



APR 16 2010

DepEd MEMORANDUM
 No. **165**, s. 2010

ADOPTION OF THE 2007 WORLD HEALTH ORGANIZATION-CHILD GROWTH STANDARDS (WHO-CGS)

To: Regional Directors
 Schools Division/City Superintendents
 Heads, Public and Private Elementary and Secondary Schools

- The Philippines agreed to adopt the 2007 World Health Organization-Child Growth Standards (WHO-CGS) in the assessment of Filipino school children as affirmed by the National Nutrition Council (NNC) Governing Board (GB) Resolution Nos. 2, s. 2008 and 3, s. 2009. In 2007, the WHO developed an international growth standard for screening, surveillance and monitoring of school children and adolescents. The development of such standards was motivated by the global surge in childhood obesity, and the release of the new CGS for infants, preschool children and adolescents.
- Starting School Year (SY) 2010-2011, the WHO-CGS shall be used in determining the nutritional status of Filipino school children aged 5-19 years old.
- The nutritional assessment of elementary and secondary students shall start in June-July and end in February-March of every school year. The school nurses and teachers are fully responsible in the conduct of such assessments, while the school heads are responsible in providing the tools for height and weight-taking. The ideal tool is a beam balance scale with a height scale. In the absence of such tool, bathroom scales may be used for weight and steel tape for height.
- Reports on the Nutritional Status (NS) of school children shall be submitted on the following period:

	Baseline	Endline
School to District Office	15 th day of August	15 th day of April
District Office to Division	31 st day of August	30 th day of April
Division to Regional Office	15 th day of September	15 th day of May
Regional to HNC DepEd	30 th day of September	31 st day of May

- The revised nutritional status forms and the WHO-CGS BMI-for-Age Tables must be used and may be replicated without modification at the school level. Enclosed for ready reference are the BMI-for-Age Tables for Boys and Girls and the NS Report Forms for Elementary and Secondary Levels.
- Immediate dissemination of this Memorandum is desired.

R. C. Bacani
RAMON C. BACANI
 Undersecretary
 Officer-in-Charge



Encl.:

As stated

Reference:

N o n e

To be indicated in the Perpetual Index
under the following subjects:

FORMS
NUTRITION EDUCATION
REPORTS
STUDENTS

Rhea/Sheila, DM Adoption of the 2007 WHO
April 14, 2010

Enclosure No. 1 to DepEd Memorandum No. 165, s. 2010

Source: WHO

