

**DepEd ADVISORY No. 84, s. 2012**  
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**February 17, 2012**

**SEMINAR-WORKSHOP ON EFFECTIVE LIBRARY MANAGEMENT AND WORKPLACE  
PRODUCTIVITY THROUGH STRESS MANAGEMENT, WELLNESS  
AND GOOD NUTRITION**

The Association of Special Libraries of the Philippines (ASLP), Inc. will conduct the **Seminar-Workshop on Effective Library Management and Workplace Productivity Through Stress Management, Wellness and Good Nutrition** on April 18-20, 2012 at the Skylight Hotel, Puerto Princesa, Palawan.

The Seminar-Workshop aims to:

1. increase the participants' awareness of personal stressors and idiosyncratic stress reactions;
2. live a more relax lifestyle and prevent stress-related illness;
3. have a healthy lifestyle through good nutrition, health and wellness; and
4. control the stressors in one's life through the development of a personal stress-management plan to effectively manage the workplace.

The target participants to this activity are librarians, library administrators, archivists, record officers, support staff, teachers and students of Library and Information Science, consultants and other information professionals.

The registration fee is as follows:

<b>No. of Days</b>	<b>Active Member</b>	<b>Early-bird (on or before March 30, 2012)</b>	<b>On-site Registration (March 31-April 18, 2012)</b>
2 days	PhP4,500.00	PhP4,700.00	PhP5,000.00
3 days with environmental tour	PhP6,500.00	PhP6,700.00	PhP7,200.00

Payments may be made in cash or check payable to the **ASLP** and may be deposited to Land Bank of the Philippines (LBP) Savings Account No.: 1771-0359-70, BSP Branch, Mabini St., Manila.

For more information, interested individuals may contact:

**The Association of Special Libraries of the Philippines (ASLP)**

National Library of the Philippines

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