

**PALARONG PAMBANSA SECRETARIAT**

Department of Education
 Philippine Sports Commission
 Department of Interior and Local Government

**ANNEX C****LIST OF 2024 PALARONG PAMBANSA SPORTS MATERIALS AND EQUIPMENT TO BE BORROWED FROM THE PHILIPPINE SPORTS COMMISSION (PSC)**

ATHLETICS					
No.	Item Description	Unit	Qty.	Dimension	Weight
1	Javelin for Boys Elementary – 400gms	pcs	3	27.17x1.57x1.57 inches	400gms
2	Javelin for Girls Elementary – 300gms	pcs	3	27x1.5x1 inches	300gms
3	Javelin for Girls Secondary – 600gms	pcs	3	43.6x2.7x2.7 inches	600gms
4	Javelin for Boys Secondary – 700gms	pcs	3	45.x2.08x2.8 inches	700gms
5	Discus for Boys Elementary – 1.5kg	pcs	3	8.62x8.5x1.69 inches	1.5kg
6	Discus for Boys Secondary – 1.75kg	pcs	3	47x26x15cm	1.75kg
7	Discus for Girls Elementary – .75kg	pcs	3	7.01x6.57x1.73 inches	.75kg
8	Discus for Girls Secondary – 1kg	pcs	3	7.48x7.48x1.97 inches	1kg
9	Iron Shotput for Boys Elementary – 5kg	pcs	3	4.3x4.3x4.3 inches	5kg
10	Iron Shotput for Boys Secondary – 6kg	pcs	3	17x17x17cm	6kg
11	Iron Shotput for Girls Elementary – 3kg	pcs	3	5.43x4.53x4.17 inches	3kg
12	Iron Shotput for Boys Secondary – 4kg	pcs	3	6x6x6 inches	4kg
13	Performance indicator for Jumps	unit	1	130x100x70cm Packed volume: 0,910 Cubic meter	50kg
14	Performance indicator for Throws	unit	1	5' 8 tall	20.5kg
15	Height Gauge for High Jump and Pole Vault	unit	1	157cm-255cm	22kg
16	International Landing Foam/Pit for Pole Vault	set	1	800cmx500cmx80cm	150kg
17	International Landing Foam/Pit for High Jump	set	1	600cmx400cmx70cm	150kg
18	Upright for Pole Vault	set	1	1.8m – 6.5m	220kg
19	Upright for High Jump	set	1	287cmx28cmx19cm	42kg
20	Flexi Bar for warm up (High Jump)	pcs	10	4.4m	2.10kg
21	Flexi Bar for warm up (Pole Vault)	pcs	10	4.5m	2.10kg
20	Lap Scorer Stand with Number	unit	1	24cm x 15cm	25.2kg
21	Wind Gauge	units	2	45cm x 10cm	4kg
22	Photo Finish Camera	set	1	20cmx15cmx7.5cm	3kg
23	Electronic Timing Device	unit	1	2400mmx340mmx94mm	15kg
AEROBIC GYMNASTICS					
No.	Item Description	Unit	Qty.		
1	Puzzle Mats for training and competition	pcs	395	200cmx100cmx20cm	2kg
2	Aerobic Gymnastics Floor	set	1	10mx10m	16kg
BADMINTON					
No.	Item Description	Unit	Qty.		
1	Badminton Taraflex Mats/Courts	sets	4	Thickness: 3.9mm (portable), 4.5mm or 7.5mm (permanent) Length: 16 lm (portable w/line marking) ; Width: 2.7m	Weight: 1.96 kg/m ²
2	Badminton Post	pairs	4	H - 1.55m x W - 0.5m	72kg
3	Service Judge/Fixed Height Device	pairs	4	31cmx31xcm47.50cm	3kg
BOXING					
No.	Item Description	Unit	Qty.		
1	Boxing Gong with Striker	pc	1	43cmx13cmx33cm	10kg
2	10 oz. Competition Gloves – Blue, ABAP/AIBA approved	pairs	6	32cmx14cmx14cm	.40kg