In coordination with DOST-FNRI

		Severely Wasted	Wasted		Normal		Overweight		Obese
Year:Month	Months		from	to	from	to	from	to	
5:00	60	≤12.0	12.1	12.9	13.0	18.3	18.4	20.2	20.3 ≥
5:01	61	≤12.0	12.1	12.9	13.0	18.3	18.4	20.2	20.3 ≥
5:02	62	≤12.0	12.1	12.9	13.0	18.3	18.4	20.2	20.3 ≥
5:03	63	≤12.0	12.1	12.9	13.0	18.3	18.4	20.2	20.3 ≥
5:04	64	≤12.0	12.1	12.9	13.0	18.3	18.4	20.3	20.4 ≥
5:05	65	≤12.0	12.1	12.9	13.0	18.3	18.4	20.3	20.4 ≥
5:06	66	≤12.0	12.1	12.9	13.0	18.4	18.5	20.4	20.5 ≥
5:07	67	≤12.0	12.1	12.9	13.0	18.4	18.5	20.4	20.5 ≥
5:08	68	≤12.0	12.1	12.9	13.0	18.4	18.5	20.5	20.6 ≥
5:09	69	≤12.0	12.1	12.9	13.0	18.4	18.5	20.5	20.6 ≥
5:10	70	≤12.0	12.1	12.9	13.0	18.5	18.6	20.6	20.7 ≥
5:11	71	≤12.0	12.1	12.9	13.0	18.5	18.6	20.6	20.7 ≥
6:00	72	≤12.0	12.1	12.9	13.0	18.5	18.6	20.7	20.8 ≥
6:01	73	≤12.0	12.1	12.9	13.0	18.6	18.7	20.8	20.9 ≥
6:02	74	≤12.1	12.2	13.0	13.1	18.6	18.7	20.8	20.9 ≥
6:03	75	≤12.1	12.2	13.0	13.1	18.6	18.7	20.9	21.0 ≥
6:04	76	≤12.1	12.2	13.0	13.1	18.7	18.8	21.0	21.1 ≥
6:05	77	≤12.1	12.2	13.0	13.1	18.7	18.8	21.0	21.1 ≥
6:06	78	≤12.1	12.2	13.0	13.1	18.7	18.8	21.1	21.2 ≥
6:07	79	≤12.1	12.2	13.0	13.1	18.8	18.9	21.2	21.3 ≥
6:08	80	≤12.1	12.2	13.0	13.1	18.8	18.9	21.3	21.4 ≥
6:09	81	≤12.1	12.2	13.0	13.1	18.9	19.0	21.3	21.4 ≥
6:10	82	≤12.1	12.2	13.0	13.1	18.9	19.0	21.4	21.5 ≥
6:11	83	≤12.1	12.2	13.0	13.1	19.0	19.1	21.5	21.6 ≥
7:00	84	≤12.2	12.3	13.0	13.1	19.0	19.1	21.6	21.7 ≥
7:01	85	≤12.2	12.3	13.1	13.2	19.1	19.2	21.7	21.8 ≥
7:02	86	≤12.2	12.3	13.1	13.2	19.1	19.2	21.8	21.8 ≥
7:03	87	≤12.2	12.3	13.1	13.2	19.2	19.3	21.9	22.0 ≥
7:04	88	≤12.2	12.3	13.1	13.2	19.2	19.3	22.0	22.1 ≥
7:05	89	≤12.2	12.3	13.1	13.2	19.3	19.4	22.0	22.1 ≥
7:06	90	≤12.2	12.3	13.1	13.2	19.3	19.4	22.1	22.2 ≥
7:07	91	≤12.2	12.3	13.1	13.2	19.4	19.5	22.2	22.3 ≥
7:08	92	≤12.2	12.3	13.1	13.2	19.4	19.5	22.4	22.5 ≥
7:09	93	≤12.3	12.4	13.2	13.3	19.5	19.6	22.5	22.6 ≥
7:10	94	≤12.3	12.4	13.2	13.3	19.6	19.7	22.6	22.7 ≥
7:11	95	≤12.3	12.4	13.2	13.3	19.6	19.7	22.7	22.8 ≥
8:00	96	≤12.3	12.4	13.2	13.3	19.7	19.8	22.8	22.9 ≥
8:01	97	≤12.3	12.4	13.2	13.3	19.7	19.8	22.9	23.0 ≥
8:02	98	≤12.3	12.4	13.2	13.3	19.8	19.9	23.0	23.1 ≥
8:03	99	≤12.3	12.4	13.2	13.3	19.9	20.0	23.1	23.2 ≥
8:04	100	≤12.3	12.4	13.3	13.4	19.9	20.0	23.3	23.4 ≥
8:05	101	≤12.4	12.5	13.3	13.4	20.0	20.1	23.4	23.5 ≥
8:06	102	≤12.4	12.5	13.3	13.4	20.1	20.2	23.5	23.6 ≥
8:07	103	≤12.4	12.5	13.3	13.4	20.1	20.2	23.6	23.7 ≥
8:08	104	≤12.4	12.5	13.3	13.4	20.2	20.3	23.8	23.9 ≥
8:09	105	≤12.4	12.5	13.3	13.4	20.3	20.4	23.9	24.0 ≥
8:10	106	≤12.4	12.5	13.4	13.5	20.3	20.4	24.0	24.1 ≥

