



Republic of the Philippines  
**Department of Education**

02 MAY 2019

DepEd MEMORANDUM  
No. **056** s. 2019

**NATIONAL TRAINING OF TRAINERS ON THE K TO 10 CRITICAL CONTENT IN  
ARALING PANLIPUNAN, MUSIC, ARTS, PHYSICAL EDUCATION AND HEALTH,  
AND EDUKASYON SA PAGPAPAKATAO**

To: Undersecretaries  
Assistant Secretaries  
Bureau and Service Directors  
Regional Directors  
Schools Division Superintendents  
Public and Private Secondary School Heads  
All Others Concerned

1. The Department of Education (DepEd), through the Bureau of Curriculum Development will conduct the **National Training of Trainers (NTOT) on the K to 10 Critical Content in Araling Panlipunan (AP), Music, Arts, Physical Education, and Health (MAPEH), and Edukasyon sa Pagpapakatao (EsP)** in May 2019. This is in line with Republic Act No. 10533 otherwise known as **Enhanced Basic Education Act of 2013 and the Implementation of the K to 12 Basic Education Program**. The schedule of the conduct of the NTOT in AP, MAPEH, and EsP is as follows:

Activity	Schedule	Venue
NTOT in EsP	May 5–11, 2019	Andana Resort Nueva Valencia Guimaras Province
NTOT in AP	May 19–25, 2019	Iloilo City
NTOT in MAPEH	May 24–30, 2019	Legaspi City, Albay

2. The NTOT aims to build the capacity of trainers to conduct the Mass Training of Teachers (MTOT).

3. The participants in the activity are DepEd teacher-trainers and supervisors to be selected and recommended by the regional directors. Only those who completed the NTOT shall serve as MTOT trainers.

4. The chief trainers in EsP will arrive on May 5, while the participants in the said activity are expected to arrive on May 6, 2019. Participants for AP are expected to arrive in Iloilo City on May 19, 2019. Participants for MAPEH are expected to arrive in Legaspi City on May 24, 2019.

5. Training costs, which cover board and lodging, traveling expenses of the management staff, resource persons, honoraria of resource persons, supplies and materials and other incidental expenses shall be charged to 2019 Human Resource Development Funds, while the traveling expenses of the participants shall be charged to local funds, subject to the usual government accounting and auditing rules and regulations.

6. The NTOT trainers nominated by the regions shall be selected based on the following criteria set by the concerned bureaus:

- a. He/She must have been a learning area specialists or have taught the learning area for at least four years;
- b. He/She must have been involved in previous trainings as trainers, facilitators, or writers for the K to 12 Program;
- c. He/She must possess excellent communication and facilitation skills;
- d. He/She must be physically healthy as certified by a government physician; and
- e. He/She must not be more than 55 years old.

7. The following documents are enclosed for reference:

- a. Enclosure No. 1 - Training Matrix of the *Edukasyon sa Pagpapakatao* (EsP);
- b. Enclosure No. 2 - Training Matrix of the NTOT on *Araling Panlipunan*;
- c. Enclosure No. 3 - Training Matrix of the NTOT on Music, Arts, Physical Education, and Health; and
- d. Enclosure No. 4 - List of Chief Trainers.

8. Those who served as chief trainers (list enclosed) in the orientation on NTOT shall attend the NTOT of their respective learning areas and shall be included as part of their regional delegation.

9. Teacher-participants, trainers, and management staff shall be entitled to service credits in accordance with DepEd Order No. 53, s. 2003 entitled **Updated Guidelines on the Grant of Vacation Service Credits to Teachers**. However, nonteaching personnel, including the management staff shall be provided with Compensatory-Time-Off per Civil Service Commission and Department of Budget and Management Joint Circular No. 2, s. 2004 on Non-Monetary Remuneration for Overtime Service Rendered.

10. For more information, please contact **Isabel A. Victorino**, Chief Education Program Specialist, Bureau of Curriculum Development-Curriculum Standards Development Division, 3rd Floor, Bonifacio Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City or through email at [bcd.od@deped.gov.ph](mailto:bcd.od@deped.gov.ph) or at telephone no. (02) 632-7746, and telefax no. (02) 635-9822.

