



Republic of the Philippines
Department of Education
REGION VI-WESTERN VISAYAS
Duran Street, Iloilo City



April 11, 2017

REGIONAL ADVISORY
No. 079, s. 2017


TEACHERS' TRAINING FOR FAMILIES OF OVERSEAS FILIPINOS

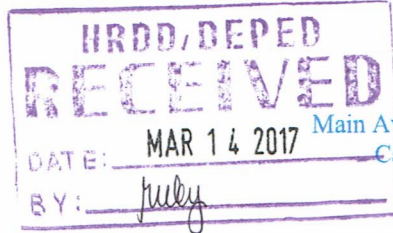
To: Schools Division Superintendents of:
Iloilo, Iloilo City and Passi City

1. The ATHIKA, a non-government organization will conduct a four-day live-out Teachers' Training for Families of Overseas Filipinos on April 17- 20, 2017 at the Old Iloilo Provincial Capitol, Casa Real, Iloilo City.
2. The expected participants can attend this training on personal time only and preferably shall come from the following districts and divisions:

Districts/ Divisions	Elementary Schools		Secondary Schools	
	No. of Schools	No. of Teachers	No. of Schools	No. of Teachers
Iloilo: Igaras	1	3	1	3
Cabatuan	1	3	1	3
Pototan	1	3	1	3
Passi City	1	3	1	3
Iloilo City	1	3	1	3
Total	6	15	6	3

4. Attached is the letter from Estrella Dizon Anonuevo, Executive Director, ATHIKA, Inc. for your reference.
5. For your information and guidance.


MA. GEMMA M. LEDESMA, CESO V
Director III
Officer-In-Charge, Office of the Regional Director



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March 8, 2017

Gemma Ledesma CESO V
Director III
Officer In- Charge
Office of Regional Director,
DepEd- Region VI
Duran Street, Iloilo City

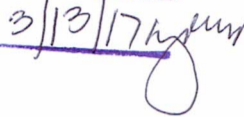
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Date: 3/13/17 

Dear Director Gemma Ledesma,

Warmest greeting from Atikha.

Atikha is a non-government organization established in 1996 in San Pablo, Laguna. It provides economic and psychosocial services among overseas Filipinos, their families and communities. For two decades, the organization is engaged in different value formation and capacity building activities toward maximizing the gains and minimizing the social costs of migration.

We recognize that the school is one of the most effective vehicles in providing information on migration issues and concerns and in addressing the problems brought about by migration. The school officials and teachers are witness to the growing problems of the OFWs and their families brought about by long term physical separation especially the children left behind.

Atikha designed a **School-Based Program for families of overseas Filipinos**. The program serves both children left behind and family members who are managing the household. Consequently, this initiative is recognized as good practice in Region IV-A and the Department of Education is mainstreaming it to both in public and private schools.

Atikha is implementing a project in Iloilo, "Coming Home: Reintegration of Migrant Domestic Workers in Hong Kong and Singapore to the Philippines. Recognizing the important role of the schools in the lives of the children of the OFWs, the project will reach out to schools with high concentration of OFWs. In partnership with Department of Education, Atikha plans to implement School- Based Program in the province of Iloilo and hopes to engage trainers from **Iloilo City, Passi City, Igbaras, Pototan and Cabatuan** who will be able to reach out to the children of OFWs. The training discusses migration realities, coping strategies and how the children can help their mothers return home as soon as possible.

In line with this, **we would like to propose a Teachers' Training on April 17-20, 2017**. This four- day seminar aims to capacitate teachers to implement value formation and capacity building activities among adult family members and children left behind. It is ideal to have the

attendance of **two (2) schools (elementary and secondary) per city/ municipality** from Igaras, Cabatuan, Pototan, Iloilo City and Passi City **with three (3) teacher-participants per school.**

Atikha will take charge of the expenses of trainers including their honorarium, transportation and accommodation costs. We will also provide the training and workshop materials for the entire session.

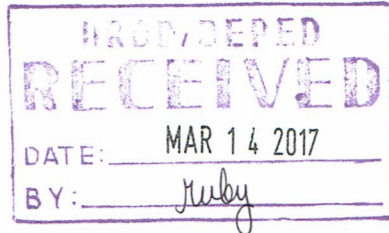
Meanwhile, we would like to request DepEd to identify the participants and provide lunch for the four-day activity for 45 participants. We have requested Dep Ed Iloilo City to provide one day of lunch; Dep Ed Passi City for one day of lunch and accommodation of the participants from Passi, Dep Ed Province of Iloilo for 2 days of lunch and accommodation of the municipality of Igaras. We will also ask the Provincial Government and OWWA to provide venue and counterpart for the snacks of the attendees.

