMENT RULES

The tournament shall be governed by FIDE Laws of Chess (July 2009) and those stated in the following ground rules:

A. CHESS SHALL BE PLAYED AS A TEAM AND INDIVIDUAL COMPETITION IN BOTH STANDARD AND BLITZ.

1. One(1) team for the Boys and one(1) team for the Girls in the Elementary Level
2. One(1) team for the Boys and one(1) team for the Girls in the Secondary Level
3. Each team shall be composed of two players and a coach

B. THE 7-ROUND SWISS SYSTEM SHALL BE ADOPTED

1. The number of games per day shall be 1-2-1-2-1, followed by BLITZ on the third day of round 4

The Swiss Manager Pairing Program shall be used. **(BARRED OR FORBIDDEN PAIRING for STANDARD AND BLITZ**

Note: Protest in pairing shall not be entertained.

C. THE INITIAL RANKING OF PLAYERS WILL BE BASED ON THE NCFP RATING LIST, UNRATED PLAYERS WILL BE RANKED ALPHABETICALLY.

D. NOTATION:

Recording of moves is compulsory. A draw on repetition of position and 50 move rule can only be claimed if the moves are recorded on the sheet of the player claiming the draw.

1. A player who neglects to write down more than one move will be warned by the arbiter. If the same violation is committed after a warning was given, a 3 minutes extra time will be added to his opponent's time. for the 3rd violation, he will declared loser by forfeiture.

E. CHESSCLOCK:

1. Use of chess clock is compulsory.
2. The hand used in moving pieces shall also be the one used in pressing the clock.
3. It is the responsibility of the player to inform the Arbiter that the flag of his opponent has fallen down.

F. THERE SHALL BE SEPARATE CHAMPIONSHIP FOR THE BOYS AND GIRLS IN EACH DIVISION:

- | | |
|---|-----------------------------|
| 1. Team: STANDARD | BLITZ |
| Secondary – Boys and Girls | Secondary – Boys and Girls |
| Elementary – Boys and Girls | Elementary – Boys and Girls |
| * Team Championship – Add the scores of 2 players in the Region. | |
| *A Region/Team with one player can play for individual event but will have no chance in the Team Event. | |

- | | |
|---|---|
| <p>2. Individual: STANDARD
 Secondary – Boys and Girls
 Elementary – Boys and Girls
 * Individual Championship – The standing of the players after the games and breaking ties.</p> | <p>BLITZ
 Secondary – Boys and Girls
 Elementary – Boys and Girls</p> |
|---|---|

G. EACH TEAM IS REQUIRED TO BRING ATLEAST ONE (1) CHESS CLOCK AND ONE (1) CHESS BOARD TO BE DEPOSITED AND WITHDRAWN FROM THE EQUIPMENT STOREKEEPER BEFORE AND AFTER EACH ROUND (EUREKA CHESS SET)

NOTE: This rule maybe waived if the organizer/host Region can provide all the equipment.

H. PLAYERS SHALL BE REQUIRED TO PRESENT THEIR PALARO ID's BEFORE THE START OF EACH ROUND. **USE OF UNIFORM SHALL BE MANDATORY IN THE 1ST AND LAST ROUND.**

I. PLAYERS ANNOYING OR CAUSING DISTURBING ACTS, SUCH AS TAPPING THE CHESS TABLE OR WHISTLING, ETC., SHALL BE GIVEN WARNING AND FORFEIT THEIR GAMES AFTER THEY CONTINUE TO COMMIT SUCH DISTURBING ACT.

J. PLAYERS, COACHES AND SPECTATORS ARE NOT ALLOWED TO MAKE POST GAME ANALYSIS, PLAY AGAINST OTHER COACHES /SPECTATORS/PLAYERS OR DISCUSS FINISHED OR UNFINISHED GAMES WITHIN 10 METERS RADIUS OF THE PLAYING AREA.

K. PLAYERS ARE NOT ALLOWED TO EAT AND DRINK AT THE PLAYING AREA WHILE THE GAME IS IN PROGRESS. THEY MAY ASK THE PERMISSION OF THE CHESS OFFICIAL TO LEAVE THE PLAYING AREA FOR THIS PURPOSE ON THEIR OWN TIME.

L. PLAYERS WHO HAVE FINISHED THEIR GAMES SHOULD LEAVE THE PLAYING AREA IMMEDIATELY AFTER SIGNING THEIR SCORE SHEET AND RETURNING THE EQUIPMENT TO THE OFFICIALS.

M. PLAYERS MUST OBSERVE PROPER DRESS CODE WHILE PLAYING, THE FOLLOWING ARE PROHIBITED:

A. USE OF SLIPPERS

B. USING SHORT PANTS

II. RULES AND REGULATIONS

A. STANDARD CHESS

1. Time control shall be **(1) hour with (30) seconds increment** per move to finish the game using the digital clock.
2. Recording of moves in algebraic notation is mandatory throughout the game.
3. Illegal moves (penalty) touch moves rules also follow, 2 minutes plus for good players. Another 2 minutes for the second offense and lost by forfeiture of the game for the 3rd offense.
4. The defaulting time is 30 minutes after the official start of each round. The wall clock inside the playing area shall be official clock during the tournament.

B. BLITZ CHESS

1. Time control shall be **(3) three minutes with (2) seconds increment** per move for each player to finish the game using the digital clock.
2. PENALTIES FOR ILLEGAL MOVES:
 - 2.1 Major Offenses i.e. wrong movement of piece: exposing the king to an attack; capturing the opponent's king; and non-replacement of piece for promotion shall be penalized by immediate loss of the game.
 - 2.2 Minor Offenses i.e. using two hands in making a move displacement piece/s on the chess board used of forced pressing the chess clock shall be penalized by oral warning on the first offense and loss of the game on the second offense.

C. GAME POINTS SCORING SYSTEM

A player is credited **1 point for a win, .5 for a draw, and 0 for a loss.**

D. TIE BREAKS

The following Tie break systems (in descending order of priority shall be adopted to determine the final ranking.

1. INDIVIDUAL RESULTS

- 1.1 Direct Encounter
- 1.2 Buchholz System
- 1.3 Median Buchholz
- 1.4 S.B. System
- 1.5 More number of wins (Forfeit Counted)

2. TEAM RESULTS

- 2.1 Combined Buchholz Tie Breaks of the members of the Team
- 2.2 Combined Median Buchholz Tie Breaks of the members of the Team
- 2.3 Combined S.B. Tie Breaks of the members of the Team
- 2.4 Combined Numbers of Wins of the Members of the Team
- 2.5 Score of highest rank players

3. IN CASE OF TIES AFTER APPLYING ALL THE TIE BREAK SYSTEM ABOVE A SUDDEN DEATH MATCH (ARMAGEDON) WILL BE PLAYED TO RESOLVE THE TIE.

III. TOURNAMENT OFFICIALS AND APPEALS COMMITTEE

- A. The Tournament Chief Arbiter shall be _____
- B. The decision of the Chief Arbiter on a Point of Law is Final.
- C. Any Appeal or Protest on the decision of the Chief Arbiter on a point of Fact must be

submitted by the player and the team Coach in writing not more than 30 minutes after the conclusion of the game in Question.

- D. The members of the appeals committee are the coaches of all the top five (5) rank teams before the start of the round in question of the other division for the boys secondary division shall be composed of the teams of the girls' secondary division.
- E. If a committee member is from the same region of the involve party next team in rank shall take place, and so on.
- F. All deliberations of the appeals committee shall be presided by Technical Consultant and Tournament Manager _____ of Department of Education who shall have no voting power.
- G. The decision of the appeals committee on a point of fact is final

IV. IRREGULARITIES AND PENALTIES

- A. Use of mobile phones and other means of electronic communications inside the playing area are strictly prohibited. Players with mobile phones must turn them off while playing. A player who will violate this rule shall be given an oral warning on the first offense and shall LOSE his/her game by forfeiture on the second game.
- B. A team whose member is giving unsolicited advice or assistance to his teammate while the games are in progress shall lose their match by forfeiture.

V. COLLATILLA.

- A. All other matters not covered in this rules shall be decided by the Chess Technical Committee.
- B. The Organizer (Tournament Committee) reserves the right to amend or alter any provision of the above mentioned Rules and Regulations for the success and interest of the tournament.

FOOTBALL

I. NON-APPEARANCE OF THE TEAM

- A. Team should be at the venue at least thirty (30) minutes before the scheduled time and should be already warmed up five(5) minutes before the time while equipment to be used are being inspected.
- B. A grace period of fifteen (15) minutes shall be given to the non-appearing team after the scheduled playing time. Non-appearance of team after the grace period will automatically forfeit its game with a score of 1-0 (3 points) and Tournament Committee will meet immediately to decide on further sanctions.

II. PROTEST

- A. All protest should be in written form duly signed by the coach and noted by the Regional PESS Chiefs and must be handed over to the Tournament Manager within two (2) hours after the match.
- B. No protest will be entertained regarding eligibility of players.
- C. No protest will be entertained regarding judgment calls of the referee. Only technicalities of the game may be protested.

THOSE NOT COVERED BY THE TOURNAMENT LAW, FIFA Laws will apply.

NOTE: In any case of a free for all where the referee cannot identify the players who started the fight, this rule shall take the effect:

- a. Any match concerned; both teams will lose the game and will be banned from participating for the rest of the tournament.

III. TOURNAMENT FORMAT

- A. Grouping (Round Robin)
- B. Three (3) Groups of Four (4) and One (1) of Five (5).

Team	GP	Winner	Draw	Loser	GA	GD	GF	Total

IV. BREAKING OF TIES

- A. Shoot-out from the Penalty Mark and Sudden Death Procedure shall apply to break the tie during semi-finals and finals.

V. DURATION OF THE MATCH

- A. Playing time for Elementary Level shall be two (2) periods of Thirty (30) minutes each, with an interval of Ten (10) minutes, while in the Secondary Level, Two (2) periods of Forty (40) minutes each with an interval of five (5) minutes.

VI. NUMBER OF PLAYERS

- A. Maximum of fifteen (15) players for each team, with One (1) coach, official.
- B. A match is played by two (2) teams, each consisting of not more than eleven (11) players including the goal keeper. A match shall not start if either team has less than seven (7) players. (15 minutes grace period applies).

VII. PLAYERS EQUIPMENT

- A. Players are required to wear their complete uniform:
 - Regional Color (sponsors uniform are not allowed)
 - Official jersey of Region represented. (First outfit)
 - Long socks

- Shin Guards
- Football Shoes (Barefoot athletes will not be allowed to play)

B. The Captain of the Team is required to wear an arm band around his left arm to enable the referee to distinguish him from the rest of the team.

VIII. COLORS

- A. Each team shall wear its official first outfit as declared in the final registration form ~~during the coach/team managers during the coach/team managers~~ during the solidarity meeting.
- B. If a team should have a spare/second outfit (colors contrasting with those of their first outfit), this should likewise be declared. Teams are obliged to use the official/first for all its matches.
- C. All teams are obliged to bring along their official/first outfit and spare/second outfit to every match. If in the opinion of the Tournament Managers and the referees, the color of the two (2) opposing teams clash, the outfits must be changed, wherein the spare/second outfit may be used for the succeeding matches of the whole tournament or in combination.
- D. In the event that both teams do not have spare /second outfits, one (10 of the teams shall be obliged to wear a vest. A toss supervised by the referee, shall determined who will wear the vest.
- E. The Goalkeeper must wear a jersey that has a color different from the rest of the team colors. (if the goalkeeper is used as a field player, he should also wear the same uniform as that of the field players and the number should be the same as that of his being a goalkeeper jersey)
- F. The player's assigned numbers must be of contrasting colors from the jersey and should be either sew or printed.
- G. Player shall play using his jersey bearing the originally registered number.
- H. Under no circumstances will players be allowed to play with numbers not properly sew or printed on the jersey. A player may not use a number different from his originally registered one. Any team found guilty of infringing these rules shall be subject to disciplinary action.

NOTE: Teams are advised to bring their spare/second outfit for all matches.

IX. MATCH REGULATIONS

- A. Team Line – up must be the same as the officially approved roster by the Palarong Screening Committee.
- B. Prior to the start of the match, the fourth official shall distribute the team line-up forms to the respective teams.
- C. The forms must be properly accomplished and bear the signature of the head coach before it is returned to the fourth official.
- D. No more than four (4) players may be substituted during a match from the reserve players who must be registered before the start of each match.
- E. The substitution form must be accomplished and signed by the head coach before any substitution of a player could be made.
- F. The incoming player must then submit this form to the fourth official of the match before he is allowed to enter in the field of play.
- G. Any player who substituted cannot re-enter in the same match.

X. PLAYERS CAUTIONED OR DISMISSED FROM FIELD OF PLAY

- A. A player who receives two(2) cautions (Yellow card) shall automatically be suspended from
the match following the match in which he received the second caution card.
- B. A player expelled (Red Card) from the field of play by the referee shall be suspended for the
next match.
- C. Disciplinary measures such as caution, expulsion of players and officials shall be carried to
the championship game.
- D. After serving a suspension imposed on a player, is allowed to play in the succeeding match. However, if the player receives a yellow card in a match, he will be suspended for the next match due to the previous red card sanction. Moreover if the player receives a yellow or red card in the match, the player will not be allowed to participate in the whole duration of the competition.

XI. SUBSTITUTES BENCH/TECHNICAL AREA

A. Only the following duly accredited persons are authorized to sit on the substitutes bench:

- Maximum of four (4) substitutes players
- A suspended players is allowed to sit on the bench
- And a coach

XII. WARMING-UP BEFORE AND DURING THE MATCH

A. Depending on the weather and the condition of the turf (to be decided on by the Tournament Manager), the teams will allowed to warm-up on the half of the pitch closest to their respective team bench

B. During actual play:

- A maximum of four (4) player from each team may warm-up at the same time, without the ball;
- Only the goalkeeper is allowed to warm-up with ball;
- Not more than two (2) technicians are allowed to accompany the four (4) players during the warm-up.

XIII. MEDICAL TREATMENT OF PLAYERS ON THE FIELD OF PLAY

A. If a goal keeper needs medical treatment on the field of play during the following procedures must be observed:

- Upon s signal from the referee, the team doctor and his assistant may attend to the injured goal keeper
- Only the goal keeper can be treated inside the field of play.

XIV. LIQUID INTAKE DURING THE COURSE OF PLAY

A. Because the balance of water in the body is essential for health, FIFA actively encourage players to drink liquid the match. The following rules must be observed so as to avoid disorderliness in the field and possible to injury to the athlete:

- Bottled glass and any drinking material that can cause danger to both teams are prohibited;
- Liquid may be taken during the play and stoppage of play;
- Drinks must be contained in plastic bottles and handed to the player/s at the touch lines, one (1) meter away (no coleman)

XV. WALK-OVER /ABANDONMENT

A. Walk-over

1. If walk-over is given, the team conceding the walk-over shall forfeit the match and the games shall be awarded to the opposing team.

B. Abandonment of Matches

1. If a match has to be suspended as a result of any incident (walk out by team, lack of order from spectator/s who invade the field of play), the Tournament Manager must decide, within twenty-four(24) hours of such incident to determine the action to be taken.
2. Should it be necessary to award a match to one team, one(1) point shall be awarded with a score of 1-0 or higher depending on the score at the time of stoppage showed a greater number of goals for the team to be declared winner.

XVI. DRESS CODE FOR COACHES

- A. Pants or jogging pants
- B. T-shirts with or without collar
- C. Leather or rubber shoes

GYMNASTICS

I. Ground Rules

A. Queries

1. Verification of scores must be done by the Head Coach in writing and submitted right after the announcement of the gymnast's score. This should be addressed only to the Tournament Manager of the concerned discipline.
 2. Inquiry about the DV Score is allowed but not the Execution Score.
 3. Submission of Complaints (written) should be within half an hour right after the score is flashed.
 4. Comparison of scores, done upon verification will never be entertained.
- Judges' decision is final. (based on the FIG – RG COP)

B. Tie Breaking

1. FIG Rules of tie-breaking will be applied.

C. Disruptive Behavior

1. A coach who is found guilty of harassing or causing undue trouble during the competition will be issued a red card and will be escorted out of the competition venue, immediately.

2. The use of flash when taking pictures is NOT allowed.

D. Gymnast Participation

1. No gymnast can compete in more than one discipline (MAG, WAG, RG).
If a 7-9 y/o gymnast chooses to compete in Cluster 2, he or she will be evaluated and ranked according to the rules of the said Category (Cluster 2) . But a 10 – 12 y/o gymnast cannot compete in Cluster 1.
2. Drawing of lots to determine the Order of Performance is done during the ManCom Meeting and will just be reviewed during the Solidarity Meeting.
3. Music of gymnast in Cluster 2 and 3 for WAG, must be submitted (in CD format & properly labeled) to the Tournament Manager during the Solidarity Meeting or at least 24 hours before the competition.
4. Difficulty forms for RG must be submitted to the RG Tournament Manager as early as the Solidarity Meeting and not later than 24 hours before the competition.

E. Individual All Around

All team members shall be ranked. The gymnast garnering the highest total score in all events will be the Individual All - Around Champion. Medals will be given to Coaches also.

If by chance a region places first, second and third in the all around scores, the region will be awarded gold, silver and bronze medals.

In cases of ties for all three slots, FIG Rules for tie-breaking will be observed.

F. Apparatus Finals

Eight finalists, per event will make it to Competition III or the Apparatus Finals with a maximum of two gymnasts from each team. Two alternates (ninth and tenth place) will standby in case any of the top eight becomes injured or sick and will be unable to compete.

Substitution:

This must be done 24 hours prior to the Competition if any of the top eight will not be able to play due to injury (Apparatus Finals), by informing the Tournament Manager of the concerned discipline.

Team Scores for MAG & WAG

Cluster 3: Scores of 3 gymnasts will be tallied and ranked per Team. Top 3 Teams will be given medals, Coaches and Trainers, certificates.

Cluster 2: Best 2 gymnasts' scores from each team will be the basis for computing the Team Score.

Cluster 1 is a Demo Category this 2014, but will be a regular Category starting next year (2015).

Gymnasts will be given medals from 1st till 3rd, and additional certificates for 4th, 5th and 6th places. Medal recipients will have *no bearing* to the over-all regional standing.

To Determine the Team Score in Elementary (MAG & WAG) :

For Cluster 2, three (3) players can play but only the best two scores will be credited for the Team (*only for Regions who were not able to comply with the 2014 Guidelines*).

Medal Tally

Category	Team Champ	Indiv AA	App Finals	Coach Trainer	Max Medals
Cluster 1	-	GSB	4G 4S 4B	certificates	
Cluster 2	3G 2S 2B	GSB	4G 4S 4B	certificates	
Cluster 3 Secondary	3G 3S 3B	GSB	4G 4S 4B	certificates	21G 21S 21B
Extra					+ 5GSB
WAG					26G 26S 26B

Category	Team Champ	Indiv AA	App Finals	Coach Trainer	Max Medals
Cluster 1		GSB	3G 3S 3B	certificates	
Cluster 2	3G 2S 2B	GSB	3G 3S 3B	certificates	
Cluster 3 Secondary	3G 3S 3B	GSB	3G 3S 3B	certificates	17G 17S 17B
Extra					+ 5GSB
MAG					22G 22S 22B

Category	Team Champ	Indiv AA	App Finals	Coach Trainer	Max Medals
10 below		GSB	4G 4S 4B	certificates	
13 below	3G 3S 3B	GSB	4G 4S 4B	certificates	
Juniors Secondary	3G 3S 3B	GSB	4G 4S 4B	certificates	21G 21S 21B
Extra					+ 5GSB
RG					26G 26S 26B

	Gold	Silver	Bronze
WAG	26	26	26
MAG	22	22	22
RG	26	26	26
Total	73	73	73

II. Women's Artistic Gymnastics Technical Guidelines

Competition Structure				
Cluster	Age	Apparatus	Exercise Routine	Number of Athletes
ELEMENTARY				
1	Ages 7-9	Single Bar Vault	Cluster 1 FIG Age Group-Compulsory	1 or none
	Demo Sport	Floor Exercise Balance Beam	Cluster 1 FIG Age Group-Compulsory	
Participation rules for 7-9 y/o; refer to Page 1, Item no. 8 on Gymnast Participation.				
2	Ages 10 - 12	Single Bar	Cluster 2 FIG Age Group-Compulsory	2 or 3
		Floor Exercise Balance Beam Vault	Cluster 2 FIG Age Group Optional	
SECONDARY				
3	Ages 13 - 18	Single Bar	Class 2 FIG Age Group-Compulsory	3
		Floor Exercise Balance Beam Vault	FIG Junior	

GENERAL REGULATIONS

Article 1. Competition Ages

- The gymnast's age eligibility will be based on how old she is beginning January on the year of competition.

Article 2. Warm-up and Assistance

- The competitors will be given at least 90-minutes of general warm-up prior to the competition but no one touch (or 30-second) warm-up in advance of the competition.

- A **spotter / Coach is required** for Single Bar event for all Clusters. A **deduction of .3** will be penalized from the Final Score on Single Bar if the spotter/Coach leaves during the performance of the compulsory routine.
- Soft safety mats (5, 10, 20 cm) are permitted on all apparatus without penalty except Floor Exercise. A deduction of .30 will be deducted from the Final Score if a gymnast uses soft mats on Floor.
- A safety-collar must be used for round-off entry vaults in Cluster 3. Failure to use it will result in a zero vault score for said vault. (Apparatus Chair will not allow the gymnast to begin until a safety collar is present.)
- The use of any non-permitted supplementary equipment will have a corresponding deduction of 0.3.

Article 3. General Judging Rules

- Unless otherwise stated within this document, execution errors for poor technique, poor body position, etc. are evaluated according to the current 2013 FIG Code of Points.
- Deductions of a disciplinary nature are taken from the Final Score by the Chair of the Apparatus Jury.
- The values and deductions on all compulsory routines will be based in the FIG Age Group Program Manual.

SPECIFIC REGULATIONS

Article 4. Specific Judging Rules

Cluster 1: Compulsory Exercises and for Single Bar (also for Cluster 2 & 3, Single Bar)

D-score is from 10.

- i. A gymnast may repeat an element for value following a fall or stop.
- ii. The omission of an element will result in the loss of value of that element.
- iii. The addition of an element will result in the deduction of 0.5 from the D---score.

E Score is also from 10.

A tariff for expected errors per event is available in the FIG Age Group Manual.