11. Immediate dissemination of this Memorandum is desired.

  
**LEONOR MAGTOLIS BRIONES**  
Secretary

Encls.: As stated

Reference: N o n e

To be indicated in the Perpetual Index under the following subjects:

BUREAUS AND OFFICES  
LEARNERS  
PROGRAMS

SCHOOLS  
TEACHERS  
TRAININGS

NATIONAL TRAINING OF TRAINERS ON CRITICAL CONTENT IN EDUKASYON SA PAGPAPAKATAO (EsP)

Training Matrix

May 5 - 11, 2019

**Objectives:** At the end of the training, the participants are expected to:

- a. identify their mastered and least mastered content;
- b. explain the concepts, topics and issues;
- c. demonstrate mastery and competence in discussing the lessons; and
- d. value articulation of correct concepts and its impact to learners.

Time / Day	Day 0 (May 5)	Day 1 (May 6)	Day 2 (May 7)	Day 3 (May 8)	Day 4 (May 9)	Day 5 (May 10)	Day 6 (May 11)
7:30 AM - 8:00AM		Arrival and Registration of Participants	Management of Learning	Management of Learning	Management of Learning	Management of Learning	Management of Learning
8:00AM-11:00NN	Arrival of Organizing Team		<b>Plenary 1:</b> K to 12 Program	<b>Plenary 3:</b> Talk on <i>Likasna Batas Moral, Konsensiya at Katotohanan</i>	<b>Plenary 5:</b> Talk on <i>Karera, Developmental Task at Sekswalidad</i>	Parallel Session for Lecture Simulation	Post-test
11:00AM-12:00NN							Clearing House
12:00NN - 1:00PM	<b>LUNCH BREAK</b>						
1:00PM - 2:30PM	Meeting and Preparation of NTWG and Chief Trainers	Opening Program	<b>Plenary 2:</b> Talk on <i>Dignidad, Birtud at Hiyarkiya ng Pagpapahalaga</i>	<b>Plenary 4:</b> Talk on <i>Pandaigdigang Pagkamamamayan, Etikang Pangkapaigiran at Pakikipagkapuwa</i>	Parallel Session for Lecture Simulation	Parallel Session for Lecture Simulation	
2:30PM- 3:00PM		Pretest Assessment					
3:00PM-5:00PM							
<b>Expected Output</b>		• Results of Pretest	• Notes of participants on the entry points of EsP in K to 12 Program and identified key concepts in the EsP Curriculum and components per level • Formative Assessment results	• Formative Assessment results	• Powerpoint presentation and accomplished observation tools	• Powerpoint presentation and accomplished observation tools	• Results of Post-test Assessment • Noted issues and concerns and the corresponding responses

**National Training of Trainers in Araling Panlipunan Critical Content**

May 19-25, 2019

Iloilo

The activity aims to:

1. familiarize the participants on the training designs and session guides;
2. equip the stakeholders with concrete understanding of their Terms of Reference;
3. share issues, challenges, and best practices in the previous conduct of their regional training of teachers; and
4. finalize the Regional Implementation Plan.

Time / Date	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:30		Opening Program	MOL	MOL	MOL	MOL	MOL
8:30 – 9:30		<b>Dr. Maria Serena Diokno</b> Keynote Speaker  Open Forum	<b>Parallel Session 2:</b> Critical Competencies on Geography <b>Dr. Enrico Garcia</b>	<b>Parallel Session 4:</b> Critical Competencies on Philippine History Dr. Ma. Luisa Camagay / Dr. Michael Charleston “Xiao” Chua	Walkthrough of AP Curriculum	<b>PS 3 / WS 1:</b> Enhancing Assessment Skills on Araling Panlipunan	<b>Continuation of PS 4:</b> Presentation and Critiquing of Regional Training Implementation Plan
9:30 – 10:30	<b>PS 1:</b> Levelling of Expectations and Critical Content Results						Clearing House
10:30 – 11:30							Closing Program
11:30 – 12:00							
12:00 – 1:00	Lunch						
1:00 – 2:00	Arrival and Registration of Participants	<b>Parallel Session 1:</b> Critical Competencies on Geography <b>Dr. Enrico Garcia</b>	<b>Parallel Session 3:</b> Critical Competencies on Economics <b>Dr. Bernardo Villegas / Dr. Yu</b>	<b>PS 2:</b> Discussion of Martial Law and Human Rights Education <b>Human Rights Victims’ Claims Board (HRVCB)</b>	Post-Test	<b>WS 2:</b> Regional Planning on the cascading of training including content outline  <b>PS 4:</b> Presentation and Critiquing of regional Training Implementation Plan	Home Sweet Home
2:00 – 3:00							
3:00 – 4:00							
4:00 – 5:00	Pre-Test  Meeting of National Trainers and CO TWG						
Expected Output	Signed Attendance Sheets  Answered Pre-test	Informed participants on the topic	Informed participants on the topic	Informed participants on the topic	Informed participants on the topic  Accomplished Post-test	Contextualized training plans	Contextualized training plans

