



Republic of the Philippines  
**Department of Education**

21 SEP 2018

DepEd MEMORANDUM  
No. **148**, s. 2018

**OBSERVANCE OF THE NATIONAL MENTAL HEALTH WEEK  
AND THE WORLD MENTAL HEALTH DAY**

To: Undersecretaries  
Assistant Secretaries  
Bureau and Service Directors  
Regional Directors  
Schools Division Superintendents  
Public Elementary and Secondary School Heads  
All Others Concerned

1. The Department of Education (DepEd) shall observe the **2018 National Mental Health Week**, pursuant to Presidential Proclamation No. 452, s. 1994, entitled **Declaring the Second Week of October of Every Year as National Mental Health Week**, in accord with the celebration of the World Mental Health Day on October 10.
2. For this year's celebration, DepEd shall focus on the theme of the World Mental Health Day: **Young People and Mental Health in a Changing World**. Resources related to the celebration are available at the website of the World Health Organization: <http://bit.ly/whowmhd2018>.
3. In this connection, DepEd shall undertake the following activities:
  - a. The Central Office, Regional Offices, Division Offices, and all schools, shall conduct activities for employees, learners, parents and/or other concerned stakeholders, to promote mental health and raise awareness on related issues.
  - b. The Bureau of Learner Support Services-School Health Division in coordination with concerned bureaus and divisions at the Central Office, shall lead the conduct of a School Mental Health Forum, which shall be an annual activity of the Department every National Mental Health Week.
4. It is emphasized that the Engaged Time-on-Task policy of DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.
5. Funding for the conduct of the school activities may be sourced from the budget for maintenance and other operating expenses (MOOE), subject to the usual accounting and auditing policies, procedures, and standards. The same accounting procedures and standards shall be applied to funds from other sources.
6. The report and pictorials on the highlights of the observance of the National Mental Health Week shall be incorporated in the consolidated Accomplishment Report for OK sa DepEd for submission by the Regional Offices to BLSS-SHD, as guided by DepEd Order No. 28, s. 2018, entitled the **Policy and Guidelines on Oplan Kalusugan sa Department of Education**.

7. A brief narrative report on the conduct of the activities, and properly captioned photos are also requested to be sent in advance to schoolmentalhealth@deped.gov.ph as soon as possible.
8. For more information, contact **Mr. Gian Erik Adao**, Education Program Specialist II at email address: gian.adao@deped.gov.ph (using the Subject Title: National Mental Health Week 2018) or telephone number (02) 632-9935.
9. Immediate dissemination of this Memorandum is desired.

  
**LEONOR MAGTOLIS BRIONES**  
Secretary

References:

DepEd Order Nos.: 28, s. 20018 and 9, s. 2005

To be indicated in the Perpetual Index  
under the following subjects:

BUREAUS AND OFFICES  
CELEBRATIONS AND FESTIVALS  
EMPLOYEES  
HEALTH EDUCATION  
OFFICIALS  
SCHOOLS