Cluster 2 & 3: Optional Exercises for Vault, Beam and Floor

The D-score (in BB & FX) is calculated by adding:

- a) The values of the difficulties or highest 8 skills seen in the exercise including Dismount
- b) Each Element Group Requirement (EGR) fulfilled in the exercise will be given 0.5
- c) Bonus Connection points for connected skills

The E-Score deductions :

	Small Error	Medium Error	Large Error	Fall
Cluster 2	0.1	0.2	0.3	0.5
Cluster 3	0.1	0.3	0.5	1.0

The Final Score is determined by adding the D-Score to the E-Score.

Repetition: Cluster 2, Optional Exercises may repeat one skill of B or C Value in Floor and Beam events.

Article 5. Element Values and Maximum Number of Elements for Elementary Cluster 2:

Maximum Number of Elements	A-part value	B-part value	C-part value	(D value and higher not permitted)
8	0.1	0.2	0.3	

Article 6. Evaluation of Short (or long) Exercises for Cluster 2

No. of Elements	8-10	7	6	5	4	3	2	1
Max. E-score	10.0	9.0	8.0	6.0	4.0	3.0	2.0	1.0

Article 7. Summary of Specific Regulations and Compulsory Exercises

CLUSTER 1 (Elementary: Compulsory Exercises for ages 7-9)

VT	FIG Age Group Class 1 2 Choices:	A 2nd attempt is permitted, but with 0.5 deduction
HP1	1. From run, hurdle onto vault board and jump from 2 feet to hands with straight body and fall to back on a soft mat of 80 cm height.	2. Salto forward stretched from a vaulting board
BB	FX	Single Bar
HP1	HP1	HP1
FIG Age Group Class 1 1. Jump ¼ turn to straddle beam, swing legs to tuck sit, lift to momentary V, and back to momentary tuck sit 2. Swing legs backward to forward roll to stand with one leg in front,	FIG Age Group Class 1 1. 2-3 steps partially piked or stretched dive roll 2. Cartwheel 3. Backward walkover	FIG Age Group Class 1 1. Starting from hang, lift to chin up position and pullover to front support 2. Cast to horizontal to immediate back hip circle to

<p>step forward to arch</p> <p>3. Step forward to straight jump to land in lunge with one foot in front, ½ turn</p> <p>4. Three running steps, step forward, step forward, kick to momentary handstand and step down</p> <p>5. Jump chasse forward, 2 steps forward, ½ turn in squat position</p> <p>6. Body wave to stand, step forward to developé</p> <p>7. Step forward, step to Arabesque (hold for 2 sec)</p> <p>8. 1-3 walking steps forward to round off dismount</p>	<p>4. Cat leap</p> <p>5. Lift leg high to step forward and then full turn</p> <p>6. Split leap from a run</p> <p>7. Step to handstand hold 1 sec and step down to stand</p> <p>7. 2-3 steps hurdle to Round off Straight jump</p>	<p>3. immediate under bar cast above 45°) and long hang swing backward</p> <p>4. Swing forward and swing backward</p> <p>5. Swing forward and swing backward</p> <p>6. Swing forward and swing backward</p> <p>7. Swing forward and swing backward to push off dismount (on 5th backward swing) and land on mats</p>
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CLUSTER 2 (Ages 10-12 Elementary - Optional for VT, BB, FX and Compulsory for Single Bar)

<p>VT FIG Age Group Class 3</p>		A 2nd attempt is permitted, but with 0.5 deduction
<p>HP3</p>	<p>Handspring = 2.0 Handspring ½ = 2.2 Handspring 1/1 = 2.5 Handspring 1 ½ = 2.7 Handspring Front Tuck = 2.7 Handspring Front Tuck ½ = 2.9 Handspring Front Pike = 2.9 Handspring Front Pike ½ = 3.1</p>	<p>½ on = 2.0 ½ on ½ off = 2.2 ½ on 1/1 off = 2.5 Yurchenko Tuck = 2.7 Yurchenko Tuck 1/1 = 2.9 Yurchenko Pike = 2.9 Yurchenko Straight = 3.1</p>
BB	FX	Single Bar
HP3	HP3	HP1
<p>FIG Age Group Class 3</p> <p>8 skills maximum for D-score Maximum 4 can be Acro elements</p> <p>1. Two connected dance elements 2. Minimum full turn on 1 foot 3. One Acro flight element 4. Dismount</p>	<p>FIG Age Group Class 3</p> <p>8 skills maximum for D-score</p> <p>1. A passage with three dance elements 2. Acrobatic element forward 3. Acrobatic element backward 4. Dismount</p>	<p>FIG Age Group Class 1</p> <p>1. Starting from hang, lift to chin up position and pullover to front support</p> <p>2. Cast to horizontal to immediate back hip circle to</p> <p>3. immediate under bar cast above 45°) and long hang swing backward</p> <p>4. Swing forward and swing backward</p> <p>5. Swing forward and swing backward</p>

		<p>6. Swing forward and swing backward</p> <p>7. Swing forward and swing backward to push off dismount (on 5th backward swing) and land on mats</p>
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CLUSTER 3 (Secondary: Junior FIG 2013 for VT, BB, FX and Compulsory: Single Bar)

<p>FIG JUNIOR 2013</p> <ul style="list-style-type: none"> In the Qualifying competitions (CI): The gymnast who wishes to qualify for the Apparatus Final must perform two vaults as per the Apparatus Finals rules below. Apparatus Finals (CIII): Gymnast must perform two different vaults (maybe from the same group, but with different numbers). 	<p>FIG JUNIOR 2013</p> <p><i>8 highest skills (DV) including Dmt</i></p> <p>Maximum 5 Acro Minimum 3 Dance</p> <ol style="list-style-type: none"> One connection of at least 2 different dance elements, 1 being a leap, jump or hop with 180° split (<i>cross or side</i>), or straddle position Turn (<i>Gr. 3</i>) One acro series, min. of 2 flight* elements 1 being a salto (<i>elements may be the same</i>) Acro elements in different directions (<i>fwd/swd and bwd</i>) Dismount <p>No / A dmt - award 0.00</p> <p>B dmt - award 0.30 C dmt - award 0.50 D or higher dismount – NOT ALLOWED</p>	<p>FIG JUNIOR 2013</p> <p><i>8 highest skills (DV) including Dmt</i></p> <p>Maximum 4 Acro Minimum 3 Dance</p> <ol style="list-style-type: none"> A dance passage composed of two different, leaps or hops, (from the Code) connected directly or indirectly (<i>with running steps, small leaps, hops, chassé, chainé turns</i>), one of them with 180°cross/side split or straddle position <ul style="list-style-type: none"> No jumps or turns are permitted because they are stationary. Chainé turns (½ turns on two feet) are allowed because they are traveling steps. Leaps and hops must land on one leg if performed as the 1st element in the dance passage. Salto fwd/swd & bwd Salto with LA turn (min. 360°) Salto with double BA Dismount <p>No / A dmt - award 0.00</p> <p>B dmt - award 0.30 C dmt - award 0.50 D or higher dismount – NOT ALLOWED</p>
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Single Bar	FIG Age Group Class 2, Compulsory
<ol style="list-style-type: none"> 1. From hang, slight arch and quickly bring toes to the bar and stretch forward to swing backward 2. Back uprise to support 3. Immediate back hip circle to under bar cast extend body forward 4. Swing backwards, swing forward 5. Swing backwards, swing forward 6. Kip to support 7. Underswing dismount (any technique – free hip circle; straddle on, stoop on) 	

WAG Guidelines for this year's Palaro is based on the 2013 FIG Junior Ruling and the 2012 FIG Age Group Development Program. Moving forward, together! –

WAG Technical Committee, Gymnastics Association of the Philippines

III. Men's Artistic Gymnastics Competition Guidelines

Competition Structure				
Cluster	Age	Apparatus	Exercise Routine	Number of Players
ELEMENTARY				
1	Ages 7-9	Floor Exercise	HP 2 FIG Age Group-Compulsory	1 or none
	Demo Sport	Pommel Horse (Mushroom) Vaulting Table	HP 1 FIG Age Group-Compulsory	
Participation rules for 7-9 y/o; refer to Page 1, Item no. 8 on Gymnast Participation.				
2	Ages 10 - 12	Floor Exe, Vaulting Table	HP 3 FIG Age Group-Optional	2 or 3
		Pommel Horse	HP 1 FIG Age Group-Compulsory	
SECONDARY				
3	Ages 13 - 18	Floor Exe, Vaulting Table	FIG Junior	3
		Pommel Horse	HP 2 FIG Age Group-Compulsory	

GENERAL REGULATIONS

Article 1. Competition Ages

- The gymnast's age eligibility will be based on how old he is beginning January of the year of competition.

Article 2. Warm-up and Assistance

- The competitors will be given at least 90-minutes of general warm-up prior to the competition but no one touch (or 30-second) warm-up in advance of the competition.
- **The use of soft safety mats** on vault is allowed but on floor exercise and pommel horse will result in **0.3 deduction** from the final score.
- The use of any non-permitted supplementary equipment will be deducted 0.3.

Article 3. General Judging Rules

- Unless otherwise stated within this document, execution errors for poor technique, poor body position, etc. are evaluated according to the current FIG Code of Points.
- Deductions of a disciplinary nature are taken from the Final Score by the Chair of the Apparatus Jury.
- The values and deductions of all compulsory routines will be based in the FIG Age Group Program Manual.

SPECIFIC REGULATIONS

Article 4. Specific Judging Rules

The evaluation of optional exercises in Elementary Cluster 2 will be based on the system of the 2013 FIG Code of Points. There are two evaluation factors in this system; a Difficulty Score (D-score) and an Execution Score (E-score)

D-score

The D-score is calculated based on adding the following 3 aspects of a performance;

- The values of the difficulties presented in the exercise up to a specified maximum number.
- Each EGR fulfilled in the exercise will be given 0.5
- The values of any eligible Bonus Connection points that were performed.

The D-score is calculated according to the following sequence:

- Determine the value of the dismount. If a gymnast does not performed a recognized dismount he will automatically be penalized by not receiving the 0.5 for that EGR.
- Determine if the remaining EGR have been performed and award 0.5 for each one met (plus the value of the element itself). This applies to A-part and B-part dismounts.
- Add the value of the remaining most difficult recognized elements up to the maximum number of elements permitted.
- Add any connection bonus that applies (Floor Exercise only)

E-score

The E-score deductions for optional exercises and when not specified for Compulsory exercises are as follows;

	Small Error	Medium Error	Large Error	Fall
Cluster 2	0.1	0.2	0.3	0.5
Cluster 3	0.1	0.3	0.5	1.0

Final Score

The final Score for compulsory and for Optional Exercises is determined by adding the D-score and E-score.

Additional Modifications to the FIG Code of Points

- **Developmental Parts**
Gymnasts may use the identified elements in the developmental part to meet difficulty requirements, EGR and possible Connection Bonus points.
- **Repetition**
In elementary cluster 2-may repeat one skill of B or C value
In elementary cluster 1:
 - may repeat an element for value following a fall or stop
 - The omission of an element will result in the loss of value of that element.
 - The addition of an element will result in the deduction of 0.5 from the D-score.

Article 5. Element Values and Maximum Number of Elements for Elementary Cluster 2:

Maximum Number of Element	A-part value	B-part value	C-part value
8	0.1	0.2	0.3

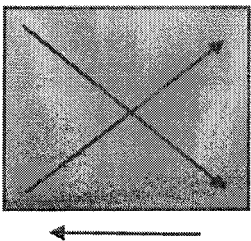
(D value and higher not permitted)

Article 6. Evaluation of Short (or long) Exercises for Cluster 2

No. of Elements	8-10	7	6	5	4	3	2	1
Max. E-score	10.0	9.0	8.0	6.0	4.0	3.0	2.0	1.0

Article 7. Summary of Specific Regulations and Compulsory Exercises

CLUSTER 1 (Compulsory Exercises)

FX	Mushroom(PH)	VT
<p>FIG Age Group HP 2</p> <p>1)2-3 steps to front handspring, straight jump and then rebound to stretched dive roll</p> <p>2) Finish with control in straddle split 2 sec.</p> <p>3. Press to handstand with bent arms and straddled legs to momentary hold and forward roll and jump with $\frac{3}{4}$ turn to face side</p> <p>4. Step to scissor kick to 2 cartwheels</p> <p>5. Pike down and backward roll with straight arms and straight legs to stand</p> <p>6. Front scale or y scale (2 sec)</p> <p>7. 3 steps hurdle to round off backhandspring straight jump and backward roll tucked to stand.</p> <p align="center"><u>Floor Pattern</u></p> 	<p>FIG Age Group HP 1</p> <p>-5 leg circles with 2 point each, total value of 10.0</p> <p>-deductions: small=.1 medium=.2 large=.3 Fall=.5</p>	<p>FIG Age Group HP 1</p> <p>2 Choices:</p> <p>1.From run, hurdle onto board and jump form two feet to hands with straight body and fall to back on a soft mat of 80 cm height.</p> <p>2.Salto fwd stretched from a vaulting board</p> <p>-Base the deduction from FIG age Group Program -a 2nd attempt is permitted , but with 0.5 deduction</p>

CLUSTER 2

FX	Mushroom(PH)	VT
<p>FIG Age Group HP 3</p> <p>Difficulty Values & Required No. of Elements</p> <p>Difficulty A=.1 B=.2 C=.3</p> <p>8 skills max. for D-score</p>	<p>FIG Age Group HP 1</p> <p>-5 leg circles with 2 point each, total value of 10.0</p> <p>-deductions: small=.1 medium=.2 large=.3 Fall=.5</p> <p>----Same to cluster 1 -----</p>	<p>FIG Age Group HP 3</p> <p>Permitted Vaults and Difficulty Values Handspring=2.0 w/ ½ t=2.2 w/ 1/1t=2.5 w/1 ½ t=2.7</p> <p>Handspring front tuck=2.7 w/ ½ =2.9 Handspring front pike=2.9 w/ ½ =3.1 Tsukahara Tuck=2.7</p> <p>Tsukahara Pike=2.9</p> <p>Tsukahara layOut=3.1</p> <p>Yurchenko Tuck=2.7</p> <p>Yurchenko Tuck 1/1=2.9</p> <p>Yurchenko Pike=2.9</p> <p>Yurchenko Straight=3.1</p> <p>-All Yurchenco Group has the same value with Tsukahara Group-</p> <p>-Bonus for distance 2m-2.5=.1 >2.5-3m=.2 >3m=.3</p> <p>Height=1.15m-1.35m</p> <p>(2nd attempt is permitted , but with 0.5 deduction)</p>
<p>Developmental and Supplemental Skills</p> <p>1)Round off or Cartwheel=A part Element Group 4 and in the same box</p> <p>2)Back extension to handstand=A part. Element Group 3</p> <p>3)The value of all circle, flair and Russian skills are increased by one value over the FIG Code</p>		
<p>EGR (0.5 each)</p> <ul style="list-style-type: none"> • Non- acro element • Acro. Element fwd • Acro. Element bwd • Dismount 		
<p>Additional Regulations</p> <p>No time limit Connection Bonus(saltos only) A or B +C or vice versa=.1 C+C= .2 May repeat one skill of B or C value for difficulty</p>		

CLUSTER 3

FX	MUSHROOM(PH)	VT
FIG JUNIOR 2013	<p>FIG Age Group HP 2 Compulsory Exercise:</p> <ol style="list-style-type: none">1. Double Leg Circle2. Double Leg Circle3. 1/2 spindle (unlimited circle)4. Double leg circle5. Double leg circle6. Double leg circle w/ 180 turn in 1 circle (any technique)7. Double leg circle & finish in stand <p>Total Value = 10.0 (for element values and deductions refer to FIG Age Group Manual)</p>	FIG JUNIOR 2013

This Guidelines is based on the 2013 FIG Junior Ruling and the 2012 Edition FIG Age Group Development Program.

**MAG Technical Committee
Gymnastics Association of the Philippines**

IV. Rhythmic Gymnastics

A. GENERAL RULES

The Federation Internationale de Gymnastique (FIG) Code of Points for RHYTHMIC GYMNASTICS 2013-2016, shall be used in the Palarong Pambansa. The Elementary level will adhere to the International Age Group Rules & Regulations and the Gymnastics Association of the Philippines (GAP) Rhythmic Gymnastics Age-Group Program 2013- 2016, Pre-Junior Level 5-6 while the Secondary Level shall observe the FIG Junior International Rules & Regulations.

B. COMPETITION PROGRAM FOR INDIVIDUAL RHYTHMIC GYMNASTICS

The program for the individual gymnasts shall consist of four (4) exercises for each level :

Elementary Level:

2013	FREEHAND	BALL	CLUBS	RIBBON
2014	FREEHAND	ROPE	HOOP	CLUBS
2015	FREEHAND	ROPE	HOOP	CLUBS
2016	FREEHAND	BALL	CLUBS	RIBBON

Secondary Level:

2013 - 2014	HOOP	BALL	CLUBS	RIBBON
2015 - 2016	ROPE	HOOP	BALL	CLUBS







C. GENERALITIES

1. Length of Exercise

- Each exercise must run at least 75 secs and a maximum of 90 secs (1:15-1:30)
- The stopwatch will be started as soon as the gymnast begins to move and will be stopped as soon as the gymnast is totally motionless.
- *Penalty: (Coordinator Judge) 0.05 point will be deducted for every missing/additional sec.*

2. Music

- Each gymnast must provide one (1) cassette/CD for each individual exercise. Music could be of one or several instruments including voice as instrument, with/ without words (which is allowed in only 1 exercise), except when the FIG Technical Committee disallows its use.
- The coach must indicate whether the exercise is used **with music, with voice/ words** on the D form.
- *Penalty: (Difficulty Judge) 0.50 point deduction if more than one exercise is used with music with voice and words*
- The cassette tape/CD should be marked with following information:
 - Name of gymnast
 - Three-letter initials or number of the team's district/division/region
 - Symbol representing the apparatus

					
ROPE	HOOP	BALL	CLUBS	RIBBON	FREE HAND

- It is permitted to record a sound signal at the beginning of the music.
 - The recording shall be made only on 1 side of the tape or at the beginning of the CD
- * *Penalty(Coordinator Judge)0.50 point deduction will be earned if any of the items above is not met.*

3.Dress/ Attire of Gymnast

- Leotard/ unitard must be in non-transparent materials.
 - The neckline of the front and back of the leotard must not be further than half of the sternum and no further than the lower line of the shoulder blades.
 - Leotards may be with or without sleeves, but dance leotards with narrow sleeves are not allowed.
 - The cut of the leotard at the top of the legs must not go beyond the fold of the crotch.
 - The leotard must be skin tight to enable the judges to evaluate the correct position of every part of the body.
- * *Penalty: (Coordinator Judge) 0.30 point deduction if any of the above is violated.*

4. APPARATUS

Although gymnasts are encouraged to use apparatus with standard dimensions set by the Federation Internationale de Gymnastique (FIG), the Gymnastics Association of the Philippines (GAP) Technical Committee, and the DEPED Palarong Pambansa, in consideration of the gymnasts' physical and psychomotor level of development, would allow gymnasts to use apparatus with the following dimensions in **ELEMENTARY** level competitions:

Rope length – based on the gymnasts' height

Hoop dimensions – 700 - 800 mm diameter, 300 g minimum

Ball dimensions – 180 mm diameter, 300 g minimum

Clubs dimensions - 400 – 500 mm (senior standard dimensions)

- Weight: 150 g. min.
- Shape: Bottle shape
- Diameter of the head: 30 mm max.
- Elementary (pre-junior/elementary) gymnasts are allowed to use smaller than junior sized clubs(400-300 mm)

Ribbon length – 4 metres in length, with 1 metre fold at the end attached to the stick.

For **SECONDARY** level competitions, the use of apparatus which complies with the standard dimensions set by the FIG in Junior International competitions is required, including the ribbon length (which needs to be 5 metres long according to FIG Junior Regulations).

- * *Penalty: (Coordinator Judge) 0.50pts for the use of non-conforming apparatus.*
- **Apparatus must be GAP approved for Elementary & FIG approved for Secondary**

5. ENTRY

- A. Each team shall compose of three gymnasts representing the entire level (eg. Elementary/ Secondary)
- B. Each gymnast has to perform the four (4) apparatus namely: HOOP, BALL, CLUBS and RIBBON in the secondary level while FREEHAND, BALL, CLUBS and RIBBON in the elementary level

C. COMPETITION REQUIREMENTS FOR THE INDIVIDUAL EXERCISES

1. FOR ELEMENTARY LEVEL/DIVISION

INTERNATIONAL AGE GROUP RULES AND REGULATIONS

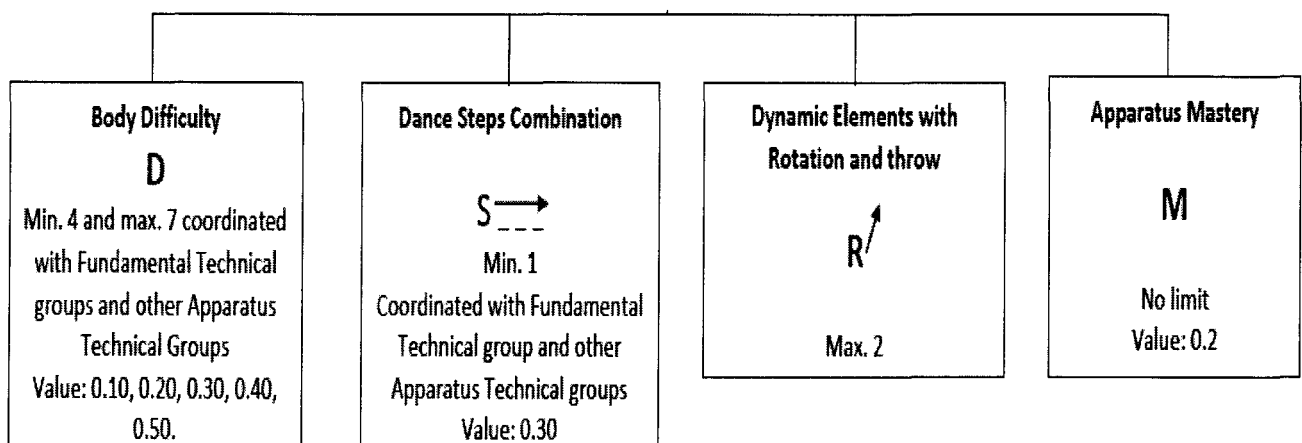
CATEGORY	AGE
International Age-Group Competition	10 years old and below
	13 years old and below

TECHNICAL REQUIREMENTS

AGE	APPARATUS	APPARATUS DIFFICULTIES
		Difficulty(D) max. 7.0 points
10 and below (born 2003 & after)	2013 and 2016 Free Ball Clubs Ribbon	1. Body difficulty (0.1 to 0.8) a. Min. 1 \wedge , 1 \circ , 1 T each; Max. 3 b. Max. 6D
13 and below (born 2000 & after)	2014-2015 Free Rope Hoop Clubs	2. $S \rightarrow$ minimum 1 3. $R \nearrow$ maximum 2 4. M no limit

1.1 DIFFICULTY (D) – 7.0 point maximum

1.1.1 Routine WITH APPARATUS



Difficulty from each group of body movement must be performed throughout the exercise (Minimum \wedge , maximum T from each group):
 Jumps/Leaps, Balances, Rotations

The Difficulty elements (D, S \rightarrow , R \uparrow , M) must be written on the Official Difficulty (D) form in the order of their execution.

