

REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION, CULTURE AND SPORTS

Maralco Avenue, Pasig City

OFFICE OF THE SECRETARY

September 6, 1996

DECS ORDER
No. 61, s. 1996

1997 PALARONG PAMBANSA

To: Undersecretaries
Assistant Secretaries
Bureau/Regional Directors
Schools Superintendents
Heads of Private Schools, Colleges and Universities

1. HOST AND VENUE OF PALARONG PAMBANSA 1997

The 1997 edition of the Palarong Pambansa will be hosted by the DECS Regional Office V (Bicol Region) specifically in the City of Naga and in the Province of Camarines Sur on April 20-26 for the Elementary and Secondary Divisions, and on April 27-May 2 for the Tertiary Division.

2. PURPOSE AND OBJECTIVE

The Palarong Pambansa is a pursuit for sports excellence characterized by observance of discipline, teamwork, honesty, courtesy, unity and other positive values inherent in the practice of sports. It shall also serve as a medium for the total and balanced development of student athletes, physically, socially, culturally, mentally and spiritually.

The DECS Family shall, as in the past, implement the Palarong Pambansa in the usual tradition of excellence and highest standards of professionalism. Harmful practices and the unacceptable "win-at-all-costs" attitudes, such as tampering of official records to meet age requirement, impersonation, pirating of athletes, etc., have no place in any DECS activity.

3. GUIDING PRINCIPLES

The Palarong Pambansa is for the athletes. They are the main actors in this undertaking. Let the Palaro, therefore, be their stage to show and display their positive traits and characters through sports.

DECS Officials shall serve as models of men and women of good virtues such as honesty and transparency at all times.

Also, the Palarong Pambansa is more than just a sporting event. It is where we showcase the best of the Filipino, through the conduct of socio-cultural programs, trade exhibits, and tourism activities. In all these undertakings, our Culture of Excellence must always be at the forefront. Let the Palaro be guided by the principles of "MAKA-TAO, MAKA-BAYAN, MAKA-KALIKASAN AT MAKA-DIYOS".

4. NUMBER OF PARTICIPANTS

Sixteen Regional Delegations are participating. A total number of 7,518 athletes, coaches and officials shall compete in 18 sports disciplines. Details are presented in Annex A.

5. NEW TECHNICAL GUIDELINES

The Palaro Board of Directors approved changes in some sports events which are accordance with the Olympic standards with the aim of improving the level of performances of athletes as well as the management of the tournament.

5.1 Eligibility of Athletes

- 5.1.1 Filipino citizen and bonafide pupils/students duly enrolled at the beginning of the current school year.
- 5.1.2 The athlete should have participated in the preliminary meets.
- 5.1.3 The athlete should have been born on or after April 30, 1984 in the elementary, and April 30, 1978 for secondary.
- 5.1.4 Transferee pupils/students within the region are allowed to play. However, transferee student from one region to another must have established one (1) year residency.
- 5.1.5 Pupils/Students who are members of the Philippine team, National Pool, Developmental Pool including those who have participated in the Olympics, Asian Games and SEA Games are allowed to play except in Boxing.

The Regional Delegations shall submit the following documents to the BPSS two (2) weeks before the Palarong Pambansa: a) Form 137, b) authenticated live birth certificate, c) medical certificate, d) parental consent, e) gallery of athletes with pictures by event indicating the date of birth and school attended and f) computerized copy of regional delegation in diskette form.

5.2 Olympic Medal System

There shall be a separate Divisional Championships in the elementary and secondary divisions. Championship shall be determined by the number of gold medals won by a Regional Delegation. In case of tie in gold medals, the number of silver medals will break the tie. In case of another tie after the silver medal count, the number of bronze medals will determine the final standing. Medal count per sports is shown in Annex B.

5.3 Qualifying Standards in Athletics and Swimming

QS is in Annexes C1 and C2 indicating the standards in individual events in Athletics and Swimming. The time, distance, and height were based on the 16th place of the 1996 Palarong Pambansa.

Individual records shall be based on their performance during the Regional Meets.

