

DepEd Advisory No. 488, s. 2013

November 21, 2013

In compliance with DepEd Order No. 8, s. 2013
this advisory is issued for the information of DepEd officials,
personnel/staff, as well as the concerned public.
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BROWN RICE AND RICE MIX DAY

In observance of the 2013 National Year of Rice, the Department of Agriculture (DA) will hold the **Brown Rice Day** on November 15 and the **Rice Mix Day** on November 22, 2013.

The Celebrations aim to make these healthy rice options available in food service providers and to give Filipinos a taste of these rice variants and to appreciate the nutrients gained in eating them.

In line with this, all public and private schools are encouraged to serve only brown rice and rice mixed with other staples such as corn, banana, sweet potato, and cassava on the said dates.

Moreover, a nationwide *Run for Rice* with the *Kapuso* stars will be held simultaneously on November 24, 2013 at the University of the Philippines (UP) Academic Oval, Diliman, Quezon City, and in regional venues, which can be checked from website address: www.nyr2013.com. The teachers, pupils and students from both public and private schools are invited to participate in the Fun Run.

More information may be inquired from:

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