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Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**DepEd Task Force COVID-19**  
**MEMORANDUM No. 82**  
04 August 2020

For: **Undersecretaries**  
**Assistant Secretaries**  
**Bureau and Service Directors**  
**Regional Directors and BARMM Education Minister**  
**School Division Superintendents**  
**Public Elementary and Secondary School Heads**

Subject: **MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES**  
**FOR LEARNERS, PARENTS AND DEPED PERSONNEL, AND**  
**PRINTING OF MHPSS MATERIALS**

In response to the mental health impacts of COVID-19 and as part of the 2020 *Oplan Brigada Eskwela* and *Oplan Balik Eskwela*, the Department of Education (DepEd) thru the Disaster Risk Reduction and Management Service (DRRMS) organized various Mental Health and Psychosocial Support Services (MHPSS) for learners, parents and DepEd personnel. As earlier pronounced by DepEd, the week before, first week and second week (as necessary) of the opening of classes will be devoted for the MHPSS for learners. See Enclosure 1 for the details of MHPSS activities to be conducted for learners, parents and DepEd personnel and the corresponding schedules.

The following MHPSS materials could be printed by the regions, divisions or schools, using the DRRMS downloaded program support funds (PSF) for the (1) Reproduction of IEC Materials on COVID-19 and Disaster Preparedness, (2) PSF for MHPSS Interventions, and (3) PSF for the Development and Enhancement of Contingency Plans:

- Fostering Wellness, Solidarity and Services (FWSS) Booklet (Filipino and English versions) for parents and care givers of learners
- Teachers' Activity Guides for Remote Psychosocial Support for Elementary School-aged Learners
- 2020 Online and Self-guided PFA Modules: Supplemental to the SEES Manual for Secondary School-aged Learners



**Office of the Undersecretary for Administration (OUA)**

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)]

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of Major Programs




- COVID-19 Comics for Elementary Learners

See Enclosure 2 for the breakdown of DRRMS downloaded PSF per regions. All MHPSS materials for printing and approved guidelines of the DRRMS downloaded PSF can be accessed in this link: <https://tinyurl.com/MHPSS-Materials-for-Printing>. If the link cannot be accessed, it is encouraged to coordinate with your respective Division DRRM Coordinators.

For more information, please contact the **Disaster Risk Reduction and Management Service**, 2nd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at [drmo@deped.gov.ph](mailto:drmo@deped.gov.ph) or telefax no. (02) 8637-4933.

For immediate and appropriate action.

  
  
**ALAIN DEL B. PASCUA**  
Undersecretary

Chairperson, DepEd Task Force COVID-19



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## ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS

### A. MHPSS to be Broadcast through TV

Activity	Date	Time	Target Audience
MHPSS Provision for Learners (Recorded <b>DRRMS Booklatan</b> Videos)	19, 21 August 2020 24 – 28 August 2020 31 August -4 September 2020 (As needed)	8:00 AM- 9:30 AM	Elementary Learners
MHPSS Provision for Learners (Recorded <b>OKKK! Tambayan</b> Videos)		10:00 AM- 11:30 AM	Secondary Learners
MHPSS Provision for Parents (Recorded <b>Gabay Bahay</b> Videos)		1:00 PM- 2:30 PM	Parents
MHPSS Provision for Personnel (Recorded <b>Wellness Check Series</b> Videos)		4:00 PM- 5:30 PM	Personnel

**ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS  
(Continuation)**

**B. Online MHPSS to be Conducted by DepEd DRRMS**

<b>Activity</b>	<b>Date</b>	<b>Time</b>	<b>Target Participants</b>
<b>DRRMS Booklatan</b> An Online MHPSS for Elementary Learners*	4 August 2020	4:00 PM – 5:30 PM Every Tuesday	Elementary Learners
	11 August 2020		
	18 August 2020		
<b>OKKK! Tambayan</b> An Online MHPSS for Secondary Learners*	6 August 2020	4:00 PM – 5:30 PM Every Thursday	Secondary Learners
	13 August 2020		
	20 August 2020		
<b>Kakaiba-yanihan!</b> An Online Psychosocial Support for Learners with Disabilities**	Every Monday, Tuesday & Thursday of August 2020	9:00 AM – 11:00 AM	Learners with Disabilities
<b>Gabay Bahay</b> An Online Parenting Series*	5 August 2020	4:00 AM – 5:30 PM Every Wednesday	Parents
	12 August 2020		
	19 August 2020		
<b>Kaagapay Buhay</b> An Online Parenting Series for Parents of Learners with Disabilities*	5 August 2020	7:00 PM – 8:30 PM Every Wednesday	Parents of Learners with Disabilities
	12 August 2020		
	19 August 2020		
Remote PFA for Learners*	24 August 2020	9:00 AM – 11:00 AM	Elementary and Secondary Learners