Regions shall not send athletes who are below the QS. Performance shall be based on the results of the current Regional Meet or best training record before the Palaro.

6. GUIDELINES PER SPORT

The new sports events is presented in Annex A, together with all events in 1997 Palarong Pambansa.

6.1 ATHLETICS

6.1.1 Additional new events in elementary and secondary athletics are as follows:

<u>Elementary Boys</u>	<u>Elementary Girls</u>	<u>Secondary Girls</u>
110 M. Hurdle	100 M. Hurdle	
400 M. Hurdle	400 M. Hurdle	
Discus Throw	Discus Throw	
Javelin Throw	Javelin Throw	
Triple Jump	Triple Jump	Triple Jump

6.1.2 No Qualifying Standards (QS) for the new events.

6.1.3 The equipment of elementary athletics are generally modified to lessen the weight and height in throwing events and hurdles respectively. Specification of equipment shall be issued by the Tournament Manager for athletics as soon as survey of available equipment in the market is completed.

6.2 GYMNASTICS

The individual events in Gymnastics Elementary and Secondary (Separate) are as follows:

Boys Artistics (2 players)	-	Floor Exercises and Vault
Girls Artistics (2 players)	-	Floor Exercises and Balance Beam
Girls Rhythmics (2 players)	-	Ribbons, Balls and Hoops

6.3 SIPA

Sipa shall adopt the Sepak Takraw Rules with the following modifications:

- 6.3.1 Distance of service circle from the center line is 11 feet.
- 6.3.2 Height of net is 4 feet.
- 6.3.3 Size and weight of ball is 10-14 inches circumference and weighing 120-130 grams.
- 6.3.4 Scoring is 1-15 points with service over and match will be played 2 out of 3 sets.

6.4 SEPAK TAKRAW (SECONDARY)

- 6.4.1 Number of player shall increase from 4-12. The 3 Regu format in a best of three competition shall be implemented.

6.5 ELEMENTARY BASEBALL

Little League shall be changed to Elementary Baseball. Elementary Baseball shall adopt Secondary Baseball Rule with the following modifications:

- 6.5.1 Size of playing field - 75 ft. between bases. Pitching distance - 48 ft.
- 6.5.2 Ball - same as in Secondary Baseball
- 6.5.3 Bat - 28-32 inches
- 6.5.4 Innings - 5 elimination round with application of 10 run rule at the bottom of the 3rd inning. Placement and championship game will be played 7 innings. Teams have the option to concede.

6.6 SWIMMING

Swimming competitions shall use time trials to select both the best timed 8 finalists.

6.7 RAQUET SPORTS (Badminton, Table Tennis, Lawn Tennis) (Elementary and Secondary; Boys and Girls)

6.7.1 There will be championship in Singles and Doubles Competition in elementary and secondary divisions boys and girls.

6.7.2 Each region is entitled to two (2) entries in each single (Individual) competition and one (1) team entry in Doubles (Team) competition.

6.7.3 The tournament format is Knock-Out or Single Elimination for the Singles Competition and Double Elimination for the Doubles Competition.

6.7.4 Seedings and pairing in singles and doubles shall be based on the rank of teams in the 1996 Palaro, except the new events in the elementary division which will be based on the drawing of lots.

7. TECHNICAL OFFICIALS

7.1 BPESS shall provide the regions the list of Nationally Accredited Technical Officials in the different sports.

7.2 Each region shall nominate one (1) official from the said list in the following sports: Basketball, Badminton, Baseball, Chess, Football, Softball, Sepak Takraw, Sipa, Tennis, Table Tennis and Volleyball.

7.3 Archery, Boxing, Gymnastics and Taekwondo Officials shall be selected by BPESS in coordination with NSAs.

7.4 In Athletics and Swimming, each region may recommend two (2) to five (5) officials per sports depending on the number of Divisions as follows:

- Regions with 5 to 7 Divisions - 2 officials
- Regions with 8 to 10 Divisions - 3 officials
- Regions with 11 to 13 Divisions - 4 officials
- Regions with more than 13 Divisions - 5 officials

7.5 The remaining officials to complete the list shall be provided by the Tournament Managers who shall have the privilege to name the officials from either the DECS nationally accredited officials or from the nationally recognized sports associations or from both.

