

## SUGGESTED SPORTS TRACK SCHEDULING OF SUBJECTS\*

SPORTS	Grade 11		Grade 12	
	1 <sup>st</sup> Semester	2 <sup>nd</sup> Semester	1 <sup>st</sup> Semester	2 <sup>nd</sup> Semester
CORE SUBJECTS	Komunikasyon at Pananaliksik sa Wika at Kulturang Pilipino	Oral Communication in Context	Pagbasa at Pagsusuri ng Iba't-Ibang Teksto Tungo sa Pananaliksik	Physical Education and Health
	Contemporary Philippine Arts from the Regions	Statistics and Probability	21 <sup>st</sup> Century Literature from the Philippines and the World	
	Media and Information Literacy	Reading and Writing Skills	Physical Science	
	General Mathematics	Physical Education and Health	Physical Education and Health	
	Earth and Life Science	Personal Development/ Pansariling Kaunlaran		
	Understanding Culture, Society and Politics			
	Introduction to the Philosophy of the Human Person / Pambungad sa Pilosopiya ng Tao			
	Physical Education and Health			
CONTEXTUALIZED SUBJECTS		Research in Daily Life 1	Research in Daily Life 2	Entrepreneurship
				English for Academic and Professional Purposes
				Pagsulat sa Filipino sa Piling Larangan (Isports)
				Empowerment Technologies (E-Tech): ICT for Professional Tracks
				Research Project
SPECIALIZATION SUBJECTS	Human Movement	Safety and First Aid	Sports Officiating and Activity Management	Fitness Testing and Exercise Programming
		Fundamentals of Coaching	Fitness, Sports and Recreation Leadership	Apprenticeship (off-campus)
		Psychosocial Aspects of Sports and Exercise	Practicum (in-campus)	
HOURS PER DAY	6.6	6.6	5.8	5.8

Please note that some subjects have prerequisites. These are indicated in the Curriculum Guides and are listed below for easy referral.

SUBJECT	PREREQUISITE/S
Research in Daily Life 2	Statistics and Probability
Apprenticeship (Off-campus)	Practicum (In-campus)