Source: WHO
 In coordination with DOST-FNRI

		Severely Wasted	Wasted		Normal		Overweight		Obese
Year.Month	Months		from	to	from	to	from	to	
8:11	107	≤12.4	12.5	13.4	13.5	20.4	20.5	24.2	24.3>
9:00	108	≤12.5	12.6	13.4	13.5	20.5	20.6	24.3	24.4>
9:01	109	≤12.5	12.6	13.4	13.5	20.5	20.6	24.4	24.5>
9:02	110	≤12.5	12.6	13.4	13.5	20.6	20.7	24.6	24.7>
9:03	111	≤12.5	12.6	13.4	13.5	20.7	20.8	24.7	24.8>
9:04	112	≤12.5	12.6	13.5	13.6	20.8	20.9	24.9	25.0>
9:05	113	≤12.5	12.6	13.5	13.6	20.8	20.9	25.0	25.1>
9:06	114	≤12.6	12.7	13.5	13.6	20.9	21.0	25.1	25.2>
9:07	115	≤12.6	12.7	13.5	13.6	21.0	21.1	25.3	25.4>
9:08	116	≤12.6	12.7	13.5	13.6	21.1	21.2	25.5	25.6>
9:09	117	≤12.6	12.7	13.6	13.7	21.2	21.3	25.6	25.7>
9:10	118	≤12.6	12.7	13.6	13.7	21.2	21.3	25.8	25.9>
9:11	119	≤12.7	12.8	13.6	13.7	21.3	21.4	25.9	26.0>
10:00	120	≤12.7	12.8	13.6	13.7	21.4	21.5	26.1	26.2>
10:01	121	≤12.7	12.8	13.7	13.8	21.5	21.6	26.2	26.3>
10:02	122	≤12.7	12.8	13.7	13.8	21.6	21.7	26.4	26.5>
10:03	123	≤12.7	12.8	13.7	13.8	21.7	21.8	26.6	26.7>
10:04	124	≤12.8	12.9	13.7	13.8	21.7	21.8	26.7	26.8>
10:05	125	≤12.8	12.9	13.8	13.9	21.8	21.9	26.9	27.0>
10:06	126	≤12.8	12.9	13.8	13.9	21.9	22.0	27.0	27.1>
10:07	127	≤12.8	12.9	13.8	13.9	22.0	22.1	27.2	27.3>
10:08	128	≤12.9	13.0	13.8	13.9	22.1	22.2	27.4	27.5>
10:09	129	≤12.9	13.0	13.9	14.0	22.2	22.3	27.5	27.6>
10:10	130	≤12.9	13.0	13.9	14.0	22.3	22.4	27.7	27.8>
10:11	131	≤12.9	13.0	13.9	14.0	22.4	22.5	27.9	28.0>
11:00	132	≤13.0	13.1	14.0	14.1	22.5	22.6	28.0	28.1>
11:01	133	≤13.0	13.1	14.0	14.1	22.5	22.6	28.2	28.3>
11:02	134	≤13.0	13.1	14.0	14.1	22.6	22.7	28.4	28.5>
11:03	135	≤13.0	13.1	14.0	14.1	22.7	22.8	28.5	28.6>
11:04	136	≤13.1	13.2	14.1	14.2	22.8	22.9	28.7	28.8>
11:05	137	≤13.1	13.2	14.1	14.2	22.9	23.0	28.8	28.9>
11:06	138	≤13.1	13.2	14.1	14.2	23.0	23.1	29.0	29.1>
11:07	139	≤13.1	13.2	14.2	14.3	23.1	23.2	29.2	29.3>
11:08	140	≤13.2	13.3	14.2	14.3	23.2	23.3	29.3	29.4>
11:09	141	≤13.2	13.3	14.2	14.3	23.3	23.4	29.5	29.6>
11:10	142	≤13.2	13.3	14.3	14.4	23.4	23.5	29.6	29.7>
11:11	143	≤13.3	13.4	14.3	14.4	23.5	23.6	29.8	29.9>
12:00	144	≤13.3	13.4	14.4	14.5	23.6	23.7	30.0	30.1>
12:01	145	≤13.3	13.4	14.4	14.5	23.7	23.8	30.1	30.2>
12:02	146	≤13.4	13.5	14.4	14.5	23.8	23.9	30.3	30.4>
12:03	147	≤13.4	13.5	14.5	14.6	23.9	24.0	30.4	30.5>
12:04	148	≤13.4	13.5	14.5	14.6	24.0	24.1	30.6	30.7>
12:05	149	≤13.5	13.6	14.5	14.6	24.1	24.2	30.7	30.8>
12:06	150	≤13.5	13.6	14.6	14.7	24.2	24.3	30.9	31.0>
12:07	151	≤13.5	13.6	14.6	14.7	24.3	24.4	31.0	31.1>
12:08	152	≤13.6	13.7	14.7	14.8	24.4	24.5	31.1	31.2>
12:09	153	≤13.6	13.7	14.7	14.8	24.5	24.6	31.3	31.4>
12:10	154	≤13.6	13.7	14.7	14.8	24.6	24.7	31.4	31.5>
12:11	155	≤13.7	13.8	14.8	14.9	24.7	24.8	31.6	31.7>
13:00	156	≤13.7	13.8	14.8	14.9	24.8	24.9	31.7	31.8>
13:01	157	≤13.7	13.8	14.9	15.0	24.9	25.0	31.8	31.9>
13:02	158	≤13.8	13.9	14.9	15.0	25.0	25.1	31.9	32.0>

