



Republic of the Philippines
Department of Education

08 JUL 2019

DepEd MEMORANDUM
No. **082**, s. 2019

2019 NUTRITION MONTH CELEBRATION

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Public Elementary and Secondary School Heads
All Others Concerned

1. The National Nutrition Council (NNC) leads the whole nation in the celebration of the **2019 Nutrition Month** with the theme *Kumain ng wasto at maging aktibo...push natin 'to!* in July.
2. The celebration aims to promote:
 - a. consumption of healthy food and drinks,
 - b. eating and choosing healthy choices regularly,
 - c. making healthy eating habit and lifestyle, and
 - d. being active and exercising daily.
3. To support this developmental endeavor of the NNC, the Department of Education (DepEd) enjoins all schools to participate in this celebration.
4. However, it is emphasized, that the Engaged Time-on-Task Policy of the DepEd be observed as stipulated in DepEd Order No. 9, s. 2005.
5. A consolidated narrative report with pictures of the highlights of the observance of Nutrition Month shall be prepared by the regional health and nutrition personnel for submission to the NNC regional offices.
6. Immediate dissemination of this Memorandum is desired.


LEONOR MAGTOLIS BRIONES
Secretary

References: DepEd Order: No. (9, s. 2005); DepEd Memorandum No. 105, s. 2017
To be indicated in the Perpetual Index under the following subjects:

CELEBRATIONS AND FESTIVALS
HEALTH EDUCATION
LEARNERS

PROGRAMS
SCHOOLS
TEACHERS