

DepEd ADVISORY No. 161, s. 2010
In compliance with DepED Order No. 39, s. 2009
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July 1, 2010

THIRD SPORTS SCIENCE AND SPORTS MEDICINE POSTGRADUATE COURSE

The College of Rehabilitation Sciences (CRS) of the University of Sto. Tomas (UST) will hold the Third Sports Science and Sports Medicine Postgraduate Course with the theme "*Optimizing Athletic Performance Through Science In Sports*" from July 30 to August 1, 2010 at the Wack-Wack Golf and Country Club, Shaw Boulevard, Mandaluyong and from July 31 to August 1, 2010 at the Medicine Building, UST.

The objective of this course is to update sports and health professionals in the global trends and practices on hydration in sports, sports injuries, exercises to improve sports performance and rehabilitation of sports injuries.

Invited to attend this activity are elementary and high school teachers, and coaches.

For more information, contact Dr. Consuelo B. Gonzalez-Suarez, Acting Chair, Third Sports Science and Sports Medicine Postgraduate Course, College of Rehabilitation Sciences, UST Room 101 St. Martin De Porres Building, UST España Boulevard, Sampaloc, Manila at telephone nos.: (632) 740-9713; (632) 409-1611 local 8280; and website: www.ust.edu.ph

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June 25, 2010