8. Participation of the Disabled Athletes

In coordination with the Philippine Association of Disabled Organization and the BEE, a two-day games in Athletics, Football and Basketball shall be included in the Palarong Pambansa 1997.

Limited number of delegates from regions shall be accredited by Prof. Lydia Buendia, President of the said Association.

9. Preparation of Regional Teams


The conduct of Regional Athletic Meets should be finished by March 20 or one month before the opening of the Palarong Pambansa 1997 in order to give ample time for training and practice.

10. Budget

In the General Appropriations Act, FY 1996, the amount of P69M is allotted for 1997 infrastructure. In addition, the amount of P52 M is proposed in the 1997 budget while the amount in the MOOE in 1997 budget is P35M for elementary and secondary participation of which the amount will be divided among the 16 regions and the BPESS for sports equipment and management expenses.

11. Provisions of previous DECS memoranda, orders, issuances not rescinded by this Order are still in effect.

12. For compliance.


RICARDO T. GLORIA
Secretary
9.3.95

Incl.: As stated

Reference : DECS Memorandum: No. 203, s. 1996

Allotment : 1-2-3--(M.O. 1-87)

To be indicated in the Perpetual Index
under the following subjects:

- ATHLETICS
- OFFICIALS
- SCHOOLS
- STUDENTS

Annex A

**1997 PALARONG PAMBANSA
NUMBER OF OFFICIALS, COACHES, CHAPERONS, ATHLETES, ETC.
PER REGIONAL DELEGATION**

A. Delegation Officials for Elementary and Secondary Divisions

1. Head of Delegation	1
2. Athletic Manager	1
3. Physician	1
4. Nurse	1
5. Supply Officer	1
6. Finance Officer	1
7. Transportation/Supply Officer	1
	7 (Total)

B. Administrative and Kitchen Officer 25 (Total)

C. Elementary Division	Athlete	Coach	Chaperon	TOTAL
1. Athletics (B)	12	1	-	13
2. Athletics (G)	12	1	1	14
*3. Badminton (B)	4	1	-	5
*4. Badminton (G)	4	-	1	5
5. Chess	2	1	-	3
6. Football	15	1	-	16
*7. Gymnastics (B)	2	1	-	3
*8. Gymnastics (G)	6	1	-	7
9. Elementary Baseball	12	1	-	13
10. Lawn Tennis (B)	4	1	-	5
11. Lawn Tennis (G)	4	1	1	6
12. Sipa	4	1	-	5
13. Swimming (B)	10	1	-	11
14. Swimming (G)	10	1	1	12
*15. Table Tennis (B)	4	1	-	5
*16. Table Tennis (G)	4	1	-	5
17. Volleyball (B)	10	1	-	11
18. Volleyball (G)	10	1	1	12
	129	17	5	151

D. Secondary Division	Athlete	Coach	Chaperon	TOTAL
1. Archery (B)	4	1	-	4
2. Archery (G)	4	1	1	5
3. Athletics (B)	15	1	-	16
4. Athletics (G)	15	1	1	17
5. Badminton (B)	4	1	-	5
6. Badminton (G)	4	1	1	6
7. Baseball	12	1	-	13
8. Basketball (B)	12	1	-	13
*9. Basketball (G)	12	1	1	14
10. Boxing	5	1	-	6
11. Chess (B)	2	1	-	3
12. Chess (G)	2	-	-	2
13. Football	15	1	-	16
*14. Gymnastics (B)	2	1	-	3
*15. Gymnastics (G)	6	1	-	7
14. Lawn Tennis (B)	4	1	-	5
15. Lawn Tennis (G)	4	1	1	6
16. Sepak Takraw	12	1	-	13
17. Softball	12	1	1	14
18. Swimming (B)	10	1	-	11
19. Swimming (G)	10	1	1	12
20. Table Tennis (B)	4	1	-	5
21. Table Tennis (G)	4	1	1	6
22. Taekwondo (B)	5	1	-	6
23. Taekwondo (G)	5	1	1	7
24. Volleyball (B)	10	1	-	11
25. Volleyball (G)	10	1	1	12
	204	26	10	240