All the Difficulties declared on the Official D form must adhere to the maximum stated above.

Each Body Difficulty is counted, only once (either isolated or as a part of a Multiple Difficulty or Mixed Difficulty) and may not be repeated.

For Difficulties with Rotation (Pivots), the value of the Difficulty is calculated until the maximum point is reached.

Each Difficulty **exceeding the 7.0 point maximum is null (0.00 point)** and won't be subject to penalties.

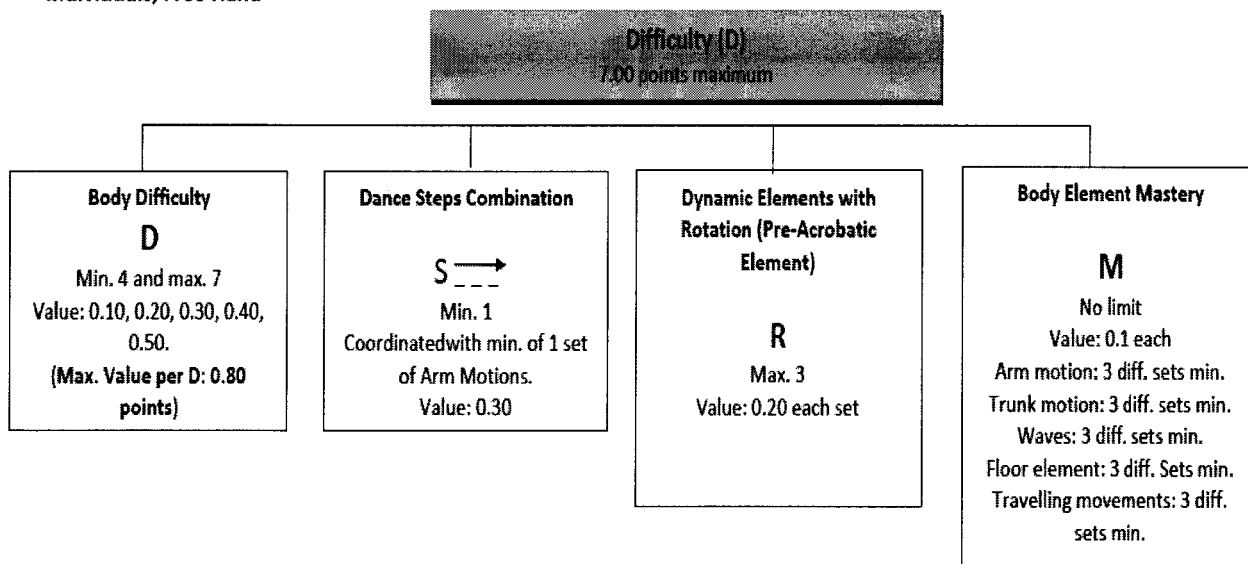
- * **A body difficulty must be executed with a minimum of one (1) Fundamental Technical Element specific to each apparatus or an element of other Technical Apparatus groups during the isolated difficulty or during each component of a Multiple Rotation Difficulty and Mixed Difficulty**

1.1.2 Routine WITHOUT APPARATUS

FREEHAND

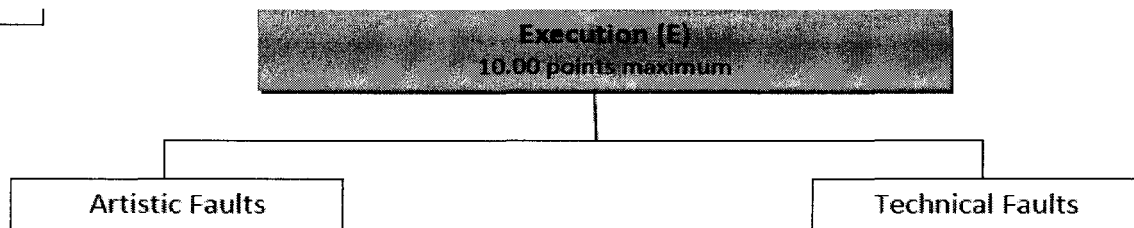
PRE JUNIOR (Level 5 - 6)

Individuals, Free Hand



BODY MOVEMENT	SYMBOLS
Arm Motion	↻
Trunk Movement • Include direction/plane within the parenthesis	T(direction)
Waves	Ɲ
Floor element	==
Travelling	----

1.2 EXECUTION (E) – 10.00pts Max



1.2.1 FREEHAND GENERAL NOTICE (Pre Junior/Elementary Level):

1.2.2 Arm Motions: 1 Set of arm motion consists of:

- * 3 different medium (min 2) to full arm motions
- * performed both arms (alternately, separately or simultaneously)

1.2.3 Dance Steps Combination:

- * A minimum of 1 set of Arm Motion must be performed
- * Show character of the music
- * With partial or complete travelling

1.2.4 Movements of the Trunk: Large trunk movements must be performed in any plane.

1.2.5 Body Waves: Must be performed at least half of the body. Trunk movements are not counted as waves.

1.2.6 Elements on the Floor: Difficulties and/or pre acrobatic skills performed or passing on the floor are not counted as elements on the floor.

1.2.7 Dynamic Elements with Rotation (Pre- Acrobatic Elements) (R):

1.2.7.1 Maximum of 3 different pre-acrobatic elements (sets) may be included in an exercise.

1.2.7.2 A set must have a min. of 2 rotations, and max. of 3 rotations on any axis and is considered by F.I.G. as RG pre-acrobatic elements.

1.2.7.3 Each pre-acrobatic element could only be performed once, though a different technique may be employed with the same pre-acrobatic element which would render it different and valid.

1.2.7.4 <<Dive – Split leap – forward roll >> is considered as 2 elements of rotation, subject to F.I.G. rules.

1.2.7.5 All the conditions (unless ruled upon by GAP TC) established by the F.I.G.-RG Technical Committee, pertinent to Dynamic Elements w/ Rotation will apply

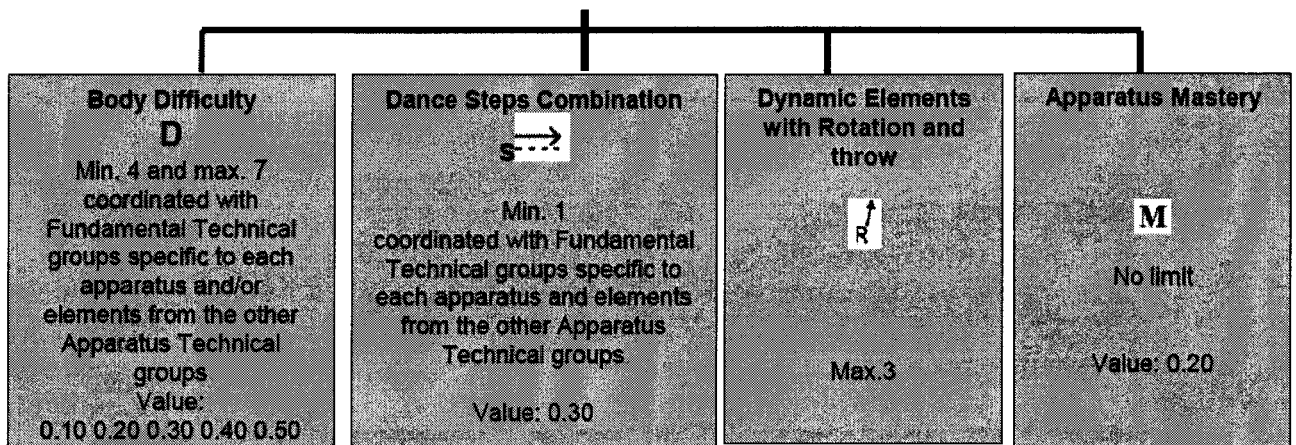
1.3 DISTRIBUTION AND CALCULATION OF SCORES

The final score for either of the age groups in the elementary level should not exceed a **maximum of 17.0 points** which is calculated by adding the following:

- Difficulty (D): average of 2 middle scores of 4 judges = 7.0 pts.max.
- Execution (E): average of the 3 middle scores of the 5 judges = 10.00 pts. max.

2. FOR SECONDARY LEVEL/ DIVISION

2.1. DIFFICULTY (D) – 8.00point maximum



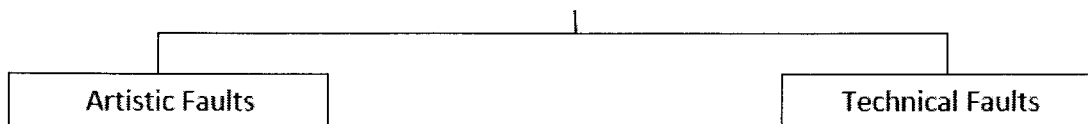
Difficulty from each body group must be performed in the exercise (Minimum 1, maximum 3 from each group of bc \wedge movements \top mps/Leaps \circ , Balances, Rotations

Value of each Body Difficulty Isolated, Multiple or Mixed): **1.00 point maximum** (All declarations must adhere to this cap.)

All difficulties will be evaluated at **1.00 pt maximum.**

2.2. EXECUTION (E) – 10.00pts Max

Execution of the Individual exercises consist of:



2.3. DISTRIBUTION AND CALCULATION OF SCORES

The final score - 18.0 point maximum is calculated by adding the following:

- Difficulty (D): average of the 2 middle scores of 4 judges = 8.00 pts. max.
- Execution (E): average of the 3 middle scores of the 5 judges = 10.00 point maximum

General Notes: Applicable for both Elementary and Secondary Levels

- Each gymnast must submit in advance (**during the solidarity meeting or at least 24 hours before competition**) the official Difficulty form for each exercise, where the Difficulty elements (D, S \rightarrow , R, M) must be written in the order of their execution. Otherwise, the gymnast can still participate in the competition but will automatically merit 0.00pts for Difficulty
- Each gymnast must submit 5 copies of the Execution Judges' forms (for each exercise).
- The general Difficulty norms for individual senior exercises are also valid for junior individual exercises.

SEPAK TAKRAW

I. DATE AND VENUE

The Palarong Pambansa Sepak Takraw competition will be held on **May 4 – 10, 2014** at the **San Antonio De Padua College and Collegio Monterel de Pila covered court in Pila, Laguna.**

II. RULES OF THE TOURNAMENT (TEAM COMPETITION)

The tournament shall be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced

Any unforeseen incidents not covered by the rules shall be dealt with as follows:

1. Case of general nature shall be resolved in accordance with the Palarong Pambansa Games rules.
2. Technical questions shall be referred to and resolved by the Technical Committee.
3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.

A. MODE OF COMPETITION

1. The tournament manager shall prepare the rule of the tournament.
2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C, and D for the elimination. The Top two (2) teams in each group will advance to the crossover quarterfinals using the knock out system, the loser in the schedule first game will receive eight (8) placer and so on.
3. There will be quarterfinals, semi-finals and finals in this match. Winner in each group shall play with the first runner-up in the other group as follow:

Winner Group A vs. Runner-Up Group C
Winner Group B vs. Runner-Up Group D
Winner Group C vs. Runner-Up Group A
Winner Group D vs. Runner-Up Group B

4. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2) or more teams obtain and equal number of points after the elimination, the following rules shall be applied.
 - 4.1 In case of tie, win over the other shall be applied, where in the winner between the two (2) teams during their elimination game shall be declared winner.
 - 4.2 In case of triple tie, the set difference between the total score "for" and "against" shall be decisive. This shall be obtained by deducting the points "against" from the points "for".
 - 4.3 The score difference of the matches played by each of the teams shall be decisive.
 - 4.4 If these alternative are all found to be the same, then a decision taken by the toss of the coin shall be decisive.

B. COMPOSITION OF THE TEAM

1. A team shall be comprise of nine (9) players and three (3) reserve players. No player may play in more than one regu. Each regu shall be decided on a best of three (3) sets. The rules were based on the Palarong Pambansa team composition which composes of twelve (12) players.
2. Under the new rule, a coach may register two (2) reserve players in each regu but may use only one substitute per regu.
3. Substitution of player is allowed on request of the official coach to the official referee when the ball is not in play.
4. Each regu will be allowed to make substitution for injury provided a substitution has not been made earlier. If substitution has been already made, the regu will not be allowed to continue and will be considered as having lost.
5. Any regu having less than three (3) players will not be allowed to continue the game and will be considered as having lost (unless a penalty send off, the regu will continue with two (2) players without any substitution.)

C. ENTRIES

Entries of each regions must be submitted according to the regulations imposed by the Organizing Committee of the Palarong Pambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period will be given to the team after the last or conclusion of the last match following their game schedule. Non-appearance of the team after the grace period given will mean forfeiture of the game in favor of the opposing team.

D. THE START OF PLAY AND SERVICE

1. The side which serve first will serve first for three (3) consecutive services, following which the other side will also serve for the next three (3) points regardless of which side wins a point.
2. A deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

E. SCORING SYSTEM

1. Each set is won by the side which scores twenty one (21) points with a maximum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occurred first)
3. When the score is tied up 20-20, the match referee will announce "setting up to 25 points".

F. WEARING OF UNIFORMS OR REGIONAL COLOR

1. Participating teams and coaches should wear the color of their respective regions assigned to them during their schedule games.
2. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
3. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 12.

G. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or his/her team for any misconduct or disturbances committed by the official or team during a tournament whether in or outside the court.

H. GENERAL

In the event of any question or any matter arising out of any point, which is not expressly provided for in any rules of the game, the decision of the Official Referee shall be final.

III. RULES OF THE TOURNAMENT (INTER-REGU COMPETITION)

- A.** The tournament will be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.
- B.** Any unforeseen incidents not covered by the rules shall be dealt with as follows:
 1. Case of general nature shall be resolved in accordance with the Palarong Pambansa Board rules.
 2. Technical questions shall be referred to and resolved by technical committee.
 3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Technical Sub-Committee.

C. COMPOSITION OF A REGU

Each regu (team) shall be composed of three (3) players and two (2) reserve. Each match shall be decided on the best of three (3) sets.

D. MODE OF COMPETITION

1. The tournament manager shall prepare the rules of the tournament. The inter-regu/ best regu competition shall be played on a single elimination mode of competition. The best regu shall compete in a two out of three 2/3 sets competition.
2. Competitors are requested to report to the official referee and must be on the court and ready to play within five (5) minutes of the scheduled time of the match.
3. Five (5) minutes rest will be allowed at the end of the second set in the event of "one set all". The official referee at his discretion default the regu who fails to resume the third set after the five minutes rest expire.

E. ENTRIES

Entries of each region must be submitted according to the regulations imposed by the Organizing Committee of the Palarong Pambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period shall be given to each team. Non-appearance of the team after the grace period given will mean forfeiture of the game in favor of the opposing team.

F. THE START OF PLAY AND SERVICE

1. The side which serve first will serve first for three (3) consecutive services, following which the other side will also serve for the next three (3) consecutive services. Service will alternate thereafter every three (3) points regardless of which side wins a point.
2. At deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

G. SCORING SYSTEM

1. Each set is won by the side which scores twenty one (21) points with a minimum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occurred first).
3. When the score is tied at 20-20, the match referee will announce "setting up to 25 points".

H. PROTEST

1. Any protest must be lodged with the Chairman of the Jury of Appeal not later than one (1) hour after the conclusion of the match in question. Protest must be submitted to the Tournament Manager with the signature of the Coach and the Head of Delegation.
2. The Jury of Appeal shall meet and give its decision as soon as possible. The decision of the Jury of Appeal shall be final and conclusive.

I. WEARING OF UNIFORMS OR REGIONAL COLOR

1. Participating teams and coaches should wear the color of their respective regions assigned to them during their scheduled games.
2. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.

3. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 5.

J. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or his/ her team for any misconduct or disturbances committed by the official or team during the tournament whether inside or outside the court.

K. GENERAL

In the event of any question or any matter arising out of any point, which is not expressly provided in any rules of the game, the decision of the Official Referee shall be final.

L. AWARDS

Prizes shall be awarded in accordance with the PalarongPambansa Game Rules.

IV. RULES OF THE TOURNAMENT (TEAM COMPETITION)-SEPAK TAKRAW JR.

- A. The tournament shall be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.
- B. Any unforeseen incidents not covered by the rules shall be dealt with as follows:
 1. Case of general nature shall be resolved in accordance with the PalarongPambansa Games rules.
 2. Technical questions shall be referred to and resolved by the Technical Committee.
 3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.

C. MODE OF COMPETITION

1. The tournament manager shall prepare the rule of the tournament.
2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C, and D for the elimination. The Top two (2) teams in each group will advance to the crossover quarterfinals using the knock out system, the loser in the schedule first game will receive eight (8) placer and so on.
3. There will be quarterfinals, semi-finals and finals in this match. Winner in each group shall play with the first runner-up in the other group as follow:

Winner Group A vs. Runner-Up Group C
Winner Group B vs. Runner-Up Group D
Winner Group C vs. Runner-Up Group A
Winner Group D vs. Runner-Up Group B

4. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2) or more teams obtain and equal number of points after the elimination, the following rules shall be applied.
 - 4.1 In case of tie, win over the other shall be applied, where in the winner between the two (2) teams during their elimination game shall be declared winner.
 - 4.2 In case of triple tie, the score difference of the matches played by each of the team shall be decisive.

- 4.3 The score difference between the total score “for” and “against” shall be decisive.
- 4.4 If these alternative are all found to be the same, then a decision taken by the toss of the coin shall be decisive.

D. COMPOSITION OF THE TEAM

1. A team shall be comprise of three (3) players and two (2) reserve players. Each match shall be decided on a best of three (3) sets.
2. Under the new rule, a coach may register two (2) reserve players in each match. Each team is allowed to make two (2) substitution in each set, the player who has been substituted shall be allowed to re-enter in the same set.
3. Substitution of player is allowed on request of the official coach to the official referee when the ball is not in play.
4. Each team will be allowed to make substitution for injury provided a substitution has not been made earlier. If substitution has already made, the team will not be allowed to continue and will be considered as having lost.
5. Any team having less than three (3) players will not be allowed to continue the game and will be considered as having lost unless a penalty send off, the regu will continue with two (2) players without any substitution.

E. ENTRIES

Entries of each regions must be submitted according to the regulations imposed by the Organizing Committee of the Palarong Pambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period will be given to the team after the last or conclusion of the last match following their game schedule. Non-appearance of the team after the grace period given will mean forfeiture of the game in favor of the opposing team.

F. THE START OF PLAY AND SERVICE

1. The side which serve first will serve first for three (3) consecutive services, following which the other side will also serve for the next three (3) points regardless of which side wins a point.
2. A deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

G. SCORING SYSTEM

1. Each set is won by the side which scores twenty one (21) points with a maximum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occur first)
3. When the score is tied up 20-20, the match referee will announce “setting up to 25 points”.

H. WEARING OF UNIFORMS OR REGIONAL COLOR

1. Participating teams and coaches should wear the color of their respective regions assigned to them during their scheduled games.
2. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
3. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 5.

I. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or his/her team for any misconduct or disturbances committed by the official or team during a tournament whether in or outside the court.

J. GENERAL

In the event of any question or any matter arising out of any point, which is not expressly provided for in any rules of the game, the decision of the Official Referee shall be final.

V. RULES OF THE TOURNAMENT (DOUBLE TAKRAW)-SEPAK TAKRAW JR.

A. GENERAL

1. The tournament shall be played in accordance with the rules of the International SepakTakraw Federation (ISTAF) currently enforced.
2. Any unforeseen incidents not covered by these rules shall dealt with as follows:
 - 2.1 Cases of general nature shall be resolved in accordance with the general rules set forth by the PalraongPambansa Management.
 - 2.2 Technical questions shall be referred to and resolved by the technical committee.
 - 2.3 In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.
3. The DepEd Eligibility rules shall be strictly observed.
4. The Tournament Manager shall manage and take charge of the proper conduct of the games and shall have final decision in all disputes and problems arising from the tournament upon consultation with the Technical Committee.
5. Only the official coach will be allowed to coach his/ her team during the games.
6. Official coach must observed proper decorum. Violation of any of these rules will mean forfeiture of the rights of a coach or manager of his / her team.
7. These Double Takraw Elementary ground rules and regulation will form part of the Palarong Pambansa meet until such time it was revoked or amended by the Palaro Management.
8. Only the coach and his/ her players will be allowed to stay in the area provided for them by the Tournament Management.

B. MODE OF COMPETITION

1. The Double Takraw will be played in a knockout system.
2. The participating team must be on the playing venue at least fifteen (15) minutes before the schedule of games. Rule of succession shall be applied.

C. THE START OF PLAY AND SERVICE

1. The side which serve first will serve first for three (3) consecutive services, following which the other side will also serve for the next three (3) consecutive service. Service will alternate thereafter every three (3) points regardless of which side wins a point.
2. At deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

D. REGISTRATION OF PLAYERS

Each participating region is entitled to register Four (4) players for the double takraw.

E. WEARING OF UNIFORMS OR REGIONAL COLOR

1. Participating teams and coaches should wear the color of their respective regions assigned to them during their scheduled games. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
2. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 4.

F. WALKOVER

Any team which has failed to play against the opponent team because of default or walkover, the game shall be forfeited in favor of the opponent team.

G. PROTEST

1. Any protest shall be submitted in writing and shall be accompanied by affidavit, witness and or evidences thereof to be entertained by the management duly signed by the team coach and the Head of Delegation.
2. Protest must be submitted within one (1) hour after the game.
3. Protest shall be resolved judiciously by the Technical Committee headed by the Tournament Manager.

H. UNFORSEEN EVENTS

The decision of the official referee on any question of the Law of the game of Double Takraw during the tournament shall be final. All matter not provided for in these Rules shall be dealt with the Technical Committee.

VI. RULES OF THE TOURNAMENT - SEPAK TAKRAW GIRLS (Demonstration Sport)

A. DATE AND VENUE

The Palarong Pambansa **Sepak Takraw Girls** (Demonstration Sport) competition shall be held on **May 4 – 10, 2014** at the **Sta. Clara Sur Covered Court in Pila, Laguna**.