Source: WHO
 In coordination with DOST-FNRI

		Severely Wasted	Wasted		Normal		Overweight		Obese
Year:Month	Months		from	to	from	to	from	to	
13:03	159	≤13.8	13.9	15.0	15.1	25.1	25.2	32.1	32.2≥
13:04	160	≤13.9	14.0	15.0	15.1	25.2	25.3	32.2	32.3≥
13:05	161	≤13.9	14.0	15.1	15.2	25.2	25.3	32.3	32.4≥
13:06	162	≤13.9	14.0	15.1	15.2	25.3	25.4	32.4	32.5≥
13:07	163	≤14.0	14.1	15.1	15.2	25.4	25.5	32.6	32.7≥
13:08	164	≤14.0	14.1	15.2	15.3	25.5	25.6	32.7	32.8≥
13:09	165	≤14.0	14.1	15.2	15.3	25.6	25.7	32.8	32.9≥
13:10	166	≤14.1	14.2	15.3	15.4	25.7	25.8	32.9	33.0≥
13:11	167	≤14.1	14.2	15.3	15.4	25.8	25.9	33.0	33.1≥
14:00	168	≤14.2	14.3	15.4	15.5	25.9	26.0	33.1	33.2≥
14:01	169	≤14.2	14.3	15.4	15.5	26.0	26.1	33.2	33.3≥
14:02	170	≤14.2	14.3	15.5	15.6	26.1	26.2	33.3	33.4≥
14:03	171	≤14.3	14.4	15.5	15.6	26.2	26.3	33.4	33.5≥
14:04	172	≤14.3	14.4	15.6	15.7	26.3	26.4	33.5	33.6≥
14:05	173	≤14.4	14.5	15.6	15.7	26.4	26.5	33.5	33.6≥
14:06	174	≤14.4	14.5	15.6	15.7	26.5	26.6	33.6	33.7≥
14:07	175	≤14.4	14.5	15.7	15.8	26.5	26.6	33.7	33.8≥
14:08	176	≤14.5	14.6	15.7	15.8	26.6	26.7	33.8	33.9≥
14:09	177	≤14.5	14.6	15.8	15.9	26.7	26.8	33.9	34.0≥
14:10	178	≤14.5	14.6	15.8	15.9	26.8	26.9	33.9	34.0≥
14:11	179	≤14.6	14.7	15.9	16.0	26.9	27.0	34.0	34.1≥
15:00	180	≤14.6	14.7	15.9	16.0	27.0	27.1	34.1	34.2≥
15:01	181	≤14.6	14.7	16.0	16.1	27.1	27.2	34.1	34.2≥
15:02	182	≤14.7	14.8	16.0	16.1	27.1	27.2	34.2	34.3≥
15:03	183	≤14.7	14.8	16.0	16.1	27.2	27.3	34.3	34.4≥
15:04	184	≤14.7	14.8	16.1	16.2	27.3	27.4	34.3	34.4≥
15:05	185	≤14.8	14.9	16.1	16.2	27.4	27.5	34.4	34.5≥
15:06	186	≤14.8	14.9	16.2	16.3	27.4	27.5	34.5	34.6≥
15:07	187	≤14.9	15.0	16.2	16.3	27.5	27.6	34.5	34.6≥
15:08	188	≤14.9	15.0	16.2	16.3	27.6	27.7	34.6	34.7≥
15:09	189	≤14.9	15.0	16.3	16.4	27.7	27.8	34.6	34.7≥
15:10	190	≤14.9	15.0	16.3	16.4	27.7	27.8	34.7	34.8≥
15:11	191	≤15.0	15.1	16.4	16.5	27.8	27.9	34.7	34.8≥
16:00	192	≤15.0	15.1	16.4	16.5	27.9	28.0	34.8	34.9≥
16:01	193	≤15.0	15.1	16.4	16.5	27.9	28.0	34.8	34.9≥
16:02	194	≤15.1	15.2	16.5	16.6	28.0	28.1	34.8	34.9≥
16:03	195	≤15.1	15.2	16.5	16.6	28.1	28.2	34.9	35.0≥
16:04	196	≤15.1	15.2	16.6	16.7	28.1	28.2	34.9	35.0≥
16:05	197	≤15.2	15.3	16.6	16.7	28.2	28.3	35.0	35.1≥
16:06	198	≤15.2	15.3	16.6	16.7	28.3	28.4	35.0	35.1≥
16:07	199	≤15.2	15.3	16.7	16.8	28.3	28.4	35.0	35.1≥
16:08	200	≤15.2	15.3	16.7	16.8	28.4	28.5	35.1	35.2≥
16:09	201	≤15.3	15.4	16.7	16.8	28.5	28.6	35.1	35.2≥
16:10	202	≤15.3	15.4	16.8	16.9	28.5	28.6	35.1	35.2≥
16:11	203	≤15.3	15.4	16.8	16.9	28.6	28.7	35.2	35.3≥
17:00	204	≤15.3	15.4	16.8	16.9	28.6	28.7	35.2	35.3≥
17:01	205	≤15.4	15.5	16.9	17.0	28.7	28.8	35.2	35.3≥
17:02	206	≤15.4	15.5	16.9	17.0	28.7	28.8	35.2	35.3≥
17:03	207	≤15.4	15.5	16.9	17.0	28.8	28.9	35.3	35.4≥
17:04	208	≤15.4	15.5	17.0	17.1	28.9	29.0	35.3	35.4≥
17:05	209	≤15.5	15.6	17.0	17.1	28.9	29.0	35.3	35.4≥
17:06	210	≤15.5	15.6	17.0	17.1	29.0	29.1	35.3	35.4≥



Source: WHO

In coordination with DOST-FNRI

		Severely Wasted	Wasted		Normal		Overweight		Obese
Year:Month	Months		from	to	from	to	from	to	
17:07	211	≤15.5	15.6	17.0	17.1	29.0	29.1	35.4	35.5≥
17:08	212	≤15.5	15.6	17.1	17.2	29.1	29.2	35.4	35.5≥
17:09	213	≤15.5	15.6	17.1	17.2	29.1	29.2	35.4	35.5≥
17:10	214	≤15.6	15.7	17.1	17.2	29.2	29.3	35.4	35.5≥
17:11	215	≤15.6	15.7	17.2	17.3	29.2	29.3	35.4	35.5≥
18:00	216	≤15.6	15.7	17.2	17.3	29.2	29.3	35.4	35.5≥
18:01	217	≤15.6	15.7	17.2	17.3	29.3	29.4	35.4	35.5≥
18:02	218	≤15.6	15.7	17.2	17.3	29.3	29.4	35.5	35.6≥
18:03	219	≤15.6	15.7	17.3	17.4	29.4	29.5	35.5	35.6≥
18:04	220	≤15.7	15.8	17.3	17.4	29.4	29.5	35.5	35.6≥
18:05	221	≤15.7	15.8	17.3	17.4	29.5	29.6	35.5	35.6≥
18:06	222	≤15.7	15.8	17.3	17.4	29.5	29.6	35.5	35.6≥
18:07	223	≤15.7	15.8	17.4	17.5	29.5	29.6	35.5	35.6≥
18:08	224	≤15.7	15.8	17.4	17.5	29.6	29.7	35.5	35.6≥
18:09	225	≤15.7	15.8	17.4	17.5	29.6	29.7	35.5	35.6≥
18:10	226	≤15.7	15.8	17.4	17.5	29.6	29.7	35.5	35.6≥
18:11	227	≤15.7	15.8	17.4	17.5	29.7	29.8	35.5	35.6≥
19:00	228	≤15.8	15.9	17.5	17.6	29.7	29.8	35.5	35.6≥