Legend: * - New Sports Events

SUMMARY:

DELEGATION OFFICIALS	-	7
COACHES	-	43
CHAPERONS	-	15
ATHLETES	-	333
ADMIN. & KITCHEN PERSONNEL	-	25
		423 - per Regional Delegation
		x 16 - Regional Delegations
TOTAL		6,768 - persons
		+ 750 - Technical Officials
GRAND TOTAL		7,518 - persons for Elementary and Secondary Divisions plus Officiating Officials

ANNEX B

**BPSS-DECS
PALARONG PAMBANSA 1997**

CHAMPIONSHIP MEDAL COUNT PER SPORT

PALARO EVENTS	ELEMENTARY DIV.		SECONDARY DIV.	
	BOYS	GIRLS	BOYS	GIRLS
1. Archery			2	2
2. Athletics	16	16	22	20
3. Badminton	2	2	2	2
4. Baseball	1		1	
5. Basketball			1	1
6. Boxing			5	
7. Chess	3	3	3	3
8. Football	1		1	
9. Gymnastics	2	6	2	6
10. Lawn Tennis	2	2	2	2
11. Sepak Takraw			1	
12. Sipa	1			
13. Softball				1
14. Swimming	14	14	14	14
15. Table Tennis	3	3	3	3
16. Taekwondo			5	5
17. Volleyball	1	1	1	1
TOTAL	46	47	61	60

Note:

1. Ball games championship is counted as one medal, however, in the awarding of medals, all members of team shall be given each a medal.
2. The number of Gold Medals at stake per division:

Elementary Division - 93
Secondary Division - 121

Annex C-1

**PALARONG PAMBANSA 1997
QUALIFYING STANDARDS
AND PALARO RECORDS IN ATHLETICS**

ELEMENTARY (GIRLS) TIME/DIST./HT. PALARO RECORDS		EVENTS	ELEMENTARY (BOYS) TIME/DIST./HT. PALARO RECORDS	
Q.S.			Q.S.	
00:15.50	00:13.20	100 M. DASH	00:16.30	00:11.90
00:29.40	00:27.87	200 M. DASH	00:26.25	00:24.60
01:07.21	00:59.50	400M. DASH	00:59.61	00:54.90
02:42.31	02:25.00	800 M. RUN	02:27.32	02:13.80
06:31.50	05:00.60	1,500 M. RUN	06:00.00	04:39.40
00:58.13	00:53.30	4 X 100 M. RELAY	00:52.11	00:48.60
04:58.43	04:17.30	4 X 400 M. RELAY	04:20.02	03:49.30
1.22 M.	1.48 M.	HIGH JUMP	1.41 M.	1.65 M.
4.20 M.	4.94 M.	LONG JUMP	4.82 M.	5.80 M.
8.43 M.	10.93 M.	SHOT PUT	9.10 M.	11.50 M.

SECONDARY (GIRLS) TIME/DIST./HT. PALARO RECORDS		EVENTS	SECONDARY (BOYS) TIME/DIST./HT. PALARO RECORDS	
Q. S.			Q.S.	
00:13.39	00:11.90	100 M. DASH	00:11.44	00:10.90
00:28.00	00:24.50	200 M. DASH	00:23.80	00:22.26
01:05.72	00:58.40	400 M. DASH	00:54.30	00:49.60
02:38.38	02:18.30	800 M. RUN	02:54.20	01:58.20
05:50.00	04:47.90	1,500 M. RUN	04:38.80	01:06.00
13:00.00	10:47.50	3,000 M. RUN	-----	-----
-----	-----	5,000 M. RUN	18:06.00	15:43.80
00:18.74	00:14.90	100 M. H. HURDLE	-----	-----
-----	-----	110 M. H. HURDLE	00:17.21	00:14.78
01:14.81	01:00.50	400 M. L. HURDLE	01:00.50	00:50.45
-----	-----	3,000 M. STEEPLECHASE	12:00.00	09:53.10
00:56.98	00:50.70	4 X 100 M. RELAY	00:55.10	00:43.60
04:45.81	04:01.50	4 X 400 M. RELAY	04:33.00	03:23.40
1.25 M.	1.58 M.	HIGH JUMP	1.68 M.	1.88 M.
4.40 M.	5.21 M.	LONG JUMP	5.85 M.	6.89 M.
-----	-----	TRIPLE JUMP	12.54 M.	14.11 M.
22.18 M.	31.10 M.	DISCUS THROW	27.00 M.	37.16 M.
25.58 M.	39.72 M.	JAVELIN THROW	38.76 M.	52.92 M.
6.74 M.	11.20 M.	SHOT PUT	9.38 M.	13.19 M.
-----	-----	POLE VAULT	2.40 M.	3.80 M.