B. RULES OF THE TOURNAMENT (INTER-REGU COMPETITION)

1. The tournament shall be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.
2. Any unforeseen incidents not covered by the rules shall be dealt with as follows:
 - 2.1 Case of general nature shall be resolved in accordance with the Palarong Pambansa Games rules.
 - 2.2 Technical questions shall be referred to and resolved by the Technical Committee.
 - 2.3 In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.

C. MODE OF COMPETITION

1. The tournament manager shall prepare the rule of the tournament.
2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C, and D for the elimination. The Top two (2) teams in each group will

advance to the crossover quarterfinals using the knock out system, the loser in the schedule first game will receive eight (8) placer and so on. (If the number of teams reaches twelve (12) or more).

3. There will be quarterfinals, semi-finals and finals in this match. Winner in each group shall play with the first runner-up in the other group as follow:

Winner Group A vs. Runner-Up Group C
Winner Group B vs. Runner-Up Group D
Winner Group C vs. Runner-Up Group A
Winner Group D vs. Runner-Up Group B

4. If the number of teams is only ten (10) and below there shall only be two (2) groups, Group A and Group B and only semi-finals and finals shall be competed upon after the elimination, Where:

Winner Group A vs. Runner-Up Group B.
Winner Goup- B vs. Runner-Up Group A

5. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2) or more teams obtain and equal number of points after the elimination, the following rules shall be applied.

- 5.1 In case of tie, win over the other shall be applied, where in the winner between the two (2) teams during their elimination game shall be declared winner.
- 5.2 In case of triple tie, the score difference of the matches played by each of the team shall be decisive.
- 5.3 The score difference between the total score "for" and "against" shall be decisive.
- 5.4 If these alternative are all found to be the same, them a decision taken by the toss of the coin shall be decisive.

D. COMPOSITION OF THE TEAM

1. A team shall be comprise of three (3) players and two (2) reserve players. Each match shall be decided on a best of three (3) sets.
2. Under the new rule, a coach may register two (2) reserve players in each match. Each team is allowed to make two (2) substitution in each set, the player who has been substituted shall be allowed to re-enter in the same set.
3. Substitution of player is allowed on request of the official coach to the official referee when the ball is not in play.
4. Each team will be allowed to make substitution for injury provided a substitution has not been made earlier. If substitution has already made, the team will not be allowed to continue and will be considered as having lost.
5. Any team having less than three (3) players will not be allowed to continue the game and will be considered as having lost unless a penalty send off, the regu will continue with two (2) players without any substitution.

E. ENTRIES

Entries of each regions must be submitted according to the regulations imposed by the Organizing Committee of the Palarong Pambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period will be given to the team after the last the conclusion of the last match following their game schedule. Non-appearance of the

team after the grace period given will mean forfeiture of the game in favor of the opposing team.

F. THE START OF PLAY AND SERVICE

1. The side which serve first will serve first for three (3) consecutive services, following which the other side will also serve for the next three (3) points regardless of which side wins a point.
2. A deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

G. SCORING SYSTEM

1. Each set is won by the side which scores twenty one (21) points with a maximum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occur first)
3. When the score is tied a 20-20, the match referee will announce "setting up to 25 points".

H. WEARING OF UNIFORMS OR REGIONAL COLOR

- A. Participating teams should wear the color of their respective regions assigned to them during their schedule games.
- B. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
- C. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 5.

I. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or his/her team for any misconduct or disturbances committed by the official or team during a tournament whether in or outside the court.

J. GENERAL

In the event of any question or any matter arising out of any point, which is not expressly provided for in any rules of the game, the decision of the Official Referee shall be final.

VII. GROUND RULES IN DOUBLE TAKRAW – SEPAK TAKRAW GIRLS

A. GENERAL

1. The tournament shall be played in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.
2. Any unforeseen incidents not covered by these rules shall dealt with as follows:
 - 2.1 Cases of general nature shall be resolved in accordance with the general rules set forth by the Palarong Pambansa Management.
 - 2.2 Technical questions shall be referred to and resolved by the technical committee
 - 2.3 In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.
3. The DepEd Eligibility rules shall be strictly observed.

4. The Tournament Manager shall manage and take charge of the proper conduct of the games and shall have final decision in all disputes and problems arising from the tournament upon consultation with the Technical Committee.
5. Only the official coach will be allowed to coach his/ her team during the games.
6. Official coach must observed proper decorum. Violation of any of these rules will mean forfeiture of the rights of a coach or manager of his / her team.
7. These Double Takraw Elementary ground rules and regulation will form part of the Palarong Pambansa meet until such time it was revoked or amended by the Palaro Management.
8. Only the coach and his/ her players will be allowed to stay in the area provided for them by the Tournament Management.

B. MODE OF COMPETITION

1. The Double Takraw will be played in a knockout system.
2. The participating team must be on the playing venue at least fifteen (15) minutes before the schedule of games. Rule of succession shall be applied.

C. THE START OF PLAY AND SERVICE

1. The side which serve first will serve first for three (3) consecutives services, following which the other side will also serve for the next three (3) consecutive service. Service will alternate thereafter every three (3) points regardless of which side wins a point.
2. At deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

D. REGISTRATION OF PLAYERS

Each participating region is entitled to register Four (4) players for the double takraw.

E. WEARING OF UNIFORMS OR REGIONAL COLOR

1. Participating teams should wear the color of their respective regions assigned to them during their schedule games.
2. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
3. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 4.

F. WALKOVER

Any team which has failed to play against the opponent team because of default Or walkover, the game shall be forfeited in favor of the opponent team.

G. PROTEST

1. All protest shall be submitted in writing and shall be accompanied by affidavit, witness and or evidences thereof to be entertained by the management duly signed by the team coach and the Head of Delegation.
2. Protest must be submitted within one (1) hour after the game.
3. Protest shall be resolved judiciously by the Technical Committee headed by the Tournament Manager.

H. UNFORSEEN EVENTS

The decision of the official referee on any question of the Law of the game of Double Takraw during the tournament shall be final. All matter not provided for in these Rules shall be dealt with the Technical Committee.

SOFTBALL

A. NAME OF COMPETITION

The Biggest sporting event in the country shall be known as PALARONG PAMBANSA 2014 . It will be organized by the Department of Education. It will serve as the culminating activity for the P.E. Program and aims to discover potential athletes.

B. DATE AND VENUE

The tournament will be held from May 4-10, 2014 which will be hosted by the Province of Laguna.

C. ELIGIBILITY OF PLAYERS

The sole judge of a participant's eligibility totally lays within the judgment of screening committee regarding eligibility of student-athletes must be address to the screening committee.

D. RULES THAT WILL GOVERN THE TOURNAMENT- The rules and regulation that will govern the tournament will be the 2010-2013 International Softball Federation (ISF) Rule Book. With some modification stated in this ground rules.

E. The game of softball for both elementary and secondary should be played for:

1. Seven (7) innings for the elimination round up to the championship games with the application of the ISF 2010-2013 Runs Ahead Rule.
- (Mercy Rule). A run ahead "Mercy Rule" shall be used in the tournament: 15 Runs after the 3 innings, 10 after the 4 innings and 7 after 5 innings.
2. The tie breaker rule will be applied after the seventh (7) innings games.

F. RULE OF IMMEDIATE SUCCESSION SHALL BE OBSERVED. Only the first game in the morning and afternoon shall be given fixed time. Games that follows shall start shortly after the end of the preceding game.

G. DEFAULT- all teams shall be given fifteen (15) minutes grace period before being declared in-default.

H. COMPOSITION OF TEAM- Each participating team shall consist of 12 players, 1 head coach, chaperon/assistant coach. All of which shall be allowed to direct and coach the players during the progress of the game but only the head coach will be given the sole authority to represent the teams during appeals or discussion. They must also submit necessary documents required by the screening committee

1. 1st Offense- Warning
2. 2nd Offense- Ejection of the Pitcher from the Pitching Position.
3. 3rd offense- forfeiture of the game in favor of the opponent.

Note: Only the official coach and chaperon/assistant coaches may act as base coaches. Player will not be allowed to act as base coaches due to safety reason. Coaches should be wearing the same uniform as the players or same uniform as the other coaches.

- I. MANDATORY PLAY RULE** shall be applied in this tournament. All players must be given the opportunity to play every game scheduled for the team. Minimum of one at bat and 3 defensive outs is required each player. Failure of the team to comply with rule shall be penalized with forfeiture of the game in favor of the opposing team if proven. The score sheet shall be the official basis of this rule. (shorten games or mercy games are included.)
- J. BORROWING/ EXCHANGING OF UNIFORM** shall NOT be allowed. Anybody caught using another's number during the progress of the game shall be put out and be ejected from the game.
- K. CONFERENCES**
- 1. DEFENSIVE CHARGE CONFERENCE-** three (3) calls to confer in the whole duration of the game which the coach may opted to use in an inning.
Penalty: Removal of the pitcher from the pitching position.
 - 2. OFFENSIVE CHARGE CONFERENCE-** only one (1) call to confer in every inning shall be allowed.
Penalty: Ejection of the coach or the players who insisted the conference.
- L. 2010-2013 pitching rules** will be enforced. Jump Pitch is legal.
- M. Pitcher Hitting batters by a pitch ball:**
1. If the pitcher hits three (3) batters in an inning, she shall be removed from the pitching position but may still play in other position.
 2. If the pitcher hits five (5) batters during the game, shall be removed from the pitching position but may still play in other position.
 3. If a pitcher upon the judgment of the umpire deliberately hit the batter by a pitch ball, the pitcher will be ejected from the pitching position and in the game with an additional penalty of 1 game suspension for the unsportsmanlike conduct.
- N. PITCHING LIMIT** – maximum of 4 innings in a game will be allowed for every pitcher. No pitcher shall be allowed to pitch more than the number of innings stated in this rule. The objective of this rule is to protect the pitchers from long term injury caused by overused of the pitching arm. The plate umpire will immediately notify the coaches and the pitcher will be automatically remover from the pitching position. She can still participate in the game to any position desire by the coach except the pitching position. Coaches who will insist against this rule during the game will be ejected.
- O. INTENTIONAL WALK-** If the pitcher desires to walk a batter intentionally it is sufficient to notify the plate umpire of the intent so as not to go through the motion of pitching. In this case, the ball is dead and runners cannot advance unless forced.
- P. WARM-UP PITCHES-** in the first inning or when the pitcher relieves another, to deliver not more than 5 warm up pitches. In each subsequent innings, pitchers will be given 3 warm up pitches.

- Q. BATS-** only the ISF/ASA certified bats shall be allowed. Playing venues will be provided with ISF/ASA certified Bats that can be used by the participating teams.
- R. Helmets** are mandatory on offense for batters, on deck batters, batter runners and , runners. It is advised that teams used the Face Mask with a built in face guard. **DELIBERATE REMOVAL OF THE BATTING HELMET** of any runner during a live ball play shall cause the violator to be declared out immediately. The ball remains alive.
- S.** Warm up catchers must wear proper gear or at least the Catcher's mask. No coach shall be allowed to warm up the pitcher during the game without proper gear.
- T. THE SAFETY BASE** or the **DOUBLE BAG SYSTEM AT FIRST-** The safety base or the double bag system shall be introduced in the tournament as part of the ISF initiative to prevent possible injuries due to collision at first base. The coaches shall be briefed regarding this during the Solidarity Meeting.
- U. RESOLUTION OF TIES-**
1. Two way ties- win over the other- same group.
 2. Tree way tie- refer to the rule book (Article 8.02 a, b, c and d)
- V. DISPUTED CALL-** when a coach or a player of either team questioned the judgment of the umpire:
1. A warning shall be given for the first offense.
 2. Shall be ejected from the game on the second offense with an additional one game suspension on the next scheduled game as penalty.
- W. APPEAL-** the proper way of making appeal shall be observed. Shouting at the umpire shall NOT be allowed.
1. Warning shall be given for the first shouting offense.
 2. Ejection from the game for the second shouting offense.
- X. PROTEST-** All protest must be settled on the on the playing field. No protest will be considered after the completion of the game or on the judgment call.
- Y. TEAM PRACTICE-** teams scheduled to play will be given five minutes practice on the diamond before the game.
- Z. BATTING LINE UP-** must be submitted at least 30 minutes before the scheduled time.

SWIMMING

I. COMPETITION RULES

- A. International Swimming Rules of the Federation Internationale de Natation (FINA) will be applied. Ground rules which have been agreed upon shall be implemented.
- B. In matters not provided for, decisions shall rest with the Technical and/or the Organizing Committee.
- C. One start rule.

- D. Competition will be in Heats and Finals format. Heats will start at 8:30 A.M. and finals will start at 3:30 P.M.
- E. Each swimmer is allowed to swim five (5) individual events and two (2) relay events. However, a swimmer may only participate in three (3) events per day, inclusive of relay events.
- F. Each delegation is allowed to enter two (2) swimmers per individual event and one (1) relay team in the relay events.
- G. A swimmer who fails to swim an event will not be allowed to swim his succeeding events for that session unless for medical reason, that swimmer submits a medical report from the Palarong Pambansa Official Medical Physician.
- H. 400 Meter Freestyle for Elementary and 800 Meter Freestyle for Secondary will be in Timed Finals format with the exception of the last heat to be held during the Final Round.
- I. Only athletes, coaches and Delegation Officials with official identification tags will be allowed at areas designated for delegates.

II. RELAY ENTRY

- A. Relay team entries and names of swimmers in order of swim (including two (2) alternates for Freestyle Relay and four (4) alternates for the Medley Relay) must be submitted in the master list of entries.
- B. Indicate order of swim by numbering swimmers (1-6) in the official entry form. Swimmers must swim in the order in which they are to swim.
- C. Relay swimmers participating in the heats will be the same swimmers that will participate in the finals. Order list of swimmers may be changed 30 minutes before the start of each session.

III. SWIMWEAR

- A. The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.
- B. All swimsuits shall be non transparent.
- C. The competitor must wear swimsuit in one or two pieces. For men, the swimsuit shall not extend above the navel nor below the knee and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuit shall be made from textile materials. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit.
- D. The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this Rule.
- E. Composition/other items: Men's swimsuits are in one piece. Subject to decency rule and observance of limitation in surface covered, Women's swimsuits may be in one or two pieces. Other items covering the body and not part of the swimsuit are prohibited.

IV. PROTEST

- A. Protests are possible

1. if the rules and regulations for the conduct of the competition are not observed,
2. if other conditions endanger the competitions and/or competitors, or
3. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

B. Protest must be submitted

1. To the referee
2. In writing
3. By the responsible Team Leader / Coach only
4. Together with a deposit of 100 Swiss Francs or its equivalent
5. Within 30 minutes following the conclusion of the respective event

V. TIMING

- A. In the case of an electronic timing systems malfunction, official manual time of a swimmer shall be determined as follows:
- B. If in the case that the time of the first swimmer is greater than the time of the second swimmer, average time of swimmers involved shall be the official time of both swimmers.
- C. Official placing will be decided by the referee based on facts and a referee's decision (RD) will be indicated at the official results.

VI. WITHDRAWAL

- A. A competitor or team not wishing to take part in the final round in which qualification was earned shall withdraw within thirty (30) minutes following the preliminaries of the event in which the qualification took place.
- B. Any competitor who withdraws from the heats / preliminary rounds thirty (30) minutes after the preliminaries of the event in which qualification was earned, shall pay without excuse to the Management Committee the sum of one thousand pesos (P 1,000.00); in case of a relay, the sum shall be two thousand pesos (2,000.00).

VII. TEAM COMPOSITION

- A. Number of swimmers per delegation will be as follows:
Elementary – 10 Male and 10 Female
Secondary – 10 Male and 10 Female

VIII. SUBMISSION OF ENTRIES

- A. All entries must be on official entry forms.
- B. Submission of entries must indicate the latest best time of each swimmer in each event for seeding purposes and lane assignments.
- C. Deadline for the submission of entries will be at 6:00 P.M. following the conclusion of the Coaches' Meeting.

IX. Coaches and Team Managers' meeting will be held after the Solidarity Meeting.

TABLE TENNIS

I. EVENT

- A. Team Event
- B. Singles Event

II. ENTRIES

- A. Four (4) boys and four (4) girls- both in Elementary and Secondary levels.

III. TOURNAMENT FORMAT:

A. **TEAM EVENT:**

1. Corbillon Cup system (4 singles and 1 doubles)

First Match	-	1 st Singles	-	A	vs	X
Second Match	-	2 nd Singles	-	B	vs	Y
Third Match	-	DOUBLES	-			
*Fourth Match	-	1 st Reverse Single		A	vs	Y
*Fifth Match	-	2 nd Reverse Singles		B	vs	X

*if necessary

2. A team shall regularly consist of four (4) players.
3. A regular team should play four (4) players during the tournament **but a team can field three (3) players prior to the match in case a player is injured or is sick. Injury or sickness should be duly certified by a doctor and a certification should be presented prior to the next session.** The coach has the option to reshuffle his players in every match.
4. A player can only play a maximum of two individual matches per match.
5. The competition will be played in two stages.
6. The first stage will be played in a group league system (round-robin) using four brackets. The top four (4) seeds will automatically be separated in the brackets wherein the first seed goes to Group 1, the second seed to Group 2, the third seed to Group 3 and the fourth seed to Group 4. Only the top team per group will advance to the next stage.
7. The second stage will be played in a knock-out system with the following pairing: top team of Group 1 versus top team of Group 4 and top team of Group 2 versus top team of Group 3. The winning teams will play in the Championship round while the losing teams will be co- 3rd placers.
8. All matches shall be played in the best-of-five games from the first stage all the way to the finals.

B. SINGLES EVENT

- A. The coach has the sole discretion to choose two (2) best players in the team to be entered in the Singles event.
- B. . The first stage will be played in a group league system (round-robin) using four brackets. The top four (4) seeds will automatically be separated in the brackets wherein the first seed goes to Group 1, the second seed to Group 2, the third seed to Group 3 and the fourth seed to Group 4. Only the top team per group will advance to the next stage.
- D. The second stage will be played in a knock-out system with the following pairing: top team of Group 1 versus top team of Group 4 and top team of Group 2 versus top team of Group 3. The winning teams will play in the Championship round while the losing teams will be co- 3rd placers.
- E. **In case of simultaneous matches of players with the same coach, the delegation may appoint a fellow coach from other category and level to fill in.**
- F. All singles matches will be played in the best-of-five games including the finals.

IV. RANKING:

The result of the Palarong Pambansa 2013 for all levels and genders shall be the basis in the ranking and seeding of teams and singles' players.

V. TOURNAMENT SESSION:

Venue: _____

Date of Competition: May 6-9, 2014

Time: Morning - 8:00AM - 11:45PM Last call
Afternoon - 1:00PM - 6:45PM Last call

GRACE PERIOD IS 5 MINUTES AFTER THE OFFICIAL MATCH CALL. AFTER THIS PERIOD THE MATCH WILL BE CONSIDERED AS A WALK-OVER OR DEFAULT.

VI. CALL AREA:

A Call Area will be set up for this year's Palarong Pambansa. The purpose of the Call Area is to minimize the inspection and checking made by the match umpire in the playing court and to solve issues or problems, if any, before entering the playing court thereby assuring that the match will be played on time and without delay. All teams and players are required to report at the Call Area before their match; 40 minutes for the Team event and 20 minutes for the Singles event.

- A. The things to conduct in the Call Area are the following:
- Conduct the draw for the team match
 - Check the players' identification
 - Check the teams/players' clothing
 - Racket inspection

VII. CLOTHING/UNIFORMS OF ATHLETES AND COACHES:

A. Every team shall be required to wear their designated Regional uniform as provided including the coaches for proper identification or a shirt similar to their respective color in succeeding games.

B. The rules on playing clothing in the ITTF Handbook shall take effect.

VIII. The International Table Tennis Federation (ITTF) rules and regulations shall govern the conduct of the competition unless modified and superseded by ground rules agreed upon by all coaches and technical officials during the solidarity meeting.

IX. Other unforeseen occurrence which is not covered by the ITTF rules shall be dealt upon by the TECHNICAL MANAGEMENT COMMITTEE whose decision shall be final.

X. APPEALS:

Appeals must be submitted to the Tournament Manager/Referee in writing within thirty (30) minutes after the fixture, duly signed by constituted delegation authorities, and shall be dealt with in accordance with the ITTF Rules.

TAEKWONDO

I. KYORUGI (Sparring) EVENT

A. CATEGORIES FOR ELEMENTARY BOYS AND GIRLS :

1. ELEMENTARY BOYS and ELEMENTARY GIRLS

	<u>Height</u>	<u>Birthdate</u>
Group 1	120 cm. to 128 cm.	On or after January 1, 2002
Group 2	Over 128 cm. to 136 cm.	On or after January 1, 2002
Group 3	Over 136 cm. to 144 cm.	On or after January 1, 2001
Group 4	Over 144 cm. to 152 cm.	On or after January 1, 2001
Group 5	Over 152 cm. to 160 cm.	On or after January 1, 2001
Group 6	Over 160 cm. to 168 cm.	On or after January 1, 2001

B. CATEGORIES FOR SECONDARY BOYS AND GIRLS

1. SECONDARY BOYS

Finweight	Not exceeding 45 kg.
Flyweight	Over 45 kg. & not exceeding 48 kg.
Bantamweight	Over 48 kg. & not exceeding 51 kg.
Featherweight	Over 51 kg. & not exceeding 55 kg.
Lightweight	Over 55 kg. & not exceeding 59 kg.
Welterweight	Over 59 kg. & not exceeding 63 kg.
Light Middleweight	Over 63 kg & not exceeding 68 kg (to be played on 2015 palaro)
Middleweight	Over 68 kg & not exceeding 73 kg (to be played on 2015 palaro)

Light Heavy weight	Over 73 kg & not exceeding 78 kg (to be played on 2015 palaro)
Heavyweight	Over 78 kg (to be played on 2015 palaro)

2. SECONDARY GIRLS

Finweight	Not exceeding 42 kg.
Flyweight	Over 42 kg.& not exceeding 44 kg.
Bantamweight	Over 44 kg.& not exceeding 46 kg.
Featherweight	Over 46 kg.& not exceeding 49 kg.
Lightweight	Over 49 kg.& not exceeding 52 kg.
Welterweight	Over 52 kg.& not exceeding 55 kg.
Light Middleweight	Over 55kg & not exceeding 59 kg (to be played on 2015 palaro)
Middleweight	Over 59 kg & not exceeding 63 kg (to be played on 2015 palaro)
Light Heavy weight	Over 63 kg & not exceeding 68 kg (to be played on 2015 palaro)
Heavyweight	Over 68 kg (to be played on 2015 palaro)

C. KYORUGI COMPETITION GROUND RULES:

1. **Method of Competition:**The competition shall be individual, single elimination.
2. **No of Competitors:**Each delegation may field only one competitor in each of the categories.
3. **Length of Matches:**Matches shall be 2 rounds of 2 minutes per round with 1 minute rest between rounds.
4. **Weigh-In:**Weigh-in shall be conducted two days prior to the competition. A preliminary weigh-in shall be allowed before the official and final weigh-in.
5. **Coaches:**Only one coach per player shall be allowed in the coach's chair during the matches.
6. **Competition Codes of Conduct:** The Taekwondo Competition Codes of Conduct shall be strictly enforced.
7. **Competition Rules:** For all other matters not provided for in these ground rules, the current WTF Kyorugi Competition Rules and Interpretation and the Palarong Pambansa guidelines shall apply.
8. **Competition Uniform:** Competitors shall wear the prescribed Taekwondo V-neck uniform (dobuk) during the competition.