Enclosure No. 2 to DepEd Memorandum No. 165, s. 2010

Source: WHO
In coordination with DOST-FNRI

		 BMI-for-Age GIRLS 5-19 years old 							
		Severely Wasted	Wasted		Normal		Overweight		Obese
Year:Month	Months		from	to	from	to	from	to	
5:00	60	≤11.7	11.8	12.6	12.7	18.9	19.0	21.2	21.3≥
5:01	61	≤11.7	11.8	12.6	12.7	18.9	19.0	21.3	21.4≥
5:02	62	≤11.7	11.8	12.6	12.7	18.9	19.0	21.4	21.5≥
5:03	63	≤11.7	11.8	12.6	12.7	18.9	19.0	21.5	21.6≥
5:04	64	≤11.7	11.8	12.6	12.7	18.9	19.0	21.5	21.6≥
5:05	65	≤11.6	11.7	12.6	12.7	19.0	19.1	21.6	21.7≥
5:06	66	≤11.6	11.7	12.6	12.7	19.0	19.1	21.7	21.8≥
5:07	67	≤11.6	11.7	12.6	12.7	19.0	19.1	21.7	21.8≥
5:08	68	≤11.6	11.7	12.6	12.7	19.1	19.2	21.8	21.9≥
5:09	69	≤11.6	11.7	12.6	12.7	19.1	19.2	21.9	22.0≥
5:10	70	≤11.6	11.7	12.6	12.7	19.1	19.2	22.0	22.1≥
5:11	71	≤11.6	11.7	12.6	12.7	19.2	19.3	22.1	22.2≥
6:00	72	≤11.6	11.7	12.6	12.7	19.2	19.3	22.1	22.2≥
6:01	73	≤11.6	11.7	12.6	12.7	19.3	19.4	22.2	22.3≥
6:02	74	≤11.6	11.7	12.6	12.7	19.3	19.4	22.3	22.4≥
6:03	75	≤11.6	11.7	12.6	12.7	19.3	19.4	22.4	22.5≥
6:04	76	≤11.6	11.7	12.6	12.7	19.4	19.5	22.5	22.6≥
6:05	77	≤11.6	11.7	12.6	12.7	19.4	19.5	22.6	22.7≥
6:06	78	≤11.6	11.7	12.6	12.7	19.5	19.6	22.7	22.8≥
6:07	79	≤11.6	11.7	12.6	12.7	19.5	19.6	22.8	22.9≥
6:08	80	≤11.6	11.7	12.6	12.7	19.6	19.7	22.9	23.0≥
6:09	81	≤11.6	11.7	12.6	12.7	19.6	19.7	23.0	23.1≥
6:10	82	≤11.6	11.7	12.6	12.7	19.7	19.8	23.1	23.2≥
6:11	83	≤11.6	11.7	12.6	12.7	19.7	19.8	23.2	23.3≥
7:00	84	≤11.7	11.8	12.6	12.7	19.8	19.9	23.3	23.4≥
7:01	85	≤11.7	11.8	12.6	12.7	19.8	19.9	23.4	23.5≥
7:02	86	≤11.7	11.8	12.7	12.8	19.9	20.0	23.5	23.6≥
7:03	87	≤11.7	11.8	12.7	12.8	20.0	20.1	23.6	23.7≥
7:04	88	≤11.7	11.8	12.7	12.8	20.0	20.1	23.7	23.8≥
7:05	89	≤11.7	11.8	12.7	12.8	20.1	20.2	23.9	24.0≥
7:06	90	≤11.7	11.8	12.7	12.8	20.1	20.2	24.0	24.1≥
7:07	91	≤11.7	11.8	12.7	12.8	20.2	20.3	24.1	24.2≥
7:08	92	≤11.7	11.8	12.7	12.8	20.3	20.4	24.2	24.3≥
7:09	93	≤11.7	11.8	12.7	12.8	20.3	20.4	24.4	24.5≥
7:10	94	≤11.8	11.9	12.8	12.9	20.4	20.5	24.5	24.6≥
7:11	95	≤11.8	11.9	12.8	12.9	20.5	20.6	24.6	24.7≥
8:00	96	≤11.8	11.9	12.8	12.9	20.6	20.7	24.8	24.9≥
8:01	97	≤11.8	11.9	12.8	12.9	20.6	20.7	24.9	25.0≥
8:02	98	≤11.8	11.9	12.8	12.9	20.7	20.8	25.1	25.2≥
8:03	99	≤11.8	11.9	12.8	12.9	20.8	20.9	25.2	25.3≥
8:04	100	≤11.8	11.9	12.9	13.0	20.9	21.0	25.3	25.4≥
8:05	101	≤11.9	12.0	12.9	13.0	20.9	21.0	25.5	25.6≥
8:06	102	≤11.9	12.0	12.9	13.0	21.0	21.1	25.6	25.7≥
8:07	103	≤11.9	12.0	12.9	13.0	21.1	21.2	25.8	25.9≥
8:08	104	≤11.9	12.0	12.9	13.0	21.2	21.3	25.9	26.0≥
8:09	105	≤11.9	12.0	13.0	13.1	21.3	21.4	26.1	26.2≥
8:10	106	≤12.0	12.1	13.0	13.1	21.3	21.4	26.2	26.3≥