**PALARONG PAMBANSA 1997
QUALIFYING TIME STANDARDS
AND PALARO RECORDS IN SWIMMING**

ELEMENTARY (BOYS)		EVENTS	ELEMENTARY (GIRLS)	
Q.S.	PALARO RECORDS		Q.S.	PALARO RECORDS
00:39.84	00:34.28	50 M. BACKSTROKE	00:43.61	00:34.21
00:42.60	00:38.74	50 M. BREASTROKE	00:45.20	00:37.73
00:37.64	00:32.27	50 M. BUTTERFLY	00:40.60	00:31.54
00:32.51	00:30.08	50 M. FREESTYLE	00:36.50	00:29.61
01:29.27	01:15.07	100 M. BACKSTROKE	01:37.39	01:14.86
01:34.33	01:23.92	100 M. BREASTROKE	01:39.06	01:21.27
01:33.36	01:10.89	100 M. BUTTERFLY	01:35.78	01:12.57
01:16.16	01:05.47	100 M. FREESTYLE	01:24.26	01:05.45
02:52.32	02:20.59	200 M. FREESTYLE	03:04.26	02:26.87
03:13.05	02:36.00	200 M. INDIVIDUAL MEDLEY	03:23.77	02:42.78
02:49.25	02:22.30	4 X 50 M. MEDLEY RELAY	03:04.13	02:19.33
02:36.40	02:04.36	4 X 50 M. FREESTYLE RELAY	03:18.57	02:10.20
06:39.65	05:13.84	4 X 100 M. MEDLEY RELAY	07:16.35	04:48.35
05:58.32	04:38.40	4 X 100 M. FREESTYLE RELAY	05:39.65	05:04.33

SECONDARY (BOYS)		EVENTS	SECONDARY (GIRLS)	
Q.S.	RECORD		Q.S.	RECORD
01:16.96	01:03.33	100 M. BACKSTROKE	01:29.65	01:10.96
01:15.41	00:59.72	100 M. BUTTERFLY	01:33.14	01:09.70
01:21.35	01:10.10	100 M. BREASTROKE	01:34.32	01:18.00
01:04.68	00:55.61	100 M. FREESTYLE	01:19.58	01:03.08
02:49.51	02:20.45	200 M. BACKSTROKE	03:20.26	01:36.40
03:06.94	02:19.86	200 M. BUTTERFLY	03:33.92	01:57.79
03:03.35	02:35.90	200 M. BREASTROKE	03:23.79	01:33.15
02:27.04	02:02.33	200 M. FREESTYLE	02:57.31	02:17.82
02:45.60	02:18.25	200 M. INDIVIDUAL MEDLEY	03:17.26	02:32.14
05:27.10	04:45.01	400 M. FREESTYLE	06:29.00	04:49.54
02:22.74	01:56.88	4 X 50 M. MEDLEY RELAY	03:12.71	02:15.74
02:09.50	01:45.39	4 X 50 M. FREESTYLE RELAY	02:50.86	02:00.70
05:56.69	04:20.68	4 X 100 M. MEDLEY RELAY	07:01.74	04:55.31
05:41.36	03:51.52	4 X 100 M. FREESTYLE RELAY	06:37.53	04:30.32