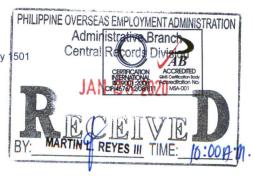


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ADVISORY NO. 0 9 Series of 2020



Ministry of Health of Singapore Information and Advice on the Novel Coronavirus (2019-nCoV) Outbreak originating from Wuhan, China

The Ministry of Health (MOH) has updated its public health travel advisory, and advises Singaporeans to avoid travelling to Wuhan. This is in view of the developing novel coronavirus situation in Wuhan and other parts of China, as well as the temporary closure from today of airports and train stations in Wuhan, and limited travel out of Wuhan.

The MOH also reminds the public to continue to exercise caution and attention to personal hygiene when travelling to the rest of China.

Travelers should adopt the following precautions at all times:

- Avoid contact with live animals including poultry and birds, and consumption of raw and undercooked meats;
- Avoid crowded places and close contact with people who are unwell or showing symptoms of illness;
- Observe good personal hygiene;
- Practice frequent hand washing with soap (e.g. before handling food or eating, after going to toilet, or when hands are dirtied by respiratory secretions after coughing or sneezing);
- Wear a mask if you have respiratory symptoms such as a cough or runny nose;
- Cover your mouth with a tissue paper when coughing or sneezing, and dispose the soiled tissue paper in the rubbish bin immediately; and
- Seek medical attention promptly if you are feeling unwell.
- All travelers should monitor their health closely for two weeks upon return
 to Singapore and seek medical attention promptly if they feel unwell, and
 also inform their doctor of their travel history. If they have a fever or
 respiratory symptoms (e.g. cough, runny nose), they should wear a mask
 and call the clinic ahead of the visit.

BY CRD ON JAN 2 8 2020

Given the evolving situation and ongoing investigations in China, Singapore residents who need to travel to the affected areas are advised to regularly check MOH's website (www.moh.gov.sg) for updates. Travelers to China are also advised to stay vigilant, monitor developments and heed the advice of the local Chinese authorities while in China.

Filipino workers residing and working in Singapore are advised to follow the same precautionary measures.

For the information and guidance of all concerned.

BERNARD P. OLALIA Administrator

24 January 2020

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