NOTE: Use of the "**PHILIPPINES**" print on the uniform is reserved for members of the National Taekwondo Team and for those who have represented the country in international competitions. Otherwise, such usage is strictly prohibited.

9. **Competition Equipment:** Only brands approved by the PTA and/or WTF shall be approved for use. The contestants shall wear complete protectors during the match (head protector, body protector, arm & shin guards, groin guard, hand gloves, and mouth guard)).
10. **Mouth Guard:** The use of the mouth guard shall be required. **For the children's division**, the mouth guard shall be required for heights of 128 cm.(Group 2) and taller.

11. **Coaches' Attire:** Coaches shall wear the proper attire during the competition. Shorts and slippers are not allowed.

D. AWARDS FOR THE KYORUGI EVENT:

1. Winning contestants in the Individual Kyorugi categories shall be awarded the following medals:

First Place	-	Gold Medal
Second Place	-	Silver Medal
2 Third Place	-	Bronze Medal

II. POOMSAE (Forms) EVENT

Contestants in the Poomsae (Forms) Event shall be taken from the contestants in the Kyorugi (Sparring) Event.

A. CATEGORIES FOR ELEMENTARY BOYS AND GIRLS

1. INDIVIDUAL POOMSAE EVENT

- 1.1 Elementary Boys Group A- one contestant selected from Group 1 to Group 3 of the sparring competition.
- 1.2 Elementary Boys Group B- one contestant selected from Group 4 to Group 6 of the sparring competition.
- 1.3 Elementary Girls Group A- one contestant selected from Group 1 to Group 3 of the sparring competition.
- 1.4 Elementary Girls Group B- one contestant selected from Group 4 to Group 6 of the sparring competition.

2. TEAM POOMSAE EVENT

- 2.1 Elementary Boys Team- composed of 3 contestants selected from Group 1 to Group 6 of the sparring competition.
- 2.2 Elementary Girls Team- composed of 3 contestants selected from Group 1 to Group 6 of the sparring competition.

B. CATEGORIES FOR SECONDARY BOYS AND GIRLS

1. INDIVIDUAL POOMSAE EVENT

- 1.1 Secondary Boys Group A- one contestant selected from Finweight to Bantamweight of the sparring competition.
- 1.2 Secondary Boys Group B - one contestant selected from Featherweight to Welterweight of the sparring competition.
- 1.3 Secondary Girls Group A- one contestant selected from Finweight to Bantamweight of the sparring competition.
- 1.4 Secondary Girls Group B - one contestant selected from Featherweight to Welterweight of the sparring competition.

2. TEAM POOMSAE EVENT

1.1 Secondary Boys Team- composed of 3 players selected from Finweight to Welterweight of the sparring competition.

1.2 Secondary Girls Team- composed of 3 players selected from Finweight to Welterweight of the sparring competition.

C. TABLE OF REQUIRED POOMSAE TO BE PERFORMED PER CATEGORY

CATEGORY	ELIMINATIONS	SEMI-FINALS TO FINALS
Elementary Boys& Girls Individual & Team	Taegeuk 4,5,6	Taegeuk 7, 8, Koryo, Keumgang
Secondary Boys& Girls Individual & Team	Taegeuk 4,5,6,7	Taegeuk8, Koryo, Keumgang, Taebeak

D. POOMSAE COMPETITION GROUND RULES

1. Method of Competition:

The cut-off system shall be applied in this competition. It shall comprise of the following stages:

1.1 Eliminations:

Contestants shall perform two of the compulsory poomsae for the elimination round chosen in the Drawing of Lots and 8 contestants shall be selected for the semi-final round based on their point rankings.

1.2 Semi-final:

Contestants shall perform two the required poomsae for the semi-final round and 4 contestants shall be selected for the final round based on their point rankings.

1.3 Final:

Contestants shall perform the two required poomsae not selected in the semi-final round and they shall be awarded based on their point rankings.

2. Duration of Contest:

The time limit for the performance of the required Poomsae in all events (Individual and Team) shall be 1 minute and 30 seconds

3. Competition Codes of Conduct:

The PTA Competition Codes of Conduct shall be strictly enforced.

4. Uniform:

The contestant shall use only the approved Taekwondo uniform (dobuk) with the PTA or WTF approved seal or the approved Taekwondo Poomsae Uniform.

5. Competition Rules:

For all other matters not provided in these competition ground rules, the current WTF Poomsae Competition Rules & Interpretation and the Palarong Pambansa Guidelines shall apply.

E. AWARDS FOR THE POOMSAE EVENT

A. Individual Poomsae:

Winning contestants in the Individual Poomsae categories shall be awarded the following medals and points:

First Place	-	Gold Medal	(7 points)
Second Place	-	Silver Medal	(5 points)
Third Place	-	Bronze Medal	(4 points)
Fourth Place	-	NA	(3 points)
Fifth Place	-	NA	(2 points)
Sixth Place	-	NA	(1 points)

B. Team Poomsae:

Winning contestants in the Team Poomsae categories shall be awarded the following medals and points:

First Place	-	Gold Medal	(10 points)
Second Place	-	Silver Medal	(8 points)
Third Place	-	Bronze Medal	(6 points)
Fourth Place	-	NA	(3 points)
Fifth Place	-	NA	(2 points)
Sixth Place	-	NA	(1 points)

TENNIS

I. TOURNAMENT FORMAT

- A. Singles Competition, Doubles Competition and Team Competition shall constitute the tennis Tournament.
- B. Single Elimination format shall be implemented in Singles, Doubles and Team Competition.
- C. Two Singles matches and a Doubles match shall compose the Team Competition. In case the result was distributed among competing teams a Singles shall be played to decide the winner of the Tie. (SINGLES - DOUBLES - DECIDING SINGLES).
- D. Seedings in Singles, Doubles and Team Competition shall be based on the result of the last Palarong Pambansa administered by DepEd. Drawing of lots shall do the pairing of players/Teams.
- E. All matches shall be played in 8 Game Pro Set. Which means a player or team who scores eight(8) games win the set and match, provided he wins by a majority of two(2) games. If a set score is tied at 8-8 all, it shall be decided by a 7 point Tiebreak Game. During Tiebreak Game a player or team who scores seven (7) points wins the Tiebreak Game and Match provided he wins by a majority of two (2) points.

II. NUMBER OF ENTRIES

- A. Each Team must have a maximum of four (4) players.
- B. Each Region is entitled to two (2) entries in Singles Competition (singlesA & B), and one (1) entry in Doubles Competition and one (1) entry in Team Competition (Single-Doubles- Deciding Singles).
- C. In Individual Competition (Singles & Doubles) "fixed" entries shall prevail, which means entries in Singles are not allowed to play in Doubles-vice versa. Entries in Bracket A are not allowed to play in Bracket B- vice versa.
- D. In Team Competition "blind" entries shall prevail, which means every time a match or tie was scheduled the Team Captain shall be provided with an entry form and his players are allowed to play in any one (1) of Singles A & B or in Doubles. (Mandatory Fielding of 4 Players)

III. SCHEDULE OF GAMES

A. All morning and afternoon matches shall be played based on availability of court, but not before the designated time. (Please see Daily Order of Play).

IV. COURT DISCIPLINE

A. In all Tennis matches infraction on the rules of behavior, unsportsmanlike conduct, ball and racket abuse shall be penalized. A three stage point penalty schedule shall be applied.

B. Conduct of Coaches before, during and after the match shall be exemplary. Improper behavior by the Coach/Team Captain and Players directed to meet officials are liable to disciplinary actions. It may be in form of game suspension, suspension from the rest of the tournament or as the case may be, it can be a lifetime suspension from any tournament administered by DepEd. In case of physical abuse or grave misconduct the Tournament Manager, Referee or the Chair Umpire has the right for immediate removal of coaches. Violations of the Regulations regarding the Coach/Captains' Behaviour (Team Competitions) shall be in accordance with the following:

First Offense - 1st Warning
Second Offense - 2nd Warning
Third Offense - Removal

V. UNFINISHED GAMES

A. In case of inclement weather or fortuitous event matches shall be postponed and must re-scheduled. In any case of postponement, standing score shall be carried in the resumption of games and occupancy of the court shall be followed. If so happen succeeding schedule of games shall be adjusted accordingly.

B. If there is no alternative venue and not enough time to accomplish the tournament, in consultation with the Chairman of the Technical Management and Games Administration Committee (TMGA) the following options shall be agreed upon by the Tournament Manager and Coaches involved:

1. One (1) Set, Straight Six (6), No Tiebreak Game, No-advantage Set
2. One (1) Set, Straight Four (4), No Tiebreak Game, No-advantage Set
3. Super Tiebreak, Ten (10) Points

4. If still, anyone of the options above are not sufficient "Shared Ranking" shall be followed to determine the over-all championship. The total points of the top six (6) teams shall be added and divided equally to all teams concerned.

V. PROTESTS

A. Protest on technicalities shall be in writing and be submitted to the Referee, signed by the Head of Delegation and Coach within one (1) hour after the conclusion of the game in protest.

VI. CODE OF CONDUCT

A. It shall be the responsibility of the coach and players to know his/her schedule of games.

B. Players who present themselves in acceptable tennis attire aside from the official color of teams shall be accepted.

C. Coaches and players must present their ID cards for proper identification before the games starts. Failure to do so may cause game forfeiture.

D. The chair Umpire is the official timer of the match. A player/team not ready to play within (15) minutes is liable for default.

- E. Players and coaches shall always conduct themselves in a manner which will reflect favourably upon the game of tennis and themselves as a true gentleman.

VII. COACHING

- A. In Team Competition (Singles-Doubles-Deciding Singles) coaching is allowed on designated areas of the court and may coach only during the ninety (90) seconds change ends.
- B. In Individual Competition (Singles & Doubles) coaching is not allowed. Coaching is considered to be any communication, advice of any kind audible or visible to a player.
- C. No Cheering/Heckling- Coaches shall not cheerlead. A simple "Good shot" or a polite clap is not considered as cheer leading.
- D. Coaches shall not in any way distract or annoy officiating officials and the opposing player.
- E. A Coach shall not initiate conversation and argue with the opposing players and officiating officials during the match.

VIII. CHANGES/MODIFICATIONS

- A. In consultation with the Chairman of Technical Management and Games Administration (TMGA), all Coaches and Officiating Officials shall be notified immediately and be required to affix their signature in conformity of any necessary amendments of the aforementioned Ground Rules

VOLLEYBALL

I. GENERAL RULES:

A. This volleyball competitions shall be held in accordance with the rules of International Volleyball Federation (FIVB) 2013-2016 Edition and as modified by and/or supplemented by the guidelines stated hereunder

B. In case of any dispute on the text, The English version of the latest FIVB Rules shall prevail.

C. Any unforeseen event not covered by the rules shall be dealt with as follows:

1. Cases of general nature shall be resolved in accordance with the guidelines of DepEd Palarong Pambansa
2. Technical question shall be resolved in accordance with the Technical Guidelines, rules & Regulations of Volleyball
3. Question on Eligibility shall be resolved in accordance with the screening and eligibility guidelines of DepEd Palaro.

II. SPECIFIC RULES:

A. PARTICIPANTS

The DepEd Palarong Pambansa Volleyball Championship shall be participated by the Elementary Boys & Girls and High School Boys & Girls team(s) to a total of seventeen Regions in each level.

B. ELIGIBILITY RULES:

The DepEd Palarong Pambansa eligibility rules shall be adopted in the elementary and secondary boys and girls teams.

C. ENTRIES AND TEAM INFORMATION:

Each region is entitled to send entries in two (2) divisions and two levels – the Elementary Boys & Girls and Secondary Boys and Girls divisions.

1. COMPOSITION OF A TEAM:

A team shall be composed of the following:

- 12 Players including one (1) or (2) LIBEROS
- 1 Head Coach
- 1 Asst. Coach/ Trainer
- 1 Chaperon in case of girl's team

A team may have three (3) or more team officials (the coach, the chaperon, trainer, and medical doctor) to be able to assist their team during the warm-up session, provided they are in the official list of their respective team. Only the twelve (12) players will be allowed to take warm-up in the court. As the game starts, the coach, and the chaperon as the case may be, will be the only team officials left on the player's bench.

D. SPORTS SOLIDARITY MEETING:

Coaches and team captains of all participating teams are obliged to attend Sports Solidarity meeting or the General Technical Meeting to be able to clarify rules to be applied/adopted. Failure to attend waives its right to file neither protest nor complaint against any matter discussed and agreed during the meeting. It is also in this meeting that the coach of each participating team must:

1. Submit their entries to the Volleyball Tournament Management to confirm officially its participation following the modified/simplified O-2 VIS Form with twelve (12) players including the LIBERO and three (3) or more officials – the Coach and the chaperon (in case of girl's team entry), trainer, and medical doctor.
2. Attend the "Preliminary inquiry" in the said meeting and submit for inspection the two (2) team captain's uniform and that of the LIBERO.
3. Participate in the "drawing a lot" which shall immediately follow after the briefing to be able to determine the teams to play on the 1st day.
4. Be furnished a copy of one half day schedule of games to be played on the first day. On the same day, all volleyball team coaches shall be furnished the whole schedule of games from the 1st to the last day of the DepEd Palaro.

E. HOW TO WIN A SET/MATCH

1. All games for the elementary boys and girls shall be played on a 2-out of-3 sets following the Rally Point System. A team which scores 25 points with a minimum lead of two (2) points wins a set. In case of a 24-24 tie, play is continued until a two-point lead is achieved i.e., 26-24; 27-25; etc. should there be 3rd or deciding set, the change sides of court shall be at score 13 and the

team which scores 25 points or with a minimum lead of two (2) points, wins a set.

2. All games for the Secondary boys and girls during the preliminary rounds shall be played on a 2-out-of-3 sets following the Rally Point System. A team which scores 25 points with a minimum lead of two (2) points, wins a set. In case of a 24-24 tie, play is continued until a two-point lead is achieved i.e., 26-24; 27-25; etc. Should there be 3rd or deciding set, the change sides of court shall be at score 13 and the team which scores 25 points or with a minimum lead of two (2) points, wins a set. In the Championship Match, games will be played on a 3-out-of-5 sets. Should there be fifth (5th) or deciding set, teams change sides of the court at score 8 and a team which scores 15 points or with a minimum lead of two (2) points, wins the set.

F. CONDUCT OF COMPETITION:

1. The First Referee shall not permit any discussion about his her decisions. Rule 23.2.4.
2. Referees accredited by DepED and officially endorsed by their respective regions will be tapped to officiate the volleyball games.
3. The Rule of Succession in scheduling games in all levels shall apply. Hence, teams shall be within the vicinity of the court forty five (45 min) to one hour ahead of their scheduled time of play. Fifteen minutes prior to the start of the match, the 1st and the 2nd referees will conduct the toss coin and game proceedings. Games shall start as scheduled.
4. Players, coaches, including identified team supporter, pointing dirty fingers, use of profane language or any derogatory remarks addressed to the officiating officials, shall be warned and repetition of the same offense warrants sanction. The team shall be sanctioned by loss of service or point against it if the spectator is identified to be the team supporter.
5. At the end of the match, team captains shall congratulate and shake hands with the Referees (a gesture of sportsmanship), sign the score sheet to ratify the result of the match. (Rules 5.1.3.1)
6. There shall be regular inspection of/checking of player's ID before the start of the game.

G. PARTICIPANT'S CONDUCT:

1. Participants must know the "official volleyball rules" and abide by them.
2. Participants must accept Referee's decision with sportsmanlike conduct, without disputing them;
3. Participants must refrain from actions or attitude aimed at influencing the decision of the referees or covering up the faults committed by their team.
4. Participants must behave respectfully and courteously in the spirit of fair play not only towards the referee but also towards the officials, the opponent, teammates and spectators. (Rule 20.2.1)

H. OFFICIAL VOLLEYBALL RULES, UNIFORM AND NET HEIGHT

1. The competition shall be played in accordance with the FIVB Rules 2013-2016 edition. All necessary interpretations will be made before the competition, i.e., during the General Technical Meeting of Coaches and Referees.
2. A team must officially register and declare one (1) or two (2) LIBEROS prior to

its first game or during the Technical Meeting.

3. **THE LIBERO:** The coach has the option to field in any of the LIBEROS. Replacement of Libero shall be unlimited amongst them. No way that the two liberos shall be fielded at the same time in the same set.
4. **PLAYING UNIFORM:** The playing uniform must be in conformity with the regional color and of the FIVB General Regulations. The player's number 1-18 registered on the O-2, this form must be the same number on the uniform and shall be the same number to be used by the player throughout the Palarong Pambansa game duration. The uniform of the LIBERO must be in contrast with team's color. (Rule: 4.3.1; 19.2). Number must be a minimum of 15cm in height on chest and a minimum of 20cm in height on the back, the stripe forming the number shall be 2cm in width. Team captain must have on his/her jersey a stripe of 8X2 cm underlining the number on the chest.
5. **COACHES AND TEAM OFFICIAL'S UNIFORM:** The officials on the player's bench must wear polo shirt or T-shirt with collar. Team officials who are in short pants and/or in slippers will not be allowed to participate during the warm-up. Teams without a registered team official before the start of their scheduled game will lose the game by default. "No Coach No Play rule shall apply. In case a team coach is thrown-out due to unsportsmanlike conduct, the chaperon may act as a coach upon request of the team captain. A "thrown-out" or "penalized coach" however still holds that responsibility to take care of his/her team after the game.

6. HEIGHT OF THE NET

Elementary Level:	Boys: 2.10 meters	Girls: 2.05 meters
Secondary Level:	Boys: 2.43 meters	Girls: 2.24 meters

I. MODE/FORMAT OF TOURNAMENT:

The 2012 Palarong Pambansa shall adopt the Single Round Robin, Cross-Over and Knock-out System of tournament in all levels/division, hence, there shall be grouping of teams:

A. GROUPING PROCEDURE

The seventeen (17) regions/teams shall be divided into four (4) groups, A,B,C, & D. Three (3) groups will have four (4) teams each and one group will have five (5) teams. It shall also draw lot to which group will it belong prior to the game. There groups must have at least one (1) team each from Luzon, Visayas, and Mindanao. Teams in each group shall play a single round robin and shall be ranked accordingly.

GROUP "A"	GROUP "B"	GROUP "C"	GROUP "D"
1 ST _____	2 ND _____	3 RD _____	4 TH _____
M _____	M _____	6 TH _____	5 TH _____
V/M/L _____	L/M _____	M/L _____	V/L _____
L _____	L _____	V/L _____	M/L _____
		M/L _____	

Top two (2) teams in Group A&D will advance to the Quarter Finals and play on the crossover system. Respective winners will advance to the semi-

finals. Losers will play for consolation round (optional) on a cross over but knock-out game. Losers from the Semi-Finals will play for 3rd and 4th Places respectively the winners will play for the Championship (1st & 2nd Places.)

QUARTER FINALS (4 GAMES)

QF1 A1 _____ -vs- D2 _____
 QF2 A2 _____ -vs- D1 _____
 QF3 B1 _____ -vs- C2 _____
 QF4 B2 _____ -vs- C1 _____

SEMI-FINALS (2 Games)

Winner QF1 _____ -vs- Winner QF4 _____
 Winner QF2 _____ -vs- Winner QF3 _____

FINALS

Loser SF1 _____ -vs- Loser SF2 _____ 3rd and 4th
 Winner SF1 _____ -vs- Winner SF2 _____ 1st and 2nd

I. CLASSIFICATION OF TEAMS

Classification of Teams will be considered in the following orders:

- A. Number of Victories; The teams will be classified in descending order by the number of matches won.
- B. In The Case Of Equal Matches Won

The following points will be awarded per match to each team:

Match Won 2-0	3 points
Match Won 2-1	2 points
Match lost 1-2	1 point
Match lost 0-2	0 point
Match Forfeited	0 point (25-0;25-0)

C. In case of Equal Points

1. *Set Quotient*- In the case of equality in the number of matches won by two Or several teams, they will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost.
2. *Points Quotient*- If the tie persists as per the set quotient(2.10.3.1) the will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets.
3. If tie continues as per the points quotient (2.10.3.2) between two teams, the priority will be given to the team which won the last match between them. When the tie in point quotient is between three or more teams, a new classification of these teams in terms of 1, 2 and 3 will be made taking into consideration only matches in which they were opposed to each other.

J. AWARDS:

A. TROPHIES AND MEDALS:

Trophies and corresponding medals shall be awarded by the mythical six (6) and the winning coach of the champion team. The 4th placer shall also be awarded the Certificate as the ranked team from among the 17 regions participating. Other Participants shall also be awarded the Certificate of Participation by the DepEd as the Palarong Pambansa Organizer.

NOTE:

All Volleyball Players must wear their official uniform by region in receiving the medals, trophies and certificate of participation during the volleyball awarding and closing ceremonies which will follow immediately after the championship match. Failure to appear during the awarding and closing ceremonies forfeits their award.

III. MISCELLANEOUS PROVISIONS:

A. PROTEST/COMPLAINTS:

Protest on eligibility shall be addressed to the Screening/Eligibility Committee while protest on Technicality shall be addressed to the Technical Manager. Such protest must be submitted/presented in writing within 30 minutes period after the game in question duly signed by the team captain and coach accompanied with the proof or evidence. The burden of proof lies on the protester. Failure to submit it within 30 minute would mean non-interest on the part of the protesting party to pursue the case; hence, it shall be considered a nuisance protest. In which case, the team lodging such nuisance protest shall be given stern warning.

In case the protest is pursued and the concerned player has been found to be ineligible, the team fielding ineligible player shall be penalized by forfeiting all the games where the ineligible player has played in favor of the opponent without prejudice to punitive sanction such as suspension or disqualification from coaching.