- first meal – AM snacks
- last meal – Lunch



## National Training of Trainers of the K to 10 Critical Content in MAPEH

May 24-30, 2019

Legazpi, Albay



The activity aims to:

1. strengthen the capacity of trainers to support capacity-building in their respective region;
2. familiarize trainers on the possible platforms in the conduct of the K to 10 Critical Content and session guides; and
3. simulate the conduct of different sessions.

Time/Date	Day 1 (May 24-Fri)	Day 2 (May 25-Sat)	Day 3 (May 26-Sun)	Day 4 (May 27-Mon)	Day 5 (May 28-Tue)	Day 6 (May 29-Wed)	Day 7 (May 30-Thur)
7:45-8:00	Arrival and registration of participants	MOL	MOL	MOL	MOL	MOL	MOL
8:00-11:00		<b>Parallel Session 1:</b> Competencies on HE ( <b>Communicable and Non-communicable diseases</b> )  RP: Prof. Maria Cecilia Zamora	<b>Parallel Session 3:</b> Competencies on HE ( <b>Family Health</b> )  RP: Prof. Grace Duka-Pante	<b>Parallel Session 5:</b> Competencies on HE ( <b>Mental Health</b> )  RP: Prof. Jaclyn Marie Cauyan	<b>Parallel Session 7:</b> Competencies on PE ( <b>Physical Fitness</b> )  RP: Prof. Stella Marie Urbiztondo	<b>Parallel Session 9:</b> Competencies on PE ( <b>Rhythms and Dance</b> )  RP: Prof. Lordinio Vergara	Post Test <b>WS 2:</b> Regional Planning on cascading the training
11:00-12:00		Synthesis/Processing	Synthesis/Processing	Synthesis/Processing	Synthesis/Processing	Synthesis/Processing	
12:00-1:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:00	Opening Program	<b>Parallel Session 2:</b> Injury Prevention, Safety and First Aid  RP: Prof. Grace Duka-Pante	<b>Parallel Session 4:</b> Competencies on HE ( <b>Substance Use</b> )  RP: Prof. Grace Duka-Pante	<b>Parallel Session 6:</b> Critical Competencies on PE ( <b>Movement Skills</b> )  RP: Prof. Stella Marie Urbiztondo	<b>Parallel Session 8:</b> Competencies on PE ( <b>Games and Sports</b> )  RP: Prof. Joan Grecia	<b>Parallel Session 10:</b> Competencies on PE ( <b>Rhythms and Dance</b> )  NCCA	Refinement of Session Guides
2:00-3:00		Diagnostic Test					
3:00-4:00	Meeting of National Trainers and CO TWG	Synthesis/Processing	Synthesis/Processing	Synthesis/Processing	Synthesis/Processing	Synthesis/Processing	Closing Program
4:00-5:00							
Expected output	Signed attendance sheets  Answered Pre-test questionnaires	Informed participants on the critical contents				Informed participants on the critical contents	Regional plan on cascading the training
OD	Management Team	<b>Wenda Fajardo</b>	<b>Abel Soto</b>	<b>Christine Magboo</b>	<b>Karen Lay</b>	<b>Glenne Basio</b>	<b>Wenda Fajardo</b>