For your reference, please find attached program template and training design. Please expect that we will closely coordinate with your office on this matter. We are looking forward to your positive response. Likewise, we are in high hope on the fruitful partnership that we will establish for the benefit of overseas Filipinos and families.

Respectfully yours,



ESTRELLA "MAI" DIZON ANONUEVO
Executive Director- Atikha Inc.
Board of Trustee- OWWA



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TRAINING DESIGN

School- Based Program for Families of overseas Filipinos

I. Rationale

Atikha is a non-government organization established in 1996 in San Pablo, Laguna. It provides economic and psychosocial services among overseas Filipinos, their families and communities. For two decades, the organization is engaged in different value formation and capacity building activities toward maximizing the gains and minimizing the social costs of migration.

Atikha observed that in the phenomenon of overseas migration; children left behind are the most vulnerable in the situation. Children of Overseas Filipinos (OFs) are perceived to be in private schools but in most municipalities, Atikha found a significant number of migrant children in public schools as well.

Atikha recognized that school is one of the most effective vehicles in providing information on migration issues and concerns and in addressing the problems brought about by migration. The school officials and teachers are witness to the growing problems of the OFWs and their families brought about by migration especially the children left behind.

To respond on the social costs of migration, Atikha designed a school-based program for families of overseas Filipinos. Consequently, this initiative is recognized as best practices in Region IV-A and the Department of Education is mainstreaming it to both public and private schools. The School- Based Program captures both children and adult family members left behind.

II. Training Objectives

At the end of the training seminar, the teachers will be able to facilitate to the children of overseas Filipinos the following:

1. appreciate the work and realize the difficulties and sacrifices of their parents and relatives abroad;
2. express their thoughts and feelings on their physical separation with their parents;
3. understand the positive and negative effects of migration to them, their families and communities;
4. cite the things that they can do as pay back for their parents' sacrifices and how they can strengthen their families despite the absence of their parents;

5. understand the value of saving and wise use of money, disavow the values of materialism and consumerism, and reject colonial mentality;
6. Assess relationships in their families and discuss things that they can do to foster good relations and communication among family members;
7. Understand themselves, set goals and aspirations for themselves and their families and appreciate the value of education in realizing these dreams; and
8. Promote gender sensitivity and practice shared responsibility in the household.

III. Target Participants

The target participants of the training are selected teachers from **Iloilo City, Passi City, Igaras, Pototan and Cabatuan.**

IV. Training Content and Description

Module	Module Objectives	Content of Module	Mode of Delivery	Alloted Time	Materials
Module 1: Life And Work Conditions of Migrants	<ol style="list-style-type: none"> 1. Appreciate the work and realize the difficulties and sacrifices of their parents and relatives abroad; and 2. Express their thoughts and feelings about their parents. 	<p>Activity 1: Magkudkod ay Di Biro</p> <p>Activity 2: 24 na Oras sa Buhay ng OFWs</p> <p>Activity 3: Mahal Kong Itay, Mahal Kong Inay</p>	<p>Reading an open Letter of an OFW</p> <p>Workshop: 24 Hours Routine</p> <p>Letter Writing</p>	4 hours	<p>Copies of the open letter "Magkudkod ay di Biro?"</p> <p>Manila paper, pentle pen, pencil, colouring materials , bond paper, air mail envelope</p>
Module 2: Positive and Negative Effects of Migration	<ol style="list-style-type: none"> 1. Appreciate the positive contribution of migration to their families, communities and country; 2. Understand the negative effects of migration on them and their families; and 3. Cite the things that they can do to make their families strong despite the absence 	<p>Activity 1: Kailan Ka Babalik Inay?</p> <p>Activity 2: Timbangin Kung Ano ang Kulang</p> <p>Activity 3: Tayo ay Magkakaugnay</p>	<p>Poem Interpretation: Kailan Ka Babalik Inay?</p> <p>Workshop: Positive & Negative Effects of Migration</p> <p>Garter Game</p>	4 hours	<p>Copies of the poem entitled "Kailan ka Babalik, Inay?"</p> <p>6 transparent bottles of the same size and shape, 150 marbles of the same weight & size, water; sheets of bond paper, manila paper, pentel pen, ball pens; masking</p>