\*Streamed live via Facebook

\*\*Conducted via Zoom

**ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS  
(Continuation)**

**C. MHPSS via Online and Self-Guided to be facilitated by Teachers**

<b>Activity</b>	<b>Date and Time</b>	<b>Participants</b>	<b>Remarks</b>
Remote Psychosocial Support Through Play	August 25-28 and August 31- September 4 (as necessary)  Can be conducted after the TV broadcast of MHPSS episode	Elementary Learners	Using the Teachers' Activity Guides for Remote Psychosocial Support for Elementary School-aged Learners During Disasters and Emergency Situations
Remote Psychological First Aid (PFA)	August 25-28 and August 31- September 4 (as necessary)  Can be conducted before the TV broadcast of MHPSS episode	Secondary Learners	Using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual

**D. ONGOING MHPSS TRAINING FOR DEPED PERSONNEL**

<b>Activity</b>	<b>Date</b>	<b>Time</b>	<b>Participants</b>
Training for Remote Psychosocial Support Through Play for Elementary Learners	August 3 – 6, 2020  Streamed live via Facebook	1:00 PM – 5:00 PM	Elementary Teachers
MHPSS Wellness Training for DepEd Personnel	August 7 - September 11, 2020  Streamed live via Facebook	9:00 AM – 10:30 AM Every Friday	Teaching and Non-Teaching DepEd Personnel

**ENCLOSURE 2. DRRMS DOWNLOADED PROGRAM SUPPORT FUNDS THAT CAN BE USED FOR PRINTING OF MATERIALS FOR PROVISION OF MHPSS TO LEARNERS**

<b>Region</b>	<b>Realigned Funds to MHPSS Intervention on COVID-19*</b>	<b>IEC for COVID-19 and Disaster Preparedness</b>	<b>Disinfection of School Buildings and Facilities**</b>
CAR	150,000.00	673,400.00	1,588,500.00
NCR	307,920.00	953,260.00	2,280,800.00
I	150,000.00	841,260.00	2,321,000.00
II	225,000.00	673,400.00	1,596,800.00
III	150,000.00	1,177,260.00	3,545,600.00
IV-A	350,000.00	1,233,260.00	3,461,800.00
IV-B	150,000.00	539,000.00	1,396,000.00
V	225,000.00	785,260.00	2,456,900.00
VI	350,000.00	1,121,260.00	3,665,600.00
VII	150,000.00	785,260.00	3,353,100.00
VIII	225,000.00	785,260.00	2,549,000.00
IX	150,000.00	505,400.00	1,576,400.00
X	225,000.00	841,260.00	2,628,900.00
XI	350,000.00	673,400.00	2,100,800.00
XII	150,000.00	505,400.00	1,512,200.00
CARAGA	150,000.00	729,260.00	2,217,000.00
BARMM	550,000.00	617,400.00	1,920,400.00
<b>TOTAL</b>	<b>4,007,920.00</b>	<b>13,440,000.00</b>	<b>40,170,800.00</b>

*\*These are downloaded funds for Regional Climate Change Caravan, Travel Expenses for Hackathons, Learning Activity on Major Disasters, Travel Expenses for Climate Advocacy Show realigned for MHPSS Interventions on COVID-19*

*\*\*Included in the Program Support Funds for the Development and Enhancement of Contingency Plans of Regions and Divisions*

*\*\*Breakdown per divisions is included in the approved guidelines that can be accessed at <https://tinyurl.com/MHPSS-Materials-for-Printing>*

*\*\*Can be used for printing of MHPSS Materials if the LGUs will shoulder the cost of disinfections of school buildings and facilities*