B. CONDUCT DURING COMPETITION AND CORRESPONDING PENALTIES

1. PLAYER AND COACHES ATTITUDE DURING GAMES

Participants must refrain from actions or attitudes aimed at influencing the decision of the referees, otherwise, the player/team/coach shall be issued verbal warning. Repetition of the same offense warrants penalty.

2. UNDER THE INFLUENCE OF LIQUOR:

Any member of the team found to be under the influence of liquor or drugs shall not be allowed to sit on the bench.

3. SANCTIONS:

All forms of misconduct during competition shall be subject to sanction in accordance with the sanction with the sanction scale. (Rule 22.3.)

4. DEFAULT:

A team that does not appear fifteen (15) minutes after the scheduled time of their game shall be declared in default in favor of the opposing team.

5. DEFAULT/FORFEITURE/WALK-OUT:

A team that declare its game in default, voluntary forfeiture and/or walks-out before or during the match shall be given zero (0) point. Chances are, it might entail exclusion from the next qualifying/ ranking round. This rule applies from the preliminary up to the championship round. All matches previously played will be declared forfeited with score: 0-2: (0 25; 0-25 for two out of three sets and 0-25; 0-25; 0-25 for three out of five sets.)

6. 3-BALL SYSTEM

To avoid delay of games and to be able to finish the game within the prescribed period, three ball systems shall be applied. Teams are advised to tap the ball to the ball retriever's side.

C. *MEDICAL SERVICE/KIT*

It is recommended that all participating teams must provide themselves "Medical" team or a "Medical First Aid Kit".

IV. AWARDS (TROPHIES, MEDALS & CERTIFICATES)

Winners of the matches in respective category/division shall be awarded the following:

- | | | |
|---------------------------|---|---|
| Champion | - | 14 Gold Medals plus 14 pcs. Certificate of Achievement |
| 1 st Runner-up | - | 14 Silver Medals plus 14 pcs. Certificate of Achievement |
| 2 nd Runner-up | - | 14 Bronze Medals plus 14 pcs. Certificate of Achievement |
| 3 rd Runner-up | - | No Medal. Only 14 pcs. Certificate of Achievement for members |

Special Certificate; For members of the mythical six (6) per level/division

V. VICTORY CEREMONIES:

Victory ceremonies shall follow immediately after the conclusion of the tournament. Coaches of top three (3) teams must advise their players to be in full volleyball uniform particularly those who will be receiving their awards.

VI. PROTOCOL:

The Asian Volleyball Confederation (AVC) protocol shall be adapted during the preliminary rounds and the World Grand Prix (WGP) protocol during the championship matches. All teams and players must be within the vicinity of the volleyball court 45 minutes prior to their scheduled game. Fifteen minutes prior to the match, the First Referee and the Second Referee will conduct the toss coin and the other game proceedings. Games shall start as scheduled. At the end of the match, team captains, thanks the Referees, as a gesture of sportsmanship, and sign the score sheet to ratify the result of the match (Rule 5.1.3.1)

VII. PROLONG INTERRUPTIONS:

Interrupted matches, even if it exceeds the four hours and played in another venue, match shall continue with the same scores, players, and position. Interrupted set shall continue normally, with the scores of completed set/s kept as played.

VII. UNFORSEEN ITEMS

As regards the specific items not expressly foreseen in this regulation, the Technical Manager will decide in consultation with the General Rules and Guidelines contained in the FIVB and the Palarong Pambansa Rules and Regulations.

BASEBALL

(ELEMENTARY AND SECONDARY)

TOURNAMENT GUIDELINES AND GROUND RULES

The **OFFICIAL BASEBALL RULES** shall be followed in all the games. In addition, the following **Tournament Guidelines and Rules** will be adopted;

- I. Elementary / Secondary Baseball shall be played in **Five (5) innings** during the elimination, quarter finals, consolation, semifinal and **seven (7) innings** in the championship game (G38) only. Any team has the **option to concede**.
- II. The **10-Run Rule** shall be applied in all the games, except in the championship game (bottom of 3rd or any time after the 3rd as the case may be).
- III. There shall be **thirteen (13) persons** on the bench of each baseball team for the duration of the game, to wit, **twelve (12) players** and **one (1) coach**. **No trainer/assistant coach** shall be allowed to sit on the bench of each baseball team.

Note: Any violation of item #3 would mean the following;

 - a. First offense – **warning**
 - b. Second offense – **automatic removal of the pitcher from the mound** (for the defense only)
 - c. If the **persistently violates this item**, the game shall be **forfeited** in favor of the opposing team.
- IV. Only the **official coach and a designated player** from the official line-up of the team can direct play during the progress of the game. They should be the same uniform as the other members of the team (shorts/pants and sando are not allowed). Teams with athletes having more than one (1) set of uniforms must have **identical back numbers**. The back number should be from 1-12 only.
- V. The **LAW OF IMMEDIATE SUCCESSION SHALL BE OBSERVED**. Only the **first game in the morning** and the **first game in the afternoon** shall be given fixed scheduled time. Games that follow shall start immediately after the end of each preceding game. Inspection of each athletes' gallery must be done before the start of any game.
- VI. A **GRACE PERIOD of fifteen (15) minutes**, base from the time the preceding game has ended shall be observed in declaring any game(s) as forfeited or default. Coaches are requested to submit their contact number(s) to the management to facilitate information dissemination. It is likewise urged **to synchronized the 'TIME'** to ensure punctuality and promptness.
- VII. In Elementary Baseball, a **MANDATORY REST PERIOD OF 24 HOURS** shall be imposed **to pitchers who have pitched in FOUR (4) OR MORE INNINGS IN A GAME**. **In DOUBLE HEADERS, a MANDATORY ONE (1) GAME REST** shall be imposed.
- VIII. It is **MANDATORY** for all competing teams **to provide their respective teams with the**

necessary equipment such as;

Shin guards

Catcher's mask (preferably with helmet and throat protector)

Groin guard (for catchers, infielders and pitchers)

Catcher's body protector

IX. The rule on **NO RE-ENTRY** (Rule 3.03) shall be imposed.

X. There shall be **no Designated Hitter (DH)** in Elementary Baseball.

XI. **"MANDATORY PLAY ALL"**. ALL TWELVE (12) PLAYERS, ENTERED AS OFFICIAL MEMBERS OF THE TEAM MUST BE FIELDER EVERYTIME THE TEAM PLAY IN AN SCHEDULED GAME (THE THREE SUBSTITUTES/ALTERNATES MUST BE FIELDER FOR AT LEAST AN INNINGS, THREE (3) DEFENSIVE OUTS AND ONE (1) TIME AT BAT.

Note: In case an injury occur or a player is disqualified, where, all available substitutes were exhausted, the coach of the other team will be given the right to select from the "players on the bench" (but not a previously disqualified/ejected/thrown out player). A violation of this guideline/rule shall be an outright forfeiture of the game in favor of the opposing team.

In case of an **ABBREVIATED GAME**, the players in the official list who did not play game must be included in the starting line-up/first 9 players of the team in their next schedule game (immediate succeeding game). But as much as possible all players must be able to play within **FIVE (5)** innings of play

XII. If a Game is called due to **"FORCE MAJEURE SITUATION"**, it is a regulation game if three (3) innings have been completed (Elimination, Quarter Finals, Semi Finals, Battle for 3rd Place) and five (5) innings in the Championship Game only.

Note: In case the game has *progressed beyond 3rd or 5th inning but has not been completed*, the game shall be a **"Called Game"**. The winner shall **be the team that scored more runs in the last completed inning.**

XIII. In any case, when *the weather condition shall no longer permit/allow the tournament to be finished*, the following measures shall be adopted;

> If **7th Place** or higher rank has been established, the average of the summation of the championship points for each of the remaining places/ranks will be considered, hence, shared championship (co-champions) shall be declared.

XIV. Breaking Ties in the Elimination Rounds. All Ties in the elimination Round shall be settled as follows (in order).

a. Two-way Tie

Win Over the other. The Team that won the game(s) between teams tied shall be given the higher rank/position.

b. Triple Tie

> **Fewest runs** allowed in the game played between teams tied.

> **More runs scored** in the game played between teams tied.

> **Difference of the number of runs for and number of runs against** in all the games played by the teams tied.

(# of runs for - # of runs against)

> A **"Coin Flip"**

XV. In the event that a Coach is incapacitated, a substitute is allowed provided, the following documents will be submitted to the committee in charge (NSAC) before the start of the Team's next game.

- A. Notice of substitution from the head of delegation/PESH Chief
- B. Designation of the substitute coach from the Head of delegation/PESH Chief
- C. Medical Certificate issued by a government physician
- D. Certificate of employment/appointment (as a DepEd Employee)
- E. Personal Data Sheet.

Note: In case of emergency resulting to instant inability of a coach to perform his/her duty as such, the team captain shall assume leadership of the team during the remaining inning of the game.

XVI. Pitching distance will be FIFTY (50) feet, bases distance will be SEVENTY (70) feet.

XVII. ADDITIONAL GROUND RULES IN BASEBALL (ELEM. & SEC.)

- A. All scheduled games shall start at **7:00 AM**.
- B. The "Law of Immediate Succession" shall be observed with following conditions, to wit:
 - 1. Tentative time schedule will be 7, 9, 11 AM and 1 and 3 PM
Respectively
 - 2. If the first game become abbreviated, the second game should be started **not earlier than 8:30 AM**,
- 3. If in the umpires judgment the weather is so hot at 10 o'clock in the morning, game shall be suspended and started at 2 PM the same day.
 - C. Scheduled Teams shall enter the restricted area only when called and advice by the steward (an Umpire).
 - D. Spectators/Team followers are strictly prohibited to stay within any restricted area in the field.
 - E. Loitering and Littering are strictly prohibited in the field and immediate vicinities. Coaches are responsible in maintaining cleanliness and orderliness in their respective "DUGOUTS:/BENCH" during the game and before leaving.
 - F. A long hit that goes beyond established marker shall be a **homerun (HR)**.
 - G. If the ball bounce and roll inside a fair territory, it is a **live ball on play**.
 - H. If a ball bounces inside and over the established marker, it shall be a **two (2) base hit only**.
 - I. Long hit or thrown ball that goes up and down a slope inside a fair territory, **the ball is live and in play**.
 - J. The allowable measurements of the baseball bat are as follows:
 - K. Elementary – not greater than 32" long, a weight deduction of not more than – 12 and a maximum barrel of 2 1/4".\
 - 1. Secondary – not greater than 34" long, a weight deduction of not more than – 5 and a maximum barrel of 2 3/4".
 - L. A bat should not contain any additional part that provides a batter extra batting power.
 - M. The use of metal cleats is strictly prohibited.
 - N. Unnecessary apparel should not be worn by any official member of the team during the game.
 - O. On HPB, removal of the pitcher shall be imposed when:

1. If in the judgment of the umpire the hit was intentional even if it was only the first time that he hit the batter.
2. If for preventive measures the umpire may ask the coach to replace the pitcher in order to avoid any further untoward incident.
3. If the pitcher hits three (3) batters in an inning he shall be transferred to another position and shall only return in the succeeding innings. But if he hits Five (5) batters in a game he shall be removed from the game and shall return only to return in their next game

P. SPEED-UP RULE:

1. Teams are allowed to defensive conference in a inning.
2. Teams are allowed one offensive conference in an inning.
3. After the second conference the each subsequent trip to the mound shall caused the removal of the pitcher from the pitching position.

Note: Any violation of this rule, on the first offense, the coach will be warned while on the second offense, the coach will be ejected.

Q. Awarding dress-code:

All players and coaches are required to wear their official uniform when awarding of medals and special awards are made.

DEMONSTRATION SPORTS

WUSHU

I. DATE AND PLACE

The 2014 Palarong Pambansa Wushu Competition will be held from May 6 to May 10, 2014 at Cultural Center, Sta Cruz Laguna.

II. COMPETITION VENUE

Competition Venue: Cultural Center , Sta Cruz Laguna
 Billeting Venue: TBA

III. COMPETITION EVENTS

Group A – Who were born between January 1, 1999 to December 31, 2001

Age 13-15	Male :	42kg; 45kg;48kg;
	Female:	42kg; 45kg;

Group B – Who were born between January 01 1996 to December 31, 1998

Age 16-18	Male:	48kg; 45kg ; 56kg
	Female:	48kg; 52kg

IV. PARTICIPANTS:

Only Secondary School Student and pass the DepEd Screening procedure.

V. PARTICIPATION METHODS

- i. Health Certificate 30 days prior to the competition including EEG
 Electrocardiogram and ECG Electro-encephalogram. Pulse and Blood pressure.

- ii. Waiver of Liabilities
- iii. Each team may compose 1 team Leader, 1 Team Coach and 9 Athletes

VI. COMPETITION METHODS

- I. The Competition shall be individual competition
- II. The Knockout system will be adopted.
- III. Single round-robin will be adapted if number of competitors less than 4.
- IV. The Competition will be conducted in accordance with the Rules of International Wushu Federation (IWUF)
- V. Kicks to the head as well as successive/ continuous punches to the head are not permitted.
- VI. The Competition time 1 minute and 30 seconds with 1 minute interval for each round

VII. COSTUME AND EQUIPMENT:

- I. Competitors shall wear costume and protective gears in compliance with the “Rules for International Sanda Competition”
- II. Two (2) sets of costumes; 1-red and 1 Black
- III. Gum shield and Jockstrap and bandage must be provided by competitors themselves.

VIII. PLACING OF AWARDS

Top three 3 men and women will be awarded respectively with Medals and Certificates

IX. ENTRIES

Final Entry with the events and names of Competitors must reach Wushu Federation Philippines main office by mail or email not later than April 30,2014

Address ;

Wushu Federation Philippines
5/F PCSM Bldg. Rizal Memorial Sports Complex
P.Ocampo St. Malate Manila
Telfax No. 02 254-6144 and 02 404-3545
Email : wushufedphil_inc@yahoo.com
Contact person ; Jonnahlee Benitez
09215938221(Smart)

X. TECHNICAL MATTERS

Technical meeting of team manager and coaches will be on 07 May 2014 at Cultural Center, Sta Cruz Laguna time 10:30-11:30. Matter of the competition will be discuss each team may send two representative.

XI. OTHER MATTERS

- I. Each team shall sticky abide by the rules of DepEd and the Organizing Committee
- II. Those who violate the Rules and regulation will be death with according to the regulation of WFP and DepEd.

Note:

For the safety measure of athletes, the following weight categories shall apply. Hence, enclosure in the DepEd Memorandum No 18, S 2014 particular weight categories for Wushu –Sanda is hereby replace as above mention Categories.

WRESTLING

TECHNICAL GUIDELINES

In its debut, initially as demonstration sport in the biggest and most prestigious national multi-sports event for the youth in the Philippines, the Wrestling Association of the Philippines (WAP) shall implement the international, Olympic rules as written in our international federation (FILA) rulebook, EXCEPT for the following provisions (among other pertinent adaptations) to make the first wrestling competition in the PalarongPambansa more feasible and “convenient” for all participants. (This is consistent with WAP’s proposed guidelines submitted and approved by the Department of Education – Central Office during the October 1-2, 2013 meeting.):

I. Age and weight classes.

As a sport to be contested in the high school division, *we shall implement the following:* 1) the age class will be from 13 to 17 years old (come the nationals);2) with only five weight divisions for boys (in kilograms -42, -46, -50, -54 and -58) and likewise for girls (-40, -44, -48, -52 and -56); and the remaining rules and regulations shall be in accordance with the Olympic cadet freestyle rules of our international federation (IF), which is the International Federation of Associated Wrestling Styles (FILA). A one kilogram allowance (+1 kg) will be observed, to discourage drastic weight cutting among our young participants.

II. Competition system.

Round-robin for 5 competitors or less in a weight class (1 bronze medal), and direct elimination with repechage for six or more in a weight class (2 bronze medals).

III. Illegal holds.

Wrestlers are forbidden to:

- A. Pull the hair, ears, genitals, pinch the skin, bite, twist fingers or toes, etc. and generally, to perform actions, gestures or holds with the intention of torturing the opponent or making him suffer to force him to withdraw.
- B. Kick, head-butt, strangle, push, apply holds that may endanger the opponent’s life or cause a fracture or dislocation of limbs, tread on the feet of the opponent or touch his face between the eyebrows and the line of the mouth.
- C. Thrust the elbow or knee into the opponent's abdomen or stomach, carry out any twisting action which is likely to cause suffering, or hold the opponent by his singlet.
- D. Cling to or grasp the mat.

E. Talk during the bout.

F. Seize the sole of the opponent's foot (only seizing the upper part of the foot or the heel is permitted).

G. Agree with the match result between themselves.

V. Uniform and conduct of wrestling competition in the 2014 national championship.

For the 2014 PalarongPambansa National Championship, in order to limit the participation costs of our teams, we shall allow our athletes the following as substitute for the official Olympic-wrestling standard uniform: 1) sando-and-cycling-shorts combo per athlete, according to their regional team colors, 2) a pair of red and blue wrist bands, and 2) exemption from wearing wrestling shoes, by having them compete barefooted.

VI. Composition of technical officials.

The technical officials shall have 15 members: 1 tournament director, 1 assistant tournament director, 1 mat judge, 1 mat chairman, 2 jury of appeal members, 4 referees, 2 scorers, 2 pairing committee members, 2 timers, and 1 video recorder.

FUTSAL

I. Name of Tournament:

Palarong Pambansa 2014 U18 Girls FUTSAL TOURNAMENT

II. Type of Tournament:

- A. Teams will be grouped by 3 or 4 in a bracket, depending on the number of entries playing single Round Robin in the elimination rounds.
- B. Top 2 teams of every bracket will qualify in the next round playing cross-over single elimination.
- C. Teams that wins the quarterfinal rounds advances the semifinal round
- D. If draw exists after the duration of the match in **the quarter, semi-final round and in the 3rd and 4th placement**, 5 kicks from the penalty mark will determine the winner of the match
- E. If draw exists after the duration of the match in **final match, a 5 minutes extension per half will be applied**. If a draw still exists, 5 kicks from the penalty mark will be used to determine the winner.
- F. Determining the rankings:
 - 1. Win – 3 points
 - 2. Draw – 1 point
 - 3. Lose – 0
- G. In case of tie in the rankings, the following rules shall apply:
 - 1. Goal difference
 - 2. Greater number of goals
 - 3. Win over the other
 - 4. Toss coin

III. Number of Players:

- A. Maximum of 12 players on a team (5 field players & one of whom shall be a goalkeeper; 7 substitutes)
- B. Maximum of 7 substitute can be used in a game

C. Flying substitution shall apply

IV. Duration of the Game

- A. 2 halves consisting of 20 minutes per half (running time) with 5 minutes interval between half
- B. Each team is allowed to have a 1 minute time out only ONCE per half. This time out cannot be carried over in the next half if un used

V. All other rules not so mentioned in these guidelines, FIFA rules apply.

BILLIARD

I. NAME

The Tournament shall be called “The Palarong Pambansa Billiards Competition (Demo Sports)” or as deemed by the Palarong Pambansa administration.

II. PARTICIPANTS

The Participants for the event shall be students in the secondary private and public schools. Participants should pass the athletes eligibility based on NSAC Guidelines of DepED.

III. MEDALS

Medals shall be awarded to the Champion, 1st Runner up and 2nd Runner up in each discipline involved in the event.

IV. REGISTRATION OF PLAYERS

A. Players shall register before the event proper with proper documentation as to confirm the player’s identity to the BSCP Representative;

- 1. Identification Card
- 2. Birth Certificate
- 3. Registration Form
- 4. 1x1 picture

The documents are required by the Billiard Sports Confederation of the Philippines to accredit their participation on a BSCP Sanctioned event.

B. Players must present their “Player’s ID” issued by the Palarong Pambansa administration for verification purposes at the start of each match.

V. PLAYER REQUIREMENTS

A. Each player shall be required to bring AT LEAST the following equipment during the event, lending or borrowing of such equipment is strictly prohibited;

- 1. Break Cue
- 2. Cue Stick

B. Each player are allowed to bring the following optional equipment. Lending of equipment during a match is prohibited;

- 1. Jump Cue
- 2. Chalk/Gloves

C. Player Dress Code

Boys

- Collared Polo

- Pants
- Black Shoes with rubber soles

Girls

- Close Collared Polo
- Pants
- Black Shoes with rubber soles

VI. MODE OF COMPETITION

Disciplines that will be played will be 9-ball singles and 8-ball singles. The number of racks and type of bracket system to be used shall be decided depending on the number of participants provided by the regions. Options would be either single elimination or double elimination. The number of racks shall increase depending on the length desired by the event organizer of Palarong Pambansa.

If or when the number of participants does not fit the bracket lay-out, an elimination phase shall be held prior to the event proper, participants of which are picked by the use of either draw or seeding decided by the Tournament Director.

VII. LAWS OF THE GAME

The general ruling set by the World Pool Association will be followed. A furnished rule book covering these matters shall be distributed to the coaches before the event proper.

VIII. REFEREES

Only BSCP accredited referees shall be appointed to referee in the event.

A. Referee Equipment

1. White Cloth Gloves
2. Ball Marker
3. Timer

B. Dress Code

1. Polo Shirt
2. Slacks
3. Black Leather Shoes

IX. INTERPRETATION OF RULES AND MATTERS NOT PROVIDED FOR

The tournament director holds the final decisions regarding all matters and rules in consultation with the BSCP on interpretation of rules and all matters not provided for.

X. TOURNAMENT OFFICIALS

A. Tournament Director

Manages the whole event and holds the final decision on all matters regarding the event. Making sure that everything goes accordingly and smoothly.

B. Assistant Tournament Director

Assist the tournament director to properly manage the event.

C. Secretariat

Makes and keeps official records regarding the event from registration, score keeping, and event progress. (May also handle Event Coordinator Responsibilities if understaffed)

D. Event Coordinator

Keeps the contact information of all registered players during the event, will be responsible of informing the participants before matches, keeping track of match schedules, and where the participants are accommodated. (Preferably provided or hired locally to ensure familiarity to the event venue)

E. Referee

People accredited by the BSCP to referee on the event. Each table should be provided a referee of its own. Will be handling the scoreboard and reporting of each match. Each table requires one referee but if so deemed fit or if referees are provided with assistants, 2 tables can be handled by one referee.

F. Assistant Referee

(to be provided by DepED if deemed fit by DepED Palarong Pambansa administration)

Shall be accessed and provided for by DepED ensuring BSCP that they have attended the seminars held in preparation of Palarong Pambansa and hold the proper background in officiating sporting events. The Billiards Demo Tournament shall provide as actual training grounds for these people, as such, they shall assist the referee (which is provided by BSCP as technical officials for the said event). There shall be one assistant referee per table.

