



Republic of the Philippines  
Department of Education  
**BUREAU OF LEARNER SUPPORT SERVICES**  
DepEd Complex, Meralco Avenue, Pasig City

DepED RO VI

Office of the Regional Director  
Duran Street, Iloilo City

RECEIVED  
2017/07/13

MEMORANDUM

FOR : REGIONAL DIRECTORS  
Regions VI, NIR, VII and VIII

FROM : *m*  
RIZALINO JOSE T. ROSALES  
Director IV

RECEIVED

Date: 7/13/17 *hprmd*

SUBJECT : VENUE AND SCHEDULE FOR VISAYAS BATCH RE:  
TRAINING OF TRAINORS ON MENTAL HEALTH AND  
PSYCHOLOGICAL SUPPORT (MHPSS) PROVIDERS  
(SCHOOL MENTAL HEALTH)

DATE : 11 July 2017

Anent to the Memorandum sent by this Office dated 10 April 2017 re: Submission of Names of the Attendees for the TOT on MHPSS, this Bureau, thru the School Health Division (SHD) is pleased to announce that the venue of the said activity will be at the Crown Regency Hotel and Towers, Osmeña Blvd., Cebu City on July 26 to 29, 2017. Number of participants allotted per region are the following: Region VI – 14, Region VII – 14, NIR – 14 and Region VIII – 13.

The objectives of the training are to:

- discuss ways to promote mental health and psychosocial well - being in the school setting;
- identify common mental health and psychosocial problems among students;
- apply intervention on appropriate situation; and
- formulate an action plan for school mental health and psychosocial well-being of the students/personnel.

In this regard, may we respectfully invite the participants to attend the above mentioned activity. Participants are expected to arrive at the venue in the morning of July 26, 2017 (10:00am) for the Opening Program but check-in will start at 2pm. Check-out will be on July 29, 2017 after breakfast. Travel expenses shall be downloaded to concerned regions while board and lodging will be shouldered by WHO Philippines. Attached are the list of participants and tentative schedule of activity for ready reference.

For further details, your staff may contact Mrs. Loida B. Ramos, Asst. Chief, SHD at tel. no. (02)6329935 or thru e-mail address [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph).

**Training of Trainers on MHPSS Providers (School Mental Health)**

**Crown Regency Hotel and Towers, Osmeña Blvd., Cebu City | July 26 to 29, 2017**

**PARTICIPANTS (Visayas)**

REGION	#	Regl Office/Division	Designation	Name
VI	1	RO	Medical Officer IV	Melchor Kim S. Kwan, MD
(14)	1	Aklan	Nurse II	Sarah Khadija Ploquinto
	1	Antique	Nurse II	Jofred Martinez
	1	Capiz	Nurse II	Alden Besa
	1	Guimaras	Nurse II	Ma. Katherine Jardeleza
	1	Iloilo Province	Nurse II	Mary Liberty Mabunay
	1	Iloilo City	Nurse II	Anna Shiela Moreno
	1	Passi City	Principal II	Evelyn Villanueva
	1	Roxas City	Nurse II	Ailyn Ramos
	1	Capiz	EPS	Allan Vincent Altamia
	1	Guimaras	Head Teacher III, Buenavista NHS	Lina Gano
	1	Iloilo	GC, Miagao NHS	Laurie Techado
	1	Aklan	GC, New Washington NHS	Madel R. Mabaness
	1	Antique	EPS - Values	Ma. Teresa S. Tunguia
NIR	1	RO	Regl. Values Supv. or Health Personnel	Iryll Mae S. Macahig
(14)	1	Sagay City	Division Health Personnel	Rex B. Yangco
	1	Negros Occ.	Division Health Personnel	Dr. Jose Maria Villarosa
	1	Bacolod City	Division Guidance Coordinator	Karen Ruso
	1	Bago City	Division Guidance Coordinator	Jade Gustillo
	1	San Carlos City	Division Guidance Coordinator	Winefredo D. Pueblo
	1	Bais City	Junior High Health Personnel	Gilbert O. Lacsino
	1	Bayawan City	Junior High Health Personnel	Hazel V. Rivera
	1	Cadiz City	Junior High Guidance Coordinator	May Pascual
	1	Dumaguete City	Junior High Guidance Coordinator	Dulce Maria Rosario S. De Guzman
	1	Escalante City	Senior High Health Personnel	Aine Melinda Sayson
	1	Guihulngan City	Senior High Health Personnel	Donalyn U. Ramos
	1	Kabankalan City	Senior Guidance Coordinator	Relma Santiago
	1	La Carlota City	Senior Guidance Coordinator	Ma. Carlota Garcia

Training of Trainers on MHPPSS Providers (School Mental Health)

TIME	July 26, 2017 DAY 1	July 27, 2017 DAY 2	July 28, 2017 DAY 3	July 29, 2017 Day 4
8:00 am – 10:00 am		<ul style="list-style-type: none"> <li>• Common Mental Health and Psychosocial Problems                             <ul style="list-style-type: none"> <li>- Behavior Problems</li> <li>- Bullying</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Arts Based Interventions</li> </ul>	HOME SWEET HOME
10:00 am – 12:00 nn	<ul style="list-style-type: none"> <li>• Arrival/Check-in</li> <li>• Registration</li> <li>• Opening Program</li> <li>• Orientation on the Mechanics</li> </ul>	<p><b>Dr. Wilfredo Mina</b> Guidance Service Specialist U.P., Manila</p> <ul style="list-style-type: none"> <li>• Depression</li> <li>• Suicide</li> </ul>	<p><b>Dr. Victor Emmanuel Carmelo D. Nadera</b> Director IV Philippine High School for the Arts</p> <ul style="list-style-type: none"> <li>• Relaxation Technique and Breathing Exercises</li> </ul>	
12:00 nn – 1:00 pm	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	
1:00 pm – 3:00 pm	<ul style="list-style-type: none"> <li>• Counselling in School</li> </ul>	<ul style="list-style-type: none"> <li>• What is Adolescent Friendly Health Facility</li> <li>• Standards for Teen-Hub/ Adolescent Friendly Spaces</li> </ul>	<ul style="list-style-type: none"> <li>• School Visit (Practicum)</li> <li>• Processing of the School Visit</li> </ul>	
3:00 pm – 5:00 pm	<p><b>Mr. Mark Bercando</b> Supervising Education Program Specialist, BCD-CSDD DepEd</p> <ul style="list-style-type: none"> <li>• Mental Health Promotion</li> <li>- Resiliency</li> <li>- Sources of Strength</li> <li>- Self-Care</li> <li>- Validation of Feelings</li> </ul>	<p><b>Dr. Minerva Vinluan</b> Program Manager Adolescent Health and Development DOH</p> <ul style="list-style-type: none"> <li>• Psychosocial Intervention</li> <li>• Psychological First Aid</li> </ul>	<p><b>Ms. Remedios Guerrero</b> Ret. MHPPSS Coordinator DOH</p> <ul style="list-style-type: none"> <li>• Action Planning</li> <li>• Presentation of the Action Plan</li> <li>• Next Steps</li> <li>• Closing Program</li> </ul>	
	<p><b>Mr. Wilfredo Reyes</b> Retired Program Manager, CBM</p>		<p><b>Ms. Remedios Guerrero</b> Ret. MHPPSS Coordinator, DOH</p> <p><b>Mr. Wilfredo Reyes</b> Retired Program Manager, CBM</p>	