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3	10 oz. Competition Gloves – Red, ABAP/AIBA approved	pairs	6	32cmx14cmx14cm	.40kg
4	Competition Head Gear, Medium – Blue, ABAP/AIBA approved	pcs	6	15.83x12.05x4.88 inches	1kg
5	Competition Head Gear, Medium – Red, ABAP/AIBA approved	pcs	6	15.83x12.05x4.88 inches	1kg
6	Foul Protector, Medium – Blue, ABAP/AIBA approved	pcs	6	13.01x34.01x12.51 inches	.7kg
7	Foul Protector, Medium – Red, ABAP/AIBA approved	pcs	6	13.01x34.01x12.51 inches	.7kg
MEN'S ARTISTIC GYMNASTICS (MAG & WAG)					
No.	Item Description	Unit	Qty.		
1	Puzzle Mats for training and competition	pcs	395	200cmx100cmx20cm	2kg
2	ARTISTIC Floor	set	1	10mx10m	16kg
3	ARTISTIC Apparatus	set	1	18,5 diam	410g
PENCAK SILAT					
No.	Item Description	Unit	Qty.		
1	Pencak Silat Interlocking Mats	set	1	1x1m	8.2 oz
RHYTHMIC GYMNASTICS					
No.	Item Description	Unit	Qty.		
1	Puzzle Mats for training and competition	pcs	395	200cmx100cmx20cm	2kg
2	Rhythmic Gymnastics Floor	set	1	10mx10m	16kg
SEPAK TAKRAW					
No.	Item Description	Unit	Qty.		
1	Sepak Takraw Taraflex Mats	sets	4	44 x 20 feet	3.6kg per sqm
2	Sepak Takraw Post	pairs	4	42mm steel Height – 1.55m	80kg
3	Sepak Takraw Umpire Stand	units	4	3.09x1.21x2.72m	182kg
SWIMMING					
No.	Item Description	Unit	Qty.		
1	Touch Pad/Electronic Timing Device	unit	1	152.40x55.88cm	12.7kg
2	Lane Floaters (Anti-wave)	sets	8	6 inches x 25 meter	17.5kg
TABLE TENNIS					
No.	Item Description	Unit	Qty.		
1	Table Tennis Table	units	12	9x5x2.5 feet	52kg
2	Table Tennis Surrounds	pcs	240	H- 70cm x L - 140cm	2.5kg per surrounds
TAEKWONDO					
No.	Item Description	Unit	Qty.		
1	DAEDO/PSS Electronic Scoring System	sets	3	800x500x200mm	15kg
VOLLEYBALL					
No.	Item Description	Unit	Qty.		
1	Taraflex Mats	sets	4	20x15x10m	4.5kg per sqm
2	Referee's Stand	sets	4	Standing area: 54x50cm Main column: 100x100x3mm Base: 97x76cm	96kg
3	Volleyball Net Post	sets	4	100 x 120mm	180kg
WRESTLING					
No.	Item Description	Unit	Qty.		
1	Wrestling Mats	set	1	42x42 inches x 1-5/8 thick Seven 6'x42' inches sections	250kg






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2	Puzzle Mats Reversible	pcs	100	3'-4" x 3'-4" inches x 2" thick	2.7kg
WUSHU					
No.	Item Description	Unit	Qty.		
1	Sanda Protective Gear for Male – Black/Blue (2 sets Medium, 1 set Large)	sets	3	13x27x14 inches	284gms
2	Sanda Protective Gear for Male – Red (2 sets Medium, 1 set Large)	sets	3	13x27x14 inches	284gms
3	Sanda Protective Gear for Female – Black/Blue (2 sets Medium, 1 set Large)	sets	3	13x27x14 inches	284gms
4	Sanda Protective Gear for Female – Red (2 sets Medium, 1 set Large)	sets	3	13x27x14 inches	284gms
5	Wushu Mat/Carpet	pcs	110	4x6m x 1-3/8 Thickness	2.6kg per mat
6	Wushu Ring/Platform (10m x 10m)	set	1	10x10m	60kg



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