As per any BSCP sanctioned event, the tournament/event venue shall be inspected by the Tournament Director and Assistant Tournament Director to ensure proper installation and equipment specifications not later than one (1) week prior to the event proper. Changes, modifications and implementations that the Tournament Director sees fit shall be honored.

The tournament director shall also collect, if DepED decides to have assistant referees (officiating officials in training) to be part of the demo event. BSCP requires them to submit the following at the same time as the venue inspection is held;

- 1x1 ID Picture
- Technical Official Registration Form (provided herein)
- Birth Certificate

SPECIAL GAMES

I. ELIGIBILITY

- A. The Palarong Pambansa 2014 Special Games Shall only be participated in by pupils/students with Intellectual Disability (ID), Visually Impaired (VI) and orthopedically Handicapped (OH) in-school athletes.
- B. Each region is allowed to field in a maximum of fifty (50) delegates composing of athletes and coaches.
- C. Age category:

Visually Impaired	-Open category (but, up to 25y/o only)
Intellectually Disabled	-15y/o & below
	-16 y/o to 25 y/o only

Bocce/Swimming
Ortho/Amputee

- Open category (but, up to 25y/o only)
- Open category (but, up to 25y/o only)

II. ELIGIBILITY DOCUMENTS

- A. Athletes Record (ARI)
- B. Medical Certificate
- C. Psycho-Educational Assessment
 - (for Intellectually Disabled (ID) – IQ Level – 70 & below)
 - (for Visually Impaired (Totally Blind or Low Vision – visual acuity)
- D. NSO Certificate
- E. Certificate of Enrolment stating the school year the child first enrolled up to present/completion
- F. Photo Gallery
- G. Parents'/Guardian's Consent
- H. 4 pcs. 1.5 x 1.5 identical pictures with name tag (surname, first name and middle initial)
- I. Photo copy of existing school records of the special athlete (take note of the subjects/skills that are supposed to be included in the competencies for the ID's)

III. COMPETITION CATEGORIES

A. Visually Impaired(VI)

EVENT	No. of			TOTAL
	Athletes		Coaches	
	Boys	girls		
ATHLETICS 100M Standing long jump Shot put	3	3	3	9
Goal Ball	Athletes will be selected from among those who played in athletics			

B. Intellectually Disabled (ID)

EVENT	No. of			TOTAL
	Athletes		Coaches	
	boys	girls		
ATHLETICS 100M 200M 400M 4X100M Running long jump Shot put	5 (15yrs. Old & below)	5 (15yrs. Old & below)	2	12
	5 (16 to 25 y/o only)	5 (16 to 25 y/o only)	2	12
Bocce/Boccia (single, double, team)	4 (2boys & 2 girls) Male & Female Category NO AGE BRACKET		1	5
SWIMMING 50M Backstroke 50M Freestyle 50M Breastroke	2	2	2	6

C. Orthopedically Handicapped/Amputees (OH)

- **Above-knee amputation (single or double)**
- **Below-knee amputation (single or double)**

EVENT	No. of			TOTAL
	Athletes		Coaches	
	boys	girls		
ATHLETICS Shot Put	2	2	2	6
SWIMMING				
50M Backstroke				
50M Freestyle				
50M Breastroke				

Note:

- **An athlete is allowed to play three(3) individual events and one (1) team event.**
- **Each participating team can enter only a minimum of two (2) athletes and a maximum of three(3) athletes in each event.**
- **No crossing of events (no cross sport)**

IV. EQUIPMENT NEEDED

- A. Bocce Balls (set)
- B. Goal Ball

2014 PALARONG PAMBANSA
"SPORTS IS A WAY OF LIFE"

May 4-10, 2014
Sta. Cruz, Laguna

PLAYING VENUES

SPORTS EVENTS	VENUES	ADDRESS
Archery	Archery Lane Laguna Sports Complex	Brgy. Bubukal, Sta. Cruz, Laguna
Arnis	Laguna State Polytechnic Univ. (LSPU) Activity Center	Brgy. Bubukal, Sta. Cruz, Laguna
Athletics	Laguna Sports Complex	Brgy. Bubukal, Sta. Cruz, Laguna
Badminton	Whackers Badminton Court	Victoria, Laguna
Baseball (Elem)	University of the Phil. Los Banos (UPLB) COPELAND	Los Banos, Laguna
Baseball (Sec)	University of the Phil. Los Banos (UPLB) Freedom Park/APEC	Los Banos, Laguna
Basketball (Boys Elem)	Pila Municipal Covered Court	Pila, Laguna
Basketball (Boys Sec)	Laguna Sports Complex Main Gymnasium	Brgy. Bubukal, Sta. Cruz, Laguna
Basketball (Girls Sec)	Laguna Sports Complex Gymnasium 5 Brgy. Labuin, Covered Court Brgy. Batong Malaki covered court Los Banos, Laguna	Brgy. Bubukal, Sta. Cruz, Laguna Brgy. Labuin, Sta. Cruz, Laguna
Boxing	Laguna Capitol Compound Parking Area	Capitol Compound, P. Guevara St. Sta. Cruz, Laguna
Chess	Sangguniang Panlalawiga Conference Hall	Capitol Compound, P. Guevara St. Sta. Cruz, Laguna
Football (Elem)	University of the Phil. Los Banos (UPLB) Freedom Park	Los Banos, Laguna
Football (Sec)	Laguna Sports Complex Football Field Laguna State Polytechnic Univ. (LSPU) Football Field	Brgy. Bubukal, Sta. Cruz, Laguna Brgy. Bubukal, Sta. Cruz, Laguna
Gymnastics RG/WAG/MAG	University of the Phil. Los Banos (UPLB) COPELAND GYMNASIUM	Los Banos, Laguna
Softball (Elem)	Laguna Sports Complex Lower Field	Brgy. Bubukal, Sta. Cruz, Laguna
Softball (Sec)	Laguna Sports Complex Lower Field Goodwill Parking Area	Brgy. Bubukal, Sta. Cruz, Laguna Brgy. Bubukal Hi-way, Sta. Cruz, Laguna
Sepak Takraw (Elem)	San Antonio De Padua College	Pila, Laguna
Sepak Takraw (Sec)	Colegio Monterei de Pila Covered Court	Pila, Laguna
Swimming	Laguna Sports Complex Swimming Pool	Brgy. Bubukal, Sta. Cruz, Laguna
Table Tennis	Centro Mall 3 rd floor	Los Banos, Laguna
Taekwondo	TRACE College Stallion Gymnasium	Los, Banos, Laguna
Tennis (Elem)	University of the Phil. Los Banos (UPLB) Baker	Los Banos, Laguna
Tennis (Sec)	Laguna Sports Complex Tennis Court	Brgy. Bubukal, Sta. Cruz, Laguna
Volleyball (Boys Elem)	Laguna Sports Complex Gym 2	Brgy. Bubukal, Sta. Cruz, Laguna
Volleyball (Girls Elem)	Laguna Sports Complex Gym 1	Brgy. Bubukal, Sta. Cruz, Laguna
Volleyball (Boys Sec)	Laguna Sports Complex Gym 3	Brgy. Bubukal, Sta. Cruz, Laguna
Volleyball (Girls Sec)	Laguna Sports Complex Gym 4	Brgy. Bubukal, Sta. Cruz, Laguna
Demonstration Sports:		
Billiard	CLA Mall Puregold	Areza , Pagsanjan, Laguna
Futsal	University of the Philippines (UPLB Baker Hall)	Los Baños, Laguna
Wushu	Cultural Center of Laguna	Capitol Compound, P. Guevara St. Sta. Cruz, Laguna
Wrestling	United Evangelical Church	Brgy. Bubukal, Sta. Cruz, Laguna
Special Games:		
Athletics	Laguna Sports Complex	Brgy. Bubukal, Sta. Cruz, Laguna
Bocce	Maulawin Elem. Sch.	Brgy. Maulawin, Pagsanjan, Laguna
Goal Ball	Maulawin Elem. Sch.	Brgy. Maulawin, Pagsanjan, Laguna
Swimming	Laguna Sports Complex	Brgy. Bubukal, Sta. Cruz, Laguna

2014 PALARONG PAMBANSA
"SPORTS IS A WAY OF LIFE"

May 4-10, 2014
Laguna Sports Complex
Sta. Cruz, Laguna

BILLETING SCHOOLS OF TECHNICAL OFFICIALS AND WORKING COMMITTEES

SPORTS EVENTS	Billeting School	ADDRESS
Archery Athletics	Laguna University	Brgy. Bubukal, Sta. Cruz, Laguna
DepED CO Secretariat	Teresita Oreta Bldg., Laguna University	Brgy. Bubukal, Sta. Cruz, Laguna
NSAC Volleyball Softball	Bubukal Elem. School	Brgy. Bubukal, Sta. Cruz, Laguna
Swimming	Swimming Pool Dorm	Brgy. Bubukal, Sta. Cruz, Laguna
Arnis	Laguna State Polytechnic Univ. (LSPU)	Brgy. Bubukal, Sta. Cruz, Laguna
Basketball Tennis Secondary	San Jose Elem. School	Brgy. San Jose, Sta. Cruz, Laguna
Wrestling Football Secondary	Oogong Elem. School	Brgy. Oogong Elem. School
Gymnastics Taekwondo Table Tennis Baseball Football Elementary Tennis Elementary Futsal	Los Banos National High School	Batang Malaki, Los Banos, Laguna
Bocce Goalboal	Maulawin Elementary School	Pagsanjan, Laguna
Badminton	Banca-Banca Elementary School	Victoria, Laguna
Sepak Takraw	San Antonio Elementary School	Pila, Laguna
Boxing Wushu Billiard Chess	Pagsawitan Elementary School	Brgy. Pagsawitan, Sta. Cruz, Laguna

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BILLETING SCHOOLS OF REGIONAL DELEGATIONS

REGION	REGIONAL DIRECTOR	REGIONAL PESS CHIEF	BILLETING SCHOOL
I Ilocos Region	Dr. Teresita M. Velasco	Dr. Lorenzo C. Agustin	Pedro Guevara Mem NHS Sta. Cruz, Laguna
II Cagayan Valley	Atty. Sebastian G. Tayaban	Dr. Joselito L. Narag	Dayap NHS & Dayap Elem Sch. Calauan, Laguna
III Central Luzon	Dr. Isabelita M. Borres	Mr. Odon M. Santiago	Los Banos Elem Sch. Los Banos, Laguna
IV-A Southern Tagalog CALABARZON	Dr. Diosdado M. San Antonio	Ms. Pacita Q. Lungcay	Feliscimo T. San Luis MNHS Brgy. Bubukal Sta. Cruz, Laguna
IV-B Southern Tagalog MIMAROPA	Dr. Sinforosa A. Guinares	Dr. Arlene R. Dela Vega	Lopez Elem Sch. Los Banos, Laguna
V Bicol Region	Ramon Fiel G. Abcede	Engr. Ronald C. Asis	Famy NHS & Famy Elem Sch Famy, Laguna
VI Western Visayas	John Arnold S. Siena	Dr. Julieta P. Braga	Crisanto Guysayco Mem ES Nagcarlan, Laguna
VII Central Visayas	Dr. Carmelita T. Dulangon	Dr. Vivian G. Ginete	Unson NHS & Unson Elem Sch. Pagsanjan, Laguna
VIII Eastern Visayas	Dr. Luisa B. Yu	Dr. Cesar B. Verunque	Magdalena NHS Ananias Laico MES Ricardo Pronove ES Magdalena, Laguna
IX Zamboanga Peninsula	Dr. Corazon P. Brown (OIC)	Mr. Abdulrajik M. Kanni	Santa Cruz Central ES Sta. Cruz, Laguna
X Northern Mindanao	Dr. Ingrid G. Racoma (OIC)	Dr. Raymond S. Antolo	Balian NHS & Victor O. De Guia MES Pangil, Laguna
XI Davao Region	Dr. Gloria P. Benigno	Mr. Felipe A. Non, Jr.	Pagsanjan NHS & Francisco Benitez Mem ES Pagsanjan, Laguna
XII SOCCSKSARGEN	Dr. Allan G. Farnazo (OIC)	Mr. Magdaleno C. Duhilag Jr.	Bagumbayan Elem Sch. & Callios ES Sta. Cruz, Laguna
XIII CARAGA	Atty. Alberto T. Escobarte	Mr. Bernard Abellana	Don Manuel Rivera MNHS & Pila Elem Sch. Pila, Laguna
ARMM Autonomous Region In Muslim Mindanao	Atty. Jamar M. Kulayan	Dr. Taya K. Aplal	Santisima Cruz Elem. Sch. Santa Cruz, Laguna
CAR Cordillera Administrative Region	Dr. Ellen B. Donato	Dr. Agustin C. Gumuwang	Linga Elem. Sch. & Linga NHS Pila, Laguna
NCR National Capital Region	Dr. Luz S. Almeda	Dr. Jocelyn V. Marcial	Liliw Elem. Sch Liliw, Laguna

MEDALS TO BE CONTESTED

Regular Sports

EVENT	MEDALS TO BE CONTESTED											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
ARNIS												
ELEMENTARY												
<i>Anyo Event</i>												
Individual Likha Anyo Solo Baston	1	1	1	1	1	1						
Team (Synchronized) Likha Anyo Doble Baston	1	1	1	1	1	1						
Full Contact Events												
Over 4'8" to 5'(Age over 12 to 13 years old)	1	1	2	1	1	2						
Over 5' to 5'4"(Age over 12 to 13 years old)	1	1	2	1	1	2						
(Mixed)(Boys/Girls)												
Team (Synchronized) Likha Anyo Mixed Doble Baston	1	1	2	1	1	2						
SECONDARY												
<i>Anyo Event</i>												
Individual - Solo Baston (Single Weapon)							1	1	2	1	1	2
Individual - Doble Baston (Double Weapon)							1	1	2	1	1	2
Team(Synchronized) - Solo Baston (Single Weapon)							1	1	1	1	1	1
Team(Synchronized) - Doble Baston (Double Weapon)							1	1	1	1	1	1
Full Contact – Boys												
Pinweight - 43kg up to 47kg							1	1	2			
Bantamweight - over 47kg up to 51kg							1	1	2			
Featherweight - over 51kg to 55kg							1	1	2			
Extra lightweight - over 55kg up to 60kg							1	1	2			
Half lightweight - over 60kg up to 65kg							1	1	2			
Full Contact – Girls												
Pinweight - 37kg up to 40kg										1	1	2
Bantamweight - over 40kg up to 44kg										1	1	2
Featherweight - over 44kg to 48kg										1	1	2
Extra lightweight - over 48kg up to 52kg										1	1	2
Half lightweight - over 52kg up to 56kg										1	1	2
Sub – TOTAL	5	5	8	5	5	8	9	9	16	9	9	16

ARCHERY												
SECONDARY (Girls)												
60M Distance										1	1	1
50M Distance										1	1	1
40M Distance										1	1	1
30M distance										1	1	1
Single FITA Round										1	1	1

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
Olympic Round - Individual										1	1	1
Olympic Team Event										1	1	1
SECONDARY (Boys)												
60M Distance							1	1	1			
50M Distance							1	1	1			
40M Distance							1	1	1			
30M distance							1	1	1			
Single FITA Round							1	1	1			
Olympic Round - Individual							1	1	1			
Olympic Team Event							1	1	1			
(Mixed)(Boys/Girls)							1	1	1	1	1	1
Sub-TOTAL							8	8	8	8	8	8

ATHLETICS												
ELEMENTARY												
Javelin Throw	1	1	1	1	1	1						
High Jump	1	1	1	1	1	1						
Discus Throw	1	1	1	1	1	1						
Triple Jump	1	1	1	1	1	1						
800M Run	1	1	1	1	1	1						
1500M Run	1	1	1	1	1	1						
Long Jump	1	1	1	1	1	1						
Shot Put	1	1	1	1	1	1						
100M Hurdles				1	1	1						
110M Hurdles	1	1	1									
400M Hurdles	1	1	1	1	1	1						
100M Dash	1	1	1	1	1	1						
200M Dash	1	1	1	1	1	1						
400M Dash	1	1	1	1	1	1						
4X100M Relay	1	1	1	1	1	1						
4X400M Relay	1	1	1	1	1	1						
SECONDARY												
Javelin Throw							1	1	1	1	1	1
High Jump							1	1	1	1	1	1
Discus Throw							1	1	1	1	1	1
Triple Jump							1	1	1	1	1	1
800M Run							1	1	1	1	1	1
1500M Run							1	1	1	1	1	1
3000M Run										1	1	1
5000M Run							1	1	1			

EVENT	MEDALS TO BE CONTESTED											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
Pole Vault							1	1	1			
Long Jump							1	1	1	1	1	1
Shot Put							1	1	1	1	1	1
100M Hurdles										1	1	1
110M Hurdles							1	1	1			
400M Hurdles							1	1	1	1	1	1
100M Dash							1	1	1	1	1	1
200M Dash							1	1	1	1	1	1
400M Dash							1	1	1	1	1	1
3000M Steeple Chase							1	1	1			
4X100M Relay							1	1	1	1	1	1
4X400M Relay							1	1	1	1	1	1
Sub-TOTAL	15	15	15	15	15	15	18	18	18	16	16	16

BADMINTON												
ELEMENTARY												
Singles	1	1	2	1	1	2						
Doubles	1	1	2	1	1	2						
Team Tie	1	1	2	1	1	2						
<i>(Mixed)(Boys/Girls)</i>	1	1	2	1	1	2						
SECONDARY												
Singles							1	1	2	1	1	2
Doubles							1	1	2	1	1	2
Team Tie							1	1	2	1	1	2
<i>(Mixed)(Boys/Girls)</i>							1	1	2	1	1	2
Sub-TOTAL	4	4	8	4	4	8	4	4	8	4	4	8

BASEBALL												
ELEMENTARY												
	1	1	1									
SECONDARY												
							1	1	1			
Sub-TOTAL	1	1	1				1	1	1			

BASKETBALL												
ELEMENTARY												
	1	1	1									
SECONDARY												
							1	1	1	1	1	1
3 ON 3 (DEMO)							1	1	1			
Sub-TOTAL	1	1	1				2	2	2	1	1	1

EVENT	MEDALS TO BE CONTESTED											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
Cluster 2												
Floor Exercise (Fx)	1	1	1									
Vaulting Table (Vt)	1	1	1									
Pommel Horse (Ph)	1	1	1									
Individual All Around (IAA)	1	1	1									
Team	1	1	1									
Cluster 3												
Floor Exercise (Fx)							1	1	1			
Vaulting Table (Vt)							1	1	1			
Pommel Horse (Ph)							1	1	1			
Individual All Around (IAA)							1	1	1			
Team							1	1	1			
Sub-TOTAL	9	9	9				5	5	5			

GYMNASTICS – WAG												
Cluster 1 (7-9 years old) DEMO												
Floor Exercise (Fx)				1	1	1						
Balance Beam (Bb)				1	1	1						
Vault (Vt)				1	1	1						
Single Bar (Sb)				1	1	1						
Individual All Around				1	1	1						
Cluster 2 (10-12 years old)												
Floor Exercise (Fx)				1	1	1						
Balance Beam (Bb)				1	1	1						
Vault (Vt)				1	1	1						
Single Bar (Sb)				1	1	1						
Individual All Around				1	1	1						
Team				1	1	1						
Cluster 3												
Floor Exercise (Fx)										1	1	1
Balance Beam (Bb)										1	1	1
Vault (Vt)										1	1	1
Single Bar (Sb)										1	1	1
Individual All Around										1	1	1
Team										1	1	1
Sub-TOTAL				11	11	11				6	6	6

GYMNASTICS – RG												
ELEMENTARY												
<i>Apparatus</i>												
Hoop				1	1	1						
Ball				1	1	1						

CPA

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
Club				1	1	1						
Ribbon				1	1	1						
<i>Individual</i>				1	1	1						
<i>Team</i>				1	1	1						
SECONDARY												
<i>Apparatus</i>												
Hoop										1	1	1
Ball										1	1	1
Club										1	1	1
Ribbon										1	1	1
<i>Individual</i>										1	1	1
<i>Team</i>										1	1	1
DEMO (10 BELOW)												
<i>Apparatus</i>												
Hoop				1	1	1						
Ball				1	1	1						
Club				1	1	1						
Ribbon				1	1	1						
<i>Individual</i>				1	1	1						
Sub-TOTAL				11	11	11				6	6	6

SEPAK TAKRAW												
ELEMENTARY												
<i>Junior (team)</i>	1	1	1									
<i>Double Takraw</i>	1	1	1									
SECONDARY												
<i>Best Regu</i>							1	1	1			
<i>Team</i>							1	1	1			
DEMO(Girls)										2	2	2
Sub-TOTAL	2	2	2				2	2	2	2	2	2

SOFTBALL												
ELEMENTARY				1	1	1				1	1	1
SECONDARY												
Sub-TOTAL				1	1	1				1	1	1

SWIMMING												
ELEMENTARY												
50M Backstroke	1	1	1	1	1	1						

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
50M Breastoke	1	1	1	1	1	1						
50M Butterfly	1	1	1	1	1	1						
50M Freestyle	1	1	1	1	1	1						
100M Backstroke	1	1	1	1	1	1						
100M Breastroke	1	1	1	1	1	1						
100M Butterfly	1	1	1	1	1	1						
100M Freestyle	1	1	1	1	1	1						
200M Freestyle	1	1	1	1	1	1						
200M Individual Relay	1	1	1	1	1	1						
400M Freestyle	1	1	1	1	1	1						
4X100M Freestyle Relay	1	1	1	1	1	1						
4X100M Medley Relay	1	1	1	1	1	1						
4X50M Freestyle Relay	1	1	1	1	1	1						
4X50M Medley Relay	1	1	1	1	1	1						
SECONDARY												
100M Backstroke							1	1	1	1	1	1
100M Breastroke							1	1	1	1	1	1
100M Butterfly							1	1	1	1	1	1
100M Freestyle							1	1	1	1	1	1
200M Backstroke							1	1	1	1	1	1
200M Breastroke							1	1	1	1	1	1
200M Butterfly							1	1	1	1	1	1
200M Freestyle							1	1	1	1	1	1
200M Individual Medley							1	1	1	1	1	1
400m Freestyle							1	1	1	1	1	1
800M Freestyle							1	1	1	1	1	1
4X100M Freestyle Relay							1	1	1	1	1	1
4X100M Medley Relay							1	1	1	1	1	1
4X50M Freestyle Relay							1	1	1	1	1	1
4X50M Medley Relay							1	1	1	1	1	1
Sub-TOTAL	15	15	15	15	15	15	15	15	15	15	15	15