Source: WHO

In coordination with DOST-FNRI

		Severely Wasted	Wasted		Normal		Overweight		Obese
Year:Month	Months		from	to	from	to	from	to	
8:11	107	≤12.0	12.1	13.0	13.1	21.4	21.5	26.4	26.5≥
9:00	108	≤12.0	12.1	13.0	13.1	21.5	21.6	26.5	26.6≥
9:01	109	≤12.0	12.1	13.1	13.2	21.6	21.7	26.7	26.8≥
9:02	110	≤12.0	12.1	13.1	13.2	21.7	21.8	26.8	26.9≥
9:03	111	≤12.1	12.2	13.1	13.2	21.8	21.9	27.0	27.1≥
9:04	112	≤12.1	12.2	13.1	13.2	21.9	22.0	27.2	27.3≥
9:05	113	≤12.1	12.2	13.2	13.3	21.9	22.0	27.3	27.4≥
9:06	114	≤12.1	12.2	13.2	13.3	22.0	22.1	27.5	27.6≥
9:07	115	≤12.2	12.3	13.2	13.3	22.1	22.2	27.6	27.7≥
9:08	116	≤12.2	12.3	13.3	13.4	22.2	22.3	27.8	27.9≥
9:09	117	≤12.2	12.3	13.3	13.4	22.3	22.4	27.9	28.0≥
9:10	118	≤12.2	12.3	13.3	13.4	22.4	22.5	28.1	28.2≥
9:11	119	≤12.3	12.4	13.3	13.4	22.5	22.6	28.2	28.3≥
10:00	120	≤12.3	12.4	13.4	13.5	22.6	22.7	28.4	28.5≥
10:01	121	≤12.3	12.4	13.4	13.5	22.7	22.8	28.5	28.6≥
10:02	122	≤12.3	12.4	13.4	13.5	22.8	22.9	28.7	28.8≥
10:03	123	≤12.4	12.5	13.5	13.6	22.8	22.9	28.8	28.9≥
10:04	124	≤12.4	12.5	13.5	13.6	22.9	23.0	29.0	29.1≥
10:05	125	≤12.4	12.5	13.5	13.6	23.0	23.1	29.1	29.2≥
10:06	126	≤12.4	12.5	13.6	13.7	23.1	23.2	29.3	29.4≥
10:07	127	≤12.5	12.6	13.6	13.7	23.2	23.3	29.4	29.5≥
10:08	128	≤12.5	12.6	13.6	13.7	23.3	23.4	29.6	29.7≥
10:09	129	≤12.5	12.6	13.7	13.8	23.4	23.5	29.7	29.8≥
10:10	130	≤12.6	12.7	13.7	13.8	23.5	23.6	29.9	30.0≥
10:11	131	≤12.6	12.7	13.7	13.8	23.6	23.7	30.0	30.1≥
11:00	132	≤12.6	12.7	13.8	13.9	23.7	23.8	30.2	30.3≥
11:01	133	≤12.7	12.8	13.8	13.9	23.8	23.9	30.3	30.4≥
11:02	134	≤12.7	12.8	13.9	14.0	23.9	24.0	30.5	30.6≥
11:03	135	≤12.7	12.8	13.9	14.0	24.0	24.1	30.6	30.7≥
11:04	136	≤12.8	12.9	13.9	14.0	24.1	24.2	30.8	30.9≥
11:05	137	≤12.8	12.9	14.0	14.1	24.2	24.3	30.9	31.0≥
11:06	138	≤12.8	12.9	14.0	14.1	24.3	24.4	31.1	31.2≥
11:07	139	≤12.9	13.0	14.1	14.2	24.4	24.5	31.2	31.3≥
11:08	140	≤12.9	13.0	14.1	14.2	24.5	24.6	31.4	31.5≥
11:09	141	≤12.9	13.0	14.2	14.3	24.7	24.8	31.5	31.6≥
11:10	142	≤13.0	13.1	14.2	14.3	24.8	24.9	31.6	31.7≥
11:11	143	≤13.0	13.1	14.2	14.3	24.9	25.0	31.8	31.9≥
12:00	144	≤13.1	13.2	14.3	14.4	25.0	25.1	31.9	32.0≥
12:01	145	≤13.1	13.2	14.3	14.4	25.1	25.2	32.0	32.1≥
12:02	146	≤13.1	13.2	14.4	14.5	25.2	25.3	32.2	32.3≥
12:03	147	≤13.2	13.3	14.4	14.5	25.3	25.4	32.3	32.4≥
12:04	148	≤13.2	13.3	14.5	14.6	25.4	25.5	32.4	32.5≥
12:05	149	≤13.2	13.3	14.5	14.6	25.5	25.6	32.6	32.7≥
12:06	150	≤13.3	13.4	14.6	14.7	25.6	25.7	32.7	32.8≥
12:07	151	≤13.3	13.4	14.6	14.7	25.7	25.8	32.8	32.9≥
12:08	152	≤13.4	13.5	14.7	14.8	25.8	25.9	33.0	33.1≥
12:09	153	≤13.4	13.5	14.7	14.8	25.9	26.0	33.1	33.2≥
12:10	154	≤13.4	13.5	14.7	14.8	26.0	26.1	33.2	33.3≥
12:11	155	≤13.5	13.6	14.8	14.9	26.1	26.2	33.3	33.4≥
13:00	156	≤13.5	13.6	14.8	14.9	26.2	26.3	33.4	33.5≥
13:01	157	≤13.5	13.6	14.9	15.0	26.3	26.4	33.6	33.7≥
13:02	158	≤13.6	13.7	14.9	15.0	26.4	26.5	33.7	33.8≥

