



Republic of the Philippines  
**Department of Education**



**Aggapan ng Kalihim**  
**Office of the Secretary**

JAN 22 2009

DepED MEMORANDUM  
No. 18, s. 2009

PHYSICAL FITNESS, WELLNESS AND RECREATION OFFICE (PFWRO)  
TECHNICAL ASSISTANCE TO DEPED REGIONAL  
AND SCHOOLS DIVISION OFFICES

To: Undersecretaries  
Assistant Secretaries  
Bureau Directors  
Directors of Services/Centers and Heads of Units  
Regional Directors  
Schools Division/City Superintendents  
All Others Concerned

1. The Physical Fitness, Wellness and Recreation Office (PFWRO), this Department, shall provide technical assistance to the regional and schools division offices in the promotion and implementation of physical fitness, wellness and recreation programs/activities in order to enhance the health and general well being of their employee.

2. The PFWRO shall also perform other related tasks as may be delegated by the Secretary.

3. Immediate dissemination of this Memorandum is desired.

  
**JESLI A. LAPUS**  
Secretary

Reference:

None

Allotment: 1- -(D.O. 50-97)

To be indicated in the Perpetual Index  
under the following subjects:

~~ATHLETICS~~  
~~OFFICIALS~~  
~~PROGRAMS~~