Module	Module Objectives	Content of Module	Mode of Delivery	Alloted Time	Materials
	of their parents.				tape 24 yards of garter (8 yards garter per group) List of the positive and negative effects of migration 30 pieces metacards made of 1/8 size; 8 Labels made of 1/4 cartolina; assorted colored cartolina; Double sided tape; pentel pens; scissors
Module 3: Instilling Savings Consciousness, Disavowing Consumerism	<ol style="list-style-type: none"> Understand the value of saving and wise use of money as one of their modest contributions to the early and eventual return of their parents from abroad; and Disavow the values of consumerism and reject colonial mentality. 	<p>Activity 1: Bilmoko</p> <p>Activity 2: 1000 Peso Bill</p> <p>Activity 3: Role Playing on Savings Consciousness</p>	<p>Drawing of things wished for</p> <p>Workshop: Shopping for 1000 Pesos</p> <p>Workshop: SKIT Presentation on Saving Tips</p>	4 hours	<p>Bond paper, Pencils, Crayons/ Coloring Materials, Balikbayan Box Pictures of Items for Sale</p> <p>Paper and Pens for Script Writing</p>
Module 4: Bridging the Gap, Fostering Good Communications and Relations	<ol style="list-style-type: none"> Assess communication and relationships among members of their families; Identify the barriers that affect good communication and relationships in their families; and Discuss things that they can do towards fostering harmonious relations, and 	<p>Activity 1: Ang Konstelasyon ng Aking Pamilya</p> <p>Activity 2: Communication and Relations</p> <p>Activity 3: Magic Mirror</p>	<p>Drawing of Family Constellation</p> <p>Sharing: Family and Friends Frequently Communicate</p> <p>Writing a letter to not so close family member</p>	4 hours	<p>Bond paper, Pencils, Crayons/ Coloring Materials</p> <p>Illustration of Cellphone, copies of journal worksheet, bond papers, ball pens</p> <p>Music Player, CD/ Tape/ MP3 of instrumental music</p>

Module	Module Objectives	Content of Module	Mode of Delivery	Alloted Time	Materials
	open communications despite the physical absence of their parents				
Module 5: Importance of Education and Goal Setting	<ol style="list-style-type: none"> Understand themselves, appreciate their experiences and express their thoughts and feelings about their own self-discovery Set goals and aspirations for themselves and for their families and identify the barriers to the realization of these dreams Appreciate the value of education toward the attainment of their goals 	<p>Activity 1: Taong-tao Ako</p> <p>Activity 2: Hagdan-hagdang Pangarap</p> <p>Activity 3: Road Map</p>	<p>Workshop: Drawing One's Self</p> <p>Sharing: Staircase Of Dream</p> <p>Workshop: Constructing A Road Map</p>	4 hours	Bond paper, pencils, crayons/ coloring materials
Module 6: Gender Sensitivity Training	<ol style="list-style-type: none"> Differentiate sex and gender, sex roles and gender roles; Understand female and male stereotypes; Compare their own with other people's beliefs about the roles and abilities of both sexes; and Understand the concept of gender sensitivity in relation to the feminization of migration 	<p>Activity 1: Sex and Gender</p> <p>Activity 2: Guess Who</p> <p>Activity 3: Gender Role Stereotyping</p> <p>Activity 4: Out of the Box</p> <p>Activity 5: Let's Compare</p>	<p>Human Anatomy Game</p> <p>Workshop: Identifying Of Sex Role Vis-À-Vis Gender Role</p> <p>Workshop: Stereotypes & How They Are Found</p> <p>Lecture-Discussion: Understanding the feminization of migration and the changes it has caused in family roles</p>	5 hours	<p>Metacards, Masking Tape, Pentel pens, Sheets of Bond Paper, Ballpen</p> <p>200 pcs of colored metacards, pentel pens, scotch tape, manila paper, crayons or coloring materials, list of sex & gender roles, signboards indicating Sex Role and Gender Role</p> <p>Colored meta cards, pentel pens, scotched tape, scissors, 5 empty medium-sized boxes labeled with</p>

Module	Module Objectives	Content of Module	Mode of Delivery	Alloted Time	Materials
					Family, School, Community, Mass Media and Church

V. Target Date: April 17-20, 2017

VI. Budgetary Requirements and Counterpart

Particulars	In- charge
Professional Fee:	Atikha
Honorarium of training team: 3-4 speakers/ facilitators in 4 days	
Trainers' Transportation and Accommodation Costs	Atikha
Training and Workshop Materials	Atikha
Lunch for 4 Days	DepEd
Venue, AM and PM Snacks	OWWA and PLGU



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FOUR- DAY SCHOOL- BASED PROGRAM FOR
 FOR CHILDREN and FAMILIES OF OVERSEAS FILIPINOS