Source: WHO
 In coordination with DOST-FNRI

Year:Month	Months	Severely Wasted	Wasted		Normal		Overweight		Obese
			from	to	from	to	from	to	
13:03	159	≤13.6	13.7	15.0	15.1	26.5	26.6	33.8	33.9≥
13:04	160	≤13.7	13.8	15.0	15.1	26.6	26.7	33.9	34.0≥
13:05	161	≤13.7	13.8	15.1	15.2	26.7	26.8	34.0	34.1≥
13:06	162	≤13.7	13.8	15.1	15.2	26.8	26.9	34.1	34.2≥
13:07	163	≤13.8	13.9	15.1	15.2	26.9	27.0	34.2	34.3≥
13:08	164	≤13.8	13.9	15.2	15.3	27.0	27.1	34.3	34.4≥
13:09	165	≤13.8	13.9	15.2	15.3	27.1	27.2	34.4	34.5≥
13:10	166	≤13.9	14.0	15.3	15.4	27.1	27.2	34.5	34.6≥
13:11	167	≤13.9	14.0	15.3	15.4	27.2	27.3	34.6	34.7≥
14:00	168	≤13.9	14.0	15.3	15.4	27.3	27.4	34.7	34.8≥
14:01	169	≤14.0	14.1	15.4	15.5	27.4	27.5	34.7	34.8≥
14:02	170	≤14.0	14.1	15.4	15.5	27.5	27.6	34.8	34.9≥
14:03	171	≤14.0	14.1	15.5	15.6	27.6	27.7	34.9	35.0≥
14:04	172	≤14.0	14.1	15.5	15.6	27.7	27.8	35.0	35.1≥
14:05	173	≤14.1	14.2	15.5	15.6	27.7	27.8	35.1	35.2≥
14:06	174	≤14.1	14.2	15.6	15.7	27.8	27.9	35.1	35.2≥
14:07	175	≤14.1	14.2	15.6	15.7	27.9	28.0	35.2	35.3≥
14:08	176	≤14.2	14.3	15.6	15.7	28.0	28.1	35.3	35.4≥
14:09	177	≤14.2	14.3	15.7	15.8	28.0	28.1	35.4	35.5≥
14:10	178	≤14.2	14.3	15.7	15.8	28.1	28.2	35.4	35.5≥
14:11	179	≤14.2	14.3	15.7	15.8	28.2	28.3	35.5	35.6≥
15:00	180	≤14.3	14.4	15.8	15.9	28.2	28.3	35.5	35.6≥
15:01	181	≤14.3	14.4	15.8	15.9	28.3	28.4	35.6	35.7≥
15:02	182	≤14.3	14.4	15.8	15.9	28.4	28.5	35.7	35.8≥
15:03	183	≤14.3	14.4	15.9	16.0	28.4	28.5	35.7	35.8≥
15:04	184	≤14.4	14.5	15.9	16.0	28.5	28.6	35.8	35.9≥
15:05	185	≤14.4	14.5	15.9	16.0	28.5	28.6	35.8	35.9≥
15:06	186	≤14.4	14.5	15.9	16.0	28.6	28.7	35.8	35.9≥
15:07	187	≤14.4	14.5	16.0	16.1	28.6	28.7	35.9	36.0≥
15:08	188	≤14.4	14.5	16.0	16.1	28.7	28.8	35.9	36.0≥
15:09	189	≤14.4	14.5	16.0	16.1	28.7	28.8	36.0	36.1≥
15:10	190	≤14.5	14.6	16.0	16.1	28.8	28.9	36.0	36.1≥
15:11	191	≤14.5	14.6	16.1	16.2	28.8	28.9	36.0	36.1≥
16:00	192	≤14.5	14.6	16.1	16.2	28.9	29.0	36.1	36.2≥
16:01	193	≤14.5	14.6	16.1	16.2	28.9	29.0	36.1	36.2≥
16:02	194	≤14.5	14.6	16.1	16.2	29.0	29.1	36.1	36.2≥
16:03	195	≤14.5	14.6	16.1	16.2	29.0	29.1	36.1	36.2≥
16:04	196	≤14.5	14.6	16.1	16.2	29.0	29.1	36.2	36.3≥
16:05	197	≤14.5	14.6	16.2	16.3	29.1	29.2	36.2	36.3≥
16:06	198	≤14.6	14.7	16.2	16.3	29.1	29.2	36.2	36.3≥
16:07	199	≤14.6	14.7	16.2	16.3	29.1	29.2	36.2	36.3≥
16:08	200	≤14.6	14.7	16.2	16.3	29.2	29.3	36.2	36.3≥
16:09	201	≤14.6	14.7	16.2	16.3	29.2	29.3	36.3	36.4≥
16:10	202	≤14.6	14.7	16.2	16.3	29.2	29.3	36.3	36.4≥
16:11	203	≤14.6	14.7	16.2	16.3	29.3	29.4	36.3	36.4≥
17:00	204	≤14.6	14.7	16.3	16.4	29.3	29.4	36.3	36.4≥
17:01	205	≤14.6	14.7	16.3	16.4	29.3	29.4	36.3	36.4≥
17:02	206	≤14.6	14.7	16.3	16.4	29.3	29.4	36.3	36.4≥
17:03	207	≤14.6	14.7	16.3	16.4	29.4	29.5	36.3	36.4≥
17:04	208	≤14.6	14.7	16.3	16.4	29.4	29.5	36.3	36.4≥
17:05	209	≤14.6	14.7	16.3	16.4	29.4	29.5	36.3	36.4≥
17:06	210	≤14.6	14.7	16.3	16.4	29.4	29.5	36.3	36.4≥