TABLE TENNIS												
ELEMENTARY												
Singles	1	1	2	1	1	2						
Team	1	1	2	1	1	2						
SECONDARY												
Singles							1	1	2	1	1	2
Team							1	1	2	1	1	2
Sub-TOTAL	2	2	4	2	2	4	2	2	4	2	2	4

o/h

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
TAEKWONDO												
ELEMENTARY												
KYORUGI (Sparring Event)												
120 - 128 CM	1	1	2	1	1	2						
OVER 128 - 136 CM	1	1	2	1	1	2						
OVER 136 - 144 CM	1	1	2	1	1	2						
OVER 144 - 152 CM	1	1	2	1	1	2						
OVER 152 - 160 CM	1	1	2	1	1	2						
OVER 160 - 168 CM	1	1	2	1	1	2						
POOMSAE (Forms)												
Group A (Individual)	1	1	1	1	1	1						
Group B (Individual)	1	1	1	1	1	1						
Team (Event)	1	1	1	1	1	1						
SECONDARY-Boys												
Finweight not exceeding 45kg							1	1	2			
Flyweight over 45 and not exceeding 48							1	1	2			
Bantamweight over 48 and not exceeding 51							1	1	2			
Featherweight over 51 and not exceeding 55							1	1	2			
Lightweight over 55 and not exceeding 59							1	1	2			
Welterweight over 59 and not exceeding 63							1	1	2			
SECONDARY-Girls												
Finweight not exceeding 42kg										1	1	2
Flyweight over 42 and not exceeding 44										1	1	2
Bantamweight over 44 and not exceeding 46										1	1	2
Featherweight over 46 and not exceeding 49										1	1	2
Lightweight over 49 and not exceeding 52										1	1	2
Welterweight over 52 and not exceeding 55										1	1	2
POOMSAE (Forms)												
Group A (Individual)							1	1	1	1	1	1
Group B (Individual)							1	1	1	1	1	1
Team (Event)							1	1	1	1	1	1
Sub-TOTAL	9	9	15	9	9	15	9	9	15	9	9	15

TENNIS												
ELEMENTARY												
<i>Singles</i>	1	1	2	1	1	2						
<i>Doubles</i>	1	1	2	1	1	2						
<i>Team</i>	1	1	2	1	1	2						

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
SECONDARY												
<i>Singles</i>							1	1	2	1	1	2
<i>Doubles</i>							1	1	2	1	1	2
<i>Team</i>							1	1	2	1	1	2
Sub-TOTAL	3	3	6	3	3	6	3	3	6	3	3	6

VOLLEYBALL												
ELEMENTARY	G	S	B	G	S	B	G	S	B	G	S	B
SECONDARY							1	1	1	1	1	1
Sub-TOTAL	1	1	1	1	1	1	1	1	1	1	1	1

DEMONSTRATION SPORTS												
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BILLIARD												
SECONDARY	G	S	B	G	S	B	G	S	B	G	S	B
8 Ball							1	1	1	1	1	1
9 Ball							1	1	1	1	1	1
Sub-TOTAL							2	2	2	2	2	2

FUTSAL												
SECONDARY	G	S	B	G	S	B	G	S	B	G	S	B
Sub-TOTAL										1	1	1
										1	1	1

WUSHU												
Group A	G	S	B	G	S	B	G	S	B	G	S	B
Female												
42 kg										1	1	2
45 kg										1	1	2
Male												
42 kg							1	1	2			
45 kg							1	1	2			
48 kg							1	1	2			
Group B												
Female												
48 kg										1	1	2
52 kg										1	1	2
Male												
48 kg							1	1	2			
52 kg							1	1	2			
56 kg							1	1	2			
Sub-TOTAL							6	6	12	4	4	8

cm

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
WRESTLING												
Freestyle												
Boys												
42 kg							1	1	2			
46 kg							1	1	2			
50 kg							1	1	2			
54 kg							1	1	2			
58 kg							1	1	2			
48 kg												
Girls												
40 kg										1	1	2
44 kg										1	1	2
48 kg										1	1	2
52 kg										1	1	2
56 kg										1	1	2
Sub-TOTAL							5	5	10	5	5	10

Special Games

SPORTS/EVENT	DISABILITY	CATEGORY	MEDAL		
			G	S	B
ATHLETICS					
100M DASH					
Boys T11			1	1	1
Boys T12			1	1	1
Boys T13			1	1	1
Girls T11			1	1	1
Girls T12			1	1	1
Girls T13			1	1	1
Standing Long Jump					
Boys T11			1	1	1
Boys T12			1	1	1
Boys T13			1	1	1
Girls T11			1	1	1
Girls T12			1	1	1
Girls T13			1	1	1
Shot Put					
Boys T11			1	1	1
Boys T12			1	1	1
Boys T13			1	1	1
Girls T11			1	1	1
Girls T12			1	1	1
Girls T13			1	1	1

SPORTS/EVENT	DISABILITY	CATEGORY	MEDAL		
			G	S	B
ATHLETICS	Visually Impaired	Open			
100M DASH	Intellectually Disabled	15 yrs old & below			
Boys T14			1	1	1
Girls T14			1	1	1
Boys T14			1	1	1
Girls T14		1	1	1	
200M DASH		15 yrs old & below			
Boys T14			1	1	1
Girls T14			1	1	1
Boys T14			1	1	1
Girls T14		1	1	1	
400M DASH		15 yrs old & below			
Boys T14			1	1	1
Girls T14			1	1	1
Boys T14			1	1	1
Girls T14		1	1	1	
4 X 400M RELAY		15 yrs old & below			
Boys T14			1	1	1
Girls T14			1	1	1
Boys T14			1	1	1
Girls T14		1	1	1	
RUNNING LONG JUMP	Intellectually Disabled	15 yrs old & below			
Boys T14			1	1	1
Girls T14		1	1	1	
Boys T14		1	1	1	
Girls T14	1	1	1		
SHOT PUT	Intellectually Disabled	15 yrs old & below			
Boys T14			1	1	1
Girls T14		1	1	1	
Boys T14		1	1	1	
Girls T14	1	1	1		
SHOT PUT	ORTHOPEDECALLY HANDICAPPED (Amputee)	OPEN			
Boys S7			1	1	1
Boys S8			1	1	1
Boys S9			1	1	1
Boys S10			1	1	1
Girls S7			1	1	1
Girls S8			1	1	1
Girls S9			1	1	1
Girls S10	1	1	1		
GOALBALL	Visually Impaired	OPEN	1	1	1

SPORTS/EVENT	DISABILITY	CATEGORY	MEDAL		
			G	S	B
BOCCE	Intellectually Disabled	OPEN			
Single					
Boys T14			1	1	1
Girls T14			1	1	1
Double					
Boys T14			1	1	1
Girls T14			1	1	1
Team					
Boys T14			1	1	1
Girls T14			1	1	1
SWIMMING	Intellectually Disabled	OPEN			
50M Freestyle					
Boys S14			1	1	1
Girls S14			1	1	1
50M Backstroke					
Boys S14			1	1	1
Girls S14			1	1	1
50M Breastroke					
Boys S14			1	1	1
Girls S14			1	1	1
50M Freestyle	ORTHOPEDICALLY HANDICAPPED (Amputee)	OPEN			
Boys S7			1	1	1
Boys S8			1	1	1
Boys S9			1	1	1
Boys S10			1	1	1
SWIMMING	ORTHOPEDICALLY HANDICAPPED (Amputee)	OPEN			
50M Freestyle					
Girls S7			1	1	1
Girls S8			1	1	1
Girls S9			1	1	1
Girls S10			1	1	1
50M Backstroke					
Boys S7			1	1	1
Boys S8			1	1	1
Boys S9			1	1	1
Boys S10			1	1	1
Girls S7			1	1	1
Girls S8			1	1	1
Girls S9			1	1	1
Girls S10			1	1	1
50M Breastroke					
Boys S7			1	1	1
Boys S8			1	1	1

SPORTS/EVENT	DISABILITY	CATEGORY	MEDAL		
			G	S	B
Boys S9	ORTHOPEDICALLY HANDICAPPED (Amputee)	OPEN	1	1	1
Boys S10			1	1	1
Girls S7			1	1	1
Girls S8			1	1	1
Girls S9			1	1	1
Girls S10			1	1	1

- **All demonstration sports will not be included in the medal tally**
- **Special games will have separate general champion**

**RULES AND GUIDELINES FOR THE
ACCREDITATION AND SCREENING
OF ATHLETES FOR THE PALARONG PAMBANSA**

A. The National Screening & Accreditation Committee (NSAC)

1. Composition

- 1.1 For purposes of accreditation and screening of athletes, there shall be a National Screening and Accreditation Committee (NSAC) consisting of twenty two (22) members to be chosen by the Secretary from Deped Central, Regional or Division Office, as follows:
 - a. One (1) authorized representative from the Legal Division (RA 10588);
 - b. Two government (2) Physicians (RA 10588);
 - c. Two government (2) Dentists(RA 10588); and
 - d. One (1) authorized representative from each Regional Athletic Association (RAA) (RA 10588) who has been designated as Chairman or Co-Chairman of the Regional Screening Committee during the Regional Meet immediately preceding the current Palarong Pambansa.

2 .Duties and Functions of the NSAC

- 2.1 Evaluate and verify the authenticity of the documents of athletes, coaches and chaperons, before and during personal interviews;
- 2.2 Accredit qualified athletes, coaches and chaperons and submit master list to the board at least two (2) months before the conduct of the Palarong Pambansa;
- 2.3 Issue Photo Galleries of qualified athletes for every region to the tournament managers.
- 2.5 Re-check and monitor the fielding of athletes during actual competition based on the photo gallery submitted to the Tournament Manager.
- 2.6 The NSAC shall investigate and render decision(s) on complaint(s) or protest filed before the committee, relative to the eligibility of the athlete and inform in writing the

Tournament Manager on the decision(s) made for its guidance and implementation. All decisions shall be approved by the majority members of the NSAC. The decision of the NSAC shall be appealable to the Palara Board.

Rules on Participation

1. Participants

- 1.1 Participants in the Palarong Pambansa shall be elementary and secondary athletes from public and private schools who participated in the lower meets (Division and Regional).
- 1.2 As a general rule, elementary athlete shall play in the elementary division, and secondary athlete shall play in the secondary division. **However, elementary athletes who have been declared overage in the elementary level may be allowed to play in the secondary level.**
- 1.3 **Athlete already graduated in the Elementary level cannot play in the elementary division, even if he is still underage.**
- 1.4 **Grade 7 and 8 Athletes enrolled in public school shall be considered as secondary pursuant to R.A. 10533 or the K-12 Program. Grade 7 and 8 athletes enrolled in Private school whose grade 7 and 8 is still in the elementary level or under re-calibration pursuant to the K-12 Program shall be allowed to play in the elementary division provided he/or she is not overage and meet the other requirements for the palarong pambansa.**

2. Eligibility of Athletes

To be eligible as participant in the Palarong Pambansa, an athlete must be –

- 2.1 A Filipino Citizen;
- 2.2 Enrolled in a recognized school (schools with recognition/ permit to operate) at the beginning of the current school year and have attended and/or completed the curriculum year;
- 2.3 Should have participated in the preliminary meets (Division and Regional);

- 2.4 For elementary athlete, he or she should have been born in **2001** or later; and for secondary athletes, he or she should have been born **in 1996** or later. Thereafter, add one (1) year to the cut-off date for the succeeding year.
- 2.5 Pupil/student-athletes who transferred from one region to another are allowed to participate, provided their transfer was done at the beginning of the school year. Transferees from one division to another within the region are allowed to participate, provided they have participated in the lower meets.

3. Grounds for Disqualification-

The following shall not be allowed to play in the Palarong Pambansa;

- 3.1 Athletes who have been declared over-age;
- 3.2 Elementary **athletes with 3rd molar tooth**;
- 3.3 Athletes with failing grades in three (3) or more core subjects in the second grading period;
- 3.4 Athletes who become or has been a member of the National Team, National Training Pool and National Developmental Pool, receiving monthly stipend/allowance from the Philippine Sports Commission (PSC); played in SEA GAMES, ASIAN GAMES and/or OLYMPIC GAMES. Provided, however, that those athletes who played in foreign invitational competition not included in the above mentioned games shall not be disqualified to play in the Palarong Pambansa.
- 3.4 Athlete who failed to submit the required documents or failed to submit oneself for personal interview on the specified time.
- 3.5 Athletes banned during the previous Palarong Pambansa;
- 3.6 Athletes found positive using enhancement drugs. (Steroids etc.)

4. Documents to be Submitted During Screening

- 4.1 Athlete's Record with Learning Reference Number (LRN), signed by the athlete, coach, and PESS Division Supervisor.

- 4.2 Original and photocopy of Birth Certificate issued by the National Statistics Office (NSO). Late registration may be accepted, provided that it was issued one (1) year prior to current Palarong Pambansa.
- 4.2.1. In the case of a foreign-born Filipino athlete, in lieu of NSO Birth Certificate, the original birth certificate issued by the country of his/her birth and a valid passport or a document issued by the Bureau of Immigration/Department of Foreign Affairs, showing his/her nationality as a **Filipino**.
- 4.2.2 **Those athletes who qualified in the last two Palarong Pambansa shall not be required to submit copy of the original Birth Certificate from NSO.**
- 4.3 Form 137, certified true copy from original **or** computer printed, duly prepared and signed by the Teacher-Adviser, Registrar/Principal/School Head, and by the Division PESS Supervisor.
- 4.3.1 In case the rating in the second grading period are not indicated in the Form -137 of the athlete, the certified true copy of Form - 138 (Report Card) shall be submitted.
- 4.3.2 **In cases of athletes who are enrolled under the alternative delivery mode (home study program/open high school program), a copy of the numerical/descriptive rating equivalent to the second grading period of the regular classes should be submitted.**
- 4.3.3 **In cases of athletes who are enrolled in schools under a trimester program, shall submit a certified copies of their grades for the 1st and 2nd quarter grades.**
- 4.4 Certification of Completion duly signed by the School Registrar or the School Head. In the case of private schools whose curriculum year starts on July onwards, athletes shall be required to submit the certificate of attendance.
- 4.5 Parent's or guardian's consent, verified by the Principal/Registrar/Teacher-Adviser.

- 4.6 Medical Certificate, signed by a physician, stating that the athlete is physically fit and within the age limit required, with a validity of **three (3) months** from the date of issue. (The complete name of the signing physician shall clearly appear on the medical certificate, with the license number and date of examination);
- 4.7 Dental Certificate with a universal entry, duly signed by a dentist over his/her clearly printed name and license number, and with the date of examination which should not be more than **six (6) months** prior to date of the opening of the Palarong Pambansa.
- 4.8 Four (4) passport size 1 ½ x 1 ½ identical pictures with name tag (surname, first name and middle initial) and grade/year level, to be used for the Athlete's Record, medical/dental certificate, gallery and Palarong Pambansa Accreditation card.
- 4.9 List of athletes indicating the date of birth, division, school and name of their coach, duly signed by the Regional Director, in soft (Compact disk, USB or any other media) and hard (printed) copy.
- 4.10 Affidavit of the coach, attesting the authenticity, validity and correctness of the entries on the above-mentioned documents submitted.

5. Eligibility of Coaches and Chaperons

- 5.1 Coaches and chaperons must be school or DepED personnel. Coaches and chaperons from private schools must have been in the service for at least six (6) months. **Female athletes shall only be assisted by a female chaperon.**
 - 5.1.1 **For combative sports, coach must have attended accreditation/ trainings/ seminar sponsored or conducted by DepEd or any reputable Association and/or must have been a coach for at least two (2) years in respective sports event.**
- 5.2 Documents to be submitted:
 - 5.2.1 Certificate of Employment (certified true copy of the original document and duly notarized);
 - 5.2.2 Form 212 with three (3) ID pictures; and

5.2.3 Medical Certificate.

5.2.4 For combative sports, certificate of participation on accreditation/ trainings/ seminar in their respective sports event.

B. Screening of Athletes

1. *The Screening Period - The Screening and evaluation of athletes shall be made by the National Screening and Accreditation Committee (NSAC) at their respective Regional Training Camp of the delegates at least three (3) months before the actual date of the Palarong Pambansa. For purposes of this coming 2014 Palarong Pambansa, the Palaro board shall issue a separate memo for the schedule of activities for the screening and accreditation of athletes, coaches and chaperons.*

2. Screening Procedures

1.1 The NSAC shall:

1.1.1 Interview in person, receive and examine all athletes' documents at least three (3) months before the start of the Palarong Pambansa. For the 2014 Palarong Pambansa the screening of athletes shall start on March 10, 2014 until April 11, 2014 in their respective regional training camp/office

1.1.2 Refer the athlete immediately to the medical/dental team for further medical and dental examination in case of doubtful findings regarding the age and physical appearance of the athlete. The finding(s) of the NSAC Medical Team shall be binding and legal.

1.1.3 Write down all findings, comments or notes on the front cover of the folder of the concerned athlete/team, properly signed by the interviewer.

1.2 The NSAC shall interview and receive the documents in the following order:

1.2.1 The coach will be interviewed first, and shall submit the Certificate of Employment, duly sworn Affidavit, Medical Certificate, Personal Data Sheet and a picture with name tag.

1.2.2 The chaperon shall submit the Medical Certificate and Personal Data Sheet with picture and name tag.

1.2.3 The athlete who shall submit the AR-1 (with LRN), NSO (photo copy), Form 137, Certificate of Completion, Parent's Consent, Medical Certificate and Dental Certificate.

2. Special Cases

2.1 In case there is a discrepancy in the entry of date of birth between the NSO-Birth Certificate and the Form 137 of the athlete, the following documents shall be presented:

2.1.1 Joint Affidavit of two (2) disinterested persons, attesting to the true date of birth of the athlete;

2.1.2 Resolution signed by the Head of the Regional Delegation; and

2.1.3 Local Civil Registry (LCR)-Issued Birth Certificate.

2.2 In case there is a discrepancy in the entry of name between the NSO-Birth Certificate and the Form 137 of the athlete, the entry in the NSO-Birth Certificate shall prevail, provided that it is supported by a Resolution for change of entry or correction of name from the Head of the Regional Delegation.

2.3 In case the first or last name is not found at the top portion of the NSO-Birth Certificate but at the box below, the following shall be submitted:

2.3.1 Live Birth Certificate issued by the Local Civil Registrar (LCR);

2.3.2 Copy of the application/petition duly received by the LCR (supplemental report to the LCR/Court);

2.3.3 Resolution signed by the Head of the Regional Delegation;

2.3.4 Affidavit of the parents, attesting to the true first or last name of the athlete; and

2.3.5 Affidavit of two (2) disinterested persons attesting to the same.

- 2.4 When an illegitimate athlete uses the surname of his/her father, he/she shall submit *(a)* an acknowledgement (2nd page of the NSO-Birth Certificate) or a duly notarized acknowledgement by the father, and *(b)* an annotation on the NSO-Birth Certificate (for subsequent marriage of the parents).
- 2.5 When the gender of an athlete cannot be categorically determined by mere ocular inspection, an affidavit of two (2) disinterested persons, attesting to the true gender of the athlete, shall be submitted. The NSAC medical team shall conduct a physical examination. The finding(s) of the NSAC medical team shall be binding (for purposes of Palarong Pambansa records only)
- 2.6 Unreadable entries in the NSO-Birth Certificate shall be supported by the original Live Birth Certificate from the Local Civil Registrar (LCR), and affidavits of the parents and two (2) disinterested persons, attesting to the true and correct entries. Typographical errors shall be supported by a Resolution signed by the Head of the Regional Delegation (for purposes of Palarong Pambansa records only).

D. Replacement of Athlete/s

1. Replacement of athlete/s shall be allowed two (2) days before the start of the game upon written request by the Head of the Regional Delegation to the Palaro Board, on the following grounds:
 - 1.1 Due to medical or health reasons;
 - 1.2 The original athlete was not screened or interviewed;
 - 1.3 Due to lack or incomplete set of required documents on the date of screening and accreditation;
 - 1.4 The original athlete is not eligible to play, e.g., over aged, impersonation, etc.

C. Protest on Eligibility

1. Protest/s shall be in writing and duly signed by the coach and the Head of the Delegation or his / her official representative; and shall be filed, before the start of the second game of the concerned team, with the Chair of the NSAC. Protest/s filed by

unauthorized persons shall be automatically dismissed, without prejudice to the re-filing of the same upon compliance with the abovementioned requirements. The NSAC may MOTU PROPIO conduct an investigation if there is an obvious truth or merit to the question/s of the eligibility of an athlete.

2. Protests shall be accompanied by affidavit of witnesses and / or pieces of evidence in support thereof.
3. The protest shall be acted immediately by the NSAC upon receipt thereof. The Decision of the NSAC shall be appealable only to the Secretary of Education or, on his behalf, the Vice-Chairman of the Palarong Pambansa Board. Athletes who have been disqualified on the grounds provided in these rules may appeal the decision of the NSAC. However, the appellant cannot play pending the resolution of his appeal.
4. The protestant shall have the burden of proving his allegations and shall provide necessary evidence (documentary or testimonial), otherwise, the protest shall be dismissed "MOTU PROPIO".
5. The NSAC, by the authority of the Secretary of Education, shall investigate any complaints or information, for any violation/s of the Revised Palarong Pambansa Eligibility Rules and Screening Guidelines; and shall recommend the appropriate disciplinary action against any person who violate the same.

F. Sanctions

1. When a violation on the rules on eligibility is proven in team competitions, the games in which the individual has taken part shall be declared forfeited in favor of the opposing team. The individual performance, in case of individual events, shall be nullified.
2. athlete who have been found to have violated the rules on eligibility shall be automatically disqualified, suspended or banned from participating in school sports competitions during the said palaro without prejudice to the filing of appropriate administrative and/or criminal charges.
3. Deped personnel who have been found to have violated the rules on eligibility shall be automatically disqualified, suspended or banned from participating or officiating during the said palaro without prejudice to the filing of appropriate administrative

and/or criminal charges in accordance with the Deped and Civil Service Rules on Administrative Disciplinary Cases.

G. Miscellaneous Provision:

1. This Rules and Guidelines shall be adopted and strictly implemented in the Division and Regional Athletic Meet.
2. The Regional and Division Offices shall create their own Screening and Accreditation Committee.
3. To strengthen the implementation thereof, the members of the National Screening and Accreditation upon authority of the Secretary, shall monitor the conduct of screening and accreditation in the Region. Likewise, the RSAC shall monitor the conduct of screening and accreditation in their respective Divisions.

Approved:

BR. ARMIN A. LUISTRO FSC
Secretary

jo/kune/adora/annaliza