## LIST OF CHIEF TRAINERS

Region	No.	Name	Position	Office/Division	Learning Area
I	1	Lorna O. Gaspar	EPS	La Union	ESP
	2	Lilibeth A. Daus	EPS	Pangasinan II	MAPEH
	3	Alfonso S. Dangat	EPS	Regional Office	AP
	4	Barmie M. Caluza	EPS	Regional Office	ESP
	5	Francis A. Domingo	EPS	Regional Office	MAPEH
	6	Eddy Z. Moyano	EPS	San Carlos City	MAPEH
	7	Edgar L. Pescador	EPS	Vigan Ciy	AP
II	1	Nelson L. Gacutan	Teacher II	Cagayan	MAPEH
	2	Abraham C. Acosta	Principal	Cagayan	MAPEH
	3	Estelito C. Balatan Jr	EPS	Ilagan City	ESP
	4	Mary Ann L. Catindig	Principal III	Ilagan City	MAPEH
	5	Rayda Joy C. Calansi	EPS	Nueva Vizcaya	ESP
	6	Macrino A. Raymundo	EPS	Nueva Vizcaya	MAPEH
	7	Miraflor D. Mariano	EPS	Tuguegarao City	AP
	8	Edmund C. Caronan	MT II	Tuguegarao City	AP
	9	Marjorie A. Cabria	Teacher III	Tuguegarao City	MAPEH
III	1	Alvin Ryan S. Espinosa	EPS	Aurora	AP
	2	Cesar G. Legaspi	HT III	Cabanatuan City	AP
	3	Jean R. Canlas	EPS	City of Sn Fdo	ESP
	4	John Bryan S. Napo	MT I	Mabalacat City	MAPEH
	5	Mary Anne Bernadette M. Samson	EPS	Pampanga	MAPEH
	6	Christian R. Lacsamana	Teacher I	Pampanga	MAPEH
	7	Lordennis T. Leonardo	EPS	San Jose City	ESP
CALABARZON	1	Lito A. Palomar	OIC-Chief	Antipolo City	AP
	2	Charity S. Magadia	OIC-PSDS	Batangas City	ESP
	3	Naida C. Pabelico	Teacher III	Batangas City	MAPEH
	4	Rodrigo M. Rodriguez Jr.	EPS	Binan City	ESP
	5	Ricardo P. Makabenta	EPS	Cavite City	AP
	6	Helen B. Mendoza	EPS	Cavite Province	MAPEH
	7	Herbert F. Matimatico	T I	Rizal	MAPEH
	8	Edralina V. Muni	Teacher III	Rizal	MAPEH
	9	Jun A. Robles	EPS	Tanauan City	ESP

Region	No.	Name	Position	Office/Division	Learning Area
MIMAROPA	1	Dennis A. Bermoy	EPS	Calapan City	ESP
	2	Evangelina L. De Leon	MT II	Calapan City	MAPEH
	3	Pedro J. Dandal Jr.	EPS	Palawan	AP
	4	Eligio M. Jacob	EPS	Regional Office	AP
	5	Annabelle M. Marmol	EPS	Regional Office	MAPEH
V	1	Linnie Maria M. Eboña	Teacher	Camarines Norte	MAPEH
	2	Jerry P. Ramirez	EPS	Legazpi City	AP
	3	Ma. Leilani R. Lorico	EPS	Regional Office	AP
	4	Sheila C. Bulawan	EPS	Regional Office	ESP
	5	Francisco B. Bulalacao Jr.	EPS	Regional Office	MAPEH
	6	Mary Jean B. Brizuela	EPS	Tabaco City	ESP
	7	Maria Teresa P. Borbor	EPS I	Tabaco City	MAPEH
VI	1	Sheila Mae J. Gimeno	EPS	Guimaras	AP
	2	Joemar G. Miranda	EPS I	Himamaylan	MAPEH
	3	Francis Ray D. Subong	MT	Iloilo	ESP
	4	Maricha D. Rojo	EPS	Neg. Occidental	ESP
	5	Leah P. Rosal	EPS	Neg. Occidental	MAPEH
	6	Nescel P. Panes	EPS	Passi City	AP
	7	Miriam T. Lima	EPS	Regional Office	ESP
	8	Athea V. Landar	EPS	Regional Office	MAPEH
VII	1	Lope S. Hubac	EPS	Bohol	ESP
	2	Alice S. Ganar	Principal	Cebu City	AP
	3	Harold E. Pado	Teacher I	Cebu City	MAPEH
	4	Rhenz Harold S. Mancao	Teacher	Cebu Province	MAPEH
	5	Judith B. Abellaneda	EPS	Regional Office	ESP
	6	Juvelyn P. Otero	EPS	Regional Office	MAPEH
VIII	1	Avelina P. Tupa	EPS	Calbayog City	AP
	2	Arlene H. De La Torre	EPS	Catbalogan City	MAPEH
	3	Abelardo G. Campani	EPS	Eastern Samar	MAPEH
	4	Alex B. Rejuso	ES	Northern Samar	AP
	5	Jaime Leon T. Cardona	EPS	Regional Office	ESP
	6	Jesus Esteban S. Lapada	EPS	Regional Office	ESP
	7	Nova P. Jorge	EPS	Regional Office	MAPEH
IX	1	Monina R. Antiquina	EPS	Dipolog City	AP
	2	Araceli G. Macasasa	EPS	Dipolog City	ESP
	3	Nuayme S. Enriquez	EPS	Isabela City	AP
	4	Violeta M. Sta. Elena	EPS	Isabelita City	ESP