Source: WHO
 In coordination with DOST-FNRI

		Severely Wasted	Wasted		Normal		Overweight		Obese
Year:Month	Months		from	to	from	to	from	to	
17:07	211	≤14.6	14.7	16.3	16.4	29.4	29.5	36.3	36.4≥
17:08	212	≤14.6	14.7	16.3	16.4	29.5	29.6	36.3	36.4≥
17:09	213	≤14.6	14.7	16.3	16.4	29.5	29.6	36.3	36.4≥
17:10	214	≤14.6	14.7	16.3	16.4	29.5	29.6	36.3	36.4≥
17:11	215	≤14.6	14.7	16.3	16.4	29.5	29.6	36.3	36.4≥
18:00	216	≤14.6	14.7	16.3	16.4	29.5	29.6	36.3	36.4≥
18:01	217	≤14.6	14.7	16.4	16.5	29.5	29.6	36.3	36.4≥
18:02	218	≤14.6	14.7	16.4	16.5	29.6	29.7	36.3	36.4≥
18:03	219	≤14.6	14.7	16.4	16.5	29.6	29.7	36.3	36.4≥
18:04	220	≤14.6	14.7	16.4	16.5	29.6	29.7	36.3	36.4≥
18:05	221	≤14.6	14.7	16.4	16.5	29.6	29.7	36.2	36.3≥
18:06	222	≤14.6	14.7	16.4	16.5	29.6	29.7	36.2	36.3≥
18:07	223	≤14.6	14.7	16.4	16.5	29.6	29.7	36.2	36.3≥
18:08	224	≤14.6	14.7	16.4	16.5	29.6	29.7	36.2	36.3≥
18:09	225	≤14.6	14.7	16.4	16.5	29.6	29.7	36.2	36.3≥
18:10	226	≤14.6	14.7	16.4	16.5	29.6	29.7	36.2	36.3≥
18:11	227	≤14.6	14.7	16.4	16.5	29.7	29.8	36.2	36.3≥
19:00	228	≤14.6	14.7	16.4	16.5	29.7	29.8	36.2	36.3≥

Enclosure No. 3 to DepEd Memorandum No. 165, s. 2010

Department of Education
NUTRITIONAL STATUS REPORT OF ELEMENTARY SCHOOL CHILDREN IN _____
Baseline (June) SY _____

Grade Levels	Enrollment	Pupils Weighed		BODY MASS INDEX (BMI)							
		No.	%	Severely Wasted	Wasted	Normal	Overweight	Obese			
				No.	%	No.	%	No.	%	No.	%
Pre-elem	M										
	F										
	<i>Total</i>										
Grade I	M										
	F										
	<i>Total</i>										
Grade II	M										
	F										
	<i>Total</i>										
Grade III	M										
	F										
	<i>Total</i>										
Grade IV	M										
	F										
	<i>Total</i>										
Grade V	M										
	F										
	<i>Total</i>										
Grade VI	M										
	F										
	<i>Total</i>										
SPEED	M										
	F										
	<i>Total</i>										
GRAND TOTAL:	M										
	F										
	<i>Total</i>										

Enclosure No. 4 to DepEd Memorandum No. 165, s. 2010

Department of Education
NUTRITIONAL STATUS REPORT OF SECONDARY STUDENTS IN _____
 Baseline (June) SY _____

Year Levels	Enrollment	Pupils Weighed		Severely Wasted		Wasted		Normal		Overweight		Obese	
		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
First Year	M												
	F												
	Total												
Second Year	M												
	F												
	Total												
Third Year	M												
	F												
	Total												
Fourth Year	M												
	F												
	Total												
GRAND TOTAL:	M												
	F												
	Total												