Day 1- 3: Program for Children of Migrants

Time	Activity	Person-In- Charge
Day 1 Module 1: The Life and Work Conditions of Migrants Module 2: Positive and Negative Effects of Migration		
8:00- 8:30 am	Registration	
8:30-9:15 am	Opening Ceremony <ul style="list-style-type: none"> • Prayer • Philippine National Anthem • Welcome Remarks • Message from Partners • Getting to Know • Ground Rules 	
Training Proper		
9:15-9:30 am	Program Orientation	
9:30- 10:15	Overview of Overseas Filipino Migration	
10:15-10:30 am	Working Break: Audio Visual Presentation on The Social Cost of Migration in the Philippines- Atikha Experience	
10:30- 2:30 pm	Module 1: The Life and Work Conditions of Migrants <ul style="list-style-type: none"> • Activity 1: Magkudkod ay Di Biro: • Activity 2: 24 Hours sa Buhay : • Activity 3: Mahal Kong Inay Lunch Break: Audio Visual Presentation (Seafarers)	

2:30- 4:30 pm	<p>Module 2: Positive and Negative Effects of Migration</p> <ul style="list-style-type: none"> • Activity 1: Kailan Ka Babalik Inay? • Activity 2: Timbangin Kung Ano ang Kulang • Activity 3: Tayo ay Magkakaugnay 	
4:30- 5:00 pm	<p>Highlights and Open Forum Synthesis, Evaluation and Reminders</p>	
<p>Day 2 Module 3: Importance of Education and Goal Setting Module 4: Instilling Savings Consciousness, Disavowing Consumerism</p>		
8:00-9:00 am	<p>Opening Session</p> <ul style="list-style-type: none"> • Prayer • Philippine National Anthem • Recap • Energizer 	
9:00-12:00 nn	<p>Module 3: Importance of Education and Goal Setting</p> <ul style="list-style-type: none"> • Activity 1: Taong-tao Ako • Activity 2: Hagdan-hagdang Pangarap • Activity 3: Road Map 	
12:00- 1:00 pm	Lunch Break	
11:00- 3:30 pm	<p>Module 4: Instilling Savings Consciousness, Disavowing Consumerism</p> <ul style="list-style-type: none"> • Activity 1: Bilmoko • Activity 2: 1000 Peso Bill • Activity 3: Role Playing on Savings Consciousness 	
3:30- 4:00 pm	<p>Highlights and Open Forum Synthesis, Evaluation and Reminders</p>	

Day 3 Module 5: Bridging the Gap, Fostering Good Communications and Relations Module 6: Gender Sensitivity and Feminization of Migration		
8:00-9:00 am	Opening Session <ul style="list-style-type: none"> • Prayer • Philippine National Anthem • Recap • Energizer 	
9:00- 12:00 pm	Module 5: Bridging the Gap, Fostering Good Communications and Relations <ul style="list-style-type: none"> • Activity 1: Ang Konstelasyon ng Aking Pamilya • Activity 2: Communication and Relations • Activity 3: Magic Mirror 	
12:00- 1:00 pm	Lunch Break	
1:00- 3:00 pm	Module 6: Gender Sensitivity and Feminization of Migration <ul style="list-style-type: none"> • Activity 1: Sex- Human Anatomy Game • Activity 2: Guess Who • Activity 3: Out of the box • Activity 4: Let's share and compare 	
3: 00- 4: 00 pm	Ways Forward: Program for Children <ol style="list-style-type: none"> 1. Institutionalizing Batang Atikha program 	
END OF TRAINING FOR CHILDREN PROGRAM		

Day 4: Program for Families Left Behind: Training on Family and Income Management

Time	Activity	In Charge
8:00-8:30 am	Registration	
8:30-9:15 am	Opening Session PinoyWISE AVP	
9:15-10:00 am	Module 1: Duality of Migration <ul style="list-style-type: none"> • Workshop on Benefits and Impacts of Migration 	
10:00- 10:30 am	Module 2: Achieving Migration Goals <ul style="list-style-type: none"> • Workshop: Dream Map 	
10:30- 11:00 am	Pre Course Assessment	
11:00-11:30 am	Module 3: Family Income Management <ul style="list-style-type: none"> • Introduction of Tracking of Expenses • Discussion and Workshop: Budgeting 	
11:30- 12:00 nn	Module 4: Saving <ul style="list-style-type: none"> • Financial Literacy and Important Concepts on Saving 	
12:00-1:00 pm	Lunch Break and Continuation of Budgeting Workshop	
1:00- 1:40 pm	Module 5: Investing <ul style="list-style-type: none"> • Concepts on Investing • Workshop: Saving for Investing 	
1:40- 2:00 pm	Module 6: Protecting Yourself <ul style="list-style-type: none"> • Understanding Emergency Funds and Insurance 	
2:00- 2:30 pm	Module 7: Borrowing <ul style="list-style-type: none"> • Discussion of Borrowing 	
2:30- 3:15pm	Module 8: Family Management <ul style="list-style-type: none"> • Addressing Family Issues and Concerns 	
3:15- 4:15 pm	Small Group Sharing	
4:15- 4:45 pm	PinoyWISE Orientation	
4:45- 5:00 pm	Closing Rituals	