

**DepEd ADVISORY No. 115, s. 2010**  
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**May 17, 2010**

SEMINAR ON COACHING FOR PERFORMANCE ENHANCEMENT

The Varsity Office of the College of Human Kinetics will hold a Seminar on Coaching for Performance Enhancement on May 26, 2010 at the University of the Philippines (UP), Diliman, National College of Public Administration and Governance Assembly Hall.

The speakers and their respective topics of the seminar are as follows:

- a. *Xavi de Blas, MS*  
Free Applications for Testing and Performance Analysis
- b. *Custer Deocariz, PhD*  
Rest and Cognitive Functioning in Sports Training
- c. *Dave Bercades, MS – EMS*  
Designing a Motor Learning Program for Sports Training
- d. *Jeffrey C. Pagaduan, BS, CSCS*  
Autonomy Support in Sports Training

The event will serve as the formal launching of Phases Journal, a Free peer-reviewed online journal for coaches and sport science practitioners. The seminar is a fundraising activity for acquiring sports training equipment for the varsity athletes of the university.

For more information, contact Mr. Ariel Juliano, MS, Athletic Director – Varsity Office, College of Human Kinetics, UP Diliman, Quezon City at tel. nos.: (02) 924-1893; (02) 981-8500 local 4134.