Region	No.	Name	Position	Office/Division	Learning Area
X	1	Romeo B. Aclo	EPS	Cag. de Oro City	AP
	2	Maria Tita Y. Bonita	MT I	Iligan City	ESP
	3	Leo N. Santillana	Teacher III	Iligan City	MAPEH
	4	Lou-Ann J. Cultura	EPS	Malaybalay City	MAPEH
	5	Eleazer L. Tamparong	EPS	Mis. Occidental	AP
	6	Fernan C. Lanzaderas	EPS II	Mis. Occidental	MAPEH
	7	Marie Zoe A. Barbacena	Teacher I	Misamis Or.	ESP
	8	Francis J. Buac	Chief	Oroquieta City	AP
	9	Christine Luz Z. Boniao	MT I	Oroquieta City	ESP
	10	Jay B. Roferos	EPS	Oroquieta City	MAPEH
XI	1	Lydia V. Ampo	PSDS	Davao City	ESP
	2	Cora C. Amaro	MT I	Davao City	ESP
	3	Jonathan C. Araneta	EPS	Davao Occ.	AP
	4	Ester Jean U. Pelayo	Chief	Davao Orietnal	AP
	5	Villa C. Salanio	EPS	Mati City	AP
	6	Judy R. Fariolen	EPS	Mati City	MAPEH
	7	Romulo Eliseo	EPS	Samal	MAPEH
XII	1	Lito S. Fernandez	EPS	Cotabato City	MAPEH
	2	Vivian E. Falcis	MT I	Cotabato City	MAPEH
	3	Ronnie C. Cabaya	EPS	Kidapawan	AP
	4	Nhor Emra P. Silongan	EPS	Kidapawan	MAPEH
	5	Quirico B. Sumampong	EPS	Regional Office	AP
	6	Aurelio C. Cagang	EPS	Sarangani	ESP
	7	Cecile Leah M. Kimnon	EPS II	Sarangani	MAPEH
	8	Juliet L. Sison	EPS	Sultan Kudarat	ESP
	9	Cesar Q. Antolin	MT II	Tacurong City	AP
CARAGA	1	Joel P. Plaza	MT I	Agusan del Sur	AP
	2	Emmanuel T. Cordora	Div. Coord.	Agusan del Sur	AP
	3	Danny O. Baldos	MT I	Agusan del Sur	MAPEH
	4	Catherine A. Bayotas	MT II	Butuan City	AP
	5	Selma Sanz-Tibon	MT I	Butuan City	MAPEH
	6	Elizabeth M. Ysulan	EPS	Regional Office	ESP
	7	Evelyn C. Coro	EPS	Siargao	ESP
BARMM	1	Ronel C. Balansag	T III	Maguindanao II	AP
	2	Jocelyn C. Tabudlong	Teacher I	Maguindanao II	ESP
	3	Bernardo D. Libetario Jr.	RPC	Regional Office	AP
	4	Saada J. Tubing	EPS	Regional Office	MAPEH



Region	No.	Name	Position	Office/Division	Learning Area
CAR	1	Marina D. Tabangcura	EPS	Baguio City	AP
	2	Nora D. Dalapnas	EPS	Baguio City	ESP
	3	Ursula L. Balao	MT I	Benguet	MAPEH
	4	Jessica B. Masweng	OIC-EPS	Mt. Province	ESP
	5	Christopher C. Bangnan	Teacher II	Mt. Province	MAPEH
	6	Edgar H. Madlaing	EPS	Regional Office	AP
	7	Jeanie Claire Piggangay	EPS	Regional Office	MAPEH
NCR	1	Marissa C. Austria	MT II	Las Piñas	MAPEH
	2	Ernest Joseph C. Cabrera	EPS	Malabon City	AP
	3	Jovita Consorcia F. Mani	EPS	Marikina City	MAPEH
	4	Eloisa S. Sanchez	OIC-EPS	Navotas	ESP
	5	Ana Marie A. Afuang	EPS	Pasay City	ESP
	6	Bernard R. Balitao	EPS	Pasig City	AP
	7	Perlita M. Ignacio	EPS	Pasig City	ESP
	8	Elenita B. Bagongon	Teacher III	Quezon City	ESP
	9	Alcar E. Saraza	Teacher	Quezon City	MAPEH
	10	Ryan Gleserio P. Palamos	MT II